



**REGATTA PORT BOURGAS - 2023**  
**BOURGAS SAILING WEEK**  
03<sup>rd</sup> – 07<sup>th</sup> of May 2023, Bourgas – Bulgaria



# Sailing Instructions

**470, 420, Finn, ILCA 4, ILCA 6, ILCA 7,**

**Organising authority:** *Yacht Club Port Bourgas*

## 1. Rules

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the Notice of Race and by these Sailing Instructions.
- 1.2.1** [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
- 1.2.2** [SP] denotes a rule which a standard penalty may be applied by the Race Committee without a hearing. This changes RRS 63.1 and A5.
- 1.3** Rule 40 applies at all times while boats are afloat on the water except while briefly changing clothes.
- 1.4** The Class Rules of the relevant Classes will apply.
- 1.5** No Class Rule change will apply.
- 1.6** The language of the regatta will be English. If there is a conflict between languages the English text will take precedence.
- 1.7** The Sailing Instructions shall take precedence over the Notice of Race. This changes RRS 63.7.

## 2. [DP][NP] Advertising, Identification, Cameras and Electronic Equipment

- 2.1** Boats shall display event sponsor advertising, if required by the organising authority. The organizing authority will supply the advertising and instructions for their use.
- 2.2** Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.
- 2.3** The use of other cameras, sound equipment or positioning equipment will not be allowed.

## 3. [DP] Code of conduct

- 3.1** Competitors and support persons shall comply with any reasonable requests from a regatta official.
- 3.2** Competitors shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.



**3.3 [SP]** Boats not racing shall avoid the area where boats are racing and any official boats.

**3.4 [SP]** Boats that are on a Course Area to which they are not assigned shall avoid the area where boats are racing and any official boat.

**3.5** The OA may reduce or remove a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official functions.

#### **4. Notices to Competitors**

Notices to competitors will be posted on the official notice board located at:

<https://www.racingrulesofsailing.org/events/6095>

#### **5. Changes to the Sailing Instructions**

**5.1** Any change to the sailing instructions will be posted before 10:00 hrs on the day it will take effect, except that any change to the schedule of the first races of a day will be posted by 20:00 hrs on the day before the day it will take effect.

**5.2** Any re-assignment of course areas can be done 30 minutes before flag D is displayed ashore or 30 minutes before flag AP is removed ashore.

#### **6. Signals Made Ashore**

**6.1** Signals made ashore will be displayed on the flag pole located at the roof of the club house of Yacht Club Port Bourgas. When a signal is displayed over a class flag, it applies to that class only. This changes the Race Signal preamble.

**6.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in race signal AP.

**6.3[SP][DP]** Flag D over class flag with a sound signal means: 'The warning signals will be made not less than 45 minutes after flag D over the class flag is displayed or not before the scheduled time, whichever is later. Boats shall not leave their allocated berths until this signal for the own class is made.

#### **7. Regatta format**

**7.1** The regatta will consist of Single Series with 10 races for 470, 420, Finn, ILCA 4, ILCA 6, ILCA 7 classes.

**7.2** Classes may be grouped to start together. See SIs 13.4

#### **8. Schedule**

**8.1** Daily schedule:

Day 1 – 03 <sup>rd</sup> May 2023	Registration and equipment inspections	12:00-18:00
Day 2 – 04 <sup>th</sup> May 2023	Equipment inspections Meeting with sailors and coaches Races (first warning signal)	08:00-10:30 10:45 13:00
Day 3 – 05 <sup>th</sup> May 2023	Races	TBA
Day 4 – 06 <sup>th</sup> May 2023	Races	TBA
Day 5 – 07 <sup>th</sup> May 2023	Races Closing Ceremony	TBA TBA

**8.2** No more than three races shall be sailed each day.

**8.3** Races not sailed on the scheduled day may be sailed on a following day at the discretion of the race committee.



**8.4** The warning signal for each succeeding race will be made as soon as practicable.

**8.5** No warning signal will be made after 15:00 on the last day.

## 9. Class Flags

Class flags will be:

Class: 470	Flag: White flag with blue 470 class insignia
Class: 420	Flag: White flag with blue 420 class insignia
Class: Finn	Flag: White flag with blue Finn class insignia
Class: ILCA 7	Flag: White flag with red ILCA class insignia
Class: ILCA 6	Flag: Green flag with red ILCA class insignia
Class: ILCA 4	Flag: Yellow flag with red ILCA class insignia

## 10. Racing Areas

**Attachment A** shows the location of racing areas.

## 11. The Courses

**11.1** The diagram in **Attachment B** show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

**11.2** No later than the warning signal, the race committee signal boat will display the course designation and the approximate compass bearing of the first leg, any omission in doing so will not ground for redress (change RRS 62.1(a)).

## 12. Marks

**12.1** Marks 1, 2, 3 (3s/3p) and 4 (4s/4p) will be **Orange cylindrical buoys**.

**12.2** The starting marks will be the race committee starting boat at the starboard end and a boat displaying an **Orange flag** (or buoy with staff displaying an **Orange flag**) at the port end.

**12.3** The finishing marks will be the race committee finishing boat at the port end and a buoy with staff displaying a **Blue flag** at the starboard end.

**12.4** New marks as provided in instruction 14.1 will be **Yellow cylindrical buoys**.

**12.3** A race committee boat signalling a change of course is a mark as provided in S.I. 14.2.

## 13. The Start

**13.1** The starting line will be between staffs displaying **Orange flags** on the starting marks.

**13.2** To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound for at least five minutes before a warning signal is displayed.

**13.3[DP][NP]** Boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.

**13.4** The Race Committee may start together more than one class by displaying their class flags together with the warning signal.

**13.5 [DP][NP]** Boats that have finished shall return directly to the starting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.



**13.6** A boat starting later than four minutes after her starting signal will be scored DNS. This changes RRS A4 and A5.

## **14. Change of the Position of the Next Mark**

**14.1** To change the next leg of the course, the race committee will:

- (a) lay a new mark;
- (b) move the finish line; or
- (c) move the leeward gate.

When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

**14.2** Except at a gate, boats shall pass between the race committee boat signalling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

**14.3** In case of a missing mark at a gate the remaining mark should be rounded, leaving the mark to port. This changes RRS 28.1.

## **15. The Finish**

The finishing line will be between **Blue flags** on the finishing marks.

## **16. Penalty System**

**16.1** Appendix P, *Special Procedures for RRS 42*, will apply.

**16.2** RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

## **17. Time Limits**

**17.1** Time limits are as follows:

Time Limit	Mark 1 time limit	Finish window	Race Target time
75 min.	25 min.	15 min.	40 - 45 min.

**17.2** If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

**17.3** Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

**17.4** Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

## **18. Hearing Requests**

**18.1** Hearing request forms are available online at the Event website. Hearing request shall be delivered there within the appropriate time limit.

**18.2** For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or racing has been postponed or abandoned for the day.

**18.3** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time.

**18.4** Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).



**18.5** A list of boats that have been penalized under Appendix P for breaking RRS 42 and under SI 18.6 and 18.7 will be posted.

**18.6** Penalties for breaches of the RRS, Class Rules, RRS 55 or rules in the NoR and SIs marked **[DP]** or **[SP]** should the case go to a hearing, are at the discretion of the International Jury. A boat may accept a discretionary penalty for the breaches stated above before a hearing concerning the same incident by completing a form available at the jury office.

**18.7** For breaches of the SIs marked **[SP]** the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

**18.8.** On the last scheduled day of racing a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2

**18.9** On the last scheduled day of racing a request for reopening a hearing shall be delivered:

(a). Within the protest time limit if the requesting party was informed of the decision on the previous day.

(b). No later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

**18.10** Decisions of the jury will be final as provided in RRS 70.5.

**18.11** Hearings may be heard under RRS N1.4(b). The time limit for requesting a hearing by a full International Jury is 15 minutes after the parties were informed of the panel's decision.

## **19. Scoring**

**19.1** The Low Point System of RRS Appendix A will apply.

**19.2** To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

**19.3** Single series:

**19.3.1** There will be 10 races in the single series.

**19.3.2** At least 3 races are required to be completed to constitute the regatta series.

**19.4** Discards:

**19.4.1** When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.

**19.4.2** When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **20. [DP][NP] Safety Regulations**

**20.1[SP]** Check-out and check-in procedure will be established. All competitors must sign personally:

a) before leaving to race on each scheduled day after flag D is displayed ashore.

b) within the protest time limit after returning ashore.

The check-out and check-in point will be located next to the ONB.

The signature of a representative is invalid.

**20.2[SP]** Boats not leaving the harbour for the day's races shall notify the regatta office as soon as possible.



**20.3[SP]** A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the regatta office as soon as possible after returning ashore.

## **21. [DP][NP] Substitution of Crew or Equipment**

**21.1** Substitution of competitors will not be allowed without prior approval of the race committee to be made on the online ONB and shall comply with any restrictions in the Notice of Race.

**21.2** Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the race committee by the online ONB at the first reasonable opportunity.

## **22. [DP][NP] Equipment and Measurement Checks**

**22.1** All boats shall have valid measurement certificates.

**22.2** A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race and the Sailing Instructions.

**22.3** On the water, a boat can be instructed by the Race Committee or by the Technical Committee to proceed immediately to a designated area for inspection.

## **23. Official Boats**

Official boats will be marked as follows:

Official Boat	Flag
Race Committee	Flag " RC"
PRO	Flag "PRO"
Jury	Flag "JURY"
Measurer	Flag "MEASURER"
VIP	Flag "VIP"
Press/Media boats	Flag "MEDIA"
Safety Boat	Flag "S"
Medical	Flag " + "

## **24. Support Boats**

Attachment C - Support Boat Regulations shall apply to all support boats.

## **25. [DP][NP] Trash disposal**

In addition to RRS 47 trash may be placed aboard support and race committee boats.

## **26. [DP][NP] Berthing**

When berthed, boats shall be kept in their assigned place in the boat park. Boats shall not be moved from their parking spaces toward the launching ramps until flag D for her class is displayed and instructed to do so by the Beach Master.

## **27. [DP][NP] Radio Communication**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.





## **28. Prizes and title**

Prizes will be awarded to every boat placing first, second and third in each group. Groups are as follows:

### **ILCA 4 Class:**

1. General overall placing of boys - under 16 - born after 31.12.2007
2. General overall placing of boys - under 18 - born after 31.12.2005
3. General overall placing of girls - under 16 - born after 31.12.2007
4. General overall placing of girls - under 18 - born after 31.12. 2005

### **ILCA 6 Class**

1. General overall placing of men
2. General overall placing of women

### **ILCA 7 Class - General overall placing**

### **Finn Class - General overall placing**

### **420 Class - General overall placing – open**

### **420 Class - General overall placing - mixed**

### **470 Class - General overall placing – open**

### **470 Class - General overall placing - mixed**

## **29. Disclaimer of Liability and Risk Statement**

**29.1** Competitors and support team participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 3, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
4. By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
5. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

**29.2** The Organising Authority and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.



### **30. Rights to use name and likeness**

By participating in this regatta competitors automatically grant to the Organizing Authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the regatta, and of all of his or her material related to the regatta, without compensation.

### **31. Insurance**

Each participating boat shall be insured with valid third party liability insurance. The Organizing Authority is not responsible for verifying the status or validity of certificates.

## **Attachment A – Race Area**





## Attachment B – Course

### 470, Finn, 420, Laser Standard, Laser Radial, Laser 4,7

#### O

**Course: Outer Trapezoid**

Signal	Marking Rounding Order
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish
O3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish
O4	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish

#### I

**Course: Inner Trapezoid**

Signal	Marking Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - Finish
I3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish
I4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish

#### LG

**Course: Windward/Leeward**

Signal	Mark Rounding Order
LG2	Start - 1 - 4s/4p - 1 - 4s - Finish
LG3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s - Finish
LG4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s - Finish

#### LR

**Course: Windward/Leeward**

Signal	Mark Rounding Order
LR2	Start - 1 - 4s/4p - 1 - 4p - Finish
LR3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish
LR4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - Finish

## **Attachment C – Support Boats Regulations**

### **1. General**

**1.1** These Support Boat Regulations (SBR) shall apply from 00:00 on 03<sup>rd</sup> of May 2023 until 23:59 on 07<sup>th</sup> of May 2023.

**1.2** For the purposes of these regulations, a support boat includes any boat that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.

**1.3** The Organizing Authority may inspect boats at any time to ensure that they comply with these regulations, and the person responsible for the boat shall facilitate such inspection.

**1.4** An alleged breach of any of these regulations may be referred to the Protest Committee for a hearing. As a result of the hearing, the Protest Committee may instruct the Organizing Authority to withdraw accreditation and access rights from the driver or person in charge, with or without the option of substitution, either for a specified period or for the remainder of the competition. Note also, action may be taken under RRS 69.

**1.5** The Organizing Authority may change these regulations at any time. Any changes will be posted on the official notice board and circulated to team leaders.

**1.6** The Organizing Authority may, at its discretion, refuse to register support boats not deemed to be suitable.

**1.7** Support boats and designated drivers shall be registered at the regatta office either before leaving the venue by water for the first time or by 18:00 on the day before the first race of the event that it is supporting, whichever is earlier.

**1.7.1** Each boat shall be insured with valid third-party liability insurance. The Organizing Authority is not responsible for verifying the status or validity of certificates.

**1.7.2** Only an accredited person may be a designated driver.

**1.7.3** The person registering the support boat shall confirm that:

- a) a valid insurance certificate showing proof of third-party liability coverage as required by 1.7.1 has been obtained;
- b) each designated driver has a motorboat driving license recognized by a national authority appropriate to that boat; and
- c) anyone who will be using a radio has an appropriate radio operation license recognized by a national authority.

**1.8** Support boats shall be marked with the applicable national sail letters (see RRS1.1) clearly displayed on both sides of the boat in strongly contrasting colours at all times while afloat. The minimum height for the letters shall be 200 mm. The letters will not be provided by the Organizing Authority.

**1.9** Support boats shall display also a special flag provided by the Organizing Authority against a deposit of **EUR 10**.

### **2. Sailing venue**

**2.1** Support boats shall use the designated slipway/area for launching. Once launched, trailers shall be moved immediately to the trailer park or as otherwise directed by the Organizing Authority.

**2.2** Only registered support boats will be allowed into the sailing venue.

**2.3** When not in use, support boats shall be appropriately berthed at the sailing venue in the allocated areas for support boats for the entire time that these Support Boat Regulations apply.



**2.4** Support boats shall not use the dinghy launching slipways or keelboat pontoons for any purpose whatsoever, including mooring, launching and retrieval, and loading and unloading of equipment.

### **3. Safety**

**3.1** Support boats shall carry on board:

- a) life jackets / buoyancy aid for all passengers and the driver
- b) first-aid kit;
- c) VHF radio;
- d) device for making a sound signal;
- e) compass;
- f) adequate anchor and tackle for conditions and depth;
- g) tow rope (minimum 15m long and 10mm thick);
- h) operational engine kill cord (also known as a safety lanyard or automatic engine immobilizer);
- i) hand pump or bailer
- j) knife; and
- k) any additional safety equipment required by local maritime law.

**3.2** Each coach shall wear all the time when on the water a personal flotation device except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.

**3.3 Kill cord shall be used at all times when the engine is running on the support person vessel.**

**3.4** The maximum plated / certified passenger limits for the boat shall never be exceeded.

**3.5** Team leaders are responsible for overseeing the safe operations of their support boats on the water, including knowledge of who is afloat and ensuring their safe return to the venue.

**3.6** At all times, the registered driver(s) of a support boat shall comply with directions given by a race official. In particular, this includes assisting in rescue operations when requested to do so.

**3.7** In accordance with RRS 37 all registered support person vessels shall act as assistance / rescue boats in case of need and shall comply with any instruction given by the Race Committee on the designated VHF Channel 73 or the Organising Authority.

**3.8** Support boats shall comply with local harbour and marina regulations, including speed limits.

### **4. General restrictions**

**4.1** The registered driver(s) of a support boat will be responsible for the control of the boat at all times and will be held responsible for any inappropriate behavior, dangerous actions or improper practices, or actions affecting the fairness or safety of competition.

**4.2** Support boats shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.

**4.3** Support boats should take particular care to minimize their wash when transiting the course areas.

### **5. Racing area restrictions**

**5.1** Support boats shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.



**5.2** During any starting sequence, support boats shall stay at least 50 meters to leeward of the starting line and its extensions.

**5.3** Support Boats shall not be positioned:

**5.3.1** Closer than 50 meters of any boat racing.

**5.3.2** Within 50 meters of the starting line and marks.

**5.3.3** Between any boat racing and the next mark of the course.

**5.3.4** Between the inner and outer trapezoid courses.

**5.3.5** Within 50 meters of any mark of the course while boats are in the vicinity of that mark.

**5.3.6** Within 50 meters of the finishing line and marks while boats are finishing.

**5.4** In addition, support boats that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

**5.5** When a race committee or jury member instructs a support boat to move further from the course area, the support boat shall do so immediately.

**5.6** Additional restrictions apply to medal races and will be posted on the official notice board.

## **Attachment D – Standard Penalties**

<b>3. CODE OF CONDUCT</b>	
Not avoiding the area where boats are racing and any official boats – SI 3.3	Three points scoring penalty in her closest sailed race.
<b>6. SIGNALS MADE ASHORE</b>	
Leaving when flag D is not displayed ashore – SI 6.3	One point scoring penalty in her first race of the day.
<b>20. SAFETY REGULATIONS</b>	
Not Sign Out - SI 20.1	One point scoring penalty in her first race of the day
Not Sign In - SI 20.1	One point scoring penalty in her last race of the day
Not notifying the race office when not leaving the shore for the day's races – SI 20.2	One point scoring penalty in her closest sailed race.
Not notifying the race office when retiring from a race – SI 20.3	One point scoring penalty in her closest sailed race.

