



Porquerolle's Race

du 8 au 12 mai 2024



this document is a translation for the convenience of foreign competitors
Only the French document is authentic

From 8th to 12th May 2024
RACE INSTRUCTIONS

The indication [NP] in a rule means that a boat cannot protest (No Protest) against another boat that has infringed this rule. This modifies RRS 60.1(a).

The indication [SP] in one of the Race Instructions rules means that a standard penalty can be applied by the Race Committee or the technical committee without a hearing, or that a penalty may be applied at the discretion of the jury after a hearing (see Race Instruction 16.4).

1. RULES

The race will be governed by:

- 1.1 Rules as laid down in RRS 2021-2024
- 1.2 National rules translated by the competitors from abroad as laid down in the Requirements appendix and if necessary, federation rules
- 1.3 Class40 rules for Class40
- 1.4 Mediterranean Trophy Class40 rules
- 1.5 RRS category rule 3 with life raft required by Class40
- 1.6 Inshore Mediterranean Trophy rules for IRC 2024 crews,
- 1.7 Part B, section II of International Rules concerning COLREGs when they replace the rules in Chapter 2 of RRS, between official sundown time and sunrise time. Sundown is deemed to be 8.50 p.m. local time throughout the event,
- 1.8 Boats must have all the requirements on board for coastal racing (less than 6 miles from shelter – Division 240).

2. NOTICE FOR COMPETITORS

Notices for competitors will be posted online on the official race noticeboard at the following address:

[OFFICIAL NOTICE BOARD](#)

3. MODIFICATIONS TO RACE INSTRUCTIONS

Any changes to Race Instructions will be announced within two hours of the signal for the boats to line up and takes effect from that moment, with the exception of changes to the race programme which will be announced before 9 p.m. on the eve of the day it takes effect.

4. SIGNALS FROM ASHORE

- 4.1 Onshore signals will be hoisted on the mast on the Northern pier in the harbour in Porquerolles.
- 4.2 When the postponement flag is hoisted ashore, the warning signal cannot be given within 60 minutes after the AP flag is lowered (this modifies race signals).

5. RACE PROGRAMME

- 5.1 Races are scheduled based on the following programme:



Porquerolle's Race

du 8 au 12 mai 2024



CLASS40

- 7th May 2024
Start of safety checks and confirmation of registrations.
8 to 10 p.m.
Navigation lights check.
- 8th May 2024
9 to 10 a.m. End of safety checks and confirmation of registrations.
11 a.m. Skippers' briefing. The presence of the skipper of each boat is required. (Place: race tent in the village)
2 p.m.; First preparatory signal for the race course: Major coastal race
- 9th May 2024
Finish day: Major coastal race
- 10th May 2024
11 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.
- 11th May 2024
11 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.
- 12th May 2024
10 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.

IRC / CAPE 31

- 8th May 2024
10 a.m to 5.30 p.m: Final registrations
3 p.m. Training race
- 9th May 2024
11.30 a.m skippers' briefing
11 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.
- 10th May 2024
11 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.
- 11th May 2024
11 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.
- 12th May 2024
10 a.m. First preparatory signal for the race course that has been laid out or the coastal runs.

5.2 To warn the boats that a race or series of races will soon be starting, an orange flag will be raised with an audio signal five minutes before the hoisting of the preparatory signal.



Porquerolle's Race

du 8 au 12 mai 2024



5.3 The final scheduled race of the day – no preparatory signal after 1.30 p.m.

6. CLASS FLAGS

Class flags are as follows:

- Mauve flag: IRC 0
- Blue flag: IRC 1
- Green flag: IRC 2
- Pink flag: IRC 3
- Yellow flag: IRC 4
- White flag: Class 40

7. RACE AREAS

1 race area: IRC 0-1-2-3-4-Cape31- Class40

The area for racing is defined in the RACE AREA appendix.

8. COURSES

8.1 Courses are described in the COURSES appendix including the order in which the marks must be rounded and on which side and the length of the race course.

8.2 At the latest moment at the preparatory signal, the Race Committee will indicate the course that has to be taken and if necessary, the bearing and the approximate length of the first leg of the course.

The signals defining the course to be taken include:

- Hoisting the Q flag (yellow) for courses that are marked out
- Hoisting the Q+G flags for courses that are marked out with the finish in front of the harbour in Porquerolles
- Hoisting the R flag for coastal races

8.3 Coastal races:

At the latest at the preparatory signal, the Race Committee will hoist the D flag if the course includes a clearance buoy. They will hoist the green flag to indicate that it must be rounded starboard. If there is no green flag, it should be rounded to port (this modifies race signals).

8.4 Shortening or changing the coastal course:

The O flag will be hoisted close to a mark that has to be rounded meaning: after passing this mark head straight for the finish line respecting (if applicable) the areas seen as obstacles.

8.5 Official rankings at a mark:

A-The race committee may bring a race to a halt based on the reasons under RRS 32.1 and approve the situation taking into account the finishing order at the final official rankings at one of the marks that has to be passed. If a Committee Boat flying the 2nd replacement flag and the flag for the classes affected (modifying Race Signals) is close to one of the marks identified in the Course Appendix with an asterisk, the mark and the committee boat represent a gate and official rankings for the boats. Boats must pass through this gate and continue the race. If after that, the Race Committee decides to halt the race, the S or H flags will be hoisted accompanied by two audio signals and if necessary the class flags for the classes affected (modifying Race Signals)



Porquerolle's Race

du 8 au 12 mai 2024



will mean that the race has been stopped and the final official rankings will be considered to be the order of boats arriving. The Race Committee will, if possible, confirm this over the VHF. Any event that may give rise to a protest occurring after the final official rankings cannot be taken into account and no boat may receive a penalty, unless an action has been taken that infringes a basic rule or RRS 69, or RRS 14, when the incident causes an injury or serious damage.

B-In the major coastal race for Class40, a photo of the GPS coordinates can be taken when they round the mark. The Race Committee may ask each competitor to send proof of passage to a Whatsapp group set up for this purpose.

9. MARKS

9.1 Courses that are laid out:

Marks 1.1' to be left to port, 2P 2S (gate) are cylindrical red buoys

Marks 3.3' to be left to port are cylindrical yellow buoys,

The finish mark is a blue cylindrical buoy

Marks indicating change of course:

>> Race course 1 Yellow cylindrical buoy

>> Race course 2: Green cylindrical buoy

9.2 Coastal courses:

Course marks: see the course appendage – Clearance buoys:

Red cylindrical buoy

Finish mark: Blue cylindrical buoy

9.3 A committee boat indicating a change in the race course is considered as a mark.

10. AREAS SEEN AS OBSTACLES

N/A.

11. THE START

11.1 The start line will be between the mast with the orange flag on the committee boat at the starboard edge and the mast with an orange flag on a committee boat on the port edge

11.2 Waiting boats: Boats which have not had the preparatory signal must avoid the start area during the start procedures for the other boats. [DP] [NP]

11.3 A boat that has not started 4 minutes within 4 minutes of the official start will be ranked DNS (modifying RRS A4 and A5).

11.4 A committee boat will if possible announce the numbers of the boats ranked OCS or BFD after at least 1 minute of the start signal over the race VHF channel. If no broadcast is made or received by VHF, no request for redress may be lodged (modifying RRS 62.1(a)).

12. CHANGES OF LEG DURING THE COURSE

12.1 To change the legs during the race, the Race Committee will put in place another mark (or move the start line) and will remove the original mark as soon as possible. During any other changes, a new mark is replaced, it will be replaced by the original mark. For the courses that have been laid down: the offset mark (mark 1' // mark 3') will be removed.

12.2 Unless at a gate, boat must pass between the committee boat informing them of a change of leg ahead and the nearest mark, leaving this to the required side (modifying RRS 28).



Porquerolle's Race

du 8 au 12 mai 2024



13. THE FINISH

13.1 The finish line will be between a mast with a blue flag and the side of the finish line defined in Race Instructions 9.



Porquerolle's Race

du 8 au 12 mai 2024



14. PENALTY SYSTEM

14.1 Any infringement of the rules (with the exception of RRS Chapter 2) may be punished with less than a DSQ after a hearing.

14.2 The Jury's action out on the water. The semi-direct appendix rules apply.

15 TIME LIMIT

15.1 Time limit for the first boat to finish:

Race course that has been marked out: 2hrs 30.

- **IRC+Cape31**

Coastal course: time limit to finish the race – 6 p.m. local time

- **CLASS40**

Course: Major coastal race at the latest 9th May 6p.m. local time

Coastal race: Time limit to finish the race 6 p.m. local time

15.2 The time limit to finish the race after the first boat in the class has finished on the race course that has been laid out: 40 minutes after the finish of the first boat.

Coastal race: Race time expressed in hours for the first to finish (rounded up) in each series multiplied by 40mins.

Example: for 4hrs of racing the finish line will be open from: rounded up (4hrs) X 40mins = 160 minutes

15.3 Boats finishing outside of the time indicated after the first boat to complete the race course will be ranked DNF (modifying RRS 35, A4 and A5).

16. HEARING REQUESTS

16.1 Hearing requests must be sent online to the address defined in Race Instructions 2, within the time limit. Papers will be available from the Jury secretaries at the Porquerolles YC and can be handed in within the time limit.

16.2 For each class, the time limit for protests is 60 minutes after the final boat has crossed the finish line or after the Race Committee has signalled that racing is over for the day, whichever is the latest.

16.3 Notices will be published at the latest 30 minutes after the time limit for protests to inform competitors of the instructions concerning them or for which they are called as witnesses.

Hearings will take place in the Jury Room close to the offices of the Porquerolles YC. They will begin at the timer stated on the official noticeboard online.

16.4 For any infringement of a rule concerning Race Instructions within the [SP] category, the Race Committee or technical committee may apply a standard penalty without a hearing.

However, if the Race Committee or the technical committee can lodge a protest against a boat when they consider that the standard penalty is not appropriate. A boat receiving a standard penalty cannot be the object of a protest lodged by another boat for the same incident; and cannot request redress for this decision made by the committee. This modifies RRS 60.1, 63.1 and appendix A5.

17. RANKINGS



Porquerolle's Race

du 8 au 12 mai 2024



17.1 One race must be ratified to ratify the competition

17.2 (a) When fewer than 3 races have been ratified, the overall rankings for a boat will take into account all its races.

(b) When 3 races or more are ratified, the overall rankings for a boat will be the total of the races minus the worst result.

17.3 Boats racing under corrected time based on the following formula: Real time x TCC, with TCC representing what is defined on their 2024 IRC certificate

17.4 The coefficients that will apply when calculating corrected time will be announced on the official noticeboard online within two hours of the time scheduled for the preparatory signal for the first race. Protests concerning these calculations must be lodged between 9th May 2024 and the time limit for protests.



Porquerolle's Race

du 8 au 12 mai 2024



18. SAFETY RULES

18.1 Before setting sail, each boat must sail on the starboard tack behind the committee boat to signal that they are ready to take the start of the day's race. [DP] [NP]

18.2 A boat retiring from a race must inform the Race Committee as soon as possible. [DP] [NP]

18.3 When leaving or entering a harbour, competitors must respect the rules of the harbour authority.
[DP] [NP]

18.4 Use of bowsprit: unless class rules lay down something else, the installation of the bowsprit is allowed uniquely to hoist and support the spinnaker

18.5 The Captain must ensure he has the required amount of fuel to carry out manoeuvres in the port, and make their way to the race area and return. [DP] [NP]

19. REPLACEMENT OF A COMPETITOR OR GEAR [DP]

19.1 The replacement of a competitor will not be allowed without the prior approval of the Race Committee and the Jury.

19.2 The replacement of damaged or lost gear will not be allowed without the approval of the Technical Committee. Requests for replacements must be lodged at the first reasonable opportunity.

19.3 For Class40 no changes may be made to their sail configuration during the event

20. MEASUREMENT AND EQUIPMENT CHECKS FOR IRC + Class40

20.1 A boat and her gear may be inspected at any time to ensure she conforms to class rules and race instructions. Out on the water, a member of the technical committee can ask a boat to head for a given area to be checked.

20.2 A boat must conform to rules 75 minutes before the preparatory signal. [DP]

20.3 For the big Class40 coastal race, the maximum quantity of drinking water or any other drink taken aboard must strictly respect class rules.

21. ADVERTISING DURING THE EVENT [NP]

Boats must display the advertising supplied by the organisers.

- Two stickers will be supplied, which must be stuck on each side at around a maximum of 30cm from the bow and 10cm from the deck.

- Flags will be supplied. They must be shown halfway up the hoist before the boat enters the harbour, while they are moored up on the quay and until they leave the harbour to make their way to the race area.

A deposit will be required and refunded at the end of the event, when the flags are returned.

22. OFFICIAL BOATS

Official boats will be identified in the following way:

The committee boat will display a flag with the letter A on a white background



Porquerolle's Race

du 8 au 12 mai 2024



The boat finishing will display a flag with the letter B on a white background

Jury boats will display a yellow flag marked JURY

Technical committee boats will display a blue flag marked RULES

23. ACCOMPANYING BOATS [DP] [NP]

23.1 Accompanying boats must stay outside of the areas where boats are racing from the preparatory signal for the first class to start until all of the boats have finished or retired or the Race Committee has signalled a postponement, a general recall or a cancellation.

23.2 FFVoile rules concerning the action of accompanying boats in races apply.

24. LIMITS ON TAKING BOATS OUT OF THE WATER [DP] [NP]

Boats may not be taken out of the water during the event, except under certain circumstances and unless prior approval has been granted by the Race Committee.

25. DIVING GEAR AND PROTECTIVE DIVING EQUIPMENT [DP] [NP]

Their use is limited to local rules (harbour area, etc.).

It is forbidden to dive inside the harbour in Porquerolles.

26. RADIO COMMUNICATIONS [DP] [NP]

Unless there is an emergency, a boat taking part in the race may not broadcast or receive voice mail or data, which is not available to all the boats.

Communications channel 72

27. PRIZE

The first three in each category will receive a prize.

28. THE DECISION TO RACE

The decision made by a competitor to take part in a race or to continue to race is down to their own responsibility. Consequently, by agreeing to take part in the race or to continue to race, the competitor declares that the organisers have no liability if there is any physical or bodily injury.

APPOINTED REFEREES

- Jury Chairman: Axelle VAN OVERSTRAETEN
- Member of the Jury: Tom GRAINGER
- Member of the Jury: Apolline BENOIT
- Chair of the Race Committee: Nathalie PEBEREL
- Chair of the Technical Committee: Tetyana GIGA



Porquerolle's Race

du 8 au 12 mai 2024



SEMI-DIRECT JUDGMENT

Version 5: March 2023

The rules of this appendage modify RRS 44.1, 60.1, 62.1, 63.1, 64.1, 66, 70 and only RRS P5 applies

To inform everyone, if the Jury witnesses an incident in which an RRS Chapter 2 rule is infringed, they may indicate their observations blowing the whistle and displaying a red flag without signalling which boat is involved.

SD1 RRS 44.1 is modified so that the 2-turn penalty is replaced by a single turn.

For some classes, the one-turn penalty may be replaced by two turns after acceptance by the CCA.

SD2 If a boat is involved in an incident or a rule under Chapter 2, or infringes a rule laid down in RRS31 or 42, this boat can protest

- by shouting Protest and
- by showing a red flag at the first reasonable opportunity along the hull of the boat, if under 6m in length

If the boat infringing a rule does not carry out the penalty as laid down in RRS 44.2, the Jury may punish it by:

- a blow of the whistle,
- by hoisting a red flag, or by indicating which boat is involved.

The boat that has been named must carry out a penalty as laid down in SD1 and under RRS 44.2.

If the Jury is convinced that no rule has been broken, they may hoist a green flag.

SD3 When a boat infringes

- Race Instructions or class rules concerning the use of a bowsprit, or
- RRS 31, or
- RRS 49 or a class rule concerning the position of the crew, or
- RRS 42, modified by the terms of RRS P5 if class rules state that,

The jury may sanction them and signal the penalty by blowing a whistle, by the use of the red flag and indicating the boat concerned. The boat that is named will then have to carry out the penalty according to SD1 and as laid down in RRS 44.2 SD4

If the boat that is named

- does not carry out the penalty, or
- does not do it correctly, or
- gains an advantage, in spite of carrying out the penalty,

the jury may force them to carry out one or more penalty turns, as laid down in RRS 44.2, or can protest against the boat based on RRS 60.3.

SD5 When an incident has been judged out on the water, the same incident cannot give rise to a protest or request for redress, unless

- SD4, or
- or according to RRS 60.3, if the jury believes that RRS2 may also have been breached or RRS 62.1(b) if the decision taken by a boat because of an injury or physical damage or
- based on RRS 62.1(d) if RRS has been breached.

A decision, taken by a judge cannot be the cause of a demand for redress, appeal or another enquiry into redress for the boat (modifying RRS 62.1(a))SD7 The normal redress procedure remains applicable for any incidents not involving the decision of a jury out on the water, which may have punished the boat that has infringed the rules.



Porquerolle's Race

du 8 au 12 mai 2024



STANDARD PENALTY APPENDIX

RACE INSTRUCTIONS

IC21

PENALTY

30% under corrected time for all of the day's races

APPENDIX CONCERNING FEDERATION RULES

Racing Rules of Sailing 2021-2024

FFVoile application of **RRS 25.1** (Notice of race, sailing instructions and signals):

For events graded 4 and 5, standard Notices of race and sailing instructions including the specificities of the event shall be used. Events graded 4 may have dispensation for such requirement, after receipt of FFVoile approval, received before the Notice of race has been published.

For events graded 5, posting of sailing instructions will be considered as meeting the requirements of RRS 25.1 application

(* FFVoile Prescription to **RRS 64.4** (Decisions on protests concerning class rules): The protest committee may ask the parties to the protest, prior to checking procedures, a deposit covering the cost of checking arising from a protest concerning class rules.

(* FFVoile Prescription to **RRS 67** (Damages): Any question or request related to damages arising from an incident occurred while a boat was bound by the Racing Rules of Sailing depends on the appropriate courts and cannot be examined and dealt with by a protest committee. A boat that retires from a race or accepts a penalty does not, by that action alone, admit liability for damages.

(* FFVoile Prescription to **RRS 70. 5** (Appeals and requests to a national authority): The denial of the right of appeal is subject to the written approval of the Fédération Française de Voile, received before publishing the notice of race. This approval shall be posted on the official notice board during the event.

(* FFVoile Prescription to **RRS 76** (Prescription to RRS 76.1)

An organizing authority or race committee shall not reject or cancel the entry of a boat or exclude a competitor eligible under the notice of race and sailing instructions for an arbitrary reason.

(* FFVoile Prescription to **RRS 78.1** (Compliance with class rules; certificates):

The boat's owner or other person in charge shall, under his sole responsibility, make sure moreover that his boat complies with the equipment and security rules required by the laws, by-laws and regulations of the Administration.

(* FFVoile Prescription to **RRS 86.3** (Changes to the racing rules):

An organizing authority wishing to change a rule listed in RRS 86.1(a) in order to develop or test new rules shall first submit the changes to the FFVoile, in order to obtain its written approval and shall report the results to FFVoile after the event. Such approval shall be mentioned in the notice of race and in the sailing instructions and shall be posted on the official notice board during the event.

(* FFVoile Prescription to **RRS 88.2** (Prescription to RRS 88.2):

Prescriptions of the FFVoile shall not be changed in the notice of race and sailing instructions, except for events for which an international jury has been appointed. In such case, the prescriptions marked with an asterisk (*) shall not be changed in the notice of race and sailing instructions. (The official translation of the prescriptions, downloadable on the FFVoile website www.ffvoile.fr, shall be the only translation used to comply with RRS 90.2(b)).



Porquerolle's Race

du 8 au 12 mai 2024



(*) FFVoile Prescription to **RRS 91(b)** (Protest committee):

The appointment of an international jury meeting the requirements of Appendix N is subject to prior written approval from the Fédération Française de Voile. Such approval shall be posted on the official notice board during the event.

FFVoile Prescription to **APPENDIX R** (Procedures for appeals and requests):

Appeals shall be sent to the head-office of the Fédération Française de Voile, 17 rue Henri Bocquillon, 75015 Paris –

email: jury.appel@ffvoile.fr, using preferably the appeal form downloadable on the website of the Fédération Française de Voile:

<http://espaces.ffvoile.fr/media/127235/formulaire-dappel.pdf>



Porquerolle's Race

du 8 au 12 mai 2024



COURSE APPENDIX

Description of the courses including the order of rounding the marks and indicating on which side, and the respective length of the course, the gates and the marks that have to be rounded or if the course may be shortened.

Porquerolle's Race

du 8 au 12 mai 2024



Waypoints Class 40		
Nom	Latitude	Longitude
ZONE ARRIVEE	43°00,470 N	006°12,169 E
CAP BLANC	43°05,106 N	006°21,938 E
CAP D'ARMES	42°58,810 N	006°12,153 E
CAP ESTEREL	43°01,939 N	006°10,655 E
COFFRE BREGANCON	43°05,103 N	006°16,784 E
COFFRE LEVANT	43°03,533 N	006°29,931 E
EMISSAIRES LE LAVADOU	43°07,747 N	006°22,804 E
FOURMIGUES GIENS	43°02,385 N	006°04,172 E
FOURMIGUES LE LAVANDOU	43°06,348 N	006°24,248 E
GABINIERE	42°59,187 N	006°23,711 E
GR1 TOULON TRIBORD	43°05,419 N	005°57,544 E
GRAND RIBAUD	43°00,988 N	006°08,631 E
JEAUNE GARDE	43°00,420 N	006°09,587 E
LA DAME	43°00,397 N	006°25,234 E
LES DEUX FRERES	43°02,883 N	005°52,101 E
MARQUE SPECIAL LE PRADET	43°05,337 N	005°59,606 E
MARQUE SPECIAL NE ZONE AEROPORT	43°05,054 N	006°10,149 E
CAP DES MEDES	43°01,832 N	006°14,462 E
POINTE AIGUADE PORT CROS	43°00,631 N	006°10,822 E
POINTE DE LA GALERE	43°01,212 N	006°24,558 E
POINTE PORT MAN	43°00,839 N	006°25,313 E
SARRANIER	42°59,756 N	006°15,562 E
ZONE DEPART ESTIMATIVE	43°02,939 N	006°12,921 E
GRAND COTIER		
Zone de depart Rade de Hyeres		
Lion de mer	43 24 54 N	6 46 53 E
La Vaquette	43 28 91 N	6 57 24 E
La Fourmigue (golf Juan)	43 32 36 N	7 05 52 E
L'île Verte	43 09 73 N	5 36 91 E
L'île D'If	43 16 79 N	5 19 59 E
Jaune Garde (Porquerolles)	43 00 44 N	6 09 55 E
Ribaux (Porquerolles)	43 00 85 N	6 08 69 E
Porte de parcourt Porquerolles Jaune Garde // Grand Ribaux		
Zone d'arrivée Rade de hyeres		

Porquerolle's Race

du 8 au 12 mai 2024



POSITIONS GEOGRAPHIQUES MARQUES PARCOURS PORQUEROLLE'S RACE

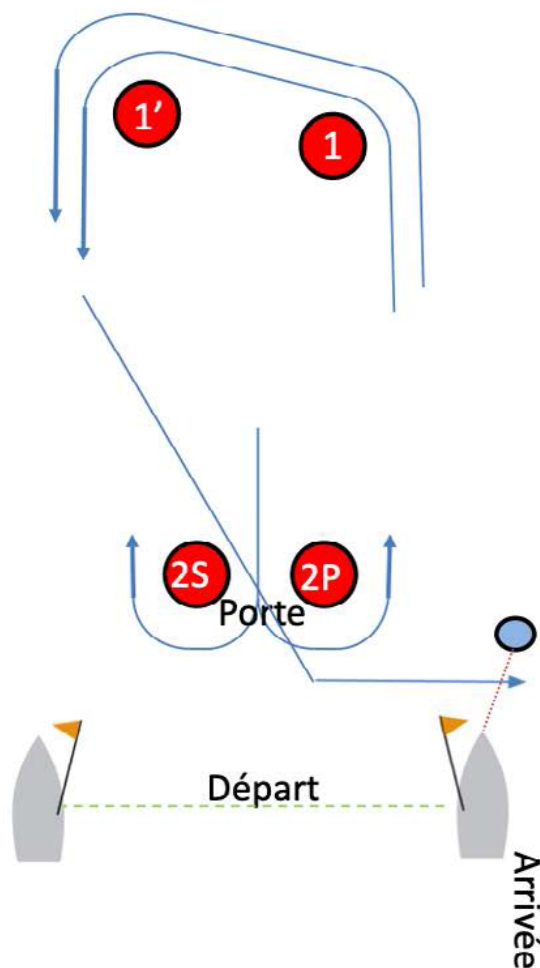
Nom	Latitude	Longitude
C1	43°06,620 N	006°16,620 E
C2	43°05,100 N	006°16,780 E
Cap Bénat	43°05,106 N	006°21,938 E
Cap D'Armes	42°58,810 N	006°12,153 E
Cap Estérel	43°01,939 N	006°10,655 E
Coffre Le Levant	43°03,533 N	006°29,931 E
Emissaires Le Lavandou	43°07,747 N	006°22,804 E
Fourmiguès Giens	43°02,380 N	006°04,169 E
Fourmiguès Le Lavandou	43°06,359 N	006°24,250 E
Gabinière	42°59,187 N	006°23,711 E
GR1 Tribord Toulon	43°05,419 N	005°57,544 E
Grand Ribaud	43°00,988 N	006°08,631 E
Jaune Garde	43°00,420 N	006°09,587 E
La Dame	43°00,397 N	006°25,234 E
Les Deux Frères	43°02,883 N	005°52,101 E
Marque A	42°58,750 N	006°11,539 E
Marque B	43°04,899 N	006°21,900 E
Marque B'	43°03,500 N	006°10,100 E
Marque M	43°01,600 N	006°13,950 E
Marque PC	43°01,399 N	006°20,600 E
Marque PH	43°04,800 N	006°10,100 E
Marque R	43°00,750 N	006°08,799 E
Marque Spécial Le Pradet	43°05,337 N	005°59,606 E
Marque spécial NE Zone aéroport	43°05,054 N	006°10,149 E
Mèdes	43°01,716 N	006°14,460 E
Pointe de la Galère	43°01,212 N	006°24,558 E
Pointe Port Man	43°00,839 N	006°25,313 E
Sarranier	42°59,756 N	006°15,562 E



Porquerolle's Race



Parcours n°1
Zone ALPHA

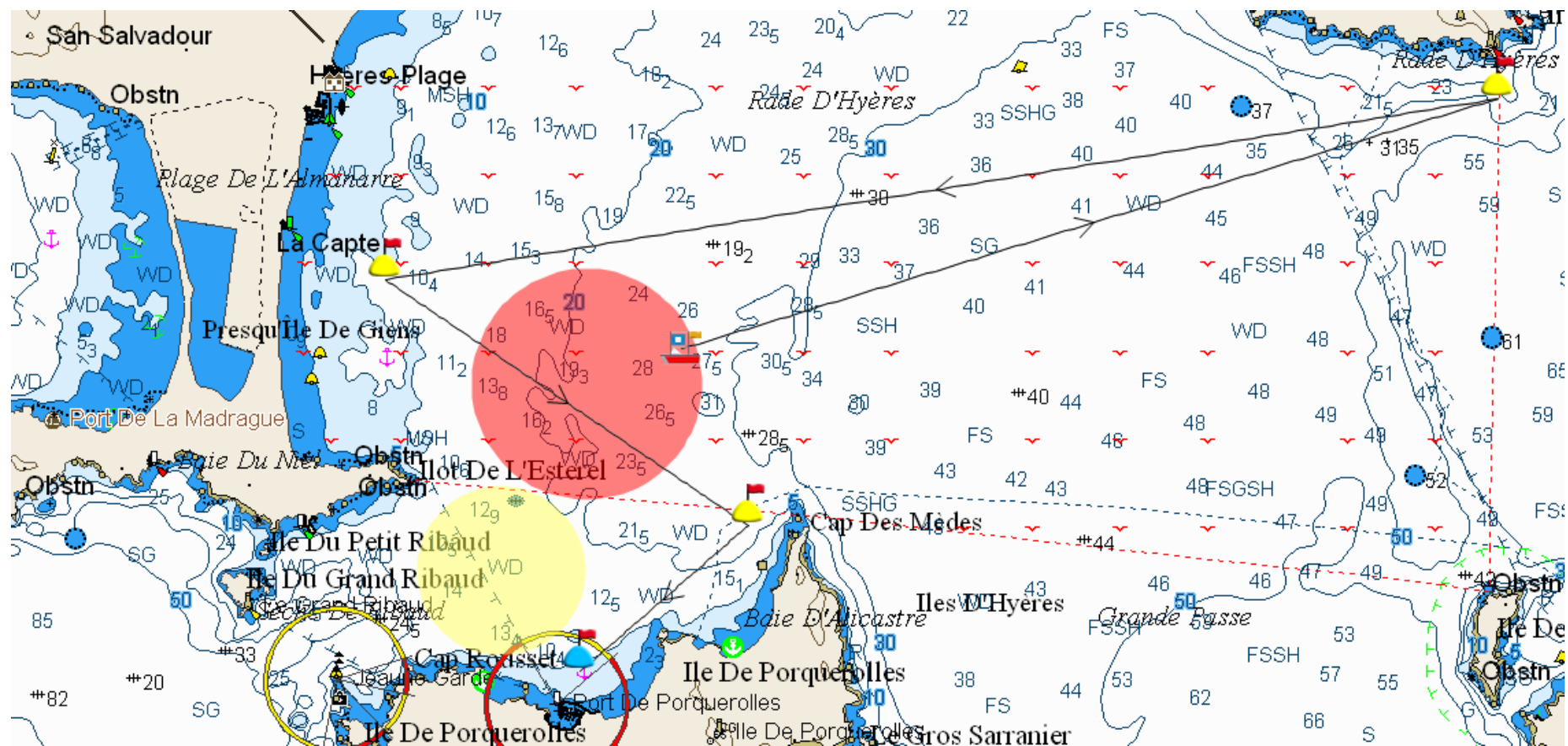


Description du parcours :
Coté requis : bâbord

Départ	
1	Cylindrique Rouge
1'	Cylindrique Rouge
2S-2P (porte)	Cylindrique Rouge
1	Cylindrique Rouge
1'	Cylindrique Rouge
2P	Cylindrique Rouge
Arrivée	Cylindrique Bleue

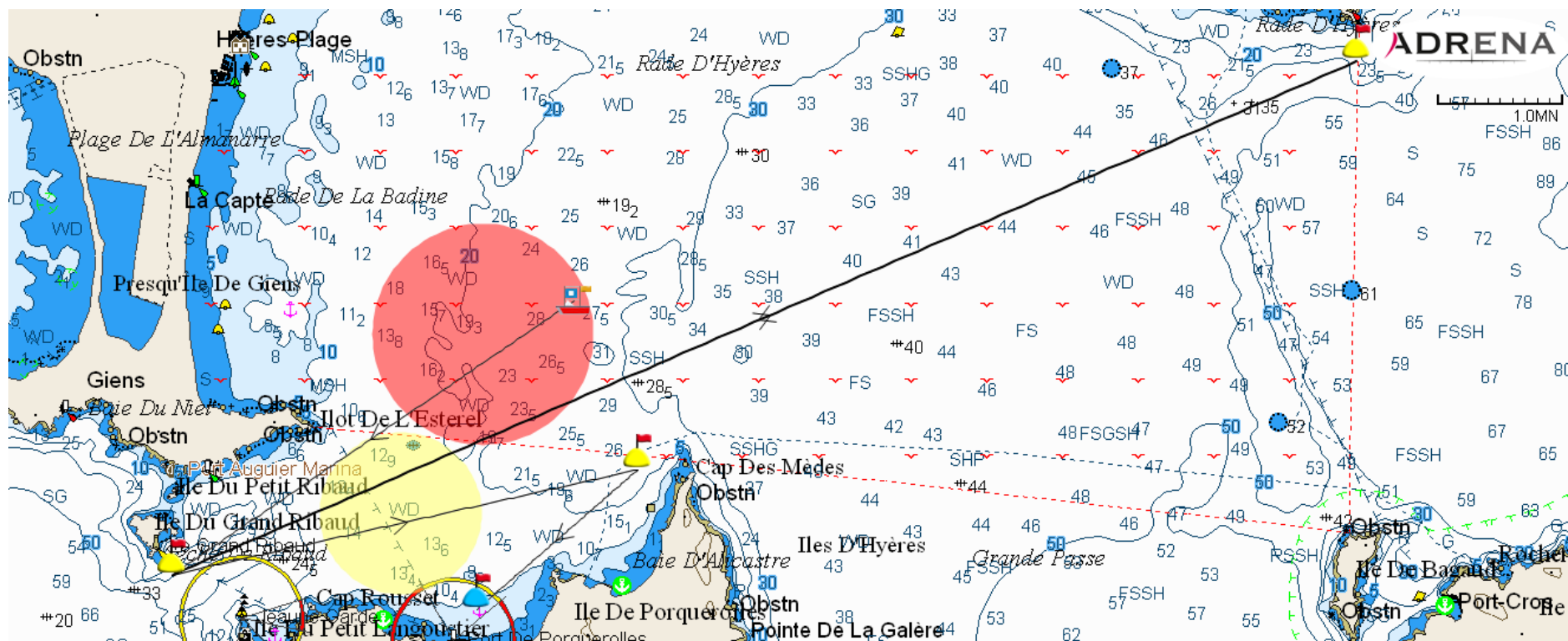
Changement de parcours	Cylindrique jaune
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Parcours N°3 – 20,5 MN



Parcours N°3 – 20,5 MN			
1	Zone Départ	Cf IC	
2	Marque B*	Contourner	Babord 43°04,899 N 006°21,900 E
3	Marque B'	Contourner	Babord 43°03,500 N 006°10,100 E
4	Marque M*	Contourner	Tribord 43°01,801 N 006°13,500 E
5	ARRIVEE	Cf IC	

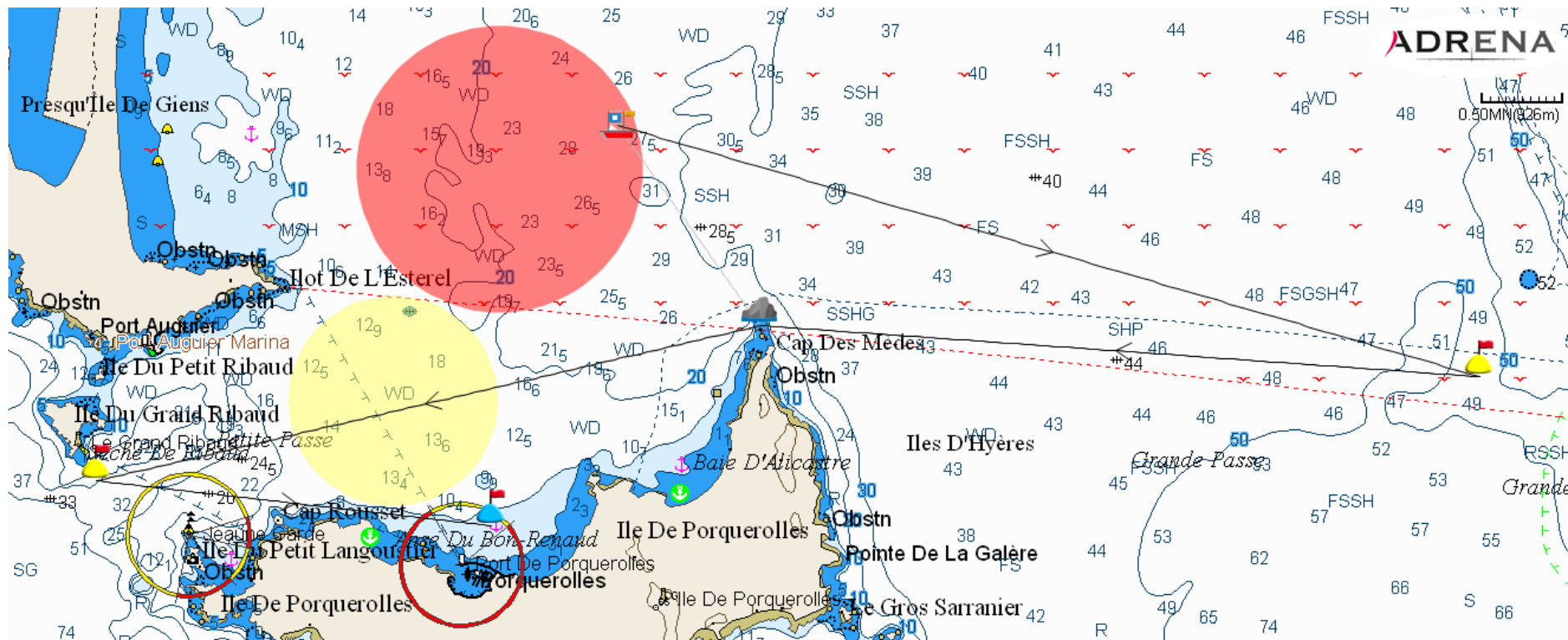
Parcours n°4 – 30,4 MN



PARCOURS N°4 - 30,4 MN

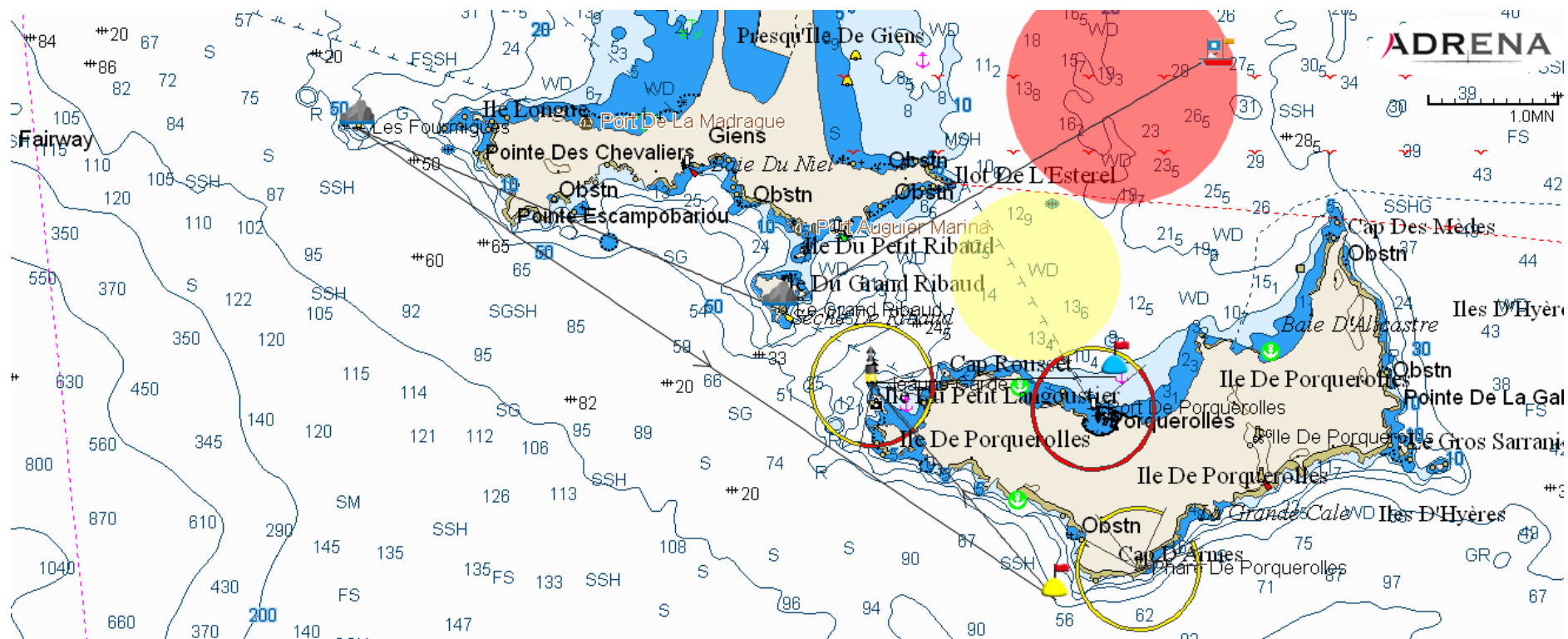
1 Zone Départ	Cf IC	43°02,964 N 006°13,245 E
2 Marque R	Contourner Trib,	43°00,750 N 006°08,799 E
3 Marque B*	Contourner Bab,	43°04,899 N 006°21,900 E
4 Marque R*	Contourner Bab,	43°00,750 N 006°08,799 E
5 Marque M	Contourner Trib,	43°01,600 N 006°13,950 E
6 ARRIVEE	Cf IC	43°00,470 N 006°12,169 E

Parcours N°5 – 16,8 MN



PARCOURS N°5 - 16,8			
1 Zone Départ		Cf IC	43°02,964 N 006°13,245 E
2 Mèdes	Laisser	Trib,	43°01,716 N 006°14,460 E
3 Marque PC*	Contourner	Bab,	43°01,399 N 006°20,600 E
4 Mèdes	Laisser	Bab,	43°01,716 N 006°14,460 E
5 Marque R*	Contourner	Bab,	43°00,750 N 006°08,799 E
6 ARRIVEE		Cf IC	43°00,470 N 006°12,169 E

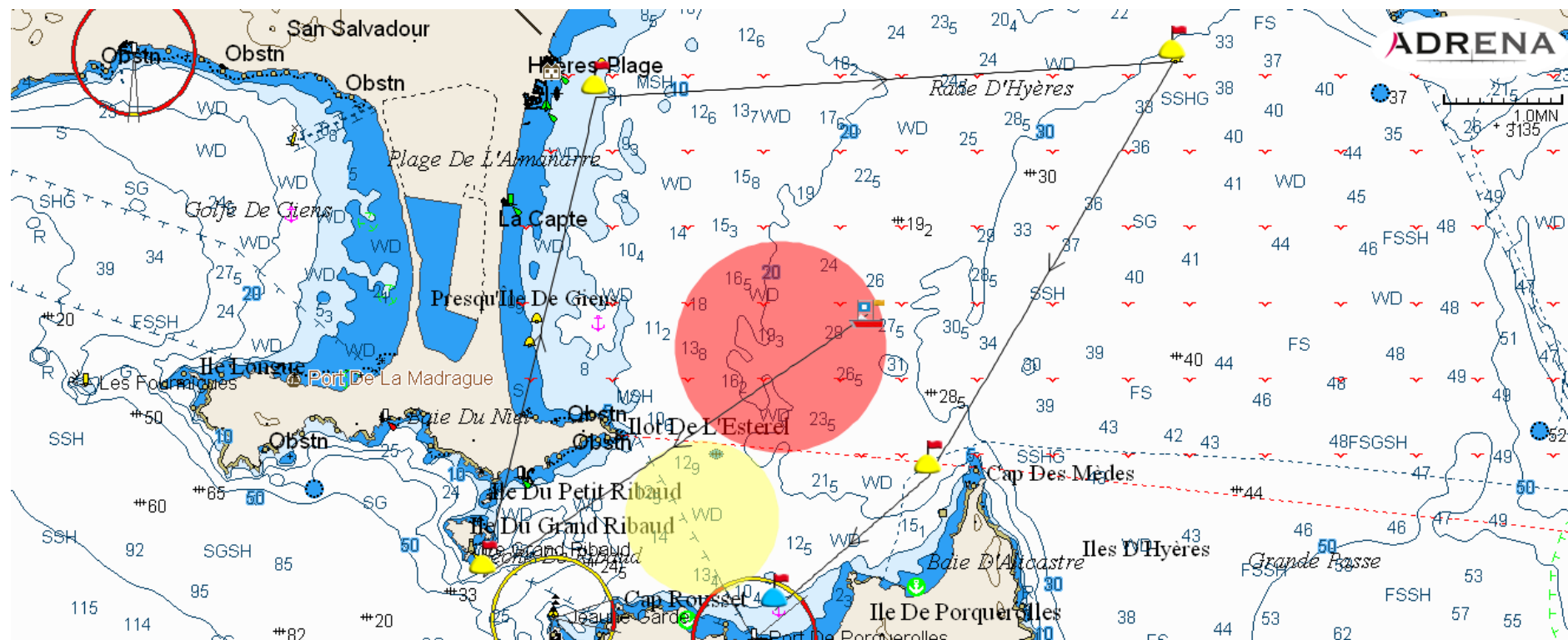
Parcours N°6 – 18 MN



PARCOURS N°6 - 18 MN

PARCOURS N°6 - 18 MN			
1 Zone Départ	Cf IC		43°02,964 N 006°13,245 E
2 Grand Ribaud	Laisser	Trib,	43°00,988 N 006°08,631 E
3 Fourmies Giens	Contourner	Bab,	43°02,380 N 006°04,169 E
4 Marque A*	Contourner	Bab,	42°58,750 N 006°11,539 E
5 Jeune Garde*	Laisser	Trib,	43°00,420 N 006°09,587 E
6 ARRIVEE	Cf IC		43°00,470 N 006°12,169 E

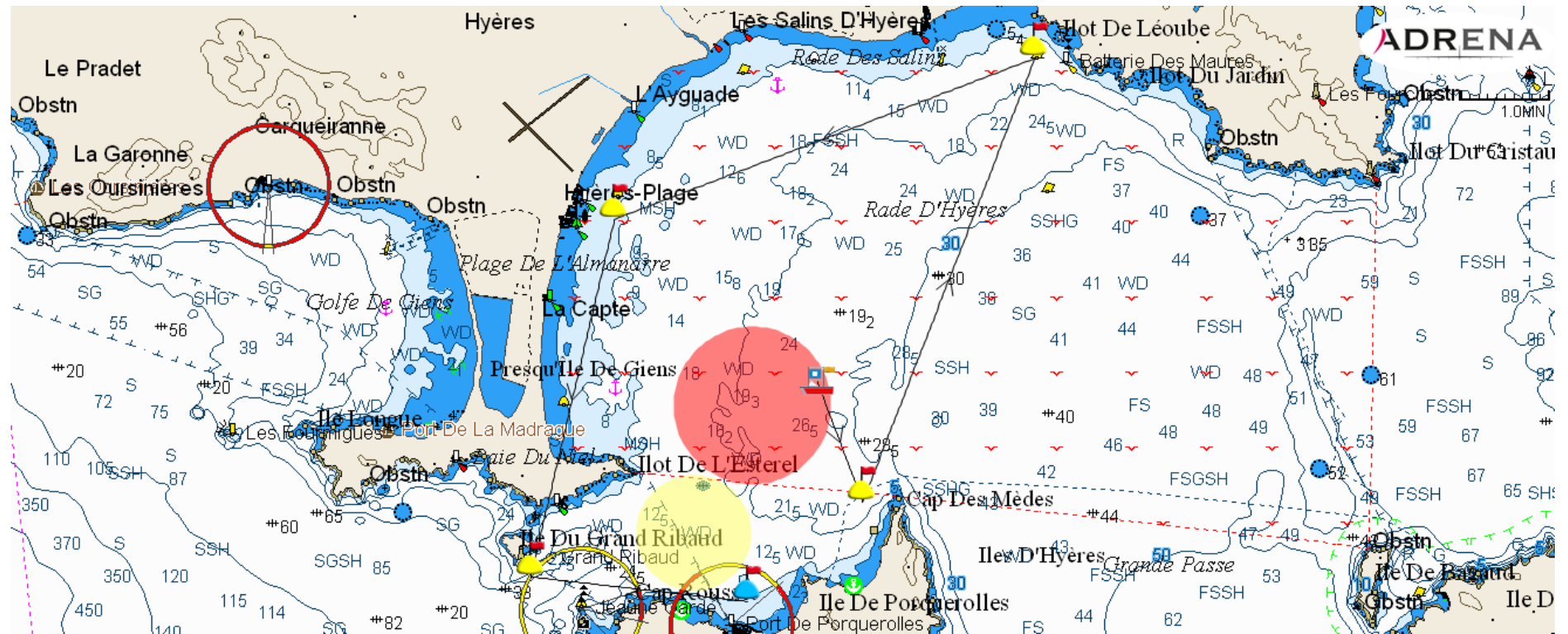
Parcours N°7 – 18,8 MN



PARCOURS N°7 - 18,8 MN

1 Zone Départ	Cf IC	43°02,964 N 006°13,245 E
2 Marque R	Contourner Trib,	43°00,750 N 006°08,799 E
3 Marque PH*	Contourner Trib,	43°04,800 N 006°10,100 E
4 C2	Contourner Trib,	43°05,100 N 006°16,780 E
5 Marque M*	Contourner Trib,	43°01,600 N 006°13,950 E
6 ARRIVEE	Cf IC	43°00,470 N 006°12,169 E

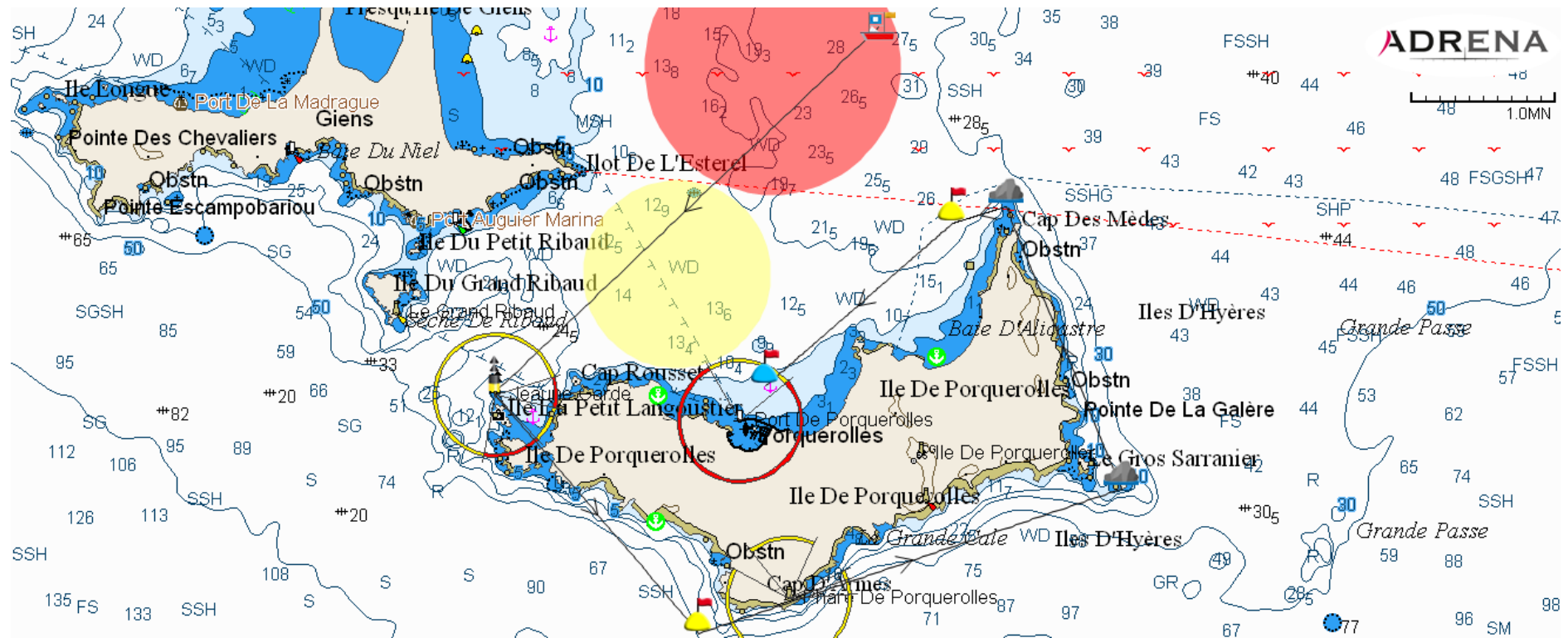
Parcours N°8 – 18,8 MN



PARCOURS N°8 - 18,6 MN

PARCOURS N°8 - 18,6 MN		
1 Zone Départ	Cf IC	43°02,964 N 006°13,245 E
2 Marque M	Contourner Bab,	43°01,600 N 006°13,950 E
3 C1*	Contourner Bab,	43°06,620 N 006°16,620 E
4 Marque PH*	Contourner Bab,	43°04,800 N 006°10,100 E
5 Marque R*	Contourner Bab,	43°00,750 N 006°08,799 E
6 ARRIVEE	Cf IC	43°00,470 N 006°12,169 E

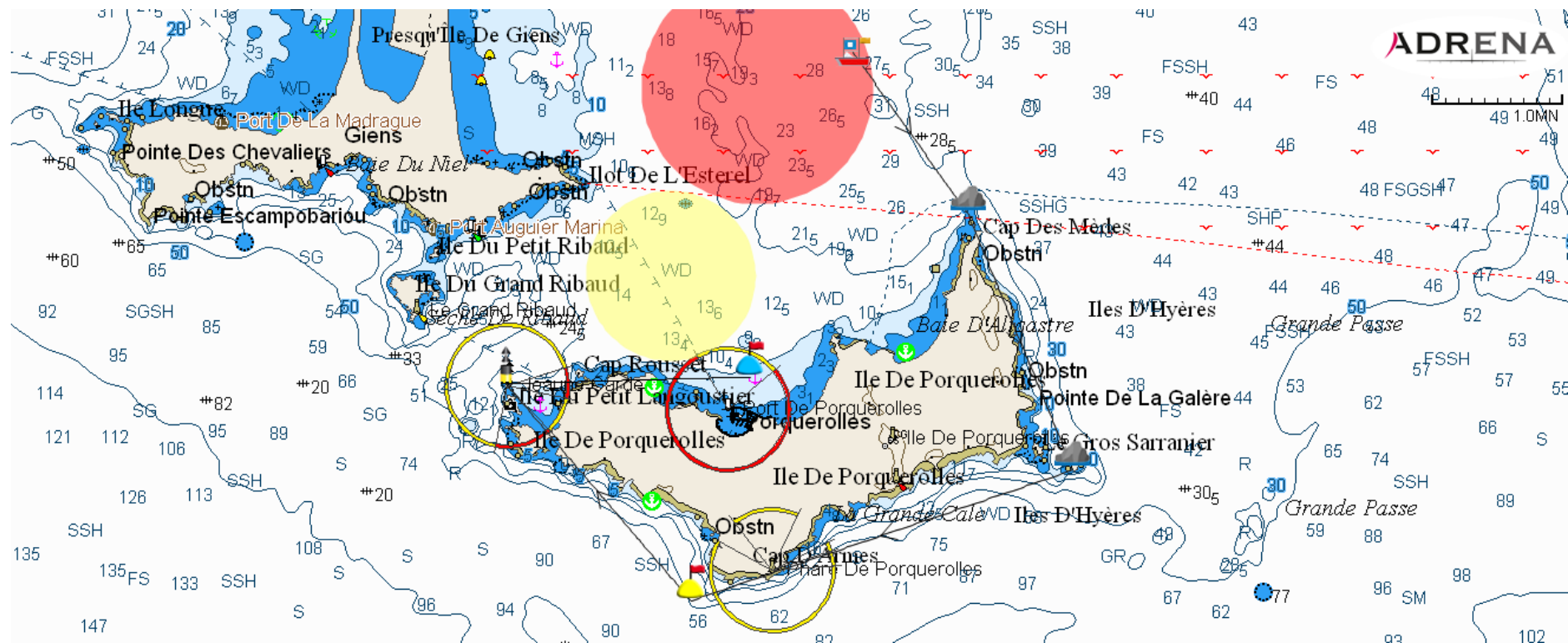
Parcours N°9 – 13,2 MN



PARCOURS N°9 - 13,2 MN

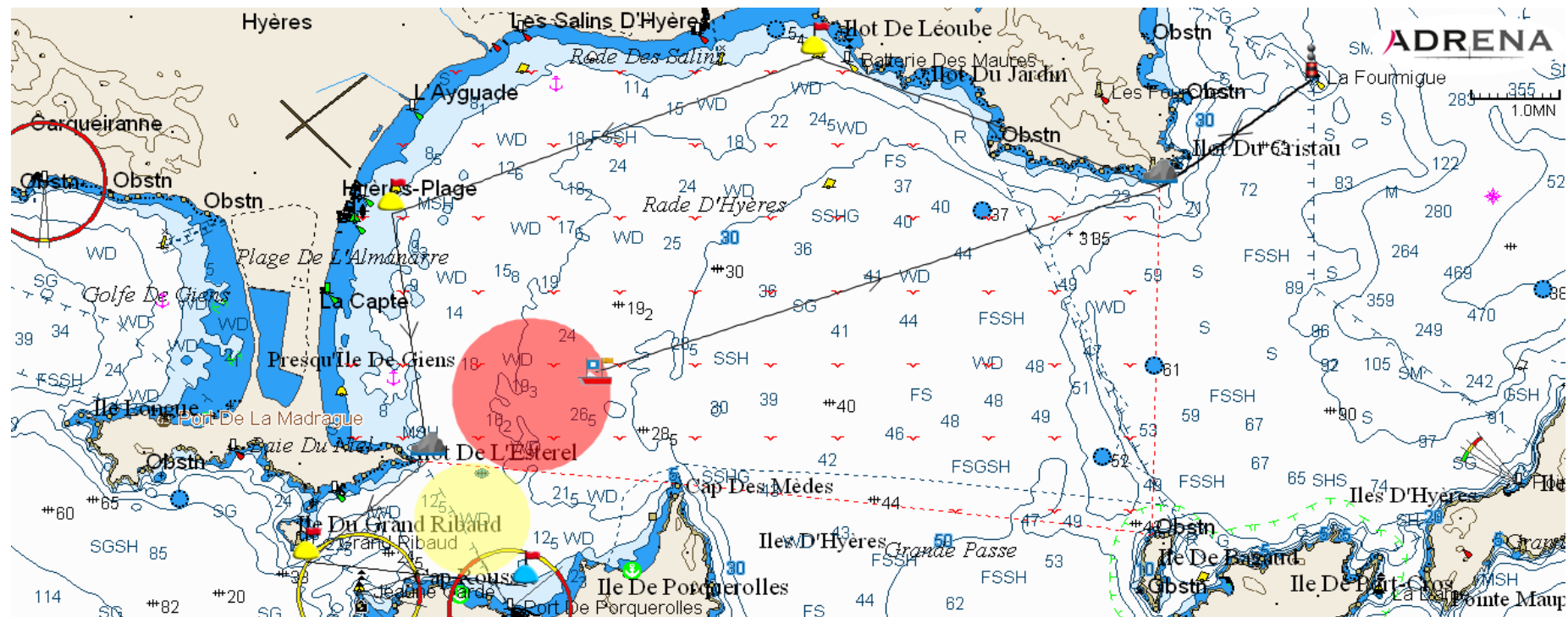
1	Zone Départ	Contourner	Bab,	43°02,964 N 006°13,245 E
2	Jeune Garde	Laisser	Bab,	43°00,420 N 006°09,587 E
3	Marque A*	Contourner	Trib,	42°58,750 N 006°11,539 E
4	Sarranier	Laisser	Bab,	42°59,756 N 006°15,562 E
5	Mèdes	Laisser	Bab,	43°01,716 N 006°14,460 E
6	Marque M*	Contourner	Trib,	43°01,600 N 006°13,950 E
7	ARRIVEE	Contourner	Bab,	43°00,470 N 006°12,169 E

Parcours N°10 – 11,3 MN



PARCOURS N°10 - 11 MN			
1 Zone Départ	Cf IC		43°02,964 N 006°13,245 E
2 Mèdes	Laisser	Trib,	43°01,716 N 006°14,460 E
3 Sarranier	Laisser	Trib,	42°59,756 N 006°15,562 E
4 Marque A*	Contourner	Bab,	42°58,750 N 006°11,539 E
5 Jeune Garde*	Laisser	Trib,	43°00,420 N 006°09,587 E
6 ARRIVEE	Cf IC		43°00,470 N 006°12,169 E

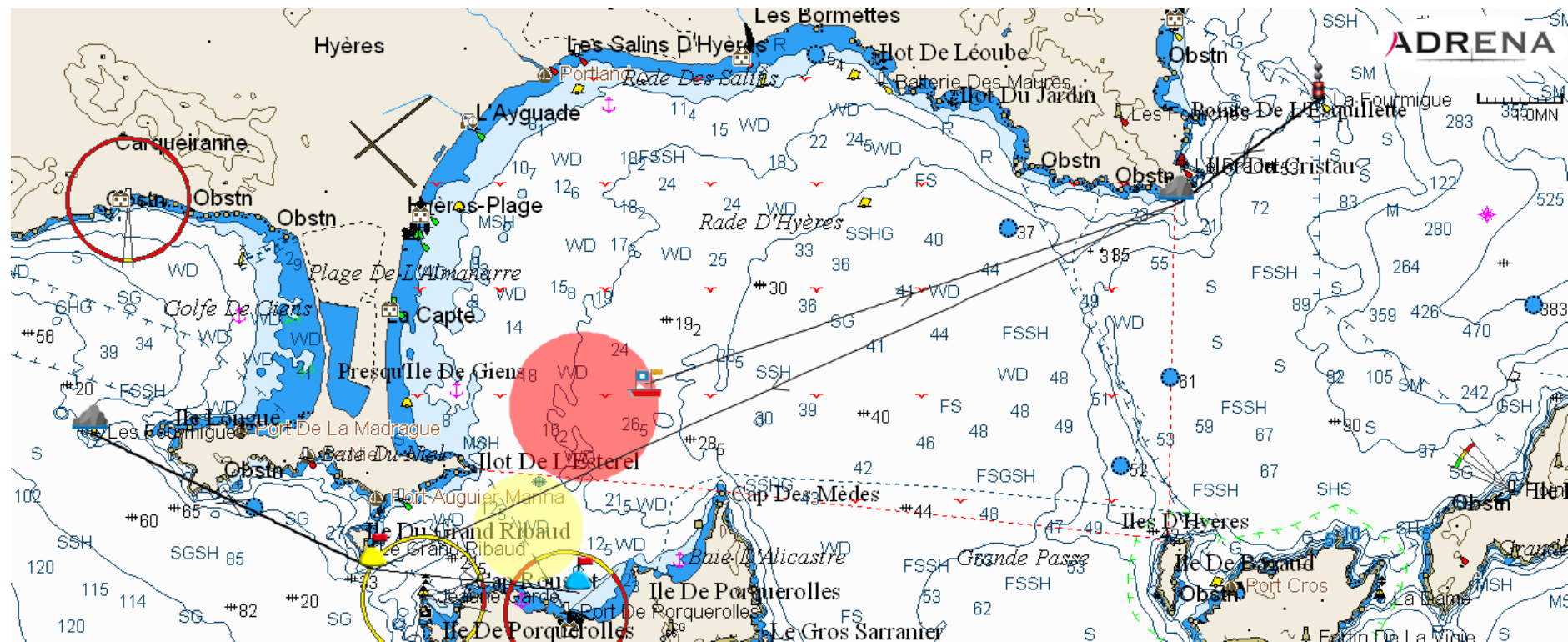
Parcours N°11 – 27,3 MN



PARCOURS N°11 - 27,3 MN

1 Zone Départ	Contourner	Bab,	43°02,964 N 006°13,245 E
2 Cap Bénat	Laisser	Bab,	43°05,106 N 006°21,938 E
3 Fourmigue Le Lavandou*	Contourner	Bab,	43°06,359 N 006°24,250 E
4 Cap Bénat	Laisser	Trib,	43°05,106 N 006°21,938 E
5 C1*	Contourner	Bab,	43°06,620 N 006°16,620 E
6 Marque PH*	Contourner	Bab,	43°04,800 N 006°10,100 E
7 Cap Estérel	Laisser	Trib,	43°01,939 N 006°10,655 E
8 Marque R	Contourner	Bab,	43°00,750 N 006°08,799 E
9 ARRIVEE	Contourner	Bab,	43°00,470 N 006°12,169 E

Parcours n°12 – 31,5 MN



PARCOURS N°12 - 31,5 MN

1 Zone Départ	Cf IC	43°02,964 N 006°13,245 E
2 Cap Bénat	Laisser Bab,	43°05,106 N 006°21,938 E
3 Fourmiguies Le Lavandou*	Contourner Trib,	43°06,359 N 006°24,250 E
4 Cap Bénat	Laisser Trib,	43°05,106 N 006°21,938 E
5 Marque R*	Contourner Trib,	43°00,750 N 006°08,799 E
6 Fourmiguies Giens	Contourner Bab,	43°02,380 N 006°04,169 E
7 Marque R*	Contourner Bab,	43°00,750 N 006°08,799 E
8 ARRIVEE	Cf IC	43°00,470 N 006°12,169 E