



# SAILING INSTRUCTIONS

# **28th OFFSHORE SAILING EVENT**

# Cyclades Regatta 2022

**25 June – 2 July 2022**





## **1. RULES**

The sailing event "Cyclades Regatta 2022" is governed by the regulations referred to, in Clause 2 of the Notice of Race (NoR), as they apply on the sailing event dates, and these Sailing Instructions (SI). In case of inconsistency the SI prevail (Amendment of RRS 63.7). Between Greek and English text the Greek text will prevail. The race is classified as a category 3 event of the WS Offshore Special Regulations (OSR) with the addition of life raft. Boats participating in the Double Handed category are allowed to use autopilot and water ballast.

In addition to the regulations as per article 2 of the NoR, the World Sailing Development Rule DR21-01 Alternative Starting Penalty will also apply to the Starts. According to this rule, the definition of Start is changed as follows: "Start: A boat starts when, having its hull completely on the pre-start side of the line and having complied with Rule 30.1, if applicable, any part of its hull crosses the starting line from the pre-start side to the side of the track either: (a) during or after its start signal or (b) during the last minute before its start signal. When a boat starts according to (b) above, it may return to the pre-start side of the line to comply with requirement (a) of the starting definition, but if it does not do so its penalty at the start will be an additional 10 % of its elapsed time.

All boats are allowed to carry a second mainsail onboard, measured and stamped in accordance with the existed certificate. In this case this can be used only before the start of a race with relevant notification to the Technical Committee.

The race area appears on the maps of the Hydrographic Department of the Hellenic Navy XEE4, 415, 415/2, 415/3, 421, 421/5, 421/6, 423, 155, 34.

## 2. WEATHER FORECAST - TIME

Weather forecasts will not be given to competitors. The responsibility to get any available updates on the forecasted weather conditions is left to the competitors. The official time for the race is the time of the Athens Observatory.

### **3. RACES**

Race No1 will be conducted in the route from Korissia of Kea to Piso Livadi of Paros,

Race No2 will be conducted in the route from Piso Livadi of Paros to Psathi of Kimolos

Race No3 will be conducted in the route from Psathi of Kimolos to Livadi of Serifos,

Race No 4 will be conducted in the route from Livadi of Serifos to Merihas of Kythnos.

### 3.1 Routes

Race	Route	Distance	Day	Date	Time
1	KORISSIA of Kea - PISO LIVADI of Paros	72 nm	Sunday	26 JUNE 2022	11:00
2	PISO LIVADI of Paros - PSATHI of Kimolos	37 nm	Tuesday	28 June 2022	11:00
3	PSATHI of Kimolos - LIVADI of Serifos	23 nm	Thursday	30 June 2022	11:00
4	LIVADI of Serifos - MERIHAS of Kythnos	22 nm	Saturday	2 July 2022	11:00

The race results will be based on the actual distances that will result from the conduct of the races. The time above is the initiation time of the startup process (Warning Signal).



### 3.2 Movement of the start line. Shortening of the route. Selection of a route

The Race Committee (RC) may at its discretion shorten or not, any or all of the races if very low winds are detected or there is a weather forecast that either prevent the start at the predefined start area or will not allow the boats to finish. In case of shortening the Time Limits will remain as originally published, but the calculation of the results will take into account the actual distance of the race.

The shortening can be done:

**3.2.1** By moving the RC boat away from the original starting area, to a new area while displaying the "L" signal (follow). This decision of the RC cannot be the basis for a request for redress. In this case one end of the new conceivable starting line will be a yellow prismatic buoy and the other end will be a flagpole with the "RC" flag displayed on the Race Committee boat, with the exception of clause 7.5 below.

**3.2.2** Finishing at a rounding mark as below clauses, 4 & 6.2.4. In this case one end of the new conceivable starting line will be a yellow prismatic buoy and the other end will be a pole on the RC boat with the flag's "S" and Blue displayed

## 4. ROUTES - RESTRICTIONS - OBSTACLES

**4.1** In the 1st route, the island of Kea will be left to port, the islands of Kythnos and Paros will be left to starboard. Attention is drawn among other things to the "Koundouros" reef 0.3 nm west of Kavia bay in Kea and to the "Mermigas" rocky islet 6.5 nm NW of Paros.

**4.2** In the 2nd route, the rocky islets Prasonisi, Makronisi, and Dryonisi SE of Paros will be left to starboard. The island of Polyaigos east of Kimolos, will be left to port.

**4.3** In the 3rd route, the voyage is free.

**4.4** In the 4th route, the island of Serifos will be left to port. At the entrance of Merichas bay, the "Merichas" islet will be left to starboard.

## 5. MERGING CLASSES / DIVISIONS

The merger of the classes / divisions is shown in the tables of participating boats that will be published on Friday June 24<sup>th</sup> 2022 or Saturday June 25, 2022.

## 6. SIGNALS

At the harbors, the land signals will be displayed on the mast of the anchored RC Boat, which will have an orange flag with the letters RC displayed. Below are listed some of the signals that could be displayed.

### 6.1 Starting signals

The starting signals will be displayed on suitable poles of the RC boat which will display an orange flag with the "RC" insignia. The times must be taken from the visual signals. The absence or failure of a sound signal must be ignored. The display of signals is accompanied by VHF announcement if possible. Omission, absence, or incorrect announcement via VHF is not a basis for a request for redress.

### Warning signal

Five (5) minutes before the respective start, the signals of the classes that are scheduled to start will be displayed, for the Performance & Double Handed classes the numeral **pennant 2** and for the Sport and Non-Spinnaker classes the numeral **pennant 1**, together with an audible signal.





## Preparatory signal

Four (4) minutes before the start, the preparatory signal "P" will be displayed with a sound.

### 1 minute signal

1 minute before the start, the "P" will be removed together with a sound.

### Start signal

The numeral pennants of the classes will be removed together with a long sound.

## Other signals that may be given

**6.2.1.** Postponement of all races that have not started. Display of the "AP" with two sounds.

**6.2.2.** Abandonment of all races that have started and return to the starting area

Display of the "N" signal together with three sounds.

**6.2.3.** Delay or postponement: Display of the "AP" signal with two sounds. The warning signal will be made 1 minute after removal of the "AP".

**6.2.4.** Course shortening: Display of the "S" signal with two sounds.

**6.2.5** Individual Recall: Display of the "X" signal together with one sound.

**6.2.6.** General Recall: Display of First Substitute signal together with two sounds.

**6.2.7.** The display of the "L" signal on land, with one sound announces the posting of a new announcement on the Official Announcement Board by the RC. The display of the same signal on the boat of the RC at sea means "Follow".

**6.2.8.** The display of the "M" signal on a RC boat at a position where a buoy should have been anchored means that this boat replaces the buoy at that point. The display is accompanied by continuous short sounds to the approaching boats.

**6.2.9.** When "AP" is displayed on land, "1 minute" is replaced by "not less than 60 minutes".

**6.2.10.** Any other signal according to RRS could be given.

## 7. STARTS

The starts will be given according to Rule 26 of RRS 2021-2024. The warning signal for each subsequent class will be given as soon as possible after the start of the previous class (paragraph 6.1 above). The RC may choose to start all or some classes together depending on the participation. The starting lines will remain for ten (10) minutes. Within this time limit, boats that for any reason did not start normally can start. After this time limit, all boats that have been registered at the starting area but have not crossed the starting line will be declared DNS. The Race Committee may extend the above time limit at its discretion and this decision is not the basis for a request for redress. The boats of the next class to start that are not yet competing, must be keep away from the starting line until the warning sign of their class.

The minimum number of boats of a class required to register in the starting area and then start, is three (3) (RRS J.2 (26)).

The starting lines may be moved to a position other than the one originally defined in accordance with paragraph 3.2 above, in the event of low winds or force majeure.

### 7.1 Starting line in Korissia of Kea Island

The start will take place in the waters of bay of Agios Nikolaos of Korissia in Kea. The port end of the conceivable starting line will be a pole with an orange flag either on the jetty of the harbor of Korissia or on the RC boat moored or anchored at this point, and the starboard end is the lighthouse located east, at the Cape Agios Nikolaos at the entrance of the bay.





## **7.2 Starting line at Piso Livadi of Paros Island**

The start will be in the waters south of the port Piso Livadi Paros. The port end of the conceivable starting line will be a yellow prismatic buoy and the starboard end will be a pole with an orange flag, displayed on the RC board.

### **7.3 Starting line at Psathi of Kimolos Island**

The start will be in the waters east of the port of Psathi Kimolos. The port end of the conceivable line will be a pole with an orange flag displayed on the jetty of the harbor or on the RC boat moored or anchored at this point and the starboard end an anchored yellow prismatic buoy.

## 7.4 Starting line in Livadi of Serifos Island

The start will be in the waters of Livadi Serifos. The port end of the conceivable starting line will be a yellow prismatic buoy and the starboard end a pole with an orange flag on the jetty of the port of Serifos, or on the RC boat moored or anchored at this point.

## **7.5 Anchoring of a Race Committee boat**

Alternatively, if the weather conditions or any other reason does not allow the RC boat to anchor at the scheduled point, then both ends of the conceivable starting line might be yellow prismatic buoys. The RC boat displaying an orange flag with the "RC" mark on a pole will be placed at one end of the extensions of the conceivable starting line and will hold its position using its engine, and this is not a basis for request to redress.

## **7.6 Registration of boats before the start**

The boats are obliged to pass by the RC boat before the start of each race to register for the race. The above procedure will be possible until the initiation of the start process, that is the warning signal of the first start of the first class (5 minutes). The VHF communication channel during the starting process must be kept free for the proper communication between RC and the competing boats.

Boats that for a very serious reason did not manage to pass in time by the RC boat must notify the RC through VHF that they are in the starting area, and they intend to start. The RC can mark DNS all boats that did not indicate their intention to start.

## **8. FINISHING**

Effort will be made to install a strobe light at the buoys that define one end of the finish lines, to operate from sunset to dawn. In the case of absence of the buoy due to force majeure, the conceivable finish line will be defined by the position of a pole with a blue flag, a distance of around 150 meters from this fixed point and a direction approximately perpendicular to the course of the boats from the previous point. Absence or malfunction of the strobe light or the buoy, does not entitle competitors to submit request for redress. In this case the RC will try to inform the arriving boats about the possible problem through the VHF, on the race channel **72**. If the RC personnel is absent due to force majeure when a boat finishes, the boat must report to the RC the time of its finish and its position relative to other race boats at the first reasonable opportunity.

### **8.1. Finish line at Piso Livadi of Paros Island.**

The finish will on the waters south of the entrance of the harbor of Piso Livadi in the island of Paros. The conceivable finish line is defined by an anchored yellow prism buoy at the port end and a pole with a blue flag at the starboard end on the jetty of the harbor. Attention is drawn to the existence of a possible dangerous area with shallow waters and reefs east of the port jetty at a distance around 200m. The intention of the RC is to anchor a yellow prism buoy at the eastern end of this area. This buoy is a rounding mark, should be left to starboard prior of changing course to west to cross the finish line.



## **8.2 Finish line at Psathi of Kimolos Island**

The finish will be in the waters outside the port of Psathi of Kimolos. The conceivable finish line is defined by the lighthouse at the northern end of the island Ag. Efstatios SE to port, and a pole with a blue flag on the jetty of the harbor to starboard.

### **8.3 Finish line at Livadi of Serifos Island**

The finish will be in the waters of the bay of Livadi in Serifos. The conceivable finish line is defined by an anchored yellow prism buoy to the port and a pole with a blue flag at the starboard end, positioned at the end of the port jetty.

#### **8.4 Finish line at Merichas of Kythnos Island**

The finish will be in the bay of Merichas in Kythnos. The conceivable finish line is defined by a anchored yellow prism buoy at the starboard side and a pole with a blue flag at the port side, positioned on the jetty of the harbor.

## **9. INDIVIDUAL RECALL**

Individual recall may be given in accordance with RRS Rule 29.1. (Clause 6.2.5 above)

The RC is not obliged to notify the boats that started early. If there is such an ability, the RC will make an announcement via VHF. No - notification is not a basis for redress.

#### **10. GENERAL RECALL**

General Recall may be given in accordance with RRS Rule 29.2. (Clause 6.2.6 above). The RC is not obliged to notify the boats that have started. If there is such an ability, the RC will make an announcement via VHF. No - notification is not a basis for redress.

After the General Recall and one minute after the removal of the First Substitute a new warning signal will be given (5 minutes).

## **11. CHANGES OF THE SAILING INSTRUCTIONS**

Any written change in the SI's for each race will be posted before 09:00 of the day of the race. These written changes will be posted on the official announcement board and will be notified to the competitors via VHF before the warning signal.

Any verbal changes may be given at sea prior to the warning signal in accordance with RRS Rule 90.2 (c) & J2.2 (4).

## **12. ANNOUNCEMENTS TO THE COMPETITORS**

The Official Notice Board will be accessed through the website of NOTK, [www.notk.gr](http://www.notk.gr).

Announcements to the competitors will be posted on the international platform at:

<https://www.racingruleofsailing.org/documents/4004/event/> which can be accessed through the website of NOTK. The race results will be published directly on the website of NOTK.

## **13. FINISHING TIME**

The time limit to finish is set according to the formula (GPH x 2.2 x Distance) (Amendment to RRS 35). Any boat that does not finish within the specified time limit will be graded as DNF (Did Not Finish) (Amendment to Rule A4.RRS)

## 14. LIMITATION OF USAGE OF BOAT ENGINES

The engines of the boats must not operate after the preparatory signal (4 minutes). To release a boat after grounding or collision with another boat, vessel or object, the boat may use its engine in accordance with RRS 42.3. (h) & 42.3. (i). Any use of the engine for propulsion of the boat or for any other reason during the race must be declared in writing to the RC as clause 16 below, within two hours from the finish of the boat in this race.

## 15. CLASS INSIGNIA FLAGS

Participating boats are not required to display the class insignia flags

## 16. DECLARATION OF NON-COMPLIANCE WITH REGULATIONS

In case that during the race the regulations mentioned in the NoR and SI's were not observed, the authorized representative of the boat must declare it in writing to the RC within two hours after the finish of the boat in the race that the incident took place.

## 17. PROCEDURE FOR OBJECTIONS AND REQUESTS FOR RESTORATION

Protests and Requests for Redress will be heard at the offices of the RC at the NOTK facilities on Monday July 4, 2022, at 19:00. The interested representatives of the boats will be informed in a timely manner by the secretariat of the Club. The authorized representatives must, inform their witnesses if they exist, so that they can attend.

**17.1** For incidents that occurred in a race, the competitors must inform the RC at the finish line of their intention to file a protest before or immediately after the finish and then submit the protest in accordance with RRS 61.3. Measurement/ Inspection protests may be submitted by the Technical Committee up to 1 hour after the expiration of the time limit for Measurement/ Inspection of article 21 below.

**17.2** Any requests for redress must be submitted in accordance with Rule RRS 62.2. When provisional results are announced after the expiry of the time limit for submitting a protest then a boat may submit a request for redress for these results no later than one hour after their official announcement (Amendment to RRS 62.2). Protests and Redress Requests must be submitted using the Official Notice Board.

**17.3** For the purposes of RRS 64.3.b, the authorized authority is Mr. K. Tsantilis NJ.

## 18. ABANDONING THE RACE

Boats that for any reason and at any moment leave a race, are obliged to immediately notify the RC via VHF on the race channel or by phone using the telephone numbers of the RC members. The RC may protest boats sailing on engine, which have not reported abandonment to the RC, for infringement of this Article and Rule 2 of RRS.

## 19. VHF COMMUNICATION CHANNELS

The communication channel during the event will be **VHF 72**. Continuous listening during the race is necessary for safety reasons. The continuous operation of the mobile telephones, which have been notified to the RC, is mandatory. The boats are obliged to contact the RC and state their position 2 hours before the expiration of their finish time limit if this limit is after 22.00.



## 20. FINISHING

The RC will notify each boat that finishes with a sound. The first boat with a long sound. The captain of each boat is obliged to inform the RC the name of the boat, and the sail number as soon as has finished. It is the responsibility of each boat to make sure that its recognition by the Race Committee has become clear.

## 21. MEASUREMENTS – INSPECTIONS

As provided in clause 13 of the NoR.

**21.1** The boats will be inspected in accordance with the 2022 Special Provisions for Offshore Events of the National Authority (Hellenic Sailing Federation HSF/Offshore Committee).

**21.2** The Technical Committee may inspect any boat at any point (land or sea) and at any time during the period from Saturday 25 June 2022 at 10:00 until two hours after the end of the last race.

**21.3** A copy of the rating certificate together with the Measurement Inventory (where required) must be available on each boat at the disposal of the Technical Committee.

**21.4** Boats must have on board only measured and stamped sails. The owner or his authorized delegate must be aware that he must maintain the boat in accordance with the regulations of the class.

## 22. ORGANIZATION COMMITTEE OFFICES

NOTK

Nautical Marina of the Municipality of Kallithea

Kallithea 17674

210 4810390 09, 210 4131549

site: [www.notk.gr](http://www.notk.gr)

mail: [info@notk.gr](mailto:info@notk.gr)

During the race the RC and the Start and Finish teams will watch channel **72**. The race office will be on the RC boat. Information about the event may be announced through a Viber group which however does not replace the Official Notice Board. Participants are advised and welcomed to join the group.

## 23. CREW LIST

As provided in Clause 15 of the NoR. Requests for a change of crew will be posted to [chris@theodosi.gr](mailto:chris@theodosi.gr) as described in the NoR.

## 24. RESULTS

Provisional results will be published at the end of each race. The final results will be published after the hearing of any protests / requests for redress. The results will be published on the web site of the Club.



ΧΟΡΗΓΟΙ



ΥΠΟΣΤΗΡΙΚΕΣ



ΥΠΟ ΤΗΝ ΑΙΓΑΙΔΑ





## **25. ADVERTISING ON BOATS**

As provided in clause 5 of the NoR.

## **26. NAVIGATION AT NIGHT**

From sunset to dawn, the International Maritime Avoiding Collision at Sea Regulations replace the RRS Part 2 Rules. During this period the boats must take care to keep the navigation lights not covered by the sails of their boats. This also applies in the case of poor visibility due to weather phenomena.

## 27. TIME CORRECTION SYSTEM

As provided in Clause 12 of the NoR, the **Time on Time Coastal / Long Distance** system will be applied.

## **28. RATING SYSTEM**

As provided in Clause 13 of the NoR

**28.1** The RRS low scoring system will be applied in accordance with Rule A4 of Annex A of RRS.

## **28.2** The weight factor is 1 for all races

**28.3** The winners of the race will be announced by the sum of their scores in the 4 races. Any draws will be settled in accordance with Rule A8 of Annex A of RRS. No race is excluded.

#### **28.4 The event is valid if at least one race is held.**

**28.5** The score of the divisions will be independent of the general score of the respective class.

## **29. ALTERNATIVE PENALTIES - VIOLATION OF REGULATIONS**

**29.1** A boat which violates the regulations of part 2 of the RRS, must execute a penalty of one turn (1 tack and 1 gybe) alternatively (Amendment of Rule 44.2 RRS).

**29.2** The content of clauses 2, 7, 8, 12, 13, 15, 18, 19, 21, A23, 25, 29 & 30 cannot be the basis for a protest or request for redress by a competitor.

**29.3** It is at the discretion of the Protest Committee to impose any penalty other than disqualification or to decide discharge for violations of SI's 14, 19, 20, 23, 25, of the ORC Class Rules, the OSR and ERS Rules. For any other violation, the provisions of the current Hellenic Offshore Committee / HSF Regulations apply. The use of discarded rubber or woolen tapes when inflating spinnakers is not considered a violation of RRS Rule 47.

## **30. RESPONSIBILITY**

**30.1** Race Participants agree that they are governed by the Word Sailing International Sailing Rules (RRS 2021-2024), the NoR, and the SI's. Everyone participates and competes solely at his own risk and agrees to assume full responsibility by release the organizer Club, the RC, the Protest Committee, the Technical Committee and any other person or body involved in the organization and conduct of the race, who does not bear any responsibility for material damage or bodily injury, injury or death or anything else that can happen before, during or after the race to the competitors or their boats. Attention is drawn to RRS Part 1 of Fundamental Rule 3: "Sailing Decision" which states: "A boat is solely responsible for deciding whether to start or continue a race". It is the responsibility and responsibility of the person in charge to judge the degree of training of the crew or the intensity of the wind, the state of the sea and the



meteorological forecasts and to decide whether or not to take part in the race. The persons in charge accept full responsibility for the behavior and dress of their boats, crews and guests.

**30.2** During the race it is obligatory to watch the VHF on the channel **72** in addition to the obligatory channels.

**30.3** All participating boats must have valid third-party liability insurance coverage including participation in races in accordance with the relevant EIO directive. The corresponding certificate is submitted with the registration of the boat in the race as stipulated in the announcement. Failure to submit the certificate automatically puts the boat out of competition.

### **31. SUPPORT BOATS**

**31.1** The committee boats shall display an orange flag with the letters "RC". Failure to display the above flag is not a basis for a redress request by a boat (amendment of RRS 60.1 (b)).

**31.2** Boats used by the press, photographers, VIPs, etc. are not under the jurisdiction of the organizing authority. Any action taken by them cannot constitute a basis for a redress request by a boat (amendment of RRS 60.1 (b)).

### **32. COMMITTEES**

As an attached Annex A.

### **33. DRAWINGS**

As an attached Annex B.



## **ANNEX A.**

## Race Committee

President: Christos Theodosis, NRO 694 432 1774

Deputy: Dimitris Vassiliou, CRO 697 203 7320

Members: Fani Katsavouni 697 658 4481

Dimitris Antoniadis 698 715 8306

Dimitris Panidis, Finish line team 697 643 5003

Maria Riga, Finish line team 699 610 0548

Marousa Andreadi, Finish line team 694 432 5604

Dimitris Nagouzaloglou 694 164 1002

## **Protest Committee**

President: Costas Tsantilis, NJ

Members: Vangelis Polykandriotis, NJ

Nikos Dimou- NJ

Costas Giammalidis. CJ

## Technical Committee

Andreas Antonopoulos

## Race Committee Boats

Alexandros Theodoridis, Skipper of RC boat S/Y MANOOLI TEL 694 756 8316

George Lasdas, Skipper of RC boat S/Y DECISION 694 532 1912

## ANNEX B

Indicative drawings. They are not maps, should not be used for navigation

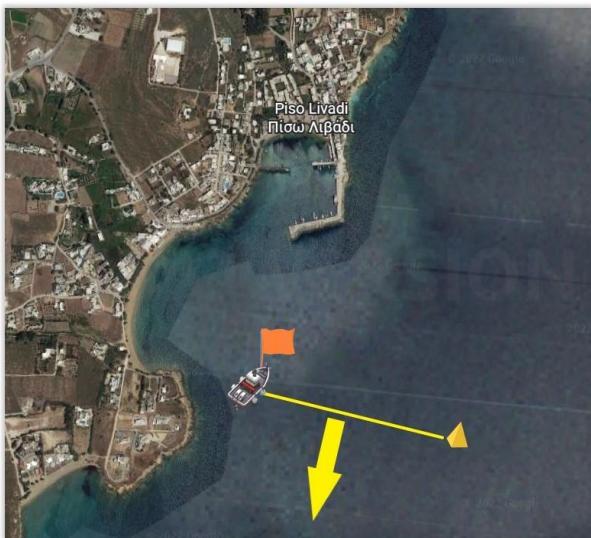
**INDICATIVE START LINE  
FROM KEEA (KORISSIA)**



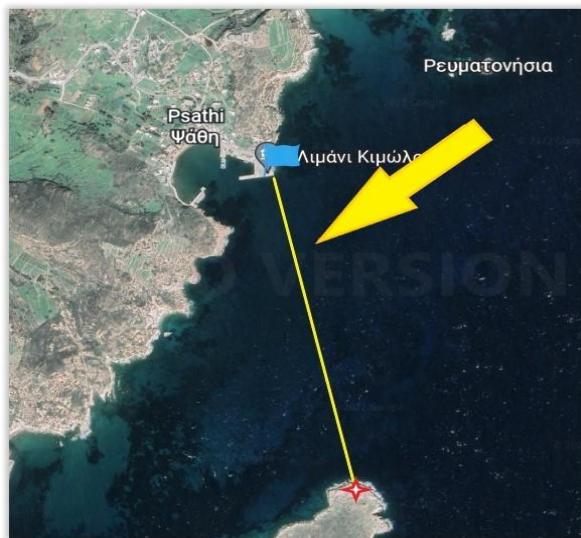
**INDICATIVE FINISH LINE  
IN PAROS (PISO LIVADI)**



**INDICATIVE START LINE  
FROM PAROS ( PISO LIVADI)**



**INDICATIVE FINISH LINE  
IN KIMOLOS (PSATHI)**



**INDICATIVE START LINE  
IN KIMOLOS (PSATHI)**



**INDICATIVE FINISH LINE  
IN SERIFOS (LIVADI)**



**INDICATIVE START LINE  
FROM SERIFOS (LIVADI)**



**INDICATIVE FINISH LINE  
IN KYTHNOS (MERIHAS)**

