



# **YAI YOUTH MULTI CLASS SAILING AND KITEBOARD CHAMPIONSHIP 2022**

## **(NATIONAL RANKING EVENT)**

**KSR DAM, MANDYA**

**07 AUG 2022 TO 13 AUG 2022**

**Organizing Authority:** Trishna Sailing Club, The Madras Sappers and General Thimayya National Academy of Adventure Under the Aegis of the Yachting Association of India & Yachting Association of Karnataka in conjunction with Laser Class Association of India, National 9er Class Association of India, 420 Class Association of India, National Optimist Association of India, Premier Kiteboarding Association and Board Sailing Association of India

## **SAILING INSTRUCTIONS**

### **1 RULES**

- 1.1 The event will be governed by the rules as defined in 2021- 2024 *Racing Rules of Sailing (RRS)*.
- 1.2 National prescriptions if any will apply.
- 1.3 In all rules governing this event:
  - 1.3.1 The notation **[DP]** in a rule in the Sailing Instructions (SI) means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification.
  - 1.3.2 The notation **[SP]** denotes a rule for which a Standard Penalty may be applied by the race committee or the technical committee without a hearing or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1 and A5.1.
  - 1.3.3 The notation **[NP]** in a rule in the SI denotes a rule that shall not be grounds for a protest by a boat. This changes RRS 60.1(a) and 63.1.
- 1.4 RRS Appendix B: Windsurfing Competition Rules will apply except B8 and RRS Appendix F: kiteboarding Racing Rules will apply
- 1.5 2021- 2024 Equipment Rules of Sailing (ERS) will apply.
- 1.6 If there is a conflict between a rule in the Notice of Race (NoR) and one in the Sailing Instructions, the rule in the Sailing Instructions shall take precedence. This changes to RRS 63.7.
- 1.7 If there is a conflict between languages, the English text will take precedence.
- 1.8 Competitors may also be required to wear a vest carrying event sponsors names and logos at all times while afloat.
- 1.9 **[DP] [NP]** All prevailing Central and State Government SOPs and protocols with regards to **COVID – 19** shall be strictly adhered to by all personnel when ashore. All such instructions will be prominently displayed on the Notice Board.

### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board (ONB) located near the race office at the Trishna Sailing Club. Alternately notices to competitors

will also be available on <https://www.racingrulesofsailing.org/events/4543>. However, the physical notice board will be the official one.

### 3 CHANGES TO SAILING INSTRUCTIONS

**[NP]** Any change to the Sailing Instructions will be posted no later than two hours before the warning signal of the race on the day it will take effect, except that any change to the format or schedule of races will be posted by 1900h on the day before it will take effect.

### 4 [DP] CODE OF CONDUCT

- 4.1 **[NP]** Competitors shall comply with any reasonable request from a regatta official.
- 4.2 Boats that are not racing or passing through a race area to which they are not assigned shall remain clear of the race course where boats are racing and any official vessels.

### 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the 'Flag Mast' near the launching area of the Trishna Sailing Club.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.
- 5.3 **[NP][SP]** Flag D with one sound means; "The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not launch until this signal is made."

### 6 FORMAT OF RACING

- 6.1 The regatta will consist of a single series of fleet racing format.
- 6.2 Men, women, boys and girls may race together, even as positions for different categories may be extracted and scored separately.
- 6.3 Boats of the Optimist Green Fleet shall display green ribbons free to fly from the top of the sprit. Ribbons will be provided by OA.
- 6.4 A maximum of 12 races are scheduled for all the events.

### 7 SCHEDULE OF EVENTS AND RACES

- 7.1 Schedule of events and races are shown in SI "**Addendum - A**".
- 7.2 Three races are scheduled per day for all events, except Kite-board. The race committee may run one more race per day. The change in schedule will be made in accordance with SI 3.
- 7.3 **Kite-board**: Four races are scheduled per day.
- 7.4 Except on 13 Aug 2022, the scheduled time of the warning signal for the first race of each day for morning session racing is at 0855 hrs and for afternoon session racing is at 1355 hrs. The warning signal for each succeeding race will be made as soon as practicable.
- 7.5 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 7.6 Daily competitors/support personnel meeting will be held at 0755 hrs, inside the tent house.
- 7.7 **Kite-boarding**: No warning signal will be made after 1400 hrs on 11 Aug 2022 and for all other remaining events, no warning signal will be made after 1300 hrs on 13 Aug 2022.

## 8 EVENT FLAGS

Class flags are:-

Events	Class Logo	Background Colour
ILCA 4 (Boys)	ILCA	Yellow
ILCA 4 (Girls)	ILCA	Green
Optimist Main (Boys & Girls)	Optimist Logo	White
Optimist Green (Boys & Girls)	Optimist Logo	Green
Kite-board (Men & Women)	Kite	White
RS One (Boys & Girls)	RS One	White
29er (Open)	29er	White
420 (Youth Open & Mixed)	420 Logo	White
ILCA 6 (Open)	ILCA	White

## 9 RACING AREA AND OBSTRUCTIONS

9.1 There will be two racing areas; the location of racing areas is shown in SI “**Addendum - B**”.

9.2 Classes are assigned to race areas as follows:

RACE AREA - A	RACE AREA - B
Optimist Main (Boys & Girls)	ILCA 4 (Boys)
Optimist Green (Boys & Girls)	ILCA 4 (Girls)
Kite-board (Men & Women)	420 (Youth)
	ILCA 6 (Open)
	29er (Open)
	RS One (Boys & Girls)

9.3 Obstructions are marked with the help of red coloured flags.

9.4 Sailboats are not permitted to go close to the KRS Dam flood gates. They are required to remain at a minimum distance of 1.5 km from the dam gates. South of the line joining the red flags are obstructions for the sailors.

9.5 Competitors of Race Area – B shall not interfere with Race Area - A competitors while returning to shore after finishing their races

## 10 THE COURSE

10.1 The diagrams in SI “**Addendum - C**” show the course, course designations, including the order in which marks are to be passed, and the side on which each mark is to be left.

10.2 The course may be shortened to finish at a rounding mark as per rule 32.2 (a) provided 2 or more legs have been sailed.

10.3 If there is only one mark at the gate position, this mark is to be left at the port.

## 11 MARKS

Course	Marks	Description of marks
Windward / Leeward	Starting marks	Race committee vessels with a staff displaying an orange flag
	Finishing marks	Race committee vessel with a staff displaying a blue flag and a yellow pencil mark
	Mark 1E	Orange cylindrical mark
	Mark 1	Yellow cylindrical mark
	Marks 2S / 2P	Yellow cylindrical marks
Trapezoid	Starting marks	Race committee vessel with a staff displaying an orange flag and a yellow cylindrical mark.

	Finishing marks	Race committee vessels with a staff displaying a blue flag and a red pillar mark
	Marks 1, 2 & 3	Yellow cylindrical marks
	Marks 4S / 4P	Orange cylindrical marks
Kite-boarding (Fix course)	Starting marks	Race committee vessel with a staff displaying an orange flag and a yellow cylindrical mark.
	Mark 1	Yellow cylindrical mark
	Mark 2	Yellow cylindrical marks
	Finishing marks	Race committee vessel with a staff displaying a blue flag and a yellow pencil mark

## 12 THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 **Kite-board**: The races will be started using RRS F3 26 with the warning signal made 3 minutes before the starting signal.
- 12.3 The starting line will be between a staff displaying an orange flag on the race committee signal vessel at the starboard end and the course side of a yellow cylindrical mark or a staff displaying an orange flag on another race committee vessel at the port end.
- 12.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 12.5 **Kite-board**: A kite board starting later than 2 minutes after her starting signal will be scored DNS. This changes RRS A4, A5.1 and A5.2.
- 12.6 **[DP][NP]** Boats/Kite boards whose warning signal has not been made shall avoid the starting area during the starting sequence for other races and shall stay 100 metres away from boats that are starting or manoeuvring around the starting area to prepare for the start.

## 13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change, a new mark is replaced; it will be replaced by an original mark.
- 13.2 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 33.

## 14 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee finish vessel at the starboard end and the course side of the finishing mark at the port end.

## 15 PENALTY SYSTEM

- 15.1 RRS Appendix P, Special Procedures for Rule 42, will apply.
- 15.2 For the 29er, Kite-board & RS One classes, RRS 44.1 and Appendix P2.1 penalties are changed so that the Two-Turns Penalty is replaced by One-Turn Penalty.

15.3 Penalties for breaches of rules marked **[SP]** will be

Sailing Instructions	Penalty	Score to be added
19.2.1 (Check Out)	1	To the first completed race of the day for failure to check out.
19.2.2 (Check In)	1	To the last completed race of the day for failure to check in.
(If there is only one race completed that day total penalty point will be 1 for breaching SI 19.2.1 & 19.2.2)		
19.3 (Retirement)	1	To the last completed race of the day.
21.5 (Event Measurement Limitation Mark/Sticker Missing)	1	To all races completed on that day.

15.4 The scores of other boats shall not be changed; therefore, two boats may receive the same score. However, the penalty shall not cause the boats score to be worse than the score for DNF. The Race Committee/Technical Committee may protest a boat when they consider the standard penalty to be inappropriate. **[NP]** A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. This changes RRS 60.1, 63.1 and Appendix A5

15.5 A boat that has retired/ taken a penalty under RRS 44.1, 42 or 31 shall complete a retirement/ an exoneration form at the Race Office within the protest time limit.

## 16 TIME LIMITS AND TARGET TIMES

16.1 The time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finishing Window	Target Time
ILCA 4 (Boys) & ILCA 4 (Girls)	50	20	10	35
Optimist (Main) & Optimist (Green)	50	20	10	35
ILCA 6 (Open) & 420 (Youth)	60	20	10	40
29er (Open) & RS One (Boys & Girls)	40	15	10	25
Kite-board (Men & Women)	20	10	10	20

16.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

16.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

16.4 Boats/Kite-boards failing to finish with-in the time stated in the “Finishing Window”, after the first boat/Kite board of that event sails the course and finishes will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

## 17 PROTESTS AND REQUESTS FOR REDRESS

17.1 Add to RRS 61.1(a), “The protesting boat shall inform the race committee of the boat(s) being protested at the finishing line after finishing, as soon as practically possible”.

17.2 Protest forms are available with the Beach Master. In addition, protests can also be filed online by using this link <https://www.racingrulesofsailing.org/events/4543>. Protests and requests for redress or reopening shall be submitted to the PC Office/ online within the appropriate time limit.

17.3 The protest time limit is 45 minutes after the last boat has finished the last race of the session, or the Race Committee signals no more racing today or further signals ashore, whichever is later.

- 17.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the PC Room at Trishna Sailing Club, beginning at the time posted.
- 17.5 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 17.6 A list of boats that have been penalised for breaking RRS 42 will be posted.

## **18 SCORING**

- 18.1 RRS Appendix A will apply.
- 18.2 RRS B8 is deleted.
- 18.3 (a) Optimist Main (Boys & Girls) will have a combined start and will be scored as a single fleet.
- (b) Optimist Green (Boys & Girls) will have a combined start and will be scored as a single fleet.
- (c) The ILCA 4 (Boys & Girls) will have separate starts and be scored separately for ILCA 4 (Boys) and ILCA 4 (Girls) as a single fleet.
- (d) RS One (Boys & Girls) will have a combined start and will be scored as a single fleet.
- (e) Kite board (Men & Women) will have a combined start and will be scored as a single fleet.
- 18.4 (a) Five (05) races are required to be completed to constitute a series for all events.
- (b) When six (06) or fewer than six (06) races have been completed, a boat's series score will be the total of her race scores.
- (c) When seven (07) races or more races but less than eleven (11) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (d) When eleven (11) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 18.5 To request correction of an alleged error in the posted race or series results, a boat may complete a scoring enquiry form available from the Race/ Regatta Office.

## **19 [SP] [NP] SAFETY REGULATIONS**

- 19.1 **[DP]** Rule 40.1 will apply and all competitors shall wear personal floatation devices at all times whilst afloat, except briefly while changing or adjusting clothing, or personal equipment.
- 19.2 **[SP]** Check-Out and Check-In Procedures:
- 19.2.1 Before launching on each scheduled racing day, a competitor from each boat shall personally Check-Out, by signing on the forms placed at the Beach Master Desks located at the launching area of Trishna Sailing Club.
- 19.2.2 After returning ashore, a competitor from each boat shall personally Check-In, by signing on the forms placed at the Beach Master Desks, within the protest time limit.
- 19.3 **[SP]** A boat that retires from a race shall notify the Race Committee as soon as possible and shall complete a retirement declaration form at the Beach Master no later than the protest time limit.
- 19.4 **Kite-board: [DP][NP]** A helmet to the minimum standard EN1385 or EN1077 or equivalent with at least 300 square centimeters of the exterior surface in a high visibility colour shall be worn at all times when afloat, except briefly while changing or adjusting clothing or personal equipment, or during on-water interviews.

- 19.5 **Kite-board**: Body protection (Impact vest) which may also act as a personal flotation device in accordance with CR C.3.2(b) shall be worn at all times when afloat, except briefly while changing or adjusting clothing or personal equipment.
- 19.6 When the Race Committee displays flag V with repetitive sounds, all official and support vessels shall monitor the Race Committee radio channel for that course area for search and rescue instructions. This may be to collaborate with rescue tasks and shall stay in the course area until flag V is removed, or the “All-Clear” has been confirmed by the Course Race Officer (CRO) or the Principal Race Officer (PRO).

## **20 [DP] REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1 Substitution of competitors will not be allowed without prior written approval of Race Committee.
- 20.2 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity by filling in a relevant form at the Race Office. The substitution may only be permitted after the Technical Committee has checked and scrutinised both the damaged and the substituting equipment.
- 20.3 If the substitution was made on the water before or between races, both the damaged and the equipment substituted shall be presented to the Technical Committee after the end of the day’s racing. Repairs or replacements required afloat may be approved after the race provided that either the Race Committee or the Technical Committee afloat is notified before the next race.

## **21 [DP][NP] EQUIPMENT AND MEASUREMENT CHECKS**

- 21.1 On the water, a boat can be instructed by a member of the Technical Committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any time.
- 21.2 All competitors shall present their boats for scrutiny by the Technical Committee before the start of the event. Boats shall be presented as directed by TC.
- 21.3 Measurements will take place at the boat parking area of Trishna Sailing Club.
- 21.4 Once a boat has completed measurements, the hull shall not be removed from the boat park without the permission of the Technical Committee.
- 21.5 **[SP]** Following breaches of equipment and measurement checks will result in a Standard Penalty.
- (a) Event Measurement Limitation Mark/Sticker Missing.

## **22 [DP] EVENT ADVERTISING**

- 22.1 Competitor advertising will be restricted to World Sailing Regulation 20, Advertising Code.
- 22.2 Boats may be required to display advertising chosen and supplied by the Organising Authority. If this rule is broken, World Sailing Regulation 20.9.2 applies.

## **23 OFFICIAL VESSELS**

Official vessels will be marked as follows:

RC Starting Vessel	<b>RC / ORANGE FLAG</b>
Jury	<b>JURY</b>
Principal Race Officer	<b>PRO</b>
Technical Committee	<b>TC</b>
Rescue/Safety	<b>R</b>
Press/Media	<b>MEDIA</b>

Spectators	<b>SPECTATORS</b>
Support Boats	<b>SUPPORT WITH CLUB BURGEE/ CLUB NAME</b>

## **24 [DP][NP] SUPPORT/ COACH VESSELS**

- 24.1 Except when participating in rescue operations, coaches and other support persons shall be required to stay outside areas where boats are racing from the time of the warning signal for the first fleet to start until all boats have finished or retired unless the Race Committee signals a postponement, general recall or abandonment of all fleets.
- 24.2 The areas the boats are racing can be defined as the area inside the course and within 100m of any mark, lay-line, starting line, finishing line or any area where any boat that is racing or may sail.
- 24.3 Support vessels shall clearly display a white flag bearing the club code of the boats they are supporting or the club burgee along with (Coach/ Support Flag). No other flags or identification shall be displayed by support vessels.
- 24.4 **[DP]** Personnel on board support vessels are required to wear a life jacket or personal floatation device whilst on the water.
- 24.5 For safety reasons, coaches are encouraged to use a VHF radio. Radios will not be provided, and coaches should bring their own.
- 24.6 The Organising Authority may at its discretion refuse support vessels entry to the venue if they are deemed unsuitable.

## **25 [DP] TRASH DISPOSALS**

Boats shall not intentionally put trash in the water. In addition to RRS 47, trash may be placed aboard support or official vessels. On shore all trash to be placed in garbage bins.

## **26 [DP][NP] RADIO COMMUNICATION**

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## **27 PRIZES**

Prizes will be awarded as stated in the Notice of Race (NoR). Organizing Authority may carry out any addition or deletion as deemed appropriate.

## **28 RISK STATEMENT AND DISCLAIMER OF LIABILITY**

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes. Competitors participate in the event entirely at their own risk. The Organising Authority, or any other race officials and volunteers, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta on water or on shore.

## **29 [DP][NP] INSURANCE**

Each participating boat shall be insured with adequate and valid third-party liability coverage.



### **30 [DP][NP] MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT**

- 30.1 By participating in this event, competitors and their support team automatically grant to the Organising Authority and any event sponsors, the right in perpetuity to make, use, and show at their discretion, any photographs, audio and video recordings, and other reproductions of them made at the venue, or on the water from the time of their arrival at the venue, until their final departure, without compensation.
- 30.2 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the Organising Authority. Information from such equipment shall not be used by a boat as evidence in a hearing. This changes RRS 63.6.
- 30.3 The equipment provided, once placed on the boat as instructed by the Organising Authority, shall not be manipulated by the competitor or the support person in any way, except when so required by the Organising Authority.
- 30.4 Competitors may be required for media interviews during the period of the event.

## **SCHEDULE OF EVENTS AND RACES**

1. Schedule of events and practice race is as mentioned below:-

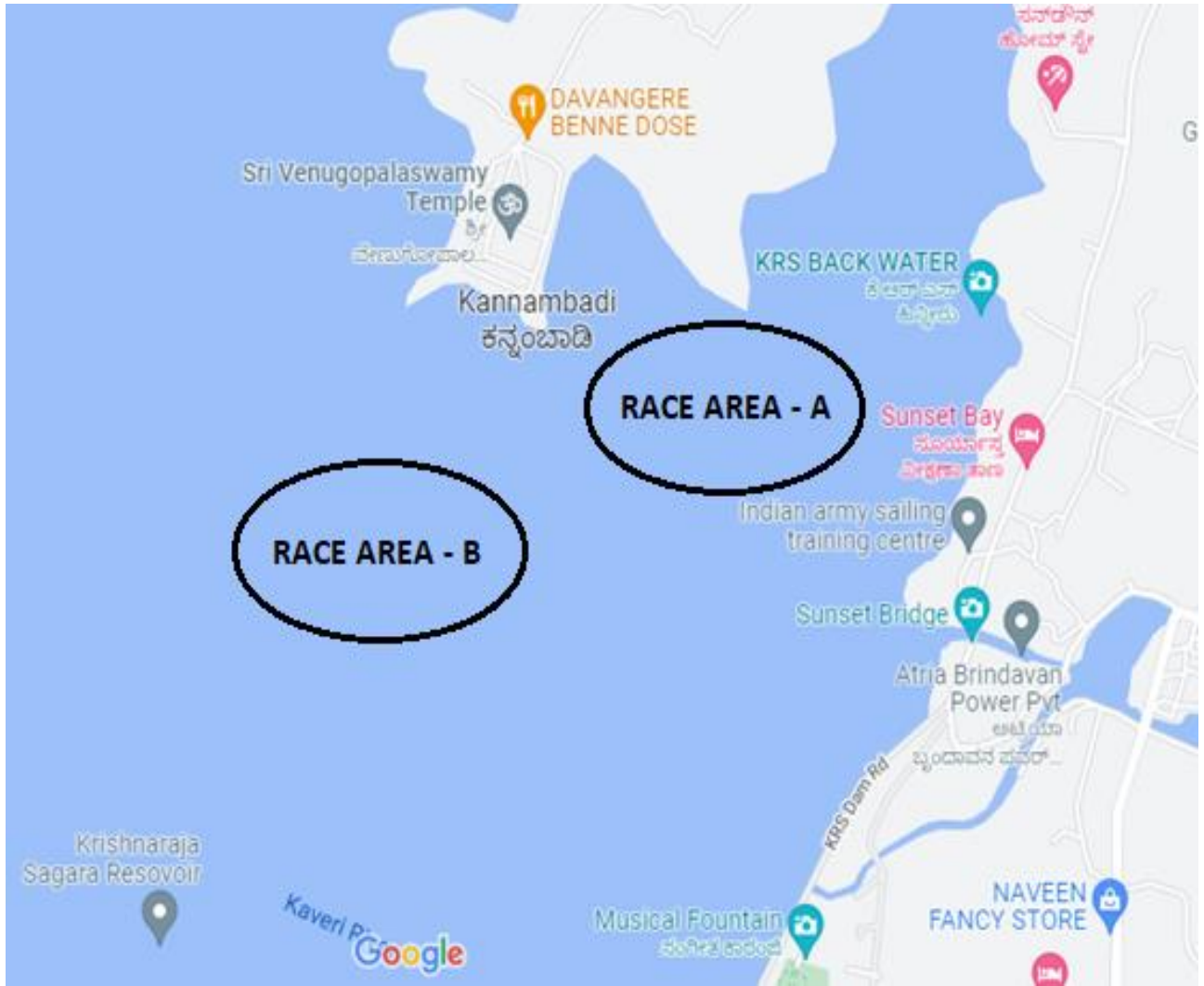
<b>Date</b>	<b>Time</b>	<b>Event</b>	<b>Remarks</b>
07 Aug 2022	0900h – 1700h	Registration and Measurement	Detailed schedule will be posted by the technical committee.
08 Aug 2022	0900h – 1200h	Registration and Measurement	
	1130h	Briefing for Competitors & Support Personnel	Inside the tent house at Trishna Sailing Club (TSC).
	1400h	Practice race for all events	
	1700h	Opening Ceremony	

2. Schedule of races:-

<b>Date</b>	<b>Morning Session</b>		<b>Afternoon Session</b>	
	<b>Race Area - A</b>	<b>Race Area - B</b>	<b>Race Area - A</b>	<b>Race Area - B</b>
09 Aug 2022	Optimist (Main) & Optimist (Green)	ILCA 4 (Boys), ILCA 4 (Girls) & 420	Kite-board	ILCA 6 (Open), RS One & 29er
10 Aug 2022	Optimist (Main) & Optimist (Green)	ILCA 6 (Open), RS One & 29er	Kite-board	ILCA 4 (Boys), ILCA 4 (Girls) & 420
11 Aug 2022	Kite-board	ILCA 4 (Boys), ILCA 4 (Girls) & 420	Optimist (Main) & Optimist (Green)	ILCA 6 (Open), RS One & 29er
12 Aug 2022	Optimist (Main) & Optimist (Green)	ILCA 6 (Open), RS One & 29er	-	ILCA 4 (Boys), ILCA 4 (Girls) & 420
13 Aug 2022	Reserve Racing Day (0800h – 1300h)		Prize Distribution & Closing Ceremony (1700h)	

3. From 09 Aug 2022 onwards, daily briefing for competitors & support personnel will be at 0755 hrs near the tent house at Trishna Sailing Club (TSC).

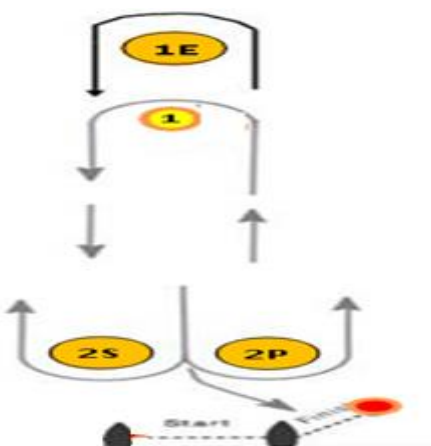
**RACING AREA A & B**



**Note:** The diagram depicts the general/ approximate area. Diagram is not to Scale.

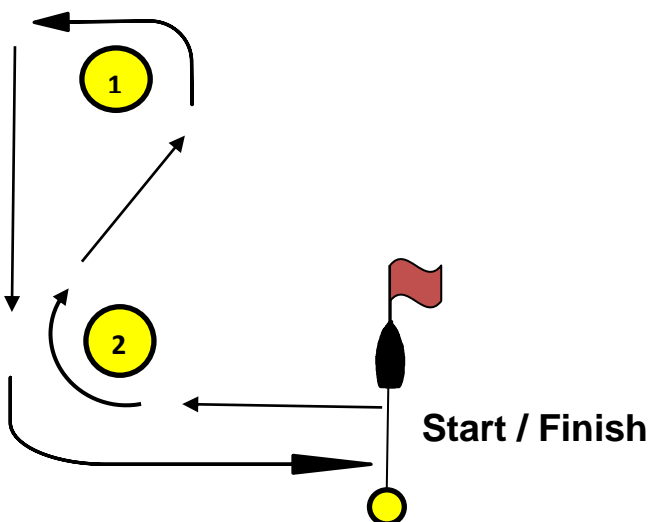
**COURSE**

**WINDWARD/LEEWARD COURSE**



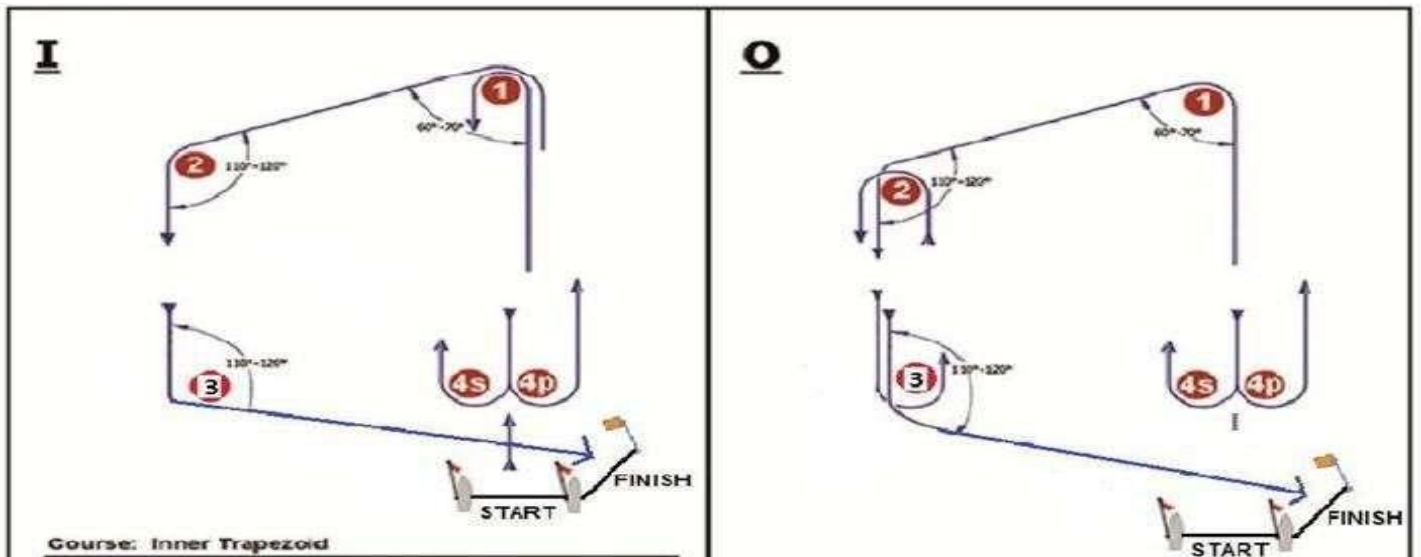
Signal	Mark Rounding Order
LR 2	Start – 1 – 2S/2P – 1 – 2P – Finish
LER 2	Start – 1E – 2S/2P – 1E – 2P – Finish
LR 3	Start – 1 – 2S/2P – 1 – 2S/2P – 1 – 2P – Finish
LER 3	Start – 1E – 2S/2P – 1E – 2S/2P – 1E – 2P – Finish

**COURSE FOR KITE-BOARD**



Signal	Mark Rounding Order
LR 1	Start – 2S – 1P – 2P – Finish

## TRAPEZOID COURSE



Signal	Mark Rounding Order	Signal	Mark Rounding Order
I 2	Start - 1 - 4S/4P - 1 - 2 - 3 - Finish	O 2	Start - 1 - 2 - 3 - 2 - 3 - Finish
I 3	Start - 1- 4S/4P - 1 - 4S/4P - 1 - 2 - 3 - Finish	O 3	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - Finish