



9th “NIKOS SARIKAVAZIS” Optimist Trophy
16 to 18 February 2024
Nautical Club of Paleo Faliro

SAILING INSTRUCTIONS

1. RULES

- 1.1. The event will be governed by the rules as defined in the *Racing Rules of Sailing* and the rules established in ‘NoR 1 – Rules’.

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at <https://www.racingrulesofsailing.org/documents/7561/event>

- 3.2. A Viber group will be created for the event, under the following name: “**Athletes/9th N. Sarikavazis Opt Trph**”.

The messages sent on this group are not official and will be sent when and if possible, by the Organizing Authority, the Race Committee or the Protest Committee, as appropriate. The absence of one or more messages in the group or sending of incorrect communications shall not be grounds for a request for redress (this changes RRS 60.1(b) and 62.1(a)).

- 3.3. The race office is located at the secretary of the NCPF.

- 3.4. On the water, the Race Committee intends to monitor and communicate with competitors on **VHF radio channel 72**.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the NCPF flagpole, located in front of the launching area.

- 4.2. [SP] When Flag AP is displayed ashore with two sound means: “The races are postponed. Boats shall not leave the harbor. The warning signal will be made not less than 30 minutes after flag AP is removed with one sound. This changes Race Signal AP.

5. SCHEDULE OF RACES

| <i>Date</i> | <i>Schedule</i> | <i>Time</i> |
|-------------------------------|---|------------------------|
| Thursday, 15 February 2024 | Registration | |
| Friday, 16 February 2024 | Coaches Meeting (mandatory) Possible warning signal for 1 st race After racing pasta | 11:30 14:00 ASAP |
| Saturday, 17 February 2024 | Possible warning signal for 1 st race After racing souvlaki | 11:00 ASAP |
| Sunday, 18 February 2024 | Possible warning signal for 1 st race After racing pizza Prize Giving / Closing Ceremony | 10:00 ASAP 17:30 |

- 5.1. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. FORMAT OF RACING

- 6.1. Boats will compete in a Qualifying Series that consists of maximum twelve (12) races.
- 6.2. Boats will be divided into three groups, one group for U16 and two groups for U13 based on age criteria, U-16 and U-13.
- 6.2.1. All competitors that are under 16 years old on December 2024 will be assigned to the U-16 group.
- 6.2.2. All competitors that are under 13 years old on December 2024 will be assigned to the U-13 group.
- 6.2.3. The new u13 groups will be announced on the official board at the end of each racing day

7. CLASS/GROUP FLAGS

- 7.1. For each start, the Class Flag (RRS 26) will be according to the following table:

| Group | Class Flag |
|--------------|---|
| U-16 | Optimist Flag with white background |
| U-13 A | Optimist Flag with yellow background |
| U13 B | Optimist Flag with red background |

- 1.1. [NP] [SP] U13A boats shall display a colored yellow-black ribbon. U13B boats shall display a colored white-red ribbon. All ribbons must be permanently fixed during the day's races and free to wave at the nearer of the sprit. The ribbons will be provided by the venue.

2. RACING AREA

- 2.1. The race area is indicated on the map of Addendum 1 of these Sailing Instructions.

3. COURSES

- 3.1. The diagram in Addendum 2 of these Sailing Instructions show the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 3.2. If a gate mark is missing and has not been substituted in accordance with RRS 34, the remaining mark shall be left to port. This changes RRS 34.
- 3.3. No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.

4. MARKS

- 4.1. Marks 1, 2, 3s & 3p will be yellow inflatable buoys.
- 4.2. Starting marks will be race committee vessels with orange flags.
- 4.3. Finishing marks will be one pole with a blue flag and a race committee vessel with a blue flag.

5. THE START

- 5.1. The starting line is between orange flags on the race committee vessels on both sides.
- 5.2. The preparatory Signal may only be the "U" Flag or the "Black" Flag (this changes RRS 26).
- 5.3. [NP] [SP] Once a Warning signal has been made for a group, the boats whose warning signal has not been made, shall stay inside the waiting area. The waiting area windward boundary will be designated by training yellow marks G1-G2. Those marks will be placed approximately 50m below the starting line. Boats will be allowed to approach the starting line after the starting signal of the previous group.
- 5.4. [NP]Boats that have finished shall return directly to the waiting area or ashore, keeping away from the boats still racing and from those for which the warning signal has been displayed.
- 5.5. A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1, A4 and A5.

6. CHANGE OF THE NEXT LEG OF THE COURSE

- 6.1. To change the next leg of the course, the Race Committee will place a new mark (or move the finish line) and will remove the original mark as soon as possible.

7. THE FINISH

- 7.1. The finishing line will be between a blue flag on the race committee vessel at the starboard end, and the course side of the port end finishing mark.

8. PENALTY SYSTEM

- 8.1. For breaches of the Class Rules, the Race Committee or Technical Committee may apply a standard penalty without a hearing to the race(s) closest in time to the incident. The scores of other boards shall not be changed; therefore, two boats may receive the same score. However, the Race Committee or Technical Committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalized with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. This changes RRS 60.1, 63.1 and App. A5.
- 8.2. Penalties for breaches of class rules, RRS 50 or rules in the NoR/SI marked [DP] or [SP], should the case go to a hearing, are at the discretion of the Protest Committee.

9. TIME LIMITS

- 9.1. Time Limits and Target Time in minutes, are shown in the table below:

| <i>Mark 1 Limit</i> | <i>Race Time Limit</i> | <i>Target Time</i> |
|---------------------|------------------------|--------------------|
| 30 | 90 | 45 |

- 9.2. Boats failing to finish within fifteen (15) minutes after the first boat sails the course and finishes, will be scored DNF without a hearing. This changes RRS 35, A4 and A5.
- 9.3. If no boat has passed mark 1 within the Mark 1 Time Limit, the race shall be abandoned.
- 9.4. Failure to meet the Target Time will not be grounds for redress. This changes the RRS 62.1(a).

10. HEARING REQUESTS

- 10.1. For each group, the protest time limit is 60 minutes after the last boat in that group finishes the last race of the day or the Race Committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 10.2. Hearing requests shall be lodged using the online form by clicking the **"+" symbol** on the official notice board (ONB), otherwise they will be invalid. Once the request has been sent, it will immediately appear on the ONB. If the system is not working, contact the Race Office to receive permission to send the request in paper. This changes RRS 61.2, 61.3, 62.2 and 66.
- 10.3. Notices will be posted in section of the ONB "Hearing Schedule", no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Room, beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of protest time.
- 10.4. A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted in section of the ONB "On the water penalties".
- 10.5. [NP] [DP] Any competitor who has taken a penalty under RRS 44.1, who has retired for breaking a rule, who wishes to be considered as retired (RET) after crossing the finish line, shall fill the online form clicking on the **"+" symbol** on the ONB. Failing to do so the penalty could be considered as not taken. It is not required to file this form if a boat takes a Two-Turns penalty given by the PC under RRS P2.1.



- 10.6. A list of boats that have been penalized with a standard penalty (SP), will be posted on the Official Notice Board.

11. SCORING

- 11.1. If a tie remains between two or more boats after the application of RRS A8.1, the tie shall be broken by using the tied boats' scores in the first race in which they sailed together. This changes RRS A8.2.
- 11.2. To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry by clicking on the **"+" symbol** on the ONB.

12. SAFETY REQUIREMENTS

- 12.1. [SP] Before going afloat and immediately after returning ashore, each support person shall post the check-out and check-in by sending to the **"Athletes/9th N. Sarikavazis Opt Trph"** Viber Group, the following info:
- 12.1.1. Number of sails of the sailors.
- 12.1.2. Club name.
- 12.2. A boat that retired shall inform the Race Committee as soon as possible and fill in the appropriate "penalty declaration" by clicking on the **"+" symbol** on the ONB.
- 12.3. When the RC displays "V" flag with repeated sounds, all official and support boats must listen on **VHF radio channel 72** for any search and rescue instructions.
- 12.4. [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. Competitors shall fill the "equipment substitution" by clicking on the **"+" symbol** on the ONB.

13. OFFICIAL VESSELS

- 13.1. Official vessels will be identified as follows:

| VESSEL | IDENTIFICATION |
|------------------|--------------------------------------|
| <i>RC Vessel</i> | <i>Flag with letters "RC"</i> |
| <i>PC Ribs</i> | <i>Flag with letters "J" or "IJ"</i> |
| <i>MEDIA</i> | <i>Flag with "PRESS" or "MEDIA"</i> |

14. [DP] SUPPORT PERSONS

- 14.1. All support persons and support person vessels shall comply with the support team regulations as described in the Support Teams Regulation document posted on the official notice board.

15. [DP] TRASH DISPOSAL

- 15.1. Trash may be placed aboard official or support person vessels.



COMMITTEES

ORGANIZING COMMITTEE

Anastasios Vatistas N.C.P.F. President

Ioannis Christakopoulos N.C.P.F. Vice President

Dimitrios Christoforou N.C.P.F. General Secretary

Dimitrios Oikonomou N.C.P.F. Board Member

Pantelis Pavlou N.C.P.F. Board Member

Aliki Kamboura Secretary

RACE COMMITTEE

Manthos Konstantinos– RO
Kikianis Iakovos
Tassios Dimitrios
Kontovrakis Emmanouil
Kolida Haidi
Manikis Ermis
Mondanos Fragiskos
Zagorgianos Dimitris
Zargiannakis Kostas
Pahoglou Tania

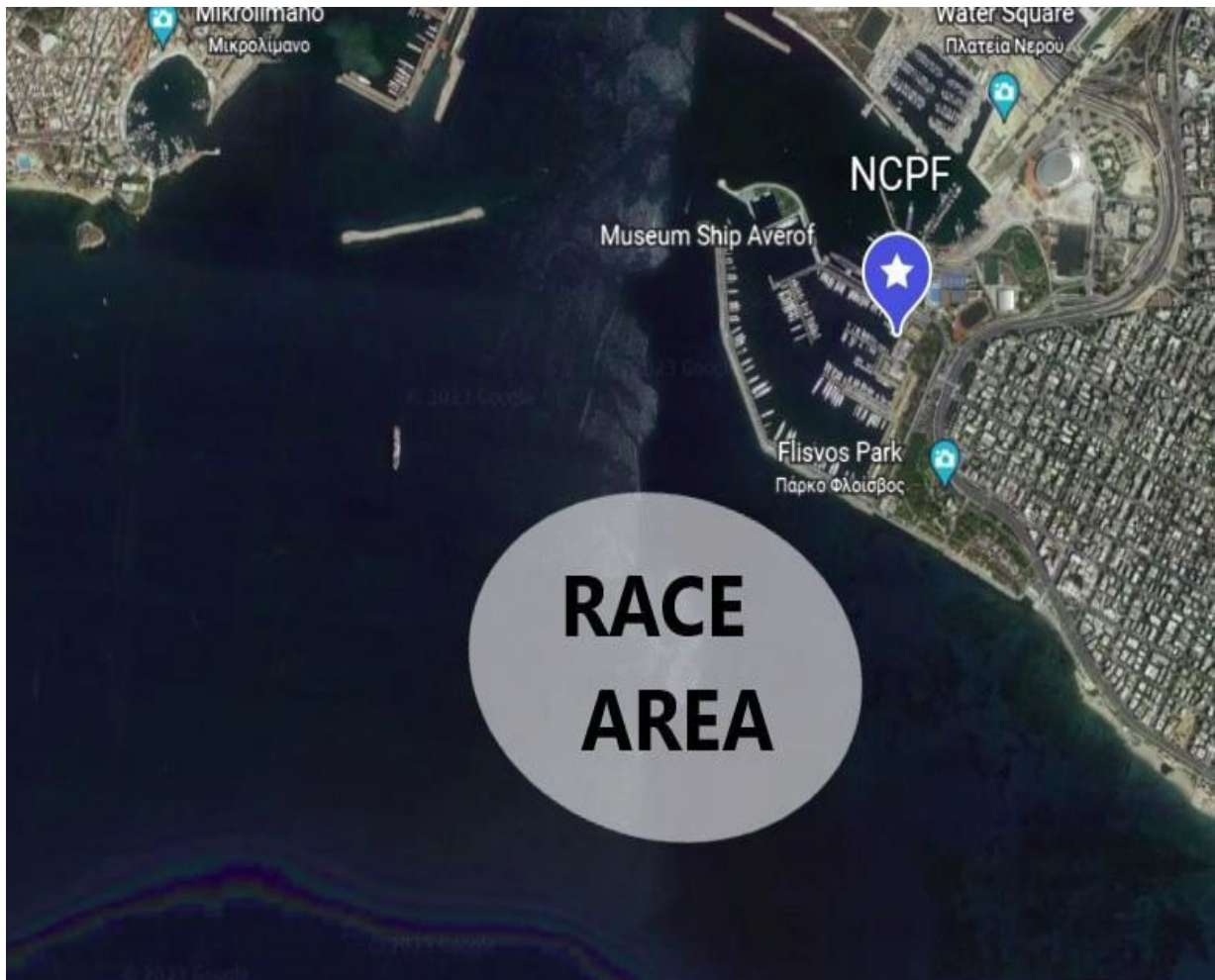
PROTEST COMMITTEE

Antonopoulou Mirto NJ Chair
Hounta Marina NJ
Kouris Stavros IJ

VOLUNTEERS

Kravariotis Konstantinos
Kravarioti Elpida
Aslanidou Eleni
Psilea Rania
Theodoropoulou Aggeliki
Alipranti Konstantina
Pachtas Panagiotis
Pennas Spyros

ADDENDUM 1 – RACE AREA



ADDENDUM 2 – RACE COURSE

Course: Start - 1 - 2 - Gate (3S/3P) – Finish Marks 1 and 2: to be left to port.

