



19TH SAFYC REGATTA

1 – 2 APRIL 2023 (Dinghy)
29 – 30 APRIL 2023 (Optimist)
NSRCC SEASPORTS CENTRE, SINGAPORE

SAILING INSTRUCTIONS

The Event Website and Official Notice Board will be at:

<https://www.racingrulesofsailing.org/documents/5686/event?name=19th-safyc-regatta-2023>

1 RULES

- 1.1 The event will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*. Other documents under RRS Definition: Rule (g) includes:
 - 1.1.1 Boats shall comply with the laws and regulations of the Maritime Port Authority of Singapore (MPA). Boats reported by MPA as having contravened MPA's regulations shall be disqualified without a hearing. This changes RRS 63.1 and A5.
- 1.2 In all rules governing this event, the notations:
 - 1.2.1 The notation [SP] means that a standard penalty may be applied by the Race Committee without a hearing or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1 and A5.
 - 1.2.2 The notation [NP] means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
- 1.3 [DP] The penalty for a breach of the class rules may, at the discretion of the Protest Committee, be less than a disqualification.
- 1.4 [NP] The infringement of RRS Appendix G, IDENTIFICATION ON SAILS, shall not be grounds for protests by a boat.
- 1.5 RRS Appendix G3, CHARTERED OR LOANED BOATS, will apply, subject to the Race Committee approving her sail identification before the first race.
- 1.6 Where there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail. This changes to RRS 63.7.

2 SCHEDULE

2.1 The schedule of activities will be as follows:

<i>Date</i>	<i>Time</i>	<i>Activity</i>	<i>Venue</i>
1 April (Dinghy)	1100h	First Warning Signal	Refer to Addendum A for race area assignment
2 April (Dinghy)	1100h	First Warning Signal	
	1730h	Prize Presentation	NSRCC
29 April (Optimist)	1100h	First Warning Signal	Refer to Addendum A for race area assignment
30 April (Optimist)	1100h	First Warning Signal	Refer to Addendum A for race area assignment
	1730h	Prize Presentation	NSRCC

2.2 Number of Races:

<i>Fleet Race</i>	<i>No. of Races</i>	<i>Max Races per day</i>
ILCA 4, ILCA 6, ILCA 7	7	4
Optimist Gold Fleet, Optimist Silver Fleet	7	4

2.3 On the last scheduled day of racing, no warning signal will be made after 1600h.

3 [DP][NP] CODE OF CONDUCT

- 3.1 Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct.
- 3.2 Boats not racing shall avoid the area where boats are racing and any race official vessels.

4 [DP][NP] SAFETY REGULATIONS

- 4.1 RRS 40.1 shall apply at all times while afloat.
- 4.2 [SP] Check-Out and Check-In Procedures:
- 4.2.1 Before launching on each scheduled racing day, a competitor from each boat shall individually Check-Out, by personally signing on the forms provided at the Race Secretariat desk. This also applies when boats are relaunched after returning ashore following the application of SI 4.4.
- 4.2.2 Upon returning to shore after racing, a competitor from each boat shall individually Check- In, by personally signing on the forms provided at the Race Secretariat desk in the respective zones, as soon as possible but no later than the protest time limit. This also applies when boats return ashore following the application of SI 4.4.
- 4.3 A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity before leaving the Race Area.

- 4.4 When flags AP over H or N over H are displayed from a Race Committee vessel in their respective Race Area, all boats in that Race Area shall immediately return ashore and wait there for further signals. This changes race signals AP over H and N over H.

5 COMMUNICATIONS WITH COMPETITORS

5.1 Official Notice Board

5.1.1 Notices to competitors will be posted on the Official Notice Board located online at <https://www.racingrulesofsailing.org/documents/5686/event?name=19th-safyc-regatta-2023>. All links on this page which open to subsidiary pages of the event are also a part of the Official Notice Board.

5.1.2 Notices may also be posted on a secondary physical notice board which will be nearby the Race office. Failure to post a notice on the physical notice board will not be grounds for redress. This changes RRS 62.1(a).

5.2 Any change to the sailing instructions will be posted at least 30 minutes before the displaying of flag D on the day it will take effect, except that any change to the schedule of races will be posted no later than 30 minutes after the end of the latest protest time limit on the day before it will take effect.

5.3 Signals made ashore will be displayed on the official flagstaff located at MOESSC Launching ramp, as well as at the boat park of the National Sailing Centre.

5.4 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in the race signal AP. This changes RRS Race Signals.

5.5 [SP][NP] Flag D with one sound means: “The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed, whichever is later. Boats shall not launch until this signal is made.”

6 CLASS/FLEET FLAGS

For Fleet Race, Class or fleet flags will be as follows:

<i>Class/Fleet</i>	<i>Description</i>	<i>Background Colour</i>
Optimist (Gold Fleet)	Optimist class insignia	Yellow
Optimist (Silver Fleet)	Optimist class insignia	White
ILCA 4	ILCA	Yellow
ILCA 6	ILCA	Green
ILCA 7	ILCA	White

7 THE COURSES AND MARKS

7.1 The diagrams in SI Addendum B show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

7.2 No later than the warning signal, the Race Committee signal vessel will display a board designating the course to be sailed.

7.3 To change the next leg of the course, the Race Committee will (a) lay a new mark, (b) move the finishing line, or (c) move the leeward gate. When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

7.4 Marks will be as follows:

<i>Race Area</i>	<i>Class / Fleet</i>	<i>Marks 1,2</i>	<i>Mark 3s,3p,4s,4p</i>	<i>New Mark</i>	<i>Starting Marks</i>	<i>Finishing Marks</i>
Alpha	ILCA	Orange Conical Buoy	Red Oval	White Teardrop Buoy	Race Committee Vessel	Black Teardrop Buoy
	Optimist Gold	Orange Conical Buoy	Red Oval	White Teardrop Buoy	Race Committee Vessel	Black Teardrop Buoy
	Optimist Silver	Orange Conical Buoy	Red Oval			

7.5 In the event that a gate mark is missing and has not been replaced with an object displaying flag M, the remaining mark shall be rounded to port.

8 THE START

- 8.1 The starting line will be between staffs displaying orange flags on the Race Committee vessels.
- 8.2 [DP][NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races and shall stay at least 50 metres away from boats that are starting or manoeuvring around the starting area to prepare for the start.
- 8.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 8.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

9 THE FINISH

- 9.1 The finishing line will be between a staff displaying a blue flag on the Race Committee vessel and the course side of the nearby finishing buoy.
- 9.2 [DP] When boats are finishing, boats who have finished shall avoid the finishing area, keeping well clear of all boats racing, and shall not act to interfere with a boat that has not finished.

10 PENALTY SYSTEM

- 10.1 RRS Appendix P, Special Procedures for RRS 42, will apply as changed by SI 10.2.
- 10.2 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 10.3 [SP] Denotes a rule for which a standard penalty may be applied by the Race committee without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board (ONB). However, The Race Committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard

penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. This changes RRS 60.1, 63.1 and A5.

- 10.4 When a penalty is given under SI 1.4, 10.3 or rules marked [DP] before a race is started, the penalty will remain if that race is restarted or re-sailed. This changes RRS 36.
- 10.5 For the Optimist class, a graded penalty system in SI Addendum C will apply.

11 TIME LIMITS AND TARGET TIMES

- 11.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), the Finishing Window and the race target times, in minutes, are as follows:

<i>Class/Fleet/ Division</i>	<i>Time limit</i>	<i>Mark 1 time limit</i>	<i>Finishing window</i>	<i>Target time</i>
ILCA 4 / 6 / 7	60	25	20	45
Optimist (Gold)	60	25	20	45
Optimist (Silver)	60	25	20	45

- 11.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 11.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 11.4 For all classes, boats failing to finish within the time stated in the Finishing Window shall be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
- 11.5 For Optimist Silver Fleet only, boats failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. This changes RRS 35, A5.1, A5.2 and A10.
- 11.6 All Optimist Gold Fleet boats shall display a red coloured ribbon at the top of the sprit. The red coloured ribbon can be collected from the race control upon check-in. Ribbons will only be issued on the first day of the event.

12 SCORING

- 12.1 Three (3) races per class/fleet is required to be completed to constitute the event.
- 12.2 (a) When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores.
- b) When four (4) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 12.3 To request correction of an alleged error in posted race or series results, a boat may submit a scoring enquiry form available online at https://www.racingrulesofsailing.org/scoring_inquiries/new?event_id=5686
- 12.4 Scoring TLE as per SI 11.5

A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window, but not worse than the score for DNF. This changes RRS A5.1, A5.2 and A10.

13 HEARING REQUESTS

- 13.1 For each class or fleet, the protest time limit is 60 minutes after the last boat has finished the last race of the day, or the Race Committee signals no more racing today, whichever is later. The time will be posted on the Official Notice Board.
- 13.2 Hearing request forms are available online at https://www.racingrulesofsailing.org/protests/new?event_id=5686. Protests and requests for redress or reopening shall be submitted online, within the appropriate time limit. If a protest or request is not received by the system and does not display on the pending hearing list, then it has not been submitted. This changes RRS 61.3 and 63.1.
- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury room located at NSRCC beginning at the time posted.

14 [DP][NP] REPLACEMENT OF CREW OR EQUIPMENT

- 14.1 Substitution of competitors is not allowed.
- 14.2 Substitution of damaged or lost equipment is not allowed unless approved in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the very first reasonable opportunity by completing an Equipment Replacement Form available at the Race Office.
- 14.3 Repairs or replacements may be made on the water before or between races provided that the Race Committee afloat is notified, and approval granted by the committee before the next race. After the end of the day's racing, the substitution is still subject to the approval of the Race Committee given retrospectively.

15 [DP][NP] EQUIPMENT AND MEASUREMENT CHECKS

- 15.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 15.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

16 OFFICIAL AND SUPPORT PERSON VESSELS

- 16.1 Official vessels will be identified as follows:

<i>Vessel</i>	<i>Identification</i>
Jury/Umpires	White flag with black letters "J" or "JURY"

- 16.2 Actions by official vessels, drones or helicopters shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).
- 16.3 [DP] Support teams, including all support persons and support person vessels, shall comply with the Support Team Regulations (STR) in SI Addendum D.

17 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels. The use of ‘single-use’ plastic bottles or containers on shore or afloat is strongly discouraged.

18 PRIZES

18.1 Prizes will be given as follows:

<i>Class/Fleet</i>	<i>Category</i>	<i>Prizes</i>
Optimist Gold Fleet	Open	1 st to 5 th
	Female	1 st to 5 th
	12 years and under (born 2011 or after)	1 st to 3 rd
Optimist Silver Fleet	Open	1 st to 10 th
	Female	1 st to 5 th
	10 years and under (born 2013 or after)	1 st to 3 rd
	8 years and under (born 2015 or after)	1 st to 3 rd
ILCA 4	Open	1 st to 5 th
	Female	1 st to 3 rd
	14 years and under (born 2009 or after)	1 st to 3 rd
ILCA 6	Open	1 st to 3 rd
ILCA 7	Open	1 st to 3 rd

18.2 Other prizes may be awarded, such as for sportsmanship, exemplary behaviour, and rules compliance during the event, at the discretion of the Organising Authority.

18.3 If there are less than 5 entries for a category, only the top sailor will be presented with a prize.

19 FURTHER INFORMATION

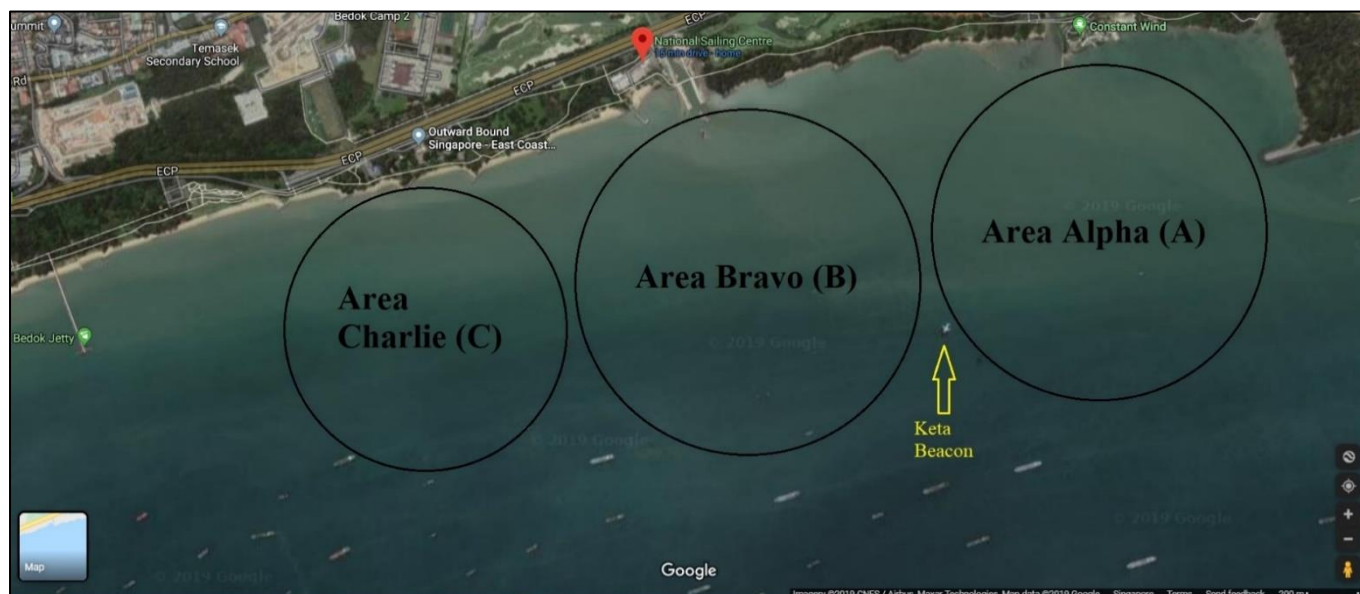
Please contact the SAF Yacht Club (SAFYC) for any question regarding this event via the following means:

Tel: 67583359

Email: seasports@safyc.org.sg

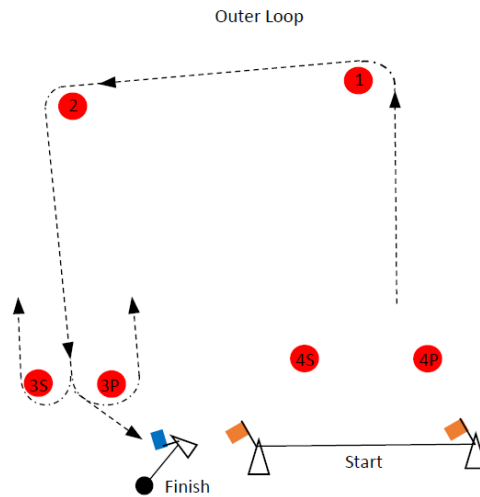
Website: <https://www.safyc.org.sg>

Addendum A – Racing Area and Race Area Assignments

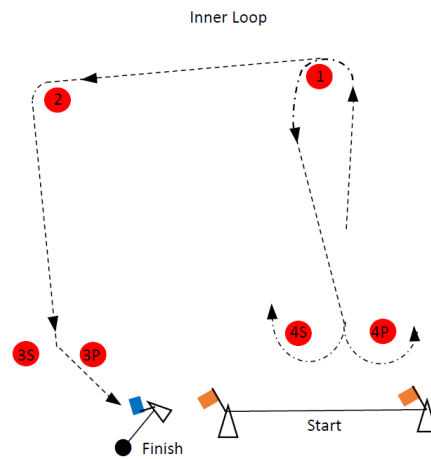


<i>Area Alpha</i>	<i>Area Bravo</i>	<i>Area Charlie</i>
ILCA 4, ILCA 6, ILCA 7	Not in Use	Not in Use
Optimist Gold Fleet, Optimist Silver Fleet	Not in Use	Not In Use

Addendum B – The Courses

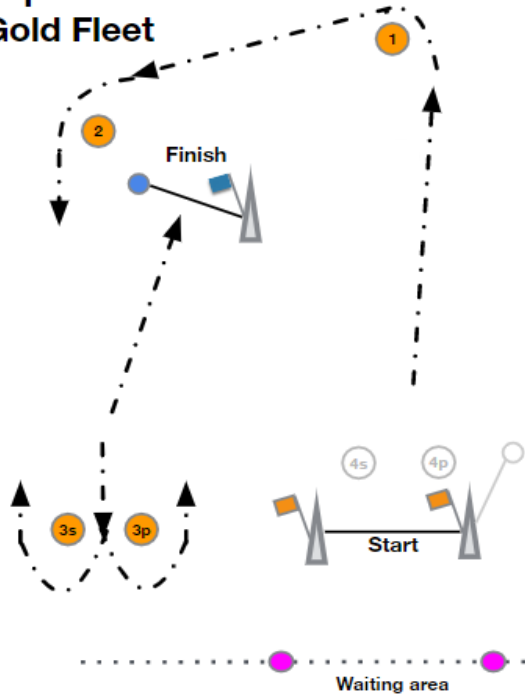


Signal	Mark Rounding Order
O2	Start - 1 - 2 - 3S/3P - 2 - 3P - Finish
O3	Start - 1 - 2 - 3S/3P - 2 - 3S/3P - 2 - 3P - Finish
O4	Start - 1 - 2 - 3S/3P - 2 - 3S/3P - 2 - 3S/3P - 2 - 3P - Finish



Signal	Mark Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3P - Finish
I3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3P - Finish
I4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3P - Finish

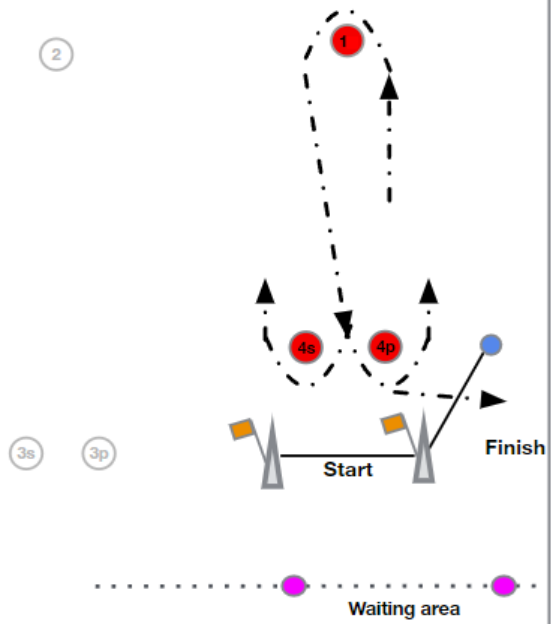
**Optimist
Gold Fleet**



Mark Rounding Order

Start - 1 - 2 - 3s/3p - Finish

**Optimist
Silver Fleet**



Mark Rounding Order

Start - 1 - 4s/4p - 1 - 4p - Finish

Addendum C – Optimist Graded Penalty System

[CR: Optimist class rules]

Minor Penalties

Penalty approximately equal to 5% of fleet

- Breaches of SI Safety Regulations if no danger was involved
- Not displaying the coloured ribbon or incorrect ribbon

Intermediate Penalties

Penalty equivalent to 10% of fleet

- Bailer not attached to the hull (CR 4.3a)
- Paddle not attached to the hull (CR 4.3c)
- Daggerboard not attached to the hull (CR 3.3.4)
- Painter not attached to mast step (CR 4.3b)
- Whistle not attached to personal flotation device (CR 4.2a)
- One sail tie 5 mm or more loose (CR 6.6.3.4)
- Two sail ties 3 mm or more loose (CR 6.6.3.4)
- Accidental loss of sail tie (CR 6.6.3.4)
- Sailing across a race in progress before starting or after finishing
- Out of the waiting area and/or interfering with boats starting in another fleet or division
- Breaches of SI Trash Disposal

Major Penalties

Penalty equivalent to 30% of fleet

- No bailer, paddle or painter in boat (CR 4.3)
- No whistle (CR 4.2a)
- No lanyard, locking device or other arrangement to attach mast to the hull (CR 3.5.2.11)
- Sail outside limits of bands (CR 3.5.2.7)
- Two ties 5 mm or more loose (CR 6.6.3.4)
- Three or more ties 3 mm or more loose (CR 6.6.3.4)
- Throat, tack or clew eyelet 3 mm or more loose (CR 6.6.3.4)
- Repeat of intermediate penalty infringement

Disqualification

Penalty DSQ

- Use of uninspected equipment
- Use of unapproved fittings
- Repeat of major penalty infringement

Addendum D – Support Team Regulations (STR)

1. GENERAL

- 1.1 These Support Team Regulations (STR) shall apply at all times during the period of the event while support persons are at the venue, ashore or afloat on the field of play (Racing Area).
- 1.2 For the purposes of these STR, a support person vessel includes any vessel that is under the control or direction of a person who is or may provide physical or advisory support to a competitor, including the gathering of data that may be used at a later time.
- 1.3 The Organising Authority may inspect a support person vessel at any time to ensure that they comply with these regulations, and the person responsible for the vessel shall facilitate such inspection.
- 1.4 An alleged breach of any of these STR may be referred to the Jury for a hearing under RRS 60.3(d). Note also, action may be taken under RRS 69.
- 1.5 The Organising Authority may change these STR at any time. Any changes will be posted on the Official Notice Board.
- 1.6 Designated drivers of all support person vessels shall attend any Coach or Team Leaders meetings scheduled by the Organising Authority.
- 1.7 The person registering the support person vessel shall confirm that:
 - 1.7.1 A valid insurance certificate showing proof of third-party liability coverage has been obtained; and
 - 1.7.2 Each designated driver has a motorboat-driving license recognised by a national authority appropriate to that vessel or a valid MPA Powered Pleasure-Craft Driving Licence (PPCDL).

2. SAILING VENUE

- 2.1 Support person vessels shall use the areas designated by the Organising Authority for launching and recovery.

3. SAFETY

- 3.1 Life jackets or Personal Floatation Devices shall be worn at all times when afloat. The kill cord shall be securely attached to the driver at all times when the engine is running and in gear.
- 3.2 The maximum plated / certified passenger limits for the vessel shall not be exceeded.
- 3.3 At all times, support persons including the registered driver(s) of a support person vessel shall comply with directions given by or under the authority of a Race Official. This includes assisting in rescue operations when requested to do so. See RRS 1.1.

4. GENERAL RESTRICTIONS

- 4.1 The driver(s) of a support person vessel will be responsible for the control of the vessel at all times and will be held responsible for any inappropriate behaviour, dangerous actions or improper practices, or actions affecting the fairness or safety of the event.

- 4.2 Support person vessels shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.
- 4.3 Support person vessels should take particular care to minimise their wash when transiting the Race Areas.

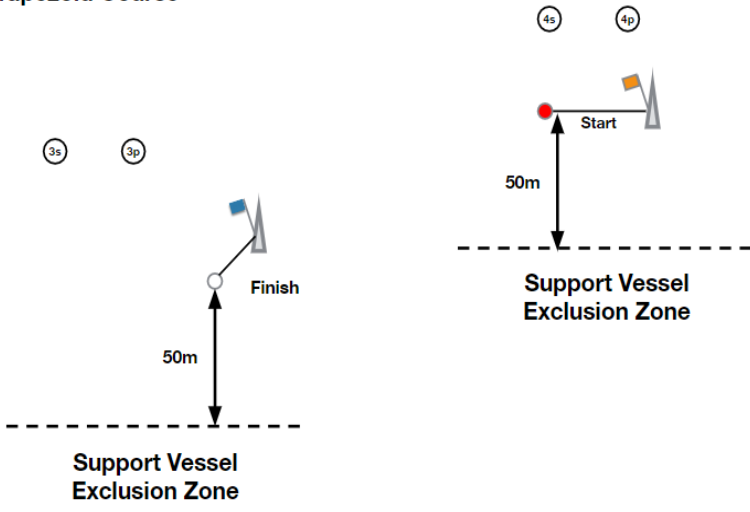
5. DRONES

The use of drones is prohibited.

6. SUPPORT PERSON VESSELS RESTRICTED AREAS

- 6.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. Such areas are defined as:
- (a) not closer than 50m to any boat racing (*except a boat in distress or requiring assistance*);
 - (b) within 50m of the starting line and marks;
 - (c) between any boat racing and the next mark of the course;
 - (d) between the inner and outer trapezoid courses when boats are racing on both courses;
 - (e) within 50m of any mark of the course while boats are in the vicinity of that mark;
 - (f) within 50m of the finishing line and marks while boats are finishing; and
 - (g) Support person vessel exclusion zone or boundary – 50m outside the area where boats may be racing bounded by all racing marks.
- 6.2 Support person vessels should proceed around the racing area in such a way to minimise the effect their wash will have on boats racing. Vessels that are motoring above five knots shall remain at least 100m from any boat racing.
- 6.3 When a Race Committee or Jury member instructs a support person vessel to move further away from the Race Area, the support person vessel shall do so immediately.

Trapezoid Course



Windward-Leeward Course

