

**Sailing instructions**  
**2019 NACRA World Championships**  
**Gravedona ed Uniti, Lago di Como, Italy**

Nacra Racing Youth Championship 2019  
Nacra 16 World Championship 2019  
Nacra Racing Championship 2019 N17 (C-boards / Foiling)  
Nacra F18 Infusion World Championship 2019  
Nacra Open Class World Championship 2019  
Nacra One-up World Championship 2019  
Nacra F20 World Championship 2019  
**August 4<sup>th</sup> – August 9<sup>th</sup> 2019**

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.  
[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.  
[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee.

## **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The Rules for Championship Sailing and Kiteboarding will apply.
- 1.3 The Nacra Class Rules will apply for Nacra Infusion and Nacra F20 Class
- 1.6 The FIV prescriptions will not apply.
- 1.7 If there is a conflict between the NoR and Sailing Instructions, the Sailing Instructions will take precedence.
- 1.8 In rule 44.2 insert after the first sentence; however, if mark 1a is set, a boat may delay taking a penalty for an incident in the zone around mark 1 or on the leg between mark 1 and mark 1a, until she passed mark 1a. This changes rule 44.2
- 1.9 RRS 44.1 is changed so that the Two Turns Penalty is replaced by a One Turn Penalty
- 1.10 The following sailing instructions contain changes to the Racing Rules:  
SI 1.9, 1.10, 4.2, 4.3, 11.5, 12.2, 15.3, 15.4, 16.1, 16.3, 16.7, 16.10, 16.12, 18.2, 18.5, 22.3 and 24.1

## **2 NOTICES TO COMPETITORS**

- 2.1 Notices to competitors and coaches will be posted on the official notice board(s) located outside the Race Office of AVAL-CDV

## **3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted at least one (1) hour before the start of the race in which it will take effect.
- 3.2 Any change to the format and/or the schedule of races will be posted by 20:00 hours on the day before it will take effect.
- 3.3 When any attachment is changed, an updated version of it will be posted on the Official Notice board as part of these sailing instructions.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals ashore will be displayed at the flagpoles near the Regatta Office.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP, this changes RRS Race Signals.
- 4.3 RRS 40.1 applies at all times while afloat. Flag Y will not be displayed. This changes the RRS Part 4 preamble and RRS 40.1.

#### 5 SCHEDULE OF RACE


- 5.1 The skippers briefing for the Nacra World Championship, will be held at 13:00 in front of the Regatta Office on Sunday 4<sup>th</sup> 2019.
- 5.2 A total of 14 races are scheduled as follows.

Date	Event	Time
Sunday August 4th	Registration	11:00 - 13:00 & 14:00 -17:00
	First warning signal practice race	12:55
	Championship Briefing	17:00
Monday August 5th	Registration	08:30 – 10:00
	Briefing	10:00
	First warning signal races 3 races scheduled	12:55
Tuesday August 6th	First warning signal races 3 races scheduled	12:55
Wednesday August 7th	First warning signal races 3 races scheduled	12:55
Thursday August 8th	First warning signal races 3 races scheduled	12:55
Friday August 9th	First warning signal races 2 races scheduled No warning signal will be given later than 15:00 hrs.	12:55
	Award Ceremony	As soon as possible but no later than 19:30

- 5.3 Extra races per day may be sailed, provided that no more than 4 races are sailed per day and no more than 14 races are sailed in total.
- 5.4 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least five (5) minutes before a warning signal is displayed.
- 5.5 On the last scheduled day, no warning signal will be made after 15:00 hours except after a General Recall.

## 6 CLASS FLAGS AND STARTING SEQUENCE

6.1 Class flags will be:

- 1) Nacra Youth Championship, a white flag with black text, the Nacra 15 Class flag
- 2) Nacra 16, Nacra 17 (C-boards / Foiling), Nacra 18 Infusion  
Nacra Open, Nacra One-up, Nacra 20 Flag E 

## 7 RACING AREA AND STARTING AREA

7.1 Attachment A shows the location of racing area.

7.2 The starting area has been defined as an area 300 meters to leeward and 100 meters to windward and 50 meters on both extensions of the starting line.

## 8 THE COURSES

8.1 The course diagram in Attachment B shows the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.

8.2 The course length and the angles between the legs may be adjusted for weather conditions.

8.4 The course to be sailed will be announced on the notice board, as is published in Attachment B.

8.5 No later than the warning signal, the race committee signal boat will display, by showing a black board and orange numbers on starboard site of the starting vessel, the course number which has to be sailed.

## 9 MARKS

9.1 Marks 1, 1a, 2, 3s, 3p, 4s and 4p are coloured cylinders.

9.2 The starting and finishing mark will be an orange buoy and the race committee signal boat.

## 10 RESERVE

## 11 THE START

11.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.

11.2 The starting line will be between a flagpole displaying an orange flag on the race committee vessel at the starboard-end and the course side of the port-end starting mark.

11.3 [DP] A buoy may be attached to the race committee starting boat anchor line just below keel depth. Boats shall not pass between this buoy and the race committee starting boat at any time.

11.4 To port of the port-end of the starting line a second race committee boat can be stationed which may repeat the following visual signals: flags AP, X and First Substitute. Signals from the race committee signal boat at the starboard end of the line will prevail.

11.5 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS). This changes RRS A4 and A5.

## 12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to starboard and the race committee boat to port. This changes rule 28.1.

## 13 FINISH

- 13.1 The finishing line will be between a flagpole displaying a blue flag on the finishing boat at the starboard-end and the course side of the port-end finishing mark.

## 14 PENALTY SYSTEM

- 14.1 For all classes rule 44.1 is changed so that the Two-Turns Penalty is replaced by an One-Turn Penalty.

## 15 TIME LIMITS AND TARGET TIMES

- 15.1 Time limits for all classes are as follows:

Class	Time Limit	Mark 1 Time Limit	Finish Window	Target time
All Classes	60	30	25	40

- 15.2 If no boat has passed mark 1 within the Mark 1 time limit the race will be abandoned.
- 15.3 Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 15.4 Boats failing to finish within their class in the time stated in the finish window after the first boat sails the course and finishes will be scored Did Not Finish, without hearing. This changes RRS 35, A4 and A5.
- 15.5 There is no time limit and/or finish window during the long-distance practice race

## 16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Boats need not display the protest flag. This change the 6m limit of RRS 61.1 (a.2).
- 16.2 Protest forms are available at the Regatta Office. Protests and request for redress shall be delivered within the protest time limit. Protesters shall use the sail numbers as identification on the protest form.
- 16.3 The protest time limit is ninety (90) minutes after the last boat of their class has finished in the last race of that day. The same protest time limit applies to all protests by the Race Committee and Jury and to requests for redress. This changes RRS 61.3 and 62.2.
- 16.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located in the regatta office, according to the posted schedule. The witnesses (if any) can only be heard, if they are in calling distance of the jury office at the time of the hearing concerned.
- 16.5 Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).
- 16.6 Breaches of Sailing Instructions 11.5 18; 21; 22; 23; and 27 will not be grounds for protest by a boat. This changes RRS 60.1 (a)
- 16.7 Penalties for breaches of SI rules marked with [SP] will be disqualification (or otherwise specified) by the race committee without a hearing. This changes RRS 63.1 and A5. Specific sailing instructions involved are 18, and 21.2.

16.9 Penalties for breaches of SI rules marked with [DP] are at the discretion of the PC/Jury. Specific sailing instructions involved are 11.3, 11.5, 18, 19, 20, 21, 22, 23 24 and 27, and breaches of class rules.

16.11 Sailnumbers of boats, penalized or disqualified without a hearing, will be posted on the notice board within ten (10) minutes after the protest time limit.

## 17 SCORING

17.1 The Low Point System shall apply.

17.2 A boat's score shall be calculated in accordance with RRS A2


17.3 Fourteen (14) races are scheduled, of which four (4) races are required to be completed to constitute a championship and series.

- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- (b) When 5, 6, or 7 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When 8, 9, 10, or 11 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- (d) When 12 or more races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.

17.3 To request a correction of an alleged error in posted race or series results, a boat shall complete a scoring inquiry form available at the Regatta Office.

## 18 [SP] [NP] [DP] SAFETY REGULATIONS

18.1 The race committee will protest a boat for a breach of these safety regulations.

18.2 Competitors shall wear personal flotation devices, of at least CE50 Newtons standard or equivalent, at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. Flag Y  will not be displayed, RRS 40.1 applies at all times when afloat. This changes Part 4 preamble and RRS 40.1.

18.3 Competitors shall wear dry suit or wetsuit at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

18.4 Boats not leaving the beach for a scheduled race shall promptly notify the Race Office.

18.5 Boats in distress: A boat, capsized or otherwise in distress, has to ask for help, if necessary. However, committee or rescue boats will take their responsibility and assist if a boat is unable to race again within 10 minutes time, or they will help earlier for safety reasons. If a committee or rescue boats decides to assist a boat, capsized or otherwise in distress, such a boat will not be disqualified. This changes RRS 63.1.

18.6 [SP] A boat that retires from the race shall notify the Race Committee at water if possible and shall in all cases inform the Regatta Office as soon as possible, but ultimately within the protest time limit. Boats retiring from racing shall complete a retirement declaration form at the race office before the start of the protest time limit.

18.7 Boats not racing shall remain clear of boats that are racing and official boats.

## **19 [NP] [DP] REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1 Substitution of competitors will not be allowed without prior written approval of the PC/Jury. Request can be submitted through the Regatta Office.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Jury. Requests for substitution shall be made to the PC/Jury at the first reasonable opportunity.
- 19.3 When damage occurs during the day the competitor shall inform the Race Committee. Substitution of damaged equipment before the next race may be permitted providing that the damaged equipment has been checked by the Race Committee at the water and the substituted equipment is presented for measurement inspection after the end of the day's racing. Such substitution is subject to the approval of the PC/Jury given retrospectively.

## **20 [DP] EQUIPMENT AND MEASUREMENT CHECKS**

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the Race Committee to proceed immediately to a designated area for inspection.

## **21 [NP] [DP] [SP] ADVERTISING AND IDENTIFICATION**

- 21.1 [SP] While racing, boats shall display sailing numbers. The Organizing Authority will check these numbers. In case of similar numbers, the Organizing Authority will provide an extra number which must be placed due to the RRS Appendix G.
- 21.2 Competitors may be asked to carry an electronic position indicator / responder beacon on board. This will be provided by the Organizing Authority. Selected competitors will be notified.

## **22 [NP] [DP] OFFICIAL BOATS**

- 22.1 Rescue boats will fly a coloured streamer provided by the OA.
- 22.2 Race committee boats will fly a white flag with letters RC.
- 22.3 Competing boats shall not interfere with committee or rescue boats. Actions by official boats shall not be grounds for requesting redress by a boat. This changes RRS 60.1 (b).

## **23 [NP] [DP] SUPPORT BOATS**

- 23.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

## **24 [NP] [DP] TRASH DISPOSAL**

- 24.1 Trash may be placed aboard support and race committee boats. A penalty for breaking rule 55 may be less than disqualification if the PC/Jury so decides. This changes rule 64.1.

## **25 RESERVE**

## **26 RESERVE**

## **27 [NP] [DP] RADIO COMMUNICATION & ELECTRONIC EQUIPMENT**

- 27.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

## **28 PRIZES**

- 28.1 Prizes will be given to the skipper and crew (and not a representative) of first, second and third, ranked boat in their class.
- 28.2 Additional prizes may be awarded.

## 29 DISCLAIMERS OF LIABILITY

- 29.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event each competitor agrees and acknowledges that:

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e. The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g. INSPECTIONS The fact that race officials may conduct inspections of a boat does not reduce the responsibilities.

## 30 INSURANCE

- 30.1 Each competing boat has to have a valid third-party liability insurance policy, racing at the racing area included and with a minimum coverage of € 1.500.000 per incident.
- 30.2 In case a boat has caused damage to another boat and has been disqualified, relevant info of that boat's owners' details will be made available to the other boat.

## 31 RIGHT TO USE NAME AND LIKENESS

- 31.1 By participating in the Nacra World Championship, a competitor automatically grants the Organizing Authority and the sponsors of the event the right to, in perpetuity, make, use and show, from time to time and at their discretion, any (still) motion pictures, live, taped or filmed television and other reproductions of the competitor and its material, during and after the Nacra World Championship without any compensation.



Attachment A





## Attachment B

### L

Signal	Marking Rounding Order
L2	Start - 1 - 4s/4p - 1 - Finish
L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish

### IA

Signal	Marking Rounding Order
IA2	Start - 1 - 1a - 4s/4p - 1 - 1a - 2 - 3p - Finish
IA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 2 - 3p - Finish
IA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 2 - 3p - Finish

### LA

Signal	Marking Rounding Order
LA2	Start - 1 - 1a - 4s/4p - 1 - 1a - Finish
LA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - Finish
LA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - Finish

### I

Signal	Mark Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - Finish
I3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish
I4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish

### O

Signal	Mark Rounding Order
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish
O3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish
O4	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish