

CASCAIS 49er COACH Regatta

SAILING INSTRUCTIONS

1. Rules

- 1.1 The regatta will be governed by the *rules* as defined inThe Racing Rules of Sailing.
- 1.2 When in conflict, the Sailing Instructions prevail over the Notice of Race (changes RRS 63.7)

2. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on https://www.racingrulesofsailing.org/documents/1433/event .

4.CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least one hour before the 1st scheduled warning signal for the first race of the day on the day it will take effect.

5.SIGNALS MADE ASHORE

Signals made ashore will be displayed at the official flag pole located at the CNC South Quay. The mast will display CNC flag.

6. SCHEDULE OF RACES

6.1 Program

0.1 Flogram				
DATE	HOUR	CLASS	EVENT	
30/09	11:00	49er/49erFX	Coach Briefing	
30/09	13:00	49er/49erFX	1st Warning Signal	
01/10	TBA	49er/49erFX	1st Warning Signal	
01/10	TBA	49er/49erFX	1st Warning Signal	

6.2 When there has been a long postponement and when more than one race (or sequence or races) will be sailed on the same day, the warning signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, the Race Committee will display an orange flag for at least 5 minutes before a warning signal is displayed.

6.3 Number of Races: 12 races are scheduled

7. CLASS FLAGS

Classes Flag will be "F" flag from ICS.

8. COURSES

The diagrams in Attachment B show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

Mark	Shape	Colour		
Start and Finish	Conical	Yellow		
49er Windward Mark	Conical	Red		
and Leeward Gate				
49er FX Windward Mark	Conical	Yellow		

10. START

- 10.1 The starting line will be set between flag pole on the race committee vessel with an orange flag and the start mark.
- 10.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (changes RRS A4).
- 10.3 There will be a single Start for both Classes

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will change the mark to the new position.

12. THE FINISH

The finish line will be between a mast with an Orange flag at the race committee boat and the finish mark.

13.TIME LIMITS

- 13.1 Each Race will have a Target Time of approximately 25 minutes. Failure to meet the target time will not be grounds for redress. This changes rule 60.1
- 13.2 The time limit for the first boat to finish is 45 minutes.
- 13.3 Time limit to pass mark number 1 is 15 minutes. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.
- 13.4 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish (changes rules 35, A4 and A5).

14. PROTEST AND REQUEST FOR REDRESS

- 14.1 Protest forms are available at the race office. Protests shall be delivered in the appropriate form and within the protest time limit at the race office.
- 14.2 The protest time limit is 60 minutes after the last boat of that class has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress (changes RRS 61.3 and 62.2).
- 14.3 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located at CNC facilities.
- 14.4 Notices of protests by the race committee or protest committee will be posted on the Official Notice Board, to inform boats under rule 61.1(b).

16.SCORING

- 16.1 1 race is required to be completed to constitute a series.
- 16.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- 16.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

ATTACHMENT 1 - Courses

49er - Start -1 - 3e/3b - 1 - Finish49er FX - Start -2 - 3e/3b - 2 - Finish

All course marks shall be left to port, except mark 3e/3b which is a gate Note: This drawing is schematic. The distances and mark positions are not to scale



