



ORGANISING AUTHORITY AND VENUE

The "11th NOA REGATTA 2019" and "Juniors Optimist Cup 2019" are organised by the Nautathletic Club of Alexandroupolis in conjunction with the Municipality of Alexandroupolis and the Region of East Macedonia & Thrace under the authority of the Hellenic Sailing Federation. The Regatta will be held on Thracian Sea in front of the port of Alexandroupolis.

NOTICE OF RACE

1. RULES

- 1.1 The event will be governed by the 'rules' as defined in *The Racing Rules of Sailing (RRS) 2017 – 2020*.
- 1.2 No National Authority prescriptions will apply.
- 1.3 Rule 61.1 'Informing the Protestee' is changed as follows:
Add to rule 61.1(a) 'Immediately after finishing she shall inform the race committee (RC) at the finishing line of the boat/s she is protesting. The protesting boat shall be sailing along the RC finishing boat starboard side, until the RC confirms the acceptance of the protest.'
- 1.4 Sails shall have the full sail number and **NATIONAL LETTERS** in accordance with the Class Rules and the RRS. The national letters shall denote the National Authority of which the sailor is a member in accordance with RRS 75.2 and with 4.1 Entry Regulations below. This changes RRS Appendix G 1.1.
- 1.5 Rule 7 (a) of the Laser class rules is restricted as follows: "Only one person shall be on board whilst racing. The person shall be named on the entry form."
- 1.6 Appendix P "Special Procedures for Rule 42" will apply with changes to include; allowing a jury initiated redress, a points penalty for a first penalty given after finishing and to prohibit a boat that has been disqualified for a rule 42 infringement or has retired in recognition of a rule 42 infringement from sailing in the race if that race is restarted or re-sailed.
- 1.7 Appendix T "Arbitration" will apply.
- 1.8 In all rules governing this regatta;
 - a. (DP) denotes a rule for which the penalty is at the discretion of the International Jury; and
 - b. (NP) denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
- 1.9 If there is a conflict between languages the English text will take precedence.

2. ADVERTISING

- 2.1 The event is "free advertising" as per World Sailing regulation 20.



2.2 (NP, DP) Advertising – Competing boats may be required to display advertising chosen and supplied by the Organising Authority.

3. ELIGIBILITY

- 3.1 The Regatta is open to the following boat classes :
Optimist, Laser 4.7, Laser Radial and Laser Standard.
- 3.2 Competitors are divided and scored in the following categories:
- **Laser Standard Rig:** Overall, Boys Under 19 (born 2001-2002),
 - **Laser Radial Rig Male:** Overall, Boys Under 17 (born 2003-2004),
 - **Laser Radial Rig Female:** Overall, Girls Under 17 (born 2003-2004),
 - **Laser 4.7 Rig Male:** Overall, Boys Under 16 (born 2004 – 2007),
 - **Laser 4.7 Rig Female:** Overall, Girls Under 16 (born 2004 – 2007),
 - **Optimist Rig Male:** Overall, Boys Under 11 (born 2008 – 2012),
 - **Optimist Rig Female:** Overall, Girls Under 11 (born 2008 – 2012).
- 3.3 Proof of age can be required at registration.
- 3.4 **The Laser 4.7** eligibility is restricted to sailors who are born in 2007 or earlier having his/her 12th birthday before the first day of the race.

The age categories are better shown in the following table.

2019 Categories		Age	7	8	9	10	11	12	13	14	15	16	17	18	19	20	+
Class/Rig	Sex/ Birth Year	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999		
Optimist	Boys	Under 11					Open					NO					
	Girls	Under 11					Open					NO					
Laser 4.7	Boys	NO					Under 16			Under 18		NO					
	Girls	NO					Under 16			Under 18		Open Female					
Laser Radial	Boys/Men	NO								Under 17		Under 19		Open			
	Girls/Ladies	NO								Under 17		Under 19		Under 21 F		Open	
Laser Standard	Boys/Men	NO										Under 19		Under 21 M		Open	

- 3.5 The **Optimist Team Race** is an event by invitation only.
- a. A maximum of 12 teams will be invited.
 - b. Each team shall be composed of 4 sailors born between 1st January 2004 and 31st December 2009.
 - c. Teams or individual sailors willing to participate Optimist Team Race have to request an invitation by completing pre-registration form at www.noaregatta.gr by Tuesday 23rd July 2019.
 - d. The Technical Committee of the Regatta decides the teams to invite. The Regatta secretariat will inform all pre-registered teams of the decision of Technical Committee by Wednesday 24th of July 2019.

4. ENTRY PROCEDURES & REGISTRATION (NP, DP)

- 4.1 Entries for competitors and coaches are encouraged to be done online via the regatta website or alternative by completing and sending in to the Organising Committee the official entry form. Each sailor will have to pay an entry fee for the event; coaches will not have an entry fee. The limit date for registration will be on 24th July 2019 at 8 p.m. A non paid entry will be considered not registered.
An entry fee of 20€ per participant is applied paid by the registration.



- 4.2 Each competitor or his/her coach or designated adult and coaches shall register and sign the registration form at the registration office (which will be announced further on) before 8 p.m. on 24th July 2019.
- 4.3 Registration is subject to the presentation before that time of the following documents:
- Parental Authorization (Entry Form N°1)
 - A valid third-party liability boat insurance, with a minimum cover of 540.000€
- 4.4 Coaches and team support personnel shall provide the following documentation prior to completing registration formalities on site:
- Original Coach Entry Form (Coach Form N°2)
 - Boat Driving License (if applicable)
 - A valid third-party liability rib boat insurance, with a minimum cover of 540.000€

5. SCHEDULE

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| 5.1 | Monday, July 22 | Training Camp Day 1 |
| | Tuesday, July 23 | Official Arrival Day / Training Camp Day 2
10:00 – 20:00 Registration |
| | Wednesday, July 24 | 09:00 – 10:00 Registration / Training Camp Day 3
11:00 First warning signal for “Juniors Optimist Cup”
15:00 Practice race
20:00 Opening Ceremony |
| | Thursday, July 25 | 12:00 First warning signal for Races Day 1 |
| | Friday, July 26 | 12:00 First warning signal for Races Day 2 – Optimist Team Race |
| | Saturday, July 27 | 12:00 First warning signal for Races Day 3 |
| | Sunday, July 28 | 12:00 First warning signal for Races Day 4
19:00 Prize Giving and Closing Ceremony |
- 5.2 In total 3 races are scheduled for **Juniors Optimist Cup** series.
Up to 3 races to be sailed each day for Optimist and up to 2 races to be sailed each day for Laser.
In total 9 races are scheduled for Regatta series for **Optimist class** (Racing days 1, 3 & 4).
In total 8 races are scheduled for Regatta series for **Laser class** (Racing days 1, 2, 3 & 4).
At Racing day 2 Optimist class will participate the **Team Race** schedule.
- 5.3 On the last day of racing, no warning signal will be made after 17:00.
- 5.4 The race committee may decide to split some or all of the classes into groups where each class has more than 80 entries. This split is mandatory if the entries of a single class are more than 85. A grouping system will be used and the colours will be re-assigned every day as specified in the sailing instructions.
- 5.5 If the fleet is split as per 5.4 above, and at least 4 races were sailed, the last day the fleet will be divided in Gold and Silver fleets (and bronze and emerald if in case) and raced in “finals” format.

6. BOATS AND EQUIPMENT (NP, DP)

- 6.1 All competitors shall use only one hull, sail, mast, boom, centreboard and rudder.
- 6.2 For **Laser class boats women** competitors shall place a red diamond on each side of their sail (back to back) in compliance with class rule 4(g).

7. MEASUREMENTS (NP, DP)

- 7.1 Boat and equipment may be inspected at any time for compliance with the class rules, wet clothing rules and sailing instructions at the discretion of, race committee (including the class measurer and the class representative) or the international jury.

8. SAILING INSTRUCTIONS

Sailing instructions will be available upon registration at the venue.

9. THE COURSE

- 9.1 Trapezoid courses will be used with an upwind finish. Laser class boats courses will also use inner and outer loops. Details will be included in the Sailing Instructions.
- 9.2 The **Optimist Team Race** will consist of one or more round-robins followed by semi-finals and finals knockout. The Race Officer may vary the format, terminate or cancel any stage, depending on the number of the participants and / or conditions do not permit the completion of the intended format.

10. PENALTY SYSTEM

- 10.1 RRS Appendix P will apply.
- 10.2 An international jury will be constituted, its decisions will be final as provided in rule 70.5
- 10.3 To encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule. If no boat takes a penalty, the jury may lodge a protest.

11. SCORING

- 11.1 The low point system of RRS Appendix A shall apply.
- 11.2 There will be 9 races for Optimists and 8 races for Lasers in single series.
- 11.3 3 races are required to be completed to constitute a series.
- 11.4 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 11.5 Each sailor takes its minimal low score like the position of his boat in the final rank of each event.
- 11.6 Sailors sailing a boat only scored as DNC, DNF, DNS, DSQ, DNE, OCS, BFD, UFD will be deleted from the list and do not takes any score.
- 11.7 Where a fleet is split into Gold and Silver groups, the 1st ranked in the silver fleet will be ranked in the subsequent place of the gold fleet; that concept is extended when we have more groups, red, emerald.
- 11.8 Where men and women fleets sail together (in Optimist, Radial and Laser 4.7 Fleets) the men and women will be ranked separately by simply extracting the women's positions from the overall positions and rescored as 1st, 2nd, ... etc.
- 11.9 Nationality is assigned according to the World Sailing Sailor ID linked to the competitor. A competitor can only ask to change Nationality at the beginning of each year.

12. SAFETY

Each competitor shall wear a personal flotation device (PFD) properly secured at all times while on the water except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes rule 40.

13. SUPPORT BOATS

- 13.1 Support boats shall be registered at the Race Office and shall comply with the rules established by the Organising Committee. Each support boat should be equipped by a quick stop lock.
- 13.2 Each coach is required to carry a working VHF radio and wear a personal flotation device (PFD), properly secured at all times while on the water.
- 13.3 Registered support boats shall act as rescue boats in case of need.
- 13.4 Team and support boats shall at all times when afloat, be clearly identified by the country name, national letters or national flag of the team they represent.

14. PRIZES

- 14.1 For Laser boats prizes will be awarded to at the first 3 places in each category noted in item 3.2 above.
When Laser Radial Under 17 lead the overall rank, they will win also the Radial Under 19.
- 14.2 For Optimist boats prizes will be awarded to at the first 5 boats of the following categories:
Optimist Boys and Girls
Optimist Boys and Girls under 11
- 14.3 For Optimist boats participating “Juniors Optimist Cup 2019” will be awarded to at the first 3 boats of the following categories:
Optimist Boys and Girls born in 2008
Optimist Boys and Girls born in 2009
Optimist Boys and Girls born in 2010
Optimist Boys and Girls born in 2011
Optimist Boys and Girls born in 2012
- 14.4 For Optimist team race prizes will be awarded to the first 3 teams classified.
- 14.5 More prizes may be awarded at the discretion of the Organizing Committee. At least 4 boats are necessary in order to constitute a class. If 3 or less boats participate a class then a prize will be given just for the first place.

15. DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the event entirely at their own risk and responsibility. See rule 4, Decision to Race. The Organising Committee and any other party involved in the organisation of the Regatta will accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to competitors before, during or after the Regatta.
- 15.2 All competitors and support staff will be required to execute liability waiver.
- 15.3 The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he or she is sailing.
- 15.4 Each competitor is wholly and exclusively responsible to maintain his boat in a safe and seaworthy condition checking it before go afloat.
- 15.5 A competitor must be of good health and a competent sailor capable of sailing in strong winds. It is the responsibility of each sailor to decide to participate in a race, to continue racing.

16. INSURANCE

- 16.1 Each competitor and support boat shall be insured with valid third-party liability insurance with a minimum cover of € 540,000 per event or the equivalent. A certificate of such insurance shall be shown during registration.



16.2 Each competitor is wholly and exclusively responsible for third party liability insurance on the boat that he or she is sailing and for his or her personal accident and health insurance.

17. MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT

- 17.1 By participating in the regatta competitors automatically grant to the Organizing Authority and their sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during the period of the competition without compensation.
- 17.2 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.
- 17.3 Selected competitors may be required to attend a press conference.

18. FURTHER INFORMATION

- 18.1 For further information and queries, please contact:
Nautathletic Club of Alexandroupolis,
Alexandroupolis port, P.O. BOX 40,
68132 Alexandroupolis, Greece
T: +30 25510 28299, F: +30 25510 28577, email: secretary@noalex.gr

Follow NOA Regatta news and updates at:

<http://www.noaregatta.gr>

<http://www.facebook.com/noaregatta>

19. CHANGES TO THE NOTICE OF RACE

This Notice of Race may be subject to amendments which will be identified in the Notice of Race and noted on the Regatta website.





ADDITIONAL INFORMATION SHEET

The following information is not part of the rules for the Regatta.

A. ACCOMMODATION

Please refer to the Hotels List for hotels that offer accommodation in privileged rates for the duration of the event.

Special packages can be purchased through the Organizing Committee, which include:

A. Eight days package at 310 Euro

- i. Seven overnights with halfboard accommodation (triple or quadruple room) in four or five stars hotel*
- ii. Regatta registration fee*
- iii. Participation to three days duration training camp*

B. Five days package at 150 Euro

- i. Four overnights with halfboard accommodation (triple or quadruple room) in four or five stars hotel*
- ii. Regatta registration fee*

B. MEALS

Packed lunches will be delivered at the shore venue each racing day.

Evening snack will be served at the club each racing day.

C. EARLY ARRIVAL

Club facilities will be open from Saturday 20th July 2019.

D. CHARTER BOATS

Charter boats will be available from Sunday 21st July till Sunday 28th July 2019.

Please send an email at secretary@noalex.gr to make reservations.

We strongly advice sailors to make early charter reservations before 15th June 2019. After the above day the Organizing Committee cannot guarantee the availability of charter boats.

E. SOCIAL EVENTS

To enhance the friendship between the competitors and to make their stay in Alexandroupolis more enjoyable, appropriate social events will be organised.

F. SPECIAL GIFTS

Sailors and coaches will get a Regatta T-shirt.

Thanks to our sponsors a gift lottery will take place during the closing ceremony.

G. TRAINING CAMPS- PRE REGATTA CLINICS

High level training camps for Optimist will take place from Monday 22nd till Wednesday 24th July 2019. More info will be available at regatta's website <http://www.noaregatta.gr>