

ORGANIZING AUTHORITY

The 11th NOA REGATTA 'ALEXANDROUPOLIS 2019' is organized by the Nautathletic Club of Alexandroupolis in conjunction with the Municipality of Alexandroupolis and the Region of East Macedonia & Thrace under the authority of the Hellenic Sailing Federation.

1 RULES

- 1.1 The Regatta will be governed by the 'rules' as defined in *The Racing Rules of Sailing* (RRS) 2017 - 2020, the Class Rules of the relevant Classes, the Notice of Race and by these Sailing Instructions. The Sailing Instructions take precedence over the Notice of Race.
- 1.2 No National Authority Prescription will apply except of the Hellenic Sailing Federation Prescription to the RRS No1: «In RRS 40 PERSONAL FLOTATION DEVICES is added: All participants at a race, including competitors, support personnel and race officials on board speed boats/ribs shall wear a PFD during the races».
- 1.3 In all rules governing this regatta:
- Breaches of rules in the sailing instructions marked **[NP]** shall not be grounds for protests by a boat. This changes RRS 60.1(a).
 - For breaches of rules in the sailing instructions marked **[SP]** a standard penalty may be applied by the Race Committee without a hearing, or a discretionary penalty applied by the International Jury with a hearing. This changes RRS 60.2, 63.1 and A5.
- 1.4 Rule 61.1 'Informing the Protestee' is changed as follows:
Add to rule 61.1(a) 'The protesting boat shall inform the race committee of the boat/s being protested at the finishing line immediately after finishing.'
- 1.5 English shall be the official language.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the windows of the race office.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 10:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the official flagpole located over the clubhouse. When a signal is displayed with a class flag, it applies to that class only. This changes the Race Signal preamble.



- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 45 minutes’ in the race signal AP.
- 4.3 When flag K displayed ashore with two sounds (one when lowered) means “No boat shall go afloat until this signal is lowered. The first warning signal will be made not less than 45 minutes after flag K is lowered.

5 FORMAT OF RACING

- 5.1 For the practice race there will be two fleets, one for Optimists and one for Lasers.

6 SCHEDULE OF RACES

- 6.1 Program

DATE	TIME	SCHEDULE
23 rd July	10:00 – 20:00	Registration,
24 th July	09:00 – 10:00	Registration,
	10:15	Coaches meeting,
	11:00	Races for “Juniors Optimist Cup” (first warning signal)
	15:00	Practice Race
	20:00	Opening Ceremony
25 th July	10:00	Coaches meeting,
	12:00	Races day 1 (first warning signal)
26 th July	10:00	Coaches meeting,
	12:00	Races day 2 (first warning signal) – Optimist team race
27 th July	10:00	Coaches meeting,
	12:00	Races day 3 (first warning signal)
28 th July	10:00	Coaches meeting,
	12:00	Races day 4 (first warning signal)
	19:00	Prize giving ceremony

- 6.2 In total 3 races are scheduled for **Juniors Optimist Cup** series.
Up to 3 races to be sailed each day for Optimist and up to 2 races to be sailed each day for Laser.
In total 9 races are scheduled for **Regatta series for Optimist class** (Racing days 1, 3 & 4).
In total 8 races are scheduled for **Regatta series for Laser class** (Racing days 1, 2, 3 & 4).
At Racing day 2 Optimist class will participate the **Team Race schedule**.
- 6.3 One extra race per day may be sailed, provided that no fleet becomes more than one race ahead of schedule and the change is made according to instruction 3.
- 6.4 To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed with one sound for at least five minutes before a warning signal is displayed.
- 6.5 On the last day of racing, no warning signal will be made after 17:00, except if a General Recall sign has been given. In this case a warning signal may be given later than 17:00, just for the specific class.
- 6.6 Laser Classes may be grouped to start together. A special announcement will be at the Official Notice board by the end of the registration, and will be announced at coaches meeting.

7 CLASS FLAGS

Laser Standard: The class flag will be a white flag with the Laser logo

Laser Radial: The class flag will be a blue flag with the Laser logo

Laser 4,7: The class flag will be a yellow flag with the Laser logo



Optimist: The class flag will be a white flag with the Optimist logo

If two or more classes start together, all relevant classes flags will be used together.

8 RACING AREA

The racing area will be off Alexandroupolis harbour as shown at Attachment 2.

9 THE COURSE

- 9.1 The diagram in Attachment 1 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.

10 MARKS

- 10.1 Marks 1, 2, 3 and 5 will be red cylindrical inflatable buoys, 4s and 4p will yellow cylindrical inflatable buoys.
- 10.2 New marks, as provided in instruction 12.1, will be yellow pyramid inflatable buoys.
- 10.3 The starting marks will be two race committee starting boats, one on the starboard side displaying an orange flag and a second one on the port side with a staff displaying an orange flag.
- 10.4 The finishing marks will be a race committee finishing boat on the starboard side and a buoy with a staff displaying a blue flag on the port side.

11 THE START

- 11.1 The starting line will be between staffs displaying orange flags on the starting marks.
The starting procedures will be according to RRS 26.
- 11.2 When the warning signal for the first fleet has been made, boats from other fleets shall be in the pre-start area, well clear of the starting area.
- 11.3 Boats that have finished shall clear the finishing line, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 11.4 The pre-start area windward boundary is 100 meters leeward of the starting line.
- 11.5 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A4 and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE AND SHORTENING THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable.
- 12.2 Boats shall pass between the race committee boat signalling the shortening of course and the nearby mark, leaving the mark to port and the race committee boat to starboard.

13 THE FINISH

The finishing line will be between staffs displaying blue flags on the finishing marks.

14 PENALTY SYSTEM

- 14.1 A boat that has taken a penalty or retired according to rule 44.1 shall complete an acknowledgement form at the race office within the protest time limit.
- 14.2 The penalty for breaches of Class Rules and instructions 4.3, 11.2, 11.3, 14.1, 18, 21, 22 and 23 may be less than disqualification if the jury so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 14.3 Appendix P will apply.



- 14.4 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 14.5 In addition to taking action in accordance with Appendix P, if a member of the jury sees a boat breaking a rule they may make a sound signal and her sail number will be hailed. If the appropriate penalty is not taken the jury may protest one or more boats.

14.5 Jury boats will display a white flag with black "JR"

15 TIME LIMITS

15.1 Time limits are as follows:

TIME LIMIT	MARK 1 TIME LIMIT
90 minutes	30 minutes

- 15.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 15.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 To inform the race committee of the boat/s being protested, the boat intending to protest shall approach the race committee boat at the starboard end of the finishing line immediately after finishing and shall hail the protested boat's sail number/s while sailing along her starboard side until the RC finishing officer will acknowledge.
- 16.2 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.3 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, next to the race office. No protest hearing will start after 22:00.
- 16.5 Notices of protests by the race committee or jury will be posted to inform boats under rule 61.1(b).
- 16.6 A list of boats that under instruction 14.3, have been penalized for breaking rule 42 will be posted.
- 16.7 Breaches of instructions 14.1 and 18 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 16.8 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
 - (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
 This changes rule 66
- 16.9 On the last scheduled day of racing a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2
- 16.10 Decisions of the international jury are final as provided in rule 70.5

17 SCORING

- 17.1 The Low Point System of RRS Appendix A will apply.
- 17.2 Series scores
 - 17.2.1 3 races are required to be completed to constitute a series.





17.2.2 (a) When fewer than 5 races have been completed, boat's series score will be the total of her race scores.

(b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17.3 To request correction of an alleged error in the posted races or series results, a boat may complete a scoring enquiry form available at the race office.

18 SAFETY REGULATIONS

18.1 A boat retiring from a race shall notify a race committee or safety boat before leaving the course and shall complete the relevant form available at the race office.

18.2 Each day of competition the Coaches or Team Leaders shall notify the race office before going afloat, of the boats not intending to race that day.

18.3 Competitors who require assistance may blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).

19 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.

20. OFFICIAL BOATS

Official boats will be marked as follows:

DESCRIPTION	FLAG
Race Committee	Flag "RC"
Jury	Flag "JR"
VIP	Flag "VIP"
Gear	Flag "Gear"
Press/Media boats	Flag "PR"
Safety Boat	Flag "S"
Medical	Flag " + "

21 SUPPORT BOATS

21.1 Team leaders, coaches and other support personnel shall stay 100 meters outside areas where boats are or will be racing from the time the preparatory signal is displayed until all boats in that race have finished or the race committee signals a postponement or abandonment. They may follow the race moving at a speed of no more than 5 knots moving ONLY from the port side of the course (outside marks No 5, No 3, No 2 & No1). When a race committee or jury member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.

21.2 All boats associated with the infringing support boat may be penalized at the discretion of the jury for the race on which the support personnel failed to comply with this instruction. This changes rule 63.1

21.3 Coaches are required to carry a working VHF radio

22 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.



The Race Committee will communicate at VHF channel 69.

23 TRASH DISPOSAL

In addition to RRS 55 trash may be placed aboard support and race committee boats.

24 PRIZES

Prizes will be awarded in accordance with the Notice of Race.

25 DISCLAIMER OF LIABILITY

25.1 Competitors and support team participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 4, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
4. By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
5. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

25.2 The Organising Authority and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

25.3 All competitors and support staff will be required to execute liability waiver.

26 RIGHTS TO USE NAME AND LIKENESS

By participating in the regatta competitors automatically grant to the organizing authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the championship, and of all of his or her material related to the regatta, without compensation.

27 INSURANCE

Each competitor shall be insured with valid third-party liability insurance with a minimum cover of €540.000 per event or the equivalent. A certificate of such insurance shall be shown during registration.

RACE COMMITTEE

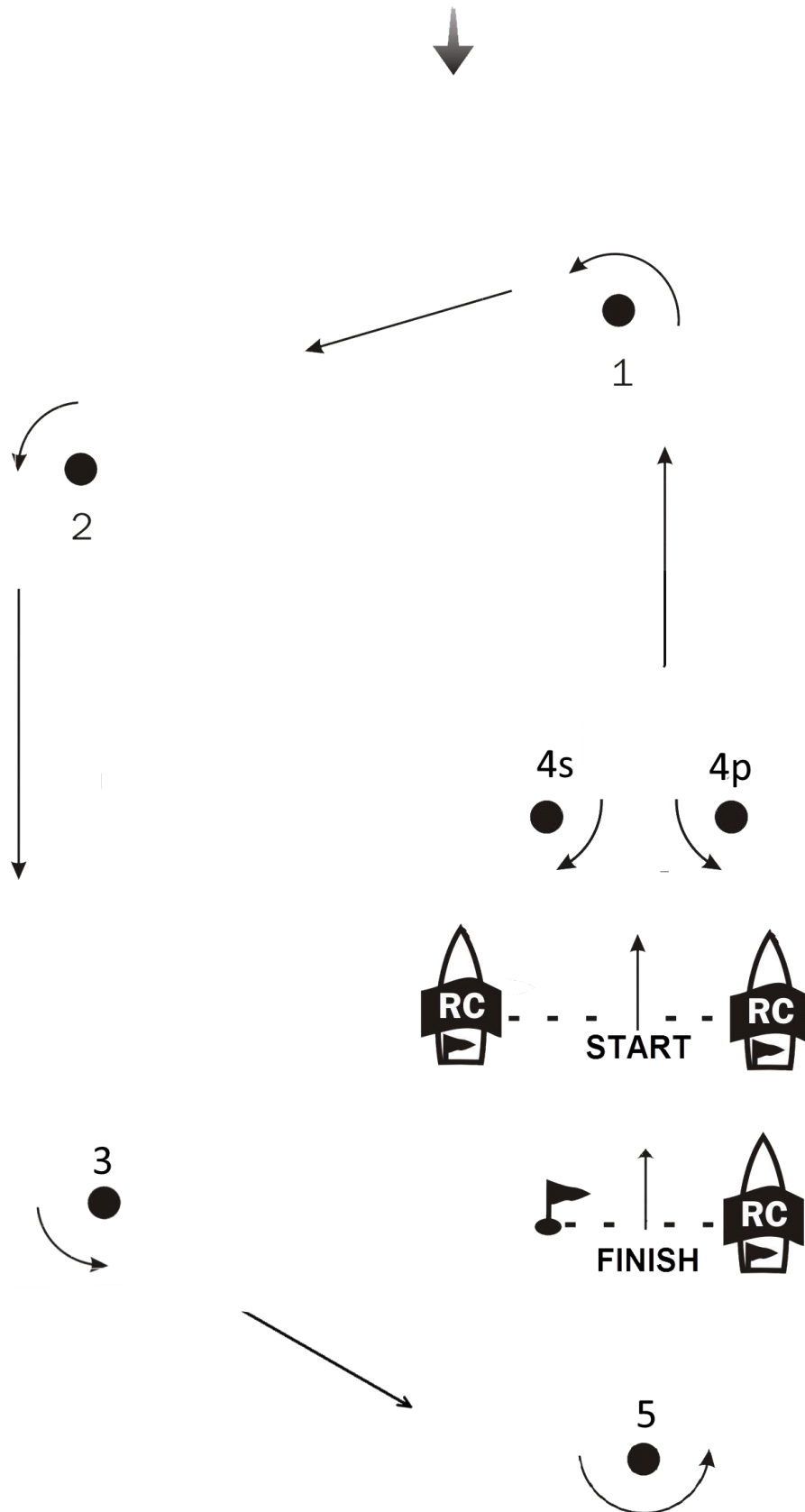
Papantoniou Athanasios, PRO / GRE
Pavlidis Ioannis, NRO / GRE
Kesidis Vasileios, GRE
Theodosios Giannakidis, GRE
Athanasios Katsikis, GRE
Aggelos Simsirikis, GRE
Konstantinos Chatzikonstantinou, GRE
Nikolaos Karaolanis, GRE
Konstantinos Gramenoudis, GRE
Voula Papachristou, GRE

JURY COMMITTEE

Dan Mitici	IJ/BUL President
Costas Tsantilis	IJ/GRE Vice President
Stanislav Kassarov	IJ/BUL
Ulrich Voglmaier	NJ/GER
Caterina Gouleliou	NJ/GRE
Vasileios Pigadas	NJ/GRE



ATTACHMENT 1: THE COURSE



OPTIMIST COURSE:

LASER STANDARD, LASER RADIAL (OUTER) :

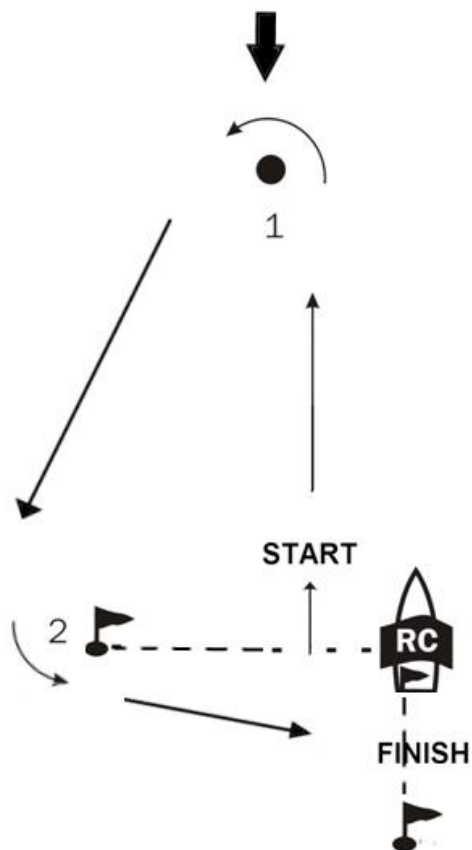
LASER 4.7 (INNER) :

START - 1 - 2 - 3 - 5 - FINISH

START - 1 - 2 - 3 - 2 - 3 - 5 - FINISH

START - 1 - 4s/4p - 1 - 2 - 3 - 5 - FINISH





JUNIORS CUP - THE COURSE

JUNIORS OPTIMIST COURSE:

START – 1 – 2 – FINISH



ATTACHMENT 2: THE RACING AREA

