

The Nautical Athletic Club of Palaia Fokea "PYTHEAS"



is proud to host the :

OPEN INTERNATIONAL OPTIMIST SARONIC REGATTA 6 – 10 April 2023

and invite all Optimist Sailors to participate



The event will be held at Palaia Fokea, Attica, Greece

Palaia Fokea is a beautiful suburb of Athens 49 km from the center and is surrounded by a long sandy beach, and a lot of beautiful caves nearby.

There are also many archeological sites around such as the famous Temple of Poseidon in Sounio (16 km)

Palaia Fokea is as a vacation place for the domestic and the foreign visitors, but there also many local people.

There are many hotels, apartments, or villas to rent and every kind of shops such as supermarkets restaurants, taverns and Banks.

The nearest airport is the Athens International Airport "EL. VENIZELOS" 30 Km away

The area is connected through "ATTIKI ODOS (Exit Markopoulo)" with the National Road Athens – Lamia – Thessaloniki and the Athens – Korinthos – Peloponnesse

The nearest Port is the Port of Lavrio (15 km) connected to several Cyclades Islands and also Piraeus Port which is connected with Aegean Islands and Crete (45 km)



**OPEN INTERNATIONAL OPTIMIST
SARONIC REGATTA
NAUTICAL ATHLETIC CLUB OF
PALAIA FOKEA "PYTHEAS"
6 – 10 APRIL 2023**

NOTICE OF RACE

[DP] denotes that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification.

[NP] denotes that the breach of that rule will not be grounds for a protest or request redress by a boat. This change RRS 60.1(a), 60.1(b).

1. Organizing Authority

Open International Optimist Saronic Regatta 2023 is organized by Nautical Athletic Club of Palaia Fokea "Pytheas". The event will be held at the bay of Anabyssos and Saronic Gulf, Attica, Greece

2. Rules

2.1 The regatta will be governed by the rules as defined in «The Racing Rules of Sailing (RRS) 2021-2024» and the following rules:

2.1.1 RRS Appendix P will apply with the following changes: Rule P 2.3 will not apply and rule P 2.2 is changed so that it will apply to any penalty after the first one.

2.1.2 RRS 90.3 (e) will apply

2.1.3 [DP] Competitors shall comply with RRS 40.1 at all times while afloat.

2.2 The following Rules are changed:

2.2.1 The first three sentences of RRS 61.1(a) are changed to 'The protesting boat shall inform the other boat at the first reasonable opportunity. When her *protest* will concern an incident in the racing area she shall hail 'Protest'. She shall inform the Race Committee at the finishing line immediately after finishing, or as soon as practicable after she retires.'

2.2.2 In case of conflict between Notice of Race (NOR), Sailing Instructions (SI) and Official Notices, the SI or the last Official Notice of this subject shall prevail (this change RRS 63.7)

2.3 English is the Official Language of the Event. If there is a conflict between languages the English text will take precedence.

3. COVID-19 Protocols

3.1 Protocols and prescription regarding the COVID-19 may be published at any time. They will state if they have the status of a rule.

- 3.2 These special Covid-19 protocols will be published two weeks before the start of the event. The protocols may include the need for testing competitors on arrival, testing on site during the event, daily temperature measurement and the need to wear masks indoors.
- 3.3 [NP] All event participants are required to make themselves aware of all protocols regarding COVID 19 set forth by the Greek Government, Sports Authorities and / or the Organizing authority and must comply with those prescriptions at all times during the event. These prescriptions or links to them will be published on the event web page. More information concerning the present rules and directions about COVID-19, you can read on the webpage: <https://eody.gov.gr/neos-koronaaios-covid-19/>
- 3.4 [NP] Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply with this may be regarded as misconduct.
- 3.5 Reasonable actions by event officials to implement COVID-19 guidance, protocols, or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions under the RRS62.1

4. Sailing Instructions

- 4.1 The sailing instructions along with other governing documents will be available from 1 of April 2023 on the official notice board of the event.

5. Notices to Competitors

- 5.1 The event site will be :
<https://naopytheas.gr/open-international-saronic-optimist-regatta/>
- 5.2 The Official Notice Board will be on the webpage:
<https://www.racingrulesofsailing.org/documents/5230/event>

6. Eligibility and Entries

- 6.1 The event is open to competitors sailing on boats of the Optimist class that fulfill the eligibility requirements stated below:
- 6.1.1 Competitors shall have been born in 2008 or later.
- 6.1.2 The Greek competitors in order to be eligible for entry shall have a valid Sports ID issued by the Hellenic Sailing Federation and as provided by the state law.
- 6.1.3 [NP] Competitors shall deliver a signed and completed parent (or guardian) consent and declaration form.
- 6.2 [NP] Competitors shall pre-registered by completing the online Entry Form at the event Web Site and sending the required entry fee (NOR 7) until 7th of March 2023
- 6.3 [NP] The organizing authority may accept late entries at their sole discretion
- 6.4 The organizing authority may postpone or cancel the event at any time if it considers that this is required by reasons related to COVID-19. The competitors are not entitled to claim any compensation for any expenses they have incurred for their participation or preparation for participation in the event except of the entry fee.

7. Entry Fees

- 7.1 Entry fee will be 20 Euro per competitor.
- 7.2 Fees are stated in euros, shall be free of bank commissions and must be paid until 7th March 2023, by a bank transfer to the following bank account:

Beneficiary	IBAN/BANK
Nautical Athletic Club of Palaia Fokea “Pytheas”	GR0601721670005167071267580 PIRAEUS BANK

8. [NP][DP] Advertising

- 8.1 The World Sailing Advertising Code Regulation 20 will apply.
- 8.2 Boats carrying personal advertising must present the permission of their National Authority. A copy of this permission shall be delivered to the organizing authority.
- 8.3 Boats may be required to display advertising stickers and bow numbers chosen and supplied by the organizing authority.

9. [NP][DP] Registration

- 9.1 Competitors and Support person shall register at the Regatta Office on Thursday 6/4/2023 10.00 to 18.00 hrs or on Friday 7/4/2023 9.00 to 12.00 hrs. The following document shall present at Registration:
- 9.1.1 For Competitors:
- Completed Entry Form and Declaration Form
 - Boat Insurance Document
 - Measurement Certificate
 - A signed and completed parent (or guardian) consent and declaration form
 - A valid Sports ID issued by the Hellenic Sailing Federation (Greek Competitors)
- 9.1.2 For Support Person:
- Registered and Declaration Form
 - Driver License for the support boat driver
 - Insurance Documents for the support boat
 - Support persons, Coaches for Greek teams need to present the Coach ID Sailing Certificate from H.S.C.A.

10. Schedule

10.1 The schedule of the event will be as follows:

SCHEDULE OF RACES & SOCIAL EVENTS		
Date	Time	Event
Tuesday, 7/3/2023	23:59	Entry Deadline
Thursday, 6/4/2023	10.00 – 18.00	Registration
Friday, 7/4/2023	9.00 – 12.00	Registration
	12:55	Warning Signal of the 1 st Race Races
Saturday, 8/4/2023	“TBA”	Races
Sunday, 9/4/2023	“TBA ”	Races
Monday, 10/4/2023	“TBA”	Races
	18:00	Prize Giving

“TBA”: *To Be Announced at the official notice board.*

The Lunch Boxes of every racing day will provided by the Organizing Authority.

Every racing day the Organizing Authority will organize a meal for all competitors and support persons.

Gifts will be drawn to competitors at the end of the first and second racing day. The draw will be made with the sail number of each boat.

Gifts will be also awarded to all winners.

A more detailed schedule with activities during the event could be found in the event site and the official notice board.

10.2 Twelve (12) races are scheduled for the Groups A, B and eight (8) races for the Group C.

10.3 No more than four (4) races for the Group A, B and three (3) races for the Group C will be sailed in any scheduled day.

10.4 On the last day, no warning signal will be made after 16:00 hrs.

11. [NP] Racing Format - Course

11.1 Boats may be divided into groups with different starts and courses as per the table below:

Group	Boys	Girls	Years of Birth
A	U16	U16	2008 – 2010
B	U13	U13	2011 or later

11.2 The Organizing Authority has the right to merge the Groups A and B (same start and course) in case of inadequate number of entries.

11.3 The Organizers intends to make a **Group C** open to **Boys and Girls** U10 (years of Birth 2014 or later) **and to the beginners of the Optimist Class (less than 4 months of license or on training courses)**. The course for that group will be smaller and the races will have different starts.

11.4 The Course will be the official IODA Course for Fleet Race

12. [DP] Inspections

12.1 Each boat shall produce or verify the existence of a valid measurement certificate.

12.2 Boats or equipment may be inspected at any time during the event.

12.3 While afloat, a race official may instruct a boat to sail to an inspection area, promptly, for inspection.

12.4 The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor to comply with the class rules and the rules set out in this Notice of Race and the Sailing Instructions.

13. Scoring

13.1 (a) When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores.

(b) When from four (4) to eight (8) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(c) When nine (9) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

13.2 Three (3) races are required to be completed to constitute a series.

13.3 For the needs of the prize giving (NoR 24.1), subgroups results will be exported from the overall results.

14. International Jury

The intention is to appoint an international jury as provided in RRS 70.5

15. [NP][DP] Support Boats

15.1 All support boats shall be registered to the organizing authority and are required to be insured and comply with local legislation and event support boat regulations. The organizing

authority may refuse registrations and accept later registrations at her discretion.

- 15.2 There is the possibility to rent a rubber boat. All interesting persons please contact the Regatta Office and send the inquiry at naopytheas@gmail.com
- 15.3 Drivers of the Support boats shall wear the Quick Stop / Kill Cord at all times with the motor running.
- 15.4 Support persons in the race course area, shall be able to communicate with the Race Committee via VHF Radio. The radio channel will be announced in the Sailing Instructions.

16. [NP] [DP] Berthing

- 16.1 Boats and support boats shall be kept at the assigned place.

17. [DP] Code of Behavior

- 17.1 [NP] Competitors and support persons shall comply with any reasonable request from the regatta officials.
- 17.2 [NP] Competitors and support persons shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.
- 17.3 Boats not racing shall avoid the area where boats are racing and any official boats.

18. Disclaimer of Liability

- 18.1 RRS 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”
- 18.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.
- 18.3 By taking part in the event, each competitor agrees and acknowledges that:
 - 18.3.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event.
 - 18.3.2 They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore.
 - 18.3.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission.
 - 18.3.4 Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - 18.3.5 The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.
 - 18.3.6 It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the event and to attend any competitor briefing held for this event.

19. Insurance

- 19.1 Every participating boat must be insured with a valid third-party liability insurance that is suitable for the racing area, with a minimum coverage of 540,000 euro per incident, or the equivalent.
- 19.2 The support boats must be insured with a valid third-party liability insurance with the minimum cover of Greek Law. Regardless, it is the responsibility of the support persons in charge of the boats registered, to hold adequate insurance cover for Tort Liability and Third-Party Insurance (Property and Persons).
- 19.3 [NP] [DP] A copy of the insurance coverage must be presented at registration.
- 19.4 The organizing authority is not responsible for verifying the status or validity of those insurance certificates.

20. [NP] [DP] Media Rights

- 20.1 By participating in the event competitors automatically grant to the organizing authority and their sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the competitor during the period of the competition without compensation.
- 20.2 Competitors may be required to be available for interviews at the regatta.

21. [NP] Data Protection

- 21.1 In order to manage the event, information may be provided by competitors will be held on a database. The management of personal information and images will comply with the General Data Protection Regulations that came into effect in May 2018.

22. [NP] Chartering

- 22.1 The Organizing Authority could help entrants to find charter boats. Entrants that are interest in chartering a boat may contact the Regatta Office (naopytheas@gmail.com)
- 22.2 [DP] A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules, provided that the race committee has approved her sail identification before the first race.

23. [NP] Accommodation - Transportation

- 23.1 The Organizing Authority will provide free of charge accommodation for foreign competitors and their support person from 6/4/2023 until 10/4/2023.
- 23.2 The Organizing Authority will also provide free of charge accommodation for Greek competitors from Clubs located outside of Attica and their support person from 6/4/2023 until 10/4/2023.
- 23.3 Competitors and Support persons are coming with Ferries from Italy, Aegean Island and Crete could contact the Regatta Office in order to find a special discount of their travel for the Championship.
- 23.4 Boats, Trailers, Equipment's may stay at a separate secure place from 30/3/2023 until 14/4/2023 in order to facilitate the travel of the competitors and support persons. Greek Sailing Teams that participate at the Greek National Championship at Kalamata could leave their boats, trailers and equipment's until 17/4/2023.

- 23.5 Full information about transportation and accommodation and other details are available at the Event Web Site :

<https://naopytheas.gr/open-international-saronic-optimist-regatta/>

24. Prizes

- 24.1 Prizes will be awarded to the best three (3) Boys and three (3) Girls, according to the number of Entries, as per the tables below:

Boys	Year of Birth
Group A or A&B, U16	2008 or later
Group B or A&B, U13	2011 or later
Group C U10	2014 or later
Group C Beginners	2008 or later

Girls	Year of Birth
Group A or A&B, U16	2008 or later
Group B or A&B, U13	2011 or later
Group C U10	2014 or later
Group C Beginners	2008 or later

- 23.2 Gifts will be awarded to all winners (such as sails etc.)

25. Further Information

For further information please contact the Regatta Office:

Regatta Office:

Pytheas Sailing Club

Port of Palaia Fokaia

190 13 Attica Greece

Web site: <https://naopytheas.gr/open-international-saronic-optimist-regatta/>

Telephone : +306936652220

Email: naopytheas@gmail.com