Cascais, Portugal
SAILING INSTRUCTIONS

ORGANIZATION

The **Clube Naval de Cascais** as Organizing Authority with the support of the APCSB20 and the sponsorship of **SailCascais** establishes this Sailing Instructions for the "**1st SailCascais Trophy**" open to SB20 class boats, which will be raced from **28th to 30th August 2020** in Cascais, Portugal.

ABBREVIATIONS

DP	Denotes a rule for which the penalty is applied according to the RRS Introduction - Notation
NP	Denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

1. RULES

1.1. The regatta will be governed by the *rules* as defined in The Racing Rules of Sailing.

1.2. When in conflict, the Sailing Instructions take precedence over the Notice of Race- This changes RRS 63.7.

1.3. For Medal Race, World Sailing Addendum Q, *Umpired Fleet Racing*, (version January 1st, 2019) will apply and take precedence over any conflicting instructions. The use of the rules in this Addendum has been approved by the Portuguese Sailing Federation in accordance with RRS 86.2. The letter of approval will be posted in the Official Notice Board.

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the Official Notice Board located near the Race Office.

2.2. When a notice is posted, code flag "L" will be displayed at the official flag pole.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted at least one hour before the 1st scheduled warning signal for the first race of the day on the day it will take effect.

3.2. Any change to the schedule of races will be posted before the end of the protest time limit of the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed at the official flag pole located at the CNC South Quay. The mast will display CNC flag.

4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes'. This changesRace Signals AP.

5. SCHEDULE OF RACES

5.1. Program

Date	Time	Event	Number of races planned
Friday, August 28th	13:00	Warning signal 1st race of the day	3
Saturday, August 29th	TBA	Warning signal 1st race of the day	3

Sunday, August 30th	TBA	Warning signal 1st race of the day	2
Sunday, August 30th	After Fleet Races	Medal Race	1

5.2. When there has been a long postponement and when more than one race (or sequence or races) will be held on the same day, the warning signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, the Race Committee will display an orange flag for at least 5 minutes before a warning signal is displayed.

5.3. Number of Races: 8 Fleet Races and one Medal Race are scheduled

5.4. No more than 4 races will be sailed per day

5.5. On the last day of the regatta no warning signal for fleet races will be made after 14:30 and 16:30 for the Medal Race.

5.6. Every day, two hours before the first warning signal, a skippers briefing will take place outside of the club house.

5.7. Medal Race:

5.7.1 One Medal Race is scheduled if 3 or more Fleet Races are completed

5.7.2 The ten boats ranked highest in the overall after the Fleet Races will be assigned to compete in the Medal Race.

5.7.3 Assignments to the Medal Race on August 30th will be based on the ranking available after the protest time limit of the last Fleet Race or Fleet Race related hearings, whichever is later.

6. CLASS FLAGS

6.1. Class Flag will be white with the class logo.

7. RACING AREAS

7.1. Attachment A shows the location of racing areas.

7.2. Racing areas are defined as follows:

(a) Before the warning signal: 100 meters from the starting line

(b) After the warning signal: no less than 100 meters of any furthest place where a racing boat can be.

8. THE COURSES

8.1. The diagrams in Attachment B show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

8.2. Courses can be shortened, from the time when boats have completed 3 legs. This Changes RRS 32.

8.3. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

8.4. At any time, the gate marks can be replaced by a single mark, which shall be left to port.

9. MARKS

9.1. Marks

Mark	**Shape**	**Colour**
Start	Pin End Boat	
Course Marks	Conical	Red
Finish	Dan buoy with flag	Orange Flag
New Mark	Conical	Yellow

9.2. A Race Committee vessel signalling a change of a leg of the course is a mark as provided in SI11.2.

10. START

10.1. The starting line will be set between flag poles on the Race Committee vessels with an orange flag or with Race Committee signal vessel displaying an orange flag and the start mark.

10.2. No later than the warning signal, the Race Committee signal vessel will display the course to be sailed and may display the approximate compass bearing and length of the first leg.

10.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

10.4. When there is more than one race on the same day, the identification of the boats scored OCS, UFD or BFD of the previous race will be posted on a board at the Race Committee vessel. Failure to do so will not be grounds for redress. This changes RRS 62.

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the Race Committee will lay a new mark (or move the gate or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. When the Race Committee is changing marks (3P/3S) they will use the Original Mark.

11.2. Except at a gate, boats shall pass between the Race Committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee vessel to starboard. This changes RRS 28.1.

11.3. When a change of course is made for mark 1, mark 2 (offset) shall not be rounded. This changes RRS 33

11.4. When a change of course is made for the gate marks (3e/3b), these will be replaced by a single mark which shall be left to port. This changes RRS 33.

12. THE FINISH

12.1. The finishing line will be between a mast with an Orange flag at the Race Committee vessel and the finishing mark.

12.2. If the Race Committee, at the finishing position displayes code flag ”L”, this means that another race will be started as soon as possible. This Changes RRS Race Signals.

13. PENALTY SYSTEM

13.1. For the SB20 class, RRS 44.1 is changed so that Two-Turns Penalty is replaced by the One-Turn Penalty.

13.2. **[NP][DP]** A boat that takes a penalty in accordance to RRS 44.1, or that retires from a race, must sign a declaration form at the Race Office, within the protest time limit.

14. TIME LIMITS

14.1. Each Race will have a Target Time of approximately 60 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.

14.2. The time limit for the first boat to finish is 90 minutes.

14.3. Time limit to pass mark number 1 is 30 minutes. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

14.4. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes rules 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1. In addition to the requirements RRS 61.1, a boat intending to protest shall inform the Race Committee finishing vessel immediately after finishing. If the protester does not finish the race she shall inform the Race Committee vessel as soon as possible, or the Race Office immediately after arriving ashore.

15.2. Protest forms are available at the Race Office.

15.3. The protest time limit is 60 minutes after the last boat of the corresponding class has finished the last race of the day. The same time limit applies to protests by the Race Committee and Protest Committee about incidents they observe in the racing area or for requests for redress. This changes RRS 61.3 and 62.2.

15.4. Notices will be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located at CNC facilities.

15.5. Notices of protests by the Race Committee or Protest Committee will be posted on the Official Notice Board. Such posts will meet the requirement of RRS 61.1(b).

15.6. Last Day procedures:

15.6.1 On the last day of the championship, the Protest Time Limit will be 30 minutes after the last boat finishes the last race Fleet Race of the day or the Race Committee signals AP over A or code N over A.

15.6.2 After the Fleet Races and after publishing the results, the Race Committee will display ICS “B” flag with one long sound signal to inform all boats. ICS “B” flag will be removed 30 minutes after being displayed with one sound signal unless otherwise instructed by the Protest Committee.

15.6.3 Boats intending to Request for Redress shall do so while ICS “B” flag is displayed at the Race Committee vessel.

15.6.4 A boat intending to protest, requesting for redress or requesting for reopening shall do it verbally at the Race Committee vessel or at the Protest Committee. This changes RRS 61.2 and 62.2.

15.6.5 Boats that are parties to a hearing will be notified orally by the Race Committee or by the Protest Committee. This changes RRS 63.2.

15.6.6 The hearings will held afloat and its decisions will be communicated to the parties orally. This changes RRS 65.2.

16. SCORING

16.1. 1 race is required to be completed to constitute a series.

16.2. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

16.3. When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

16.4. To request a correction of a race result, competitors shall fill a form available at the Race Office;

16.5. For boats assigned to compete in the Medal Series, ties in the regatta score are broken by the Medal Series scores. This changes RRS A8.

17. [NP] SAFETY REGULATIONS

17.1. During races the responsible of the safety is the Race Committee chairman, who shall take all decisions regarding this matter.

17.2. In case of emergency, the Race Committee vessel may display code flag "V" and all support boats referred in instruction 21 are allowed to enter the race area for rescue operations, and providing support to all the fleet.

17.3. No non identified vessel shall circulate within the race area defined in these sailing instructions, from the warning signal until all boat have finished racing, except in case of emergency, as specified in SI 17.2.

17.4. **[DP]**A boat that retires from a race shall notify the Race Committee as soon as possible.

17.5. **[DP]** A boat ashore shall remain in their assigned place/berth.

17.6. **[DP]** A boat shall not sail inside the Marina. Competitors shall wait for the towing from the marina staff when they want to go afloat and when they are coming back ashore.

18. [NP][DP] REPLACEMENT OF CREW OR EQUIPMENT

18.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.

18.2. Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

19. EQUIPMENT AND MEASUREMENT CHECKS

19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

19.2. On the water, a boat may be instructed by a Race Committee to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

Official boats will be marked as follows:

Category	**Flag**
Race Committee Vessels	White flag with RC
Press Boats	White flag with Press
Umpire Boats	White Flag with Jury

21. [NP]SUPPORT BOATS

21.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing, from the time of the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment.

21.2. At all times, support boats shall be on call on VHF Channel 72 and shall comply with the directions given by the Race Committee. In particular, this includes assisting with rescues operations when requested to do so.

22. [NP][DP] HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of a prior written permission of the Race Committee.

23. [NP]ANTI-DOPING CONTROL

Anti-Doping Controls may be made in accordance to the WADA/WS specifications. Tests will be made in accordance to WS Regulation 21, Anti-Doping Code.

24. RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25. PRIZES

Prizes will be given to the top three boats of each class.

26. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27. INSURANCE

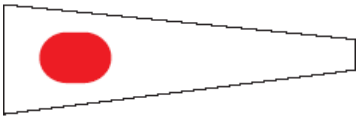
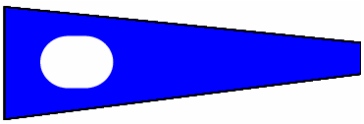
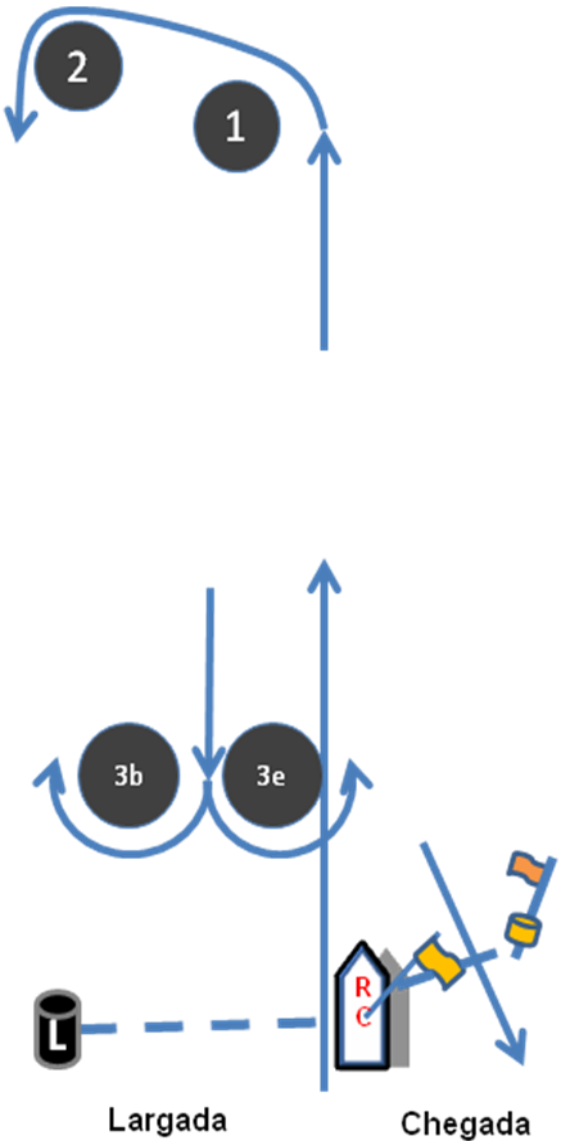
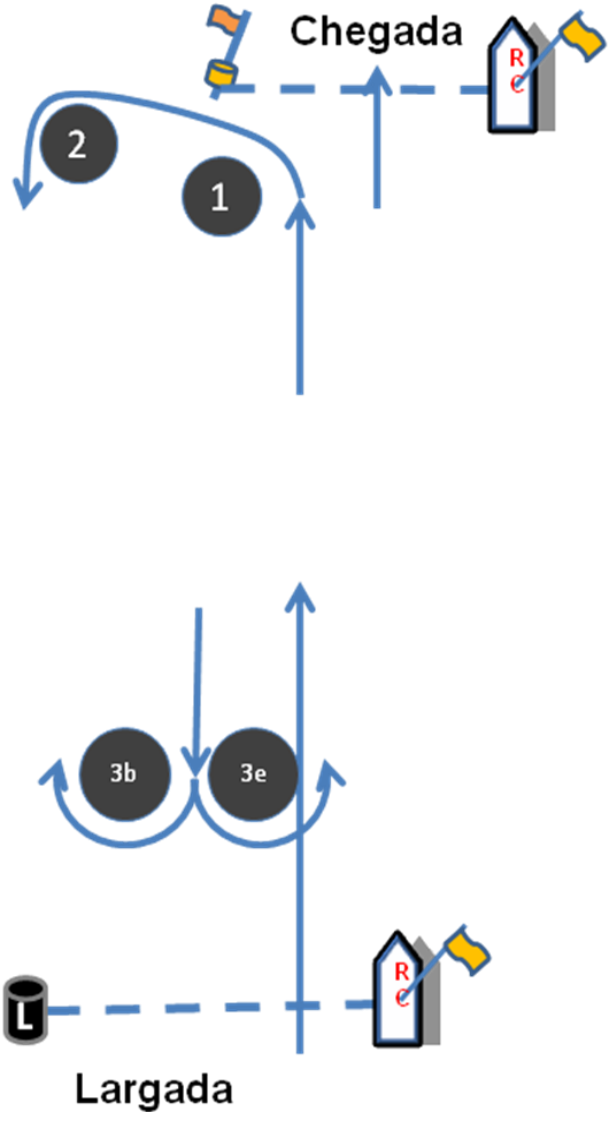
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 305.000 € per event or the equivalent.

ATTACHMENT A

Racing areas

Race Area	Distance	Dir.	Latitude	Longitude
A	2,0 Nm	190º	38,40.000 N	009,26.000 W
B	2,0 Nm	140º	38,40.000 N	009,23.000 W

ATTACHMENT B

COURSE 1 SIGNAL - PENNANT 1	COURSE 2 SIGNAL – PENNANT 2
	
	
Start – 1 – 2 – 3e/3b – 1 – 2 – 3e – Finish	**Start – 1 – 2 – 3e/3b – 1 – 2 – 3e/3b – Finish**

All course marks shall be left to port, except mark 3e/3b which is a gate
Note: This drawing is schematic. The distances and mark positions are not to scale