

The Organizing Authority is the UAE Sailing and Rowing Federation in conjunction with the International 49er Class Association and Abu Dhabi Sailing and Yacht Club, Abu Dhabi.

# SAILING INSTRUCTIONS

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).[DP] denotes a rule for which the penalty is at the discretion of the International Jury.[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the International Jury with a hearing

### 1. RULES.

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. RRS Appendix P, Special Procedures for Rule 42, will apply as amended by SI 17.2.
- 1.3. The Class Rules, the Championship Rules and the Equipment Inspection Instructions / Regulations of the International 49er will apply except for any that are altered by the Notice of Race or the Sailing Instructions.
- 1.4. No National Authority Prescriptions will apply.
- 1.5. If there is a conflict between languages the English text will take precedence.
- 1.6. [DP] Penalties for breaches of RRS 41, the Class Rules or the Equipment Inspection Regulations are at the discretion of the International Jury.
- 1.7. For 49er and 49erFX the bottom two panels of the jib area shall be restricted to Class and Event advertising and all competitors shall place class nominated branding on their jibs according to the World Sailing approved 49er Class jib advertising policy.

# 2. [DP][NP] IDENTIFICATION

2.1. Boats will be required to affix the stickers provided by the Organizing Authority on both sides of the forward 25% of the hull, 200mm from the bow. Boats shall affix the stickers in accordance with any instructions given by the Organizing Authority.

### 3. [NP] CAMERAS AND ELECTRONIC EQUIPMENT

- 3.1. Boats may be required to carry on board cameras, sound equipment or positioning equipment as specified by the Organizing Authority. Competitors may also use their own camera recording equipment and attachments, but these are to be removable for weighing. A boat shall not be given redress based on a claim involving this equipment. This changes RRS 62.1
- 3.2. [DP][SP][NP] The Organizing Authority may supply GPS units for use during the Fleet Racing Series. Boats shall carry these GPS units whilst racing. The GPS units shall be picked up every morning from the Race Office before going afloat and shall be returned to the Race Office no later than the end of protest time.
- 3.3. No competitor or support team shall use a drone over the racing area.











#### 4. NOTICES TO COMPETITORS

4.1. Notices to competitors will be posted on the Official Notice Board located outside the Race Office

# 5. CHANGES TO SAILING INSTRUCTIONS

5.1. Any change to the sailing instructions will be posted not less than two hours before the scheduled warning signal on the day it will take effect, except that any change to the timing of races, will be posted by 2000 the day before it will take effect. Up to FOUR races a day may be sailed without the need for a change in the Sailing Instructions.

### 6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed at the official flagpole located near the launch area opposite the Race Office. When a signal is displayed over a fleet flag, it applies to that fleet only.
- 6.2. [DP][NP] Flag "D" displayed ashore with one sound signal this means: "the warning signal will be made not less than 45 minutes after flag "D" is displayed or not before the scheduled time, whichever is later. Boats shall not leave their allocated berth until this signal is made".

### 7. 7. SCHEDULE OF EVENTS

#### 7.1. Schedule

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Sunday 3 Nov 2019	09:00 - 18:00	Registration / Inspection	
Monday 4 Nov 2019	09:00 - 18:00	Registration / Inspection	
Tuesday 5 Nov 2019	12:00	Practice Race	
Tuesday 5 Nov 2019	17:30	Competitors Briefing	
Wednesday 6 Nov 2019	11:00	Fleet Races	
Thursday 7 Nov 2019	11:00	Fleet Races	
Friday 8 Nov 2019	13:30	Fleet Races	
	11:00	Fleet Races	
	14:00	No further warning signals	
Saturday 9 Nov 2019	ASAP	Medallist Media Presentation	
	19:00	Official Awards Ceremony and Dinner at	
		Corniche Hotel (See Attachment D)	

- 7.2. There will be an informal meeting with the PRO for the coaches at 0900 each morning from Tuesday 5 November at the Official Notice Board
- 7.3. On Saturday 9 November there will be no warning signal after 1400
- 7.4. As soon as possible after the last race; all medallists shall present themselves on the main stage at the ADSYC beach for media photo opportunities and interviews.

# 8. FORMAT OF RACING - FLEET RACING SERIES

- 8.1. The Regatta will consist of single series for each Class.
- 8.2. Up to 4 Races are scheduled on each Racing Day, except for the final day (09Nov) on which 3 races are scheduled.
- 8.3. The provisional racing schedule is described in Attachment C.

# 9. CLASS FLAGS

- 9.1. In the Fleet Racing, for 49er, the class flag will be the class insignia on a white background.
- 9.2. In the Fleet Racing for 49erFX, the class flag will be the Class Insignia on a Yellow background.

# 10. RACING AREAS

- 10.1. Attachment B shows the locations of the race area.
- 10.2. All Classes shall race in the same Racing Area, unless amended as in SI 5 and will be posted before flag "D" is displayed (see SI 6.2).
- 10.3. When displaying flag "D"; an additional flag will indicate the race area to be used; Code flag "A" for Area ALPHA and Code flag "C" for Area CHARLIE.
- 10.4. [DP][NP] Boats not racing shall not sail in the course area being used by another fleet.











#### THE COURSES

- 11.1. Attachment A shows the course to be sailed, the order in which the marks are to be passed, the side on which each mark is to be left, and the signals indicating the number of rounds to be sailed.
- 11.2. No later than the warning signal, the race committee signal vessel will display the approximate compass bearing from the race committee signal vessel to Mark 1.
- 11.3. There will be a gate at the leeward marks. A gate may be replaced by a single mark to be left to port

### 12. MARKS

- 12.1. The following marks will be used;
  - Marks 1 and 2 (gate) will be Yellow Tetrahedron Buoys
  - Change of course marks will be Orange Tetrahedron Buoys
  - The Pin End Boat may be replaced by a Yellow Cylindrical Buoy with Orange flag.

#### THE START

- 13.1. The starting line will be between the Orange flag on the Committee Boat and the Orange flag on the Pin End Boat or a Pin End Mark displaying Orange flag.
- 13.2. [DP][NP] Boats whose warning signal has not been made shall avoid the starting area.
- 13.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.
- 13.4. To alert boats that a race or sequence of races will begin soon, the Orange starting line flag will be displayed with ONE sound signal not less than two minutes before the warning signal is displayed.

### 14. CHANGE OF THE NEXT LEG OF THE COURSE

14.1. To change the next leg of the course, the race committee will lay a change mark, which will be as detailed in SI 12. When a new mark is laid, the original mark will be removed as soon as possible.

#### 15. THE FINISH

15.1. The finishing line will be between the Orange flag on the Committee Boat and the Orange flag on the Pin End Boat or a Pin End Mark displaying Orange flag.

### 16. TIME LIMITS

- 16.1. For Fleet Racing the time limits and target times are as follows;
  - Time limit......45 minutes
  - Finish window......15 minutes
  - Target time......30 minutes or as described in Appendix C
- 16.2. Boats failing to finish within the Finish Window (the time after the first boat sails the course and finishes) will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.











### 17. PENALTY SYSTEM

- 17.1. RRS Appendix P, Special procedures for Rule 42, will apply with this amendment: "Second Penalty and Subsequent Penalties".
- 17.2. When a boat is penalized a second time during the Regatta she shall promptly retire. If she fails to do so she shall be disqualified without a hearing and her score shall not be excluded.
- 17.3. RRS 44.1 and RSS P2.1 are changed so that two turns penalty is replaced by one turn penalty.
- 17.4. Penalties for breaches of NOR 18(Insurance), NOR 20 (Media Rights), the ER, Class Rules and Rules in the Notice of Race and Sailing Instructions marked (DP) are at the discretion of the International Jury.
- 17.5. Breaches of rules in the SIs marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 17.6. For breaches of the SIs marked [SP], the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. A boat has been penalized with a standard penalty can neither be protested for the same incident by another boat nor can be request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

# 18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1. Protest forms are available at the Race Office inside the (please mention the place). Protests and requests for redress or reopening shall be delivered there within the protest time limit.
- 18.2. The protest time limit will be posted on the jury notice board located at the Race Office. The protest time limit will be 60 minutes after the last boat of each class has finished the last race of the day or the race committee signals no more racing today, whichever is later. The same time limit applies to protests by the race committee and jury about incidents they observe in the racing area. This time limit also applies to requests for redress. This changes RRS 61.3 and 62.2.
- 18.3. Notices will be posted no later than 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the designated jury room in the ADSYC Main Office. Hearings may start before the scheduled time with the agreement of all parties.
- 18.4. The Race Committee, Technical Committee or International Jury intending to protest a boat under RRS 60.2, 60.3 or 62.4 will comply with RRS 61.1(b) by informing her by posting a notice before the end of the protest time limit.
- 18.5. A list of boats that have been penalized under RRS Appendix P on the water or have been disqualified by the jury will be posted on the official notice board.
- 18.6. For the purposes of RRS 64.3(b) the 'authority responsible' is the Technical Committee appointed by the Organizing Authority.
- 18.7. On the last day of racing of each series, a request for reopening a hearing shall be delivered:
  - i) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
  - ii) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 18.8. On the last day of racing of each series, a request for redress from a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 18.9. The time limit for requests under RRS N1.3(b) is 5 minutes after a party is informed of the decision.

#### 19. INTERNATIONAL JURY

19.1. Decisions of the International Jury will be final as provided in RRS 70.5











#### 20. SCORING

- 20.1. The Low Point System of RRS Appendix A will apply.
- 20.2. For all classes, 3 races are required to be completed to constitute a series.
- 20.3. Discards;
  - i) When 4 or fewer races have been completed, a boat's series score will be the total of her race scores.
  - ii) When 5 to 8 races have been completed, a boat's Series score shall be the total of her race scores excluding her worst score.
  - iii) When 9 or more races have been completed, a boat's series score shall be total of her race scores excluding her worst 2 races.

# 21. [DP] SAFETY

- 21.1. [SP] The Helm or Crew of each boat shall sign-on and sign-off at the registration desk outside the Race Office;
  - i) a) Sign-On shall be done before going afloat to race on each scheduled day.
  - ii) b) Sign-Off shall be done within the protest time limit after returning ashore.
- 21.2. Signatures must be by the Helm or Crew of the boats; signature of a representative is invalid.
- 21.3. [SP] Boats not leaving the harbour for the day's races shall notify the regatta office as soon as possible.
- 21.4. [SP] A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the regatta office as soon as possible after returning ashore.

# 22. REPLACEMENT OF CREW OR EQUIPMENT

- 22.1. Replacement of helm or crew shall require written approval of the PRO.
- 22.2. Request for replacement of helm or crew shall be made to the PRO at the first reasonable opportunity. On Friday 8 November any replacement of helm or crew shall be approved no later than the protest time limit.
- 22.3. Replacement of equipment shall require written approval of the Technical Committee.
- 22.4. Request for replacement of equipment shall be made to the Technical Committee at the first reasonable opportunity. On Friday 8 November. Any replacement equipment shall be approved no later than the protest time limit.

### 23. EQUIPMENT AND MEASUREMENT CHECKS

- 23.1. All boats will be inspected for class rules compliance prior to racing. Boats shall be presented for measurement checks at the times prescribed in SI 7.
- 23.2. In addition, any boat or equipment may be checked for compliance with the class rules and sailing instructions at any time. On the water, a boat can be instructed by the Technical Committee to proceed immediately to a designated area for measurement checks.
- 23.3. Limitations of Equipment.
  - i) Only one set of sails shall be used during the Regatta. The sails shall be presented and stamped during the initial inspection.
  - ii) For 49er & 49erFX only one forestay shall be used during the Regatta. Forestay will be tagged during initial Inspection.
- 23.4. All boats, when not afloat, shall be placed in the official dinghy park.
- 23.5. All boats shall comply with RRS 78.1 from 1300 on the day before their first scheduled race (herein referred as "DAY ZERO").
- 23.6. Non-compliance from 1300 on Day Zero until the start of the first race shall be reported, protested and penalized as if it were discovered after racing on the first day on which races for that boat have been completed. This amends RRS 78.1
- 23.7. The Measurement will start at 1530 on 03 Nov 2019.











#### 24. OFFICIAL BOATS

- 24.1. Official boats will be identified as follows:
  - Race committee boats will display Yellow Flags with "Race Committee"
  - Jury boats will display Yellow Flags with "Jury"
  - Technical Committee boats will display a White Flag with "Measurer"
  - Official Media boats will display Yellow Flags with "Media"
  - Any other boats of the Organizing Authority will display Yellow Flags with "ADSYC"

# 25. [DP][NP] SUPPORT BOATS

- 25.1. Team leaders, coaches and other support personnel shall not be in the area where boats are racing or within 50 metres of any boat racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. This SI does not apply during rescue operations.
- 25.2. At all times while on water, support boats shall display a White Flag with a Number assigned by the Organizing Authority. Support boats and Flag Number assignments will be posted on the Official Notice Board.
- 25.3. Support boats shall comply with the Class Support Boat Regulations.
- 25.4. Support boat passengers shall wear a suitable lifejacket or buoyancy aid. Boat drivers shall correctly wear the Kill-Cord around the leg.
- 25.5. Support boats that are motoring at more than 5 knots shall remain at least 150 metres from any boat that is racing

# 26. [DP][NP] TRASH DISPOSAL

26.1. In addition to RRS 55 trash may be placed aboard support and race committee boats.

# 27. [DP][NP] RADIO COMMUNICATION

- 27.1. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.
- 27.2. The Organizing Authority shall provide each Support Boat with a VHF Radio; Radios must be continuously monitored only on the designated VHF Channel.

# 28. PRIZES AND TITLES

28.1. Prizes will be awarded as follows:

Categories	Awards	Titles
49er Asian Championships	1st - Trophy, Gold Medals	49er Asian Champion
49erFX Asian Championships	2nd - Silver Medals 3rd - Bronze Medals	49erFX Asian Champion

- 28.2. The official awards ceremony will be hosted at Corniche Hotel at 19:30 (See Appendix D)
- 28.3. Additional awards may be presented at the discretion of the Organizing Committee











### 29. DISCLAIMER OF LIABILITY

- 29.1. Competitors and support teams participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 4; Decision to Race. By taking part in the event, each competitor agrees and acknowledges that:
  - i) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such risk;
  - ii) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - iii) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - iv) By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
  - v) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
  - vi) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 29.2. The Organising Authority and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### 30. RIGHTS TO USE NAME AND LIKENESS

30.1. By participating in this regatta competitors automatically grant to the Organizing Authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the regatta, and of all of his or her material related to the regatta, without compensation.

### 31. INSURANCE

- 31.1. Each participating boat shall be insured with valid third-party liability insurance with coverage considering the value of the boats.
- 31.2. The Organizing Authority is not responsible for verifying the status or validity of certificates.











# APPENDIX A COURSES TO BE SAILED

L	COURSE: WINDWARD / LEEWARD		
Signal	Mark Rounding Order		
L2	Start - 1 - 2s/2p - 1 - Finish		
L3	Start - 1 - 2s/2p - 1 - 2s/2p - 1 - Finish		
25 2p			
	Start & Finish		



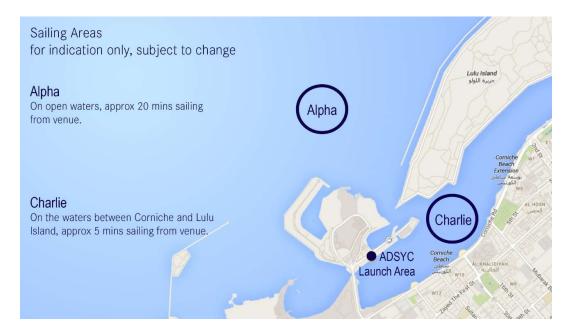








# APPENDIX B SAILING AREAS



# APPENDIX C PROVISIONAL SCHEDULE OF RACES

DATE	TIME	RACE	AREA
Tuesday 5 Nov 2019	12:00	Practice Race	FOR ALL CLASSES AREA ALPHA
Wednesday 6 Nov 2019	11:00 ASAP there after ASAP there after ASAP there after	Race 1 Race 2 Race 3 Race 4	FOR ALL CLASSES As per SI 10.3: "D" over "A" = Area ALPHA "D" over "C" = Area CHARLIE
Thursday 7 Nov 2019	11:00 ASAP there after ASAP there after ASAP there after	Race 5 Race 6 Race 7 Race 8	FOR ALL CLASSES As per SI 10.3: "D" over "A"= Area ALPHA "D" over "C"= Area CHARLIE
Friday 8 Nov 2019	13:30 ASAP there after ASAP there after ASAP there after	Race 9 Race 10 Race 11 Race 12	FOR ALL CLASSES As per SI 10.3: "D" over "A" = Area ALPHA "D" over "C" = Area CHARLIE
Saturday 9 Nov 2019	11:00 ASAP there after ASAP there after 14:00	Race 13 Race 14 Race 15 No further warning signals	FOR ALL CLASSES AREA CHARLIE





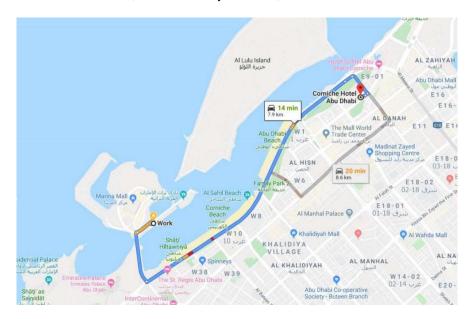






# APPENDIX D OFFICIAL AWARDS CEREMONY AND DINNER

Venue: CORNICHE HOTEL, Khalifa Bin Zayed Street, Abu Dhabi



Transport: The Corniche Hotel is located about 15 – 20 minutes driving from the

Abu Dhabi Sailing & Yacht Club.

The Corniche Hotel is easy to reach by taxi or private car. Valet parking is

available for all guests.

Shuttle Bus: A shuttle bus will be available for all competitors and support staff from leaving

from Abu Dhabi Sailing & Yacht Club directly to Corniche Hotel.

Teams using the shuttle bus will need to change clothing at the club before

departure to the hotel.

Program: 18:30 Shuttle Bus Departure from Abu Dhabi Sailing & Yacht Club

19:00 Welcome19:15 Seating

19:30 Awards Ceremony

20:00 Dinner

Dress Code: Smart Casual, Team Uniforms or National Dress







