



2019 7TH CISM Military World Games 15th-22ND, October 2019
Sailing Instructions
Organised by 7th CISM World Games Organizing Committee (SUMOC)
Wuhan, Hubei, China

1. RULES

- 1.1 The event will be governed by the rules as defined in Racing Rules of Sailing (RRS).
- 1.2 National Authority prescriptions will not apply.
- 1.3 If there is a conflict between the Notice of Race (NoR) and these SIs, the SIs will take precedence. This changes RRS 63.7.
- 1.4 Decisions of the International Jury will be final as provided in RRS 70.5.
- 1.5 In all rules governing this Championship:
 - 1.5.1 [DP] Denotes a rule for which a penalty is applied according to RRS Introduction-Notation.
 - 1.5.2 [NP] denotes a rule that will not be grounds for protests by a boat. This changes RRS 60.1(a).
 - 1.5.3 [SP] denotes a rule for which a standard penalty may be applied by the Race Committee without a hearing This changes RRS 60.2, 63.1 and A5.
- 1.6 [DP] The penalty for a breach of class rules may, at the discretion of the International Jury, be less than a disqualification.
- 1.7 [NP] The infringement of RRS Appendix G, IDENTIFICATION ON SAILS shall not be grounds for protest by a boat.
 - 1.7.1 [NP] [DP] The Women's team boats shall carry a Rhombus as described in the 470 Class rule C10.4a(2) on their main sail. The Mixed Team boats shall not carry any Rhombus insignia on their main sail as described in 470 Class Rule C10.4a(2).
- 1.8 If there is a conflict between languages, the English text will take precedence.

2. [DP] [SP] [NP] CAMERAS AND ELECTRONIC EQUIPMENT

Boats may be required to carry on-board cameras, sound equipment or positioning equipment as specified by the OA.

3. [DP] CODE OF CONDUCT

3.1 Competitors and support persons shall comply with any reasonable requests from a regatta official.

3.2 Competitors shall handle any boats or equipment provided by the OA with proper care and seamanship.

4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at Huxinting Sailing Venue.

5. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted two hours before the first warning signal on the day it will take effect, except that any change to the schedule of races of a day will be posted by 21:00 on the day before it will take effect.

6. SIGNALS MADE ASHORE

6.1. Signals made ashore will be displayed at the official flagpole prominently located near the launching dock.

6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 40 minutes' in race signal AP.

7. SCHEDULE AND FORMAT

7.1 Schedule of races:

Day 1	16 th , Oct		Registration, inspection of boats
Day 2	17 th , Oct	13:00	Practice race
		16:00	Technical meeting at the Conference Room on the 2nd floor, Donghunan Road Sailing Venue
Day 3	18 th , Oct	10:00	First warning signal
Day 4	19 th , Oct	10:00	First warning signal
Day 5	20 th , Oct	10:00	First warning signal
Day 6	21 st , Oct	10:00	First warning signal
Day 7	22 nd , Oct	10:00	First warning signal
		17:00	Prize giving ceremony at the Donghunan Road Sailing Venue
Day 9	23 rd , Oct		Departure

7.2 10 races are scheduled, 2 for each day. If races are not completed as scheduled, one more race may be sailed in the following day.

7.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound for at least five minutes before a warning signal is displayed.

7.4 The first warning signal of each day will be made at 10:00. Technical meeting will be 08:30 near the athletes lounge.

7.5 No warning signal will be made after 13:30 on the last racing day.

8. CLASS FLAGS

470 Women Black 470 insignia on white background

Mixed Black 470 insignia on blue background

9. RACING AREA

Addendum A shows the location of the racing area.

10. THE COURSES

10.1 The diagrams in Addendum B show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10.2 No later than the warning signal, the race committee signal vessel will display the course designation and the approximate compass bearing of the first mark.

11. MARKS

11.1 Marks will be 1,2 meter high black rectangle inflatable buoys.

11.2 The starting marks will be two Race Committee vessels.

11.3 The finishing marks will be two Race Committee Vessels.

11.4 New marks, as provided in SI 13.1, will be orange inflatable buoys.

11.5 If only one gate mark is in position, that mark shall be rounded to port.

11.6 A race committee vessel signaling a change of a leg of the course is a mark as provided by SI13.2

12. THE START

12.1 The starting line will be a line between the flagpoles of the orange flags displayed on the starting marks.

12.2 [DP] [NP] Boats whose warning signal has not been made shall keep clear to leeward of the starting area. The starting area is defined as a rectangle 100 meters from the starting line and marks in all directions. Red inflatable buoys will be laid on the leeward side of the starting line to indicate this area.

12.3 A boat starting later than four minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and RRS A5.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the race committee will

- (a) lay a new mark,
- (b) move the finishing line, or
- (c) move the leeward gate.

When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

13.2 Except at a gate, boats shall pass between the race committee vessel signaling the change of course and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

14. THE FINISH

The finishing line will be between orange flags on the finishing marks.

15. [DP] [NP] PENALTY SYSTEM

15.1 RRS Appendix P, Special Procedures for RRS 42, will apply.

15.2 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

16. TIME LIMITS AND TARGET TIMES

16.1 [NP] Time limits and target time are as follows:

Class	Target Time	Mark1 Time Limit	Time Limit	Finish Window
470	45-50	25	75	10

16.2 [NP] If no boat has passed Mark 1 within the Mark 1 time limit or no boat finishes within the time limit, the race will be abandoned. This changes RRS 35.

16.3 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, RRS A4 and RRS A5.

16.4 Failure to meet the target time will not be ground for redress. This changes RRS 62.1(a).

17. PROTESTS AND REQUESTS FOR REDRESS.

17.1 Add to RRS 61.1(a), "To inform the race committee of the boat(s) being protested, the boat intending to protest shall approach the race committee vessel at the finishing line as soon as possible after finishing or retiring, and shall hail the protested boat(s) sail number(s).

17.2 Protest forms are available at the entry place of the athletes' lounge. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

17.3 For each fleet, the protest time limit is 40 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.

17.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury office located at Huxinting Sailing Venue beginning at the time posted.

17.5 Notices of protests by the Race Committee, Technical Committee or International Jury will be posted to inform boats under RRS 61.1(b).

17.6 A list of boats that have been penalized under Appendix P for breaking RRS 42 and under SI 17.7 will be posted.

17.7 For breaches of a rule marked [SP], the Race Committee may apply a standard penalty without a hearing, or a discretionary penalty may be applied by the International Jury with a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the Race Committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalized with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this race committee action. This changes RRS 60.1, 63.1 and A5.

17.8 When a penalty is given under SI 1.6 or SI 17.7 before a race is started, the penalty will remain if that race is restarted or re-sailed. This changes RRS 36.

17.9 On the last scheduled day of racing, a request for redress based on a Jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17.10 If RRS Appendix N1.4(b) applies, the time limit for requesting a hearing under that rule is 30 minutes after the party was informed of the panel's decision.

18. SCORING

18.1 10 races are scheduled. 1 race is required to validate the event.

18.2 When fewer than 5 races have completed, a boat's series score will be the total of the race scores. When 5 to 10 races have completed, a boat's series score will be the total of her race scores excluding her worst score.

18.3 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the entry place of the athletes' lounge.

19. [DP][NP]SAFETY REGULATIONS

19.1 Personal buoyancy is mandatory when afloat, unless momentarily while changing or adjusting clothes or personal devices. This changes RRS40.

19.2[SP] Competitors shall go to the entry place of the athletes' lounge, signing out and collecting tracking device before launching out. After finishing and coming back ashore, competitors shall go back to the entry place to sign in and hand back the tracking device. A competitor who does not launch out for racing shall inform the Race Office as soon as possible.

19.3[SP] The Race Committee will apply a standard penalty of 2 points for each infringement of SI 19.2. The penalty shall be applied to the race nearest to the incident and no more than 2 points shall be applied to each race. The penalty shall not cause the boat's score to be worse than the score for Did Not Finish. This changes RRS A5.

19.4 [DP]A boat that retires from racing shall notify the Race Committee before leaving the racing area.

19.5 To communicate with the Race Committee, Coach vessels may carry their own VHF radio.

20 [DP] REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of competitors will not be allowed without the prior written approval of the Race Committee.

20.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Technical Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

21. [DP] [NP] EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and SIs.

21.2 On the water, a boat shall act in accordance with any instruction by the Technical Committee to proceed immediately to a designated area for inspection.

22. [DP][NP] ADVERTISEMENT

Boats advertising shall comply with the Advertisement Law of World Sailing Code 20.

23. OFFICIAL VESSELS

Race Committee	white background with "RC" letters flag
International Jury	white background with "IJ" letters flag
Technical Committee	white background with "IT" letters flag
Safety vessel	white background with green "+" flag
Media / Press	white background with "MEDIA" letters flag
VIP	white background with "VIP" letters flag

24. [NP] [DP] SUPPORT VESSELS

Team leaders, coaches and other support vessels shall keep more than 100 meters away from the starting area defined as SI 12.2, as well as 100 meters away from anywhere the boats may be racing from the time of the preparatory signal for the first class of the day until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

25. [DP] [NP] TRASH DISPOSAL

Trash may be placed aboard support and Race Committee vessels.

26. BERTHING

[DP][NP]Boats shall be kept in their assigned places.

27. [DP] [NP] RADIO COMMUNICATION

27.1A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the Race Committee. This restriction also applies to mobile telephones.

27.2 The Race Committee will use VHF 82 for communication.

28. PRIZES AND TITLE

Prizes will be awarded as stated in Notice of Race.

29. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

30. MEDIA RIGHTS AND LIMITATIONS

By participating in this regatta, competitors automatically grant to CISM and the Organizing Authority and any event sponsors, the right in perpetuity to make, use, and show at their discretion,

any photographs, audio and video recordings, and other reproductions of them made at the venue, or on the water from the time of their arrival at the venue, until their final departure, without compensation.

ADDENDUM A RACING AREAS

Add map of area and racing areas

ADDENDUM B THE COURSES

I

Course : Inner Trapezoid

Signal	Mark Rounding Order
12	Start -1 -4s/4p -1 -2 -3p -Finish
13	Start -1 -4s/4p -1- 4s/4p -1 -2 -3p -Finish

O

Course : Outer Trapezoid

Signal	Mark Rounding Order
O2	Start -1 -2 -3s/3p -2 -3p -Finish
O3	Start -1 -2 -3s/3p -2 -3s/3p -2 -3p -Finish