





July 12-15, 2018



Alamitos Bay Yacht Club Long Beach, California, USA



SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The regatta is a World Sailing 100-Point Event. (Pending WS Approval)
- 1.3. The requirements of the Qualifying System as published by the Pan-American Sailing Federation (PASAF 2019 Qualifying System Revised 4 March 2018) shall apply for all boats competing to qualify their countries in the Laser Radial and Laser Standard for the 2019 Pan American Games, Lima, Peru. The 2018 ILCA North American Championship will qualify the top 7 countries (not previously qualified) in the Laser Radial and Laser Standard events. A competitor may qualify a country only if he or she is eligible to represent that country under IOC rules.
 - 1.4. The following prescriptions of US national authority will not apply: 34, 40, 48.1, 60.3, 63.2, 63.4, 63.4(b), 70.5(a), 82, G2. The prescriptions that will apply are stated in full below:
 - 1.4.1. <u>RRS 61.4 Fees for Protests and Requests for Redress</u> US Sailing prescribes that no fees shall be charged for protests or requests for redress.
 - 1.4.2. RRS 67 Damages US Sailing prescribes that:
 - (a) A boat that retires from a race or accepts a penalty does not by that action alone admit liability for damages.
 - (b) A protest committee shall find facts and make decisions only in compliance with the rules. No protest committee or US Sailing Appeals authority shall adjudicate any claim for damages. Such a claim is subject to the jurisdiction of the courts.
 - (c) A basic purpose of the rules is to prevent contact between boats. By participating in an event governed by the rules, a boat agrees that responsibility for damages arising from any breach of the rules shall be based on fault as determined by application of the rules, and that she shall not be governed by the legal doctrine of "assumption of risk" for monetary damages resulting from contact with other boats.
 - 1.4.3. RRS 76.1 Exclusion of Boats or Competitors US Sailing prescribes that an organizing authority or race committee shall not reject or cancel the entry of a boat or exclude a competitor eligible under the Notice of Race and Sailing Instructions for an arbitrary or capricious reason, or for the reason of race, color, national origin, gender, sexual orientation, or age.
- 1.5. In all rules governing this regatta;
 - [DP] denotes a rule for which the penalty is at the discretion of the protest committee;
 - [SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the protest committee with a hearing; and
 - [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).

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2. ADDITIONAL IDENTIFICATION

Where the fleet is divided into flights, each boat shall display a colored band corresponding to the flight to which she was assigned that day. The colored band shall be securely taped to the mast below the gooseneck, where it is clearly visible. [NP]

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at the Alamitos Bay Yacht Club on the Glass Wall facing the boat basin. Except for notices of protests, all official regatta notices will be posted here.
 - 3.2. Notices of protests will be posted on the protest notice board located inside the main clubhouse entrance.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it is to take place.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the flagpole of Alamitos Bay Yacht Club.
- 5.2. When flag AP is displayed ashore. '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

6. FORMAT OF RACING

- 6.1. Depending on the number of registrations, the Laser and / or Laser Radial classes may have split fleets; and then the following will apply:
- 6.2. Boats will sail a qualifying round and during that round they will be assigned to fleets Yellow & Blue, of as nearly as possible equal sizes. The initial fleet assignments will be made by the organizing authority using World Sailing rankings and the North American Grand Prix ranking as guides.
- 6.3. The qualifying round will last two days provided at least 4 races have been completed for each fleet of a class at that time. If 4 races have not been completed, the qualifying round for that class will last three days and the results will be based on the scores earned in the number of races then completed by both fleets.
- 6.4. During the qualifying series, after each day in which one race is completed, boats will be reassigned to fleets based on series scores to date. Reassignments will be made as follows:

Rank in Series	Fleet Assignment
First	Yellow
Second	Blue
Third	Blue
Fourth	Yellow
Fifth	Yellow
and so on	

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If both fleets for a split class have not completed the same number of races, the series scores for assignments will be calculated for those races (numbered in order of completion) completed by both fleets. These assignments will be based on the ranking available at 2000 that day. (The Protest Committee may extend that time limit.)

6.5. At the conclusion of the qualifying series, boats will be assigned to Gold or Silver final-series fleets based on their series scores to date. The two fleets will be of as nearly as possible equal sizes and the Silver fleet will not be larger than the Gold fleet. In the event that one fleet has completed fewer races in the qualifying series than the other, the assignment will be calculated using those races (numbered in order of completion) completed by both fleets. Any extra race(s) completed by one fleet to that point will not be included in the final series scores for either the Gold or Silver fleet.

7. SCHEDULE OF RACES

- 7.1. Dates of Racing
 - 7.1.1. Thursday, July 12, 2018
 - 7.1.2. Friday, July 13, 2018
 - 7.1.3. Saturday, July 14, 2018
 - 7.1.4. Sunday, July 15, 2018
- 7.2. Number of races:
 - 7.2.1. Twelve races are scheduled.
 - 7.2.2. No more than 4 races per day shall be sailed.
- 7.3. The scheduled time of the warning signal for the first race each day will be 1155.
- 7.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 7.5. On the last scheduled day of racing the first warning signal for a race will not be made after 1600.

8. CLASS FLAGS

8.1. Class flags will be:

Class	Flag
Laser Standard	White with a black laser logo Flight flags see SI 8.2 & SI 8.3
Laser Radial	White with black R Flight flags see SI 8.2 & SI 8.3
Laser 4.7	Blue with a black laser logo

- 8.2. If the fleet is divided into flights, the warning signals will be flags whose color corresponds to the flight.
- 8.3. When the fleet is divided into Gold and Silver fleets the warning signals will be:
 - 8.3.1. Gold Fleet = YELLOW flags
 - 8.3.2. Silver Fleet = BLUE flags

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9. RACING AREAS

- 9.1. Location of racing areas will be as shown below.
- 9.2. Racing areas will be posted by 1000 on the day they will take effect.

10. THE COURSES

- 10.1. The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2. The course shall be signaled by placards displayed on the race committee signal vessel.



10.3. No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.

11. MARKS

- 11.1. Marks 1, 1A, 2, 3, 3P, 3S, 4, 4P, 4S, 5 will be yellow inflatable shapes.
- 11.2. New marks, as provided in instruction 13, will be a different color from the original.
- 11.3. The starting and finishing marks will be staffs mounted on whip marks.

12. THE START

- 12.1. The starting line will be between staffs displaying orange flags. One end shall and both ends may be on race committee vessels.
- 12.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]
- 12.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14. THE FINISH

14.1. The finishing line will be between staffs displaying orange flags. One end shall and both ends may be located on race committee vessels.

15. PENALTY SYSTEM

- 15.1. Appendix P "Special Procedures for RRS 42" will apply as changed by SI 15.2.
- 15.2. RRS P2.2 and P2.3 will not apply and RRS P2.1 is changed so that it will apply to all penalties.

16. TIME LIMITS AND TARGET TIMES

16.1. Time limits and target times are as follows:

<u>Time Limit</u>	<u>Mark 1 Time Limit</u>	<u>Target Time</u>
90	30	40

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If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

- 16.2. Boats failing to finish within thirty (30) minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 16.3. In the interest of starting another race in a timely fashion, the race committee may assign a finish position to the last finisher(s) in a class provided that the position(s) can be determined in a reasonable manner. This changes RRS 28, 35, A4 and A5.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. Protest forms are available at the protest desk located inside the main clubhouse entrance.

 Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.2. For each fleet, the protest time limit is 30 minutes after the race committee signal vessel arrives at the dock.
- 17.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. This will constitute notification required by RRS 63.2. Hearings will be held in the protest room, located in the main clubhouse, beginning at the time posted.
- 17.4. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 17.5. A list of boats that, under SI 15, have been penalized for breaking RRS 42 will be posted.
- 17.6. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 17.7. Decisions of the international jury will be final as provided in RRS 70.5.

18. SCORING

- 18.1. Three (3) completed races shall constitute a series.
- 18.2. For a class racing in multiple fleets, these races consist of those qualifying races completed by all fleets and any final races completed by the Gold, Silver fleet. If three races are not completed as scheduled, the qualifying series will be extended to complete them.
 - 18.2.1. If at the end of the qualifying series some boats have more race scores than others, scores for the most recent races will be excluded so that all boats have the same number of race scores.
 - 18.2.2. For the qualifying series, RRS A4.2 is changed so that the scores are based on the number of boats assigned to the largest fleet.
 - 18.2.3. The boats in the Gold fleet will be ranked highest, etc.
- 18.3. Except for race scores excluded under the instruction above, a boat's series score for the regatta will be the total of her race scores from those qualifying races completed by all fleets and her final races, except as follows:
 - a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

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- c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 18.4. For purposes of National Olympic Committee (NOC) qualification for Laser Standard (men), Laser Radial (women) events men and women shall be scored separately.

19. SAFETY REGULATIONS

- 19.1. Competitors shall either wear a US Coast Guard-approved flotation device, or a flotation device that conforms to regulations of their own country. [DP]
- 19.2. A boat that retires from a race shall notify the race committee as soon as reasonably possible. [DP]

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of competitors will not be allowed.
- 20.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee as soon as reasonable possible, which may be after the substitution. [DP]

21. EQUIPMENT AND MEASUREMENT CHECKS

On the water, a boat can be instructed by a member of the race committee or technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected at any time for compliance with the class rules and sailing instructions.

22. EVENT ADVERTISING

22.1. Boats shall display event advertising supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

23. OFFICIAL VESSELS

Official vessels will be marked as follows:

Race committee	R ₫ C
International Jury	JUDGE
Press	PRESS

24. SUPPORT BOATS

- 24.1. Support boats shall register at the race office during the registration period. All support boats will be required to comply with local legislation and event support boat regulations. [DP]
- 24.2. Coaches are required to complete on-site registration and pay the appropriate fee as per NoR 4.2 at the race office or online. [DP]
- 24.3. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have

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finished or retired or the race committee signals a postponement, general recall or abandonment. This rule is not applicable when assisting a boat in distress. [DP]

- 24.4. Support boats shall not pass between an official vessel and a nearby mark or boat. [DP]
- 24.5. Support boats shall display their national letters on a flag or outboard covers. [DP]
- 24.6. Support boats shall display the flag provided by the organizing authority when registering. [DP]
- 24.7. If called upon support boats will be required to act as rescue boats. [DP]
- 24.8. Team leaders, coaches and other on-the-water-support personnel are required to carry a working VHF radio with US channels. [DP]

25. RADIO COMMUNICATIONS

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communications that is not available to all boats. This changes NoR 16. [DP]

26. BERTHING

Boats shall be stored overnight on a public beach in Alamitos Bay adjacent to Alamitos Bay Yacht Club. Security will be provided during the regatta. [NP] [DP]

27. PRIZES

Prizes will be awarded in accordance with the Notice of Race.

28. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

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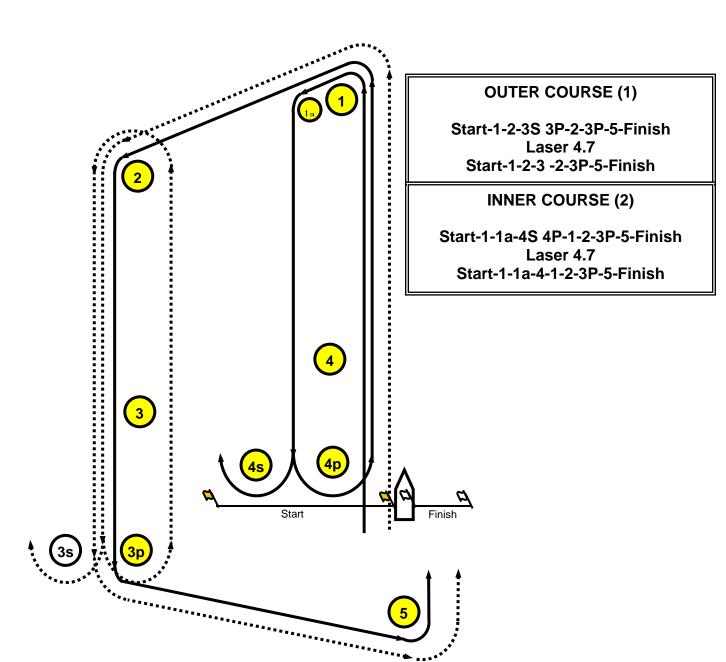
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ATTACHMENT A



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