



RACE OFFICIALS COMMITTEE STANDARD SAILING INSTRUCTIONS

PREAMBLE

This Standard Sailing Instructions will be mandatorily used in National competition races (Portuguese Championships, National Championships, National Qualification Events and other events that grant national titles) and for international events held in Portugal, except for World Sailing exclusive events. They can be used in other events.

In order to use this Sailing Instructions, the following must be stated in the Notice of Race: "The Standard Sailing Instructions published by the FPV Race Officials Council, must be posted on the Official Notice Board during the event."

The Standard Sailing Instructions consist of two parts:

Part I (Base) which contains the Instructions that apply to all events.

Part II (Supplement) which contains the Instructions that vary in each event.

The principles on which the Sailing Instructions are based are as follows:

- They should only include two types of provisions: the intentions of the Race and Protest Committees and the obligations of competitors;
- **Must refer exclusively to the competition.** Information about other events: social events, list of sponsors, accommodation and camping facilities, availability of food, mooring and/or storage, repair of sails and boats, nautical material suppliers, etc. **they must be indicated in the Notice of Race** or on separate sheets of the Sailing Instructions;
- Shall not change the Racing Rules unless clearly desirable. If changed, they must comply with RRS 86 and **must be previously approved by the FPV Race Officials Council**, except for the Instructions specified in the Supplement with numbers S1.5, to S30 which may be changed directly by the Race Officer in case of need and must be mentioned and justified in the Report to be sent to the FPV Race Officials Council after the event.





RACE OFFICIALS COMMITTEE

STANDARD SAILING INSTRUCTIONS

Part I – Base

1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and FPV Sports Regulations;
- 1.2 Other documents that rule this event:
- a) Will be posted on the Official Notice Board (ONB), or
 - b) Will be distributed to all competitors at registration confirmation;
- 1.3 In all Rules governing this event:
- a) Both terms “**Competitor**” or “**Sailor**” mean: a person who races or intends to race in the event and “**Participator**” is that one who started one race at least once in the event;
 - b) **(DP)** denotes the penalty for a breach of that rule can be at the discretion of the protest committee (PC);
 - c) **(SP)** denotes a rule for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the protest committee with a hearing, and
 - d) **(NP)** denotes a rule that shall not be grounds for protests by a boat - this changes RRS 60.1(a);
- 1.4 If there is a conflict, Sailing Instructions will take precedence over the Notice of Race (NoR) - this changes RRS 63.7;
- 1.5 RRS Appendix P, Special Procedures for Rule 42 will apply if noticed in the “**Supplement**”.

2 NOTICES TO COMPETITORS

- 2.1 All Notices to competitors will be posted on the Official Notice Board. The **Supplement** of these Sailing Instructions will be posted on the Official Notice Board and one copy shall be delivered to each competitor (or to the coach of each team) on request;
- 2.2 The location of the race office, the ONB, the flag pole and the hearings room, will be mentioned in the **Supplement**;
- 2.3 The Race Committee (RC) and Protest Committee (PC) will post on the Official Notice Board their intention to Protest. This Notice complies with the obligation to inform the protestee, if it is posted within the protest time limit. Flag ‘L’ will not be displayed - this changes RRS 61.1(b) and Race Signals;

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions will be posted at least two hours prior to the scheduled time for the first start of the day on which this amendment takes effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flag pole;
- 4.2 If Flag AP is displayed ashore it means: “Races not already started will



be postponed. A signal will be given displayed 1 minute after this signal is lowered” - this changes RRS Race Signals;

4.3 While flag “D” is not displayed, boats should mandatory remain in the place indicated in the **Supplement**. No warning signal can be given within **60** minutes (or another time interval if changed in the **Supplement**) after this flag has been displayed.

5 SCHEDULE OF RACES

5.1 The **Supplement** includes a schedule of times/dates/event and the scheduled number of races, the daily time for the first race and the time limit for the last warning signal on the last scheduled day of racing;

5.2 Except in exceptional cases, **previously authorized by the CA/FPV (Race Officials & Racing Rules Committee)**, no more than **3 races** shall be raced **per day**.

This rule does not apply to Radio Sailing racing and Windsurfing.

6 CLASS FLAGS

6.1 The **Supplement** will include a description of the Class Flags.

7 THE COURSES

7.1 If there is more than one course, no later than the warning signal, the race committee signal vessel will display which course described in the **Supplement** (S14) will be used and may display the approximate compass bearing of the first leg;

7.2 The courses can be shortened, provided that at least three legs are completed - this changes RRS 32;

7.3 In the national events of the FPV strategic classes, other non-strategic classes may not participate in the same race course without CA/FPV’s prior authorization (FPV’s Sport Regulations article 5.4.5).

8. MARKS

8.1 A list of marks to be used, including a description of each, will be provided in the **Supplement**;

8.2 The start or finish marks may be replaced by a race committee vessel, anchored and properly identified with a flagpole and flag, in accordance with Instructions 9.2 or 11.1;

8.3 In a gate, both marks can be replaced by a single one, which must be rounded the same side as the other marks of the course.

9 THE START

9.1 Races will be started using RRS 26;

9.2 The starting line will be between a staff on the race committee vessel displaying an orange flag and when not applicable the Instruction 8.2, the course side of the starting mark;

9.3 (DP) When there is more than one class to start, boats whose warning signal has not yet been made, shall avoid the starting area during the starting sequences of the other classes. The starting area is defined as the area around the starting line up to the distance of 50 meters;

9.4 In order to alert competitors that a start sequence will start soon, the orange start flag will be displayed with an audible signal, up to 5 minutes before the warning signal;

9.5 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing - this changes RRS A4 and A5.



10 CHANGE OF THE NEXT LEG OF THE COURSE

10.1 In order to change the next leg of the course, the Race Committee (a) will lay a new mark, (b) move the finishing line or (c) move the leeward gate. When a new mark is lay, the original will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11 THE FINISH

11.1 The finishing line will be set between a staff displaying a blue flag on the race committee vessel and when Instruction 8.2 is not applicable, the course side-of the finishing mark.

12 TIME LIMITS AND TARGET TIMES

12.1 The *Supplement* will set time limits;

a) Mark 1 Time Limit. Time limit for the first boat to pass Mark 1;

b) Race Time Limit. Time limit for the first boat to sail the course and finish;

c) Time Limit to Finish. Time limit for boats to finish after the first boat has sailed the course and finish;

12.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned;

12.3 Boats failing to finish within Time Limit to Finish, will be scored Did Not Finish without a hearing - this changes RRS 35, A4 and A5;

12.4 In case of Target Times being indicated, they will be approximate times as a recommendation to the race committee and will not be grounds for redress - this changes RRS 62.1(a).

13 PROTESTS AND REQUESTS FOR REDRESS

13.1 In addition to the requirements of RRS 61.1(a), a protesting boat may notify the RC finish vessel immediately after crossing the finish line, informing her of the sail number of the protested boat;

13.2 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered at the Race Office within the appropriate time limit;

13.3 For each class the protest time limit is **60** minutes (or an another time interval of time if changed in the *Supplement*) after the finish of the last boat in the last race of the day or from the moment a Postponement is made for the following day or a last race Abandoned if it is on the last day of the event;

13.4 Notices will be posted no later than 30 minutes after the protest time limit, to inform competitors of hearings in which they are parties or named as witnesses, as well to inform hearing's time schedule;

13.5 The Race Committee (RC) and Protest Committee (PC) will post on the Official Notice Board their intention to Protest. This Notice complies with the obligation to inform the protestee, if it is posted within the protest time limit. Flag 'L' will not be displayed - this changes RRS 61.1(b) and Race Signals;

13.6 A list of boats that have been penalized for breaking RRS 42 will be posted, if Appendix P is applied (Sailing Instructions 1.5);

13.7 The penalties for infractions to the Class Rules, Sailing Instructions (SI) or Notice of Race (NoR), marked with [DP] or [SP], if they have a hearing, will be at the discretion of the Protest Committee (PC). The Score Abbreviation for a Discretionary penalty imposed under this Instruction will be DPI, unless the penalty is a DSQ or DNE;



13.8 [NP] [DP] One boat that take a Penalty or retires under RRS 44.1, must fill an Infringement Recognition Form available at the Race Office, within the Time Limit to Protest.

14 THE COURSES

14.1 The course diagrams will be described in the **Supplement**, showing the course, the order to pass each mark and the side by which each mark shall be left.

15 SCORING

15.1 The required number of races to constitute a series, will be stated in the **Supplement**;

15.2 The minimum required number of participating boats to constitute a series, is stated in FPV's Sport Regulations article 5.4.3;

15.3 A boat's series score will be the total of her races score, excluding her worst score, except when less than 4 races are completed, in which case the score will be the total of her scores in the races completed. In events with a large number of races the **Supplement** may denote a greater number of discards;

15.4 To request the correction of an alleged scoring error, competitors must complete the Request for Revision of Results Form, which can be obtained from the Race Office, before the end of the Protest Time Limit or within 30 minutes of becoming aware of the error.

16 PENALTY SYSTEM

16.1 For the twin-hull, 49er, SB20, Dragon, Sharpie 12m2 and Vouga Classes, RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty;

16.2 The RRS P2.2 applies to any penalty after the first penalty and RRS P2.3 does not apply - this changes RRS P2.

17 [NP] [DP] SAFETY REGULATIONS

17.1 A boat that retires from a race shall notify the race committee as soon as possible;

17.2 During the races, the person in charge of safety is the Race Officer and all boats sailing in or around the race course should report to him, or someone designated by him; the Race Officer is given sufficient authority to conduct all safety operations;

17.3 In an emergency situation, one vessel of the RC will display flag "B" and all boats stated in SI 22, may enter the racing area, defined in these Sailing Instructions, providing whatever support is necessary to any competitor or a person in danger, always under the coordination of the RC. The racing area is defined as indicated in the Instructions 22.5 and 22.6;

17.4 Boats not leaving to the race course, should inform as soon as possible, the Race Office, signing the respective Declaration;

17.5 [NP] [SP] CHECK-IN/OUT – if the check-in and check-out control procedure is to be adopted, it will be described in the **Supplement** and changes RRS 63.1;

17.6 The RC, the PC and the Measurer, reserves the right to assist any boat that is considered to be in danger and to need assistance, regardless of the sailor's wishes. Any boat that has received external assistance when racing, must retired immediately from that race. Any aid provided under this Instruction shall not be grounds to Request for Redress, whether it has been requested or not – this changes RRS 62.1(a).



18 REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors will not be allowed without prior written approval of the RC;

18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the Measurer or in his absence by the RC. Requests for substitution shall be made in writing at the Race Office at the first reasonable opportunity.

19 EQUIPMENT AND MEASUREMENT CHECKS

19.1 A boat or equipment may be inspected or measured at any time to check compliance to the Rules. On the water, a boat can be instructed by a Measurer to proceed immediately to a designated area for inspection;

19.2 Accordingly with RRS G3, a borrowed or chartered boat for the event, may use the letters of nationality or sail number in contravention to the Class Rules. This requires prior approval by the RC, whose request must be made in time by the skipper's in charge of the boat and must be properly justified. Requests and decisions will be later published on the Official Notice Board (ONB).

20 [NP] [SP] EVENT ADVERTISING

20.1 Boats shall display event advertising if supplied by the organizing authority, in accordance with World Sailing Regulation 20.4.1.

21 OFFICIAL AND ACCREDITED BOATS - IDENTIFICATION

21.1 Official boats shall be identified as follows:

- Race Committee – White Flag with the inscription "CR";
- Protest Committee - White Flag with the inscription "Jury";
- Press – White Flag with the inscription "Press".

Any change to the above, must be indicated in the Supplement.

22 (NP) (DP) BOATS OF TEAM'S SUPPORTING PERSONS

22.1 All boats with teams Support Persons, must previously register at the Race Office, filling in the respective form and must be properly identified by a clearly displayed and located numbered flag supplied by the Organizing Authority or by the flag of the club to which they belong;

22.2 From the warning signal for the first class to start and until all boats finish, retire or a postponement be signalized, a general recall or abandonment, boats with Support Persons are not allowed to enter into the race course without prior approval of the RC. It is allowed that boats with Support People may move on the periphery of the race course, provided they do not interfere with boats when racing or Organizing Authority official vessels, RC or PC, or do not create waves that can affect boats when racing;

22.3 Where an member of the RC, PC or the Measurer finds that a boat with Team Support Persons is infringing this instruction or that is spoiling the progress of the event, he or she will inform that vessel's skipper who shall immediately comply with the instructions given to him;

22.4 The RC, being the entity that manages the sea safety operations during the event, may request any boat with Team Support Persons duly registered and identified to intervene at any emergency situations;

22.5 In addition to the above described, no boat with Support Persons shall stay less than 50 meters of any boat when racing and always a support boat that is speeding above 5 knots, must keep clear a minimum distance of 100 meters of any boat when racing;



- 22.6** Boats with Team Support Persons should not be positioned:
- a)** After the warning signal, not less than 100 meters on the leeward of the starting line and its extensions;
 - b)** Between a boat when racing and the next mark of the course;
 - c)** Less than 50 meters of one course mark, from the moment the boats approach to pass it;
 - d)** Less than 50 meters of the finish line and their marks when the boats are finishing.

23. [NP] CODE OF CONDUCT

23.1 The competitors, team leaders and other teams Support Persons, shall comply with any reasonable request by any member of the Organizing Authority (AO), RC, PC or Measurer;

23.2 Code of Ethics – The competitors in the event, Support Persons, Accompanying Persons, Sport Officials, Jurys and everyone involved in the Event, shall comply with and enforce the principles defined in the Code of Ethics published by FPV.

24. PRIZES

24.1 Prizes will be given as defined in the NoR.

25. RADIO COMMUNICATION

25.1 Except in an emergency or when Class Rules allowed it, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

26. DISCLAIMER OF LIABILITY

Competitors and Support Persons participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Sailing is by nature an unpredictable sport and therefore it involves elements of risk. By participating in the event, each competitor agrees and acknowledges that:

- a)** Is aware of the risk involved in this sport and accepts the responsibility for exposing himself, his crew and his boat to the inherent risk while participating in the event;
- b)** Is responsible for the safety of himself, his crew, his boat and any other property, whether on board or ashore;
- c)** Accept liability for any damage or loss, to the extent that it is caused by your own actions or omissions;
- d)** When participating in any race, you are convinced that your boat is in good condition, equipped to sail and therefore is able to participate;
- e)** The existence of a RC, support boats or security, Jurys and other officers and volunteers belonging to the Organizing Authority does not exempt him from his own responsibilities;
- f)** Support and safety boats are a limited assistance particularly in difficult weather conditions;
- g)** Will be aware of any site-specific hazards, and will adhere to the rules and information produced for the venue and that will participate in all security meetings of the event.



27. INSURANCE

27.1 Each participating boat shall be insured with a valid Third Party Liability Insurance by accident or a series of accidents resulting from the same event, with a minimum value of €250,000,00 regardless of the number of victims or the nature of the damage.

28. CONSENT OF IMAGES

28.1 Team leaders, coaches and all other support persons as well as the registered competitors, accept that they may be photographed or filmed and that with his consent, such images may be used or published by the OA, the FPV, his sponsors or media, together with the names of competitors or not, without any kind of compensation rights or images approval or their use in the future.

29. CAMERAS AND ELECTRONIC EQUIPMENT

29.1 The Organizing Authority may require the installation of cameras, sound systems or satellite positioning system or any other electronic equipment on all or some boats;

29.2 The use of cameras by competitors will only be permitted upon written request and authorization of the CR. Copy of these documents must be affixed to the ONB.

30. EVENT FORMAT

30.1 The Event may be disputed by groups, if so indicated in the *Supplement*.

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CA/FPV (Race Officials & Racing Rules Committee)

