LDC 2000 Rigging Guide

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1. INTRODUCTION

Congratulations on the purchase of your new LDC 2000 and thank you for

choosing an RS product. We are confident that you will have many hours of

great sailing and racing in this truly excellent design.

The LDC 2000 is an exciting boat to sail and offers fantastic performance.

This manual has been compiled to help you to gain the maximum enjoyment

from your LDC 2000, in a safe manner. It contains details of the craft, the

equipment supplied or fitted, its systems, and information on its safe operation

and maintenance. Please read this manual carefully and be sure that you

understand its contents before using your LDC 2000. For safety information

concerning the CE certification please refer to the Owners Manual provided

with the boat.

This manual will not instruct you in boating safety or seamanship. If this is

your first boat, or if you are changing to a type of craft that you are not familiar

with, for your own safety and comfort, please ensure that you have adequate

experience before assuming command of the craft. If you are unsure, RS,

your RS dealer, or your national sailing federation – for example, the Royal

Yachting Association – will be able to advise you of a local sailing school, or a

competent instructor.

Please keep this manual in a secure place and hand it over to the new

owner if you sell the boat.

For further information, spares, and accessories, please contact:

RS Sailing

Premier Way

Abbey Park

Romsey

Hants SO51 9DQ

Tel.: +44(0)1794 526760

Fax: +44(0)1794 278418

E-mail: www.info@rssailing.com

For details on your local RS dealer, please visit www.rssailing.com

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2. LDC 2000 TECHNICAL DATA

Length Overall (LOA):	4.44 m	14'7"
Beam:	1.77 m	5' 9"
Hull Weight:	130 kg	275 lb
Mainsail:	8.66 m ²	93.2ft²
Jib:	3.04 m ²	32.72ft²
Gennnaker:	10.12 m ²	108.93ft ²

3. COMMISSIONING

3.1 Preparation

Your LDC 2000 comes complete with all the components necessary to take the boat sailing. In order to commission it, you will need the following tools:

- Pliers or a shackle key
- Small, flat-bladed screw driver
- Small Pozidrive screwdriver (PZ 2)
- 8mm Spanner
- PVC electrician's tape

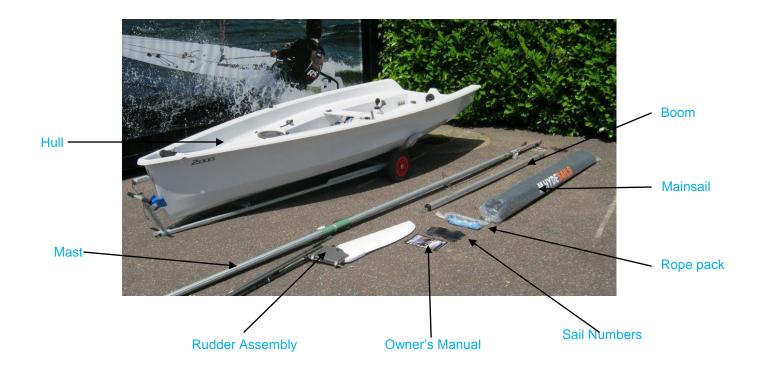
DO NOT use a knife or other sharp object to cut through packaging containing parts – you may damage the contents!

Whilst your LDC 2000 has been carefully prepared, it is important that new owners should check that shackles and knots are tight. This is especially important when the boat is new, as travelling can loosen seemingly tight fittings and knots. It is also important to check such items prior to sailing regularly.

3.2 Unpacking

Having unpacked your LDC 2000, you should check that you have all of the items listed below before throwing away any of the packing, as there may be some small items still wrapped.

- 1 x LDC 2000 hull
- 1 x mast
- 1 x boom
- 1 x rudder and rudder stock, with tiller extension
- 1 x main sail
- 1 x jib
- 1 x gennaker
- 1 x rope pack consisting of:







3.3 Rigging the Mast

To complete this section you will require:

- The mast
- A flat-bladed screw driver, pozidrive screwdriver and a 8mm spanner

Fitting the Spreaders

It is worth taking time to ensure that this section is completed correctly. Improperly fitted spreaders will result in strange sailing characteristics, and may even result in failure of the mast.

- 1. Carefully unpack the spreaders from the top of the mast, being sure not to damage or lose any of the securing split rings.
- 2. Unwind the shrouds and forestay from around the mast, and unwrap from the packaging.



3. Connect the Shrouds to the lower key hole in the mast

To fit the spreaders

 inboard end, refer to the
 table below and the Selden

 Vernier Adjustment
 Instructions page.



Note: This is a starting place for rig settings. It will provide the mast with sufficient support for general sailing. Contact Class Association members for more detailed settings for racing.

Class	Bracket Connection Pin		Outer End		
	Primary	Adjuster	End cap pos'n	Wire Dia.	Visible Holes
LDC 2000	Aft	1A	Aft	3.0mm	0



5. Adjust the spreader outboard end and shroud according to the table and the Selden Instructions page.

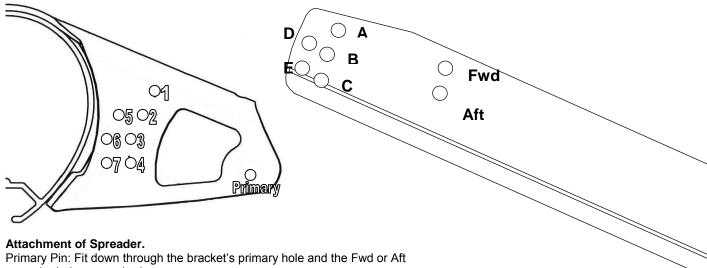
 Finally, tape up all the securing pins and rings both inboard and outboard to prevent them from being damaged, or from damaging the gennaker.



7. If a trapeze pack is to be fitted. Connect the wire T terminals to the upper key hole in the mast **now** before you step the mast.

Vernier Adjust Spreader Instructions



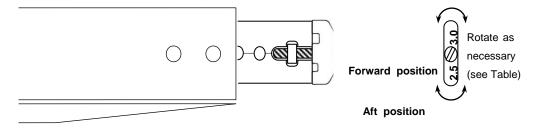


spreader hole as required.

Adjuster Pin: Fit down through a hole 1 to 4, and through A to C or through a hole 5 to 7,

and through D to E.

Please see the table on the previous page for the specific positions.



Spreader Ends

Spreader End Cap:

The spreader end cap incorporates two shroud wire slots to give a tight grip on either 2.5 or 3mm wire. The sizes are identified on the front face of the end cap (See diagram above). To find which wire slot you require for your mast, please see the table below.

The end cap can also be rotated so that the shroud can be positioned at either the forward or aft position of the spreader end (see diagram above). To find out which position is required for your mast, please see the table below.

To attach the shroud, slacken the end screw, rotate the end clamp if necessary, then insert the shroud. Ensure that the shroud is tensioned between T-Terminal and spreader tip, then tighten the screw firmly. This method "locks in" the dihedral angle.

Length Adjustment:

The position is described by the number of adjustment holes visible (e.g. In the diagram above there are 1 ½ holes visible). Please see the table above for your class specific positions.

Security

All clevis pins must be fitted with the flat head on top, and locked with a split ring. Tape all split rings, pins and the outboard end of the spreader extrusion. This will reduce chafe on the mainsail and prevent flailing sails/halyards becoming damaged.

Self-amalgamating tape is best, but pvc electrical tape is an adequate alternative.

3.4 Stepping the Mast

WARNING

Before stepping the mast, check that you are not in the vicinity of overhead power cables.

WARNING

Do not tow your boat behind a car with the mast up

WARNING

The 2000 **must not** be sailed with tension on the forestay. Rig tension **must** be taken on the jib **before** the hoisting the main sail as the forestay is only designed to support the mast when the boat is in the dinghy park.

Before stepping the mast, familiarise yourself with how the "foot" (bottom end) of the mast will fit into the "step" (fitted to the boat).

The mast foot has two rectangular blocks on the bottom, separated by a groove. Both of these blocks will fit between the bolt at the front of the mast step, and the bolt at the back.



You will need two people to step the mast as one will need to hold the mast upright while the other connects the Shrouds and Forestay.

Stepping the Mast

- Secure the forestay to the boat by passing the white line through the small eye on the port bow. Bring the line back up to the eye in the wire pass it through the eye and secure with a couple of half hitches around the rope cascade.
- 2. Ensure that the mast step is free from any blocks or rope that will prevent the foot engaging with the step.
- 3. Remove the pins from the shroud verniers and put in a safe place close to hand.
- 4. The stronger of the two people should lift the mast vertically (watching out for overhead obstructions). And stand alongside the boat next to the mast step.
- Hold the mast in its
 vertical position and lift it
 over the gunwale and
 correctly position the
 mast foot in the mast
 step.





6. The second person should now fix the shrouds to the verniers using the pins and split rings that were removed

in step 3. Use the 3rd hole down on the back of the vernier.

7. Tighten the forestay and secure as shown

REMEMBER

Check that both ends of the main halyard, jib halyard, and gennaker halyard are tied off at the bottom end of the mast so that they are within easy reach when the mast is stepped.

REMEMBER

If the wind is blowing, there will be a lot of pressure at the top of the mast making it wave around. Consider finding additional people to help you if you feel you will struggle!



3.5 Rigging the Trapeze

Note: The LDC 2000 Trapeze pack is not standard fitment and its use whilst racing is currently not sanctioned by the 2000 class association.

The lowers must be fitted before the trapeze is used.

- Fit the trapeze T terminal into the highest position on the mast above the shrouds.
- 2. Make sure the wires hang on the cockpit side of the spreaders.
- 3. Remove the Spinnaker ratchets and their shackle from the shroud U bolt.



 Apply the Grip tape to the gunwale edge. Start approximately 200mm in front of the shrouds.
 Before fixing in place and make sure the area is clean and dry.

5. Fix the larger Bow shackle (provided in the Trapeze pack) to the Shroud U bolt. Make sure the lower shroud is attached before inserting the pin and tighten.



6. Reattach the spinnaker sheet ratchet to the new Bow shackle.



7. Locate the two pieces of elastic in the pack and attach them to the 'P' clip on the tack bar

8. Pass the free end of the elastic through the new Bow shackle fitted to the shroud U bolt (cockpit to gunwale direction) and tie a Bowline.



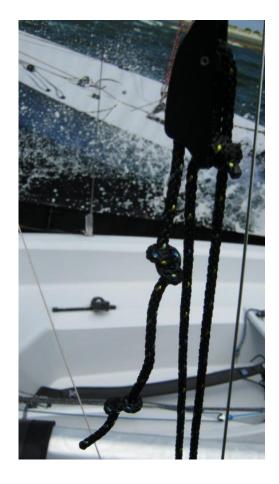
9. To attach the trapeze ring to the elastic. Pass the loop through the eye at bottom of the block.





Loop the elastic over the metal trapeze ring and pull tight.

11. Tie two stopper knots in the tail of the adjusting rope approximately 150mm apart





12. Loosely attach the rope ends of the lower shrouds to the D ring on the front of the mast just above the boom.

13. Do not pull the lover shrouds tight until the jib has been hoisted and the rig tension applied.

3.5 Rigging the Boom

1. Unpack the boom



Attach the boom to the mast

Affix the lower vang purchase to the ring on the mast step as shown.





 Attach the upper Kicker to the boom as shown.
 Making sure the cascade is not twisted.

Find the mainsheet and tie
 the mainsheet onto the
 Becket of the block on the
 mainsheet bridal.



6. Pass the mainsheet through the blocks and ratchet as shown. The rope passes through the block in the direction of the arrow and then into the cleat





 Kicker control line is the aft cleat on the thwart and Cunningham is the forward cleat

3.6 The Jib

To complete this section, you will require:

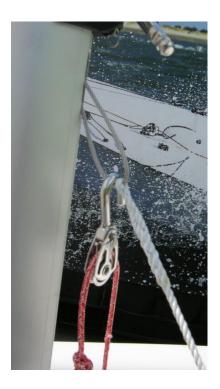
- The jib
- The jib sheets
- The top furling unit and shackle
- Ensure that the furling unit is fully charged.
 Unroll the jib and connect the tack of the sail to the shackle attached to the lower furling unit on the tack bar



2. The top furling unit is attached to the wire end of the jib halyard, using a shackle



 Use Electrical PVC tape around the top and bottom Jib Fittings to reduce the chance of spinnaker snagging.



 Pull the halyard at the base of the mast to hoist the jib. When the jib halyard is pulled all the way up, a wire loop will emerge from the mast.

5. Hook the rig tension to this wire loop and then pull the rig tension on, ensuring that it is in the cleat properly. You should pull enough tension into the rig so that the shrouds feel firm to the touch.



Note: If a Loose Gauge is available. Do NOT exceed 24 Units or 150Kg – measured 0.75 meters above the vernier adjuster.

6. Find the middle of the jib sheet and pass it through the clew of the jib and pull through 150mm of loop through. Now pass the two loose ends of the jib sheet through the loop and pull tight.



7. Pass the loose ends of the sheet through the jib cleats on either side of the boat and join the two ends as shown.





8. Tidy away the halyard into the pocket on the Gennaker sock.





9. Furl the jib away by pulling on the furling line and cleat.

3.7 The Mainsail

To complete this section you will need:

- The Main Sail
- The Boom rigged and connected to the boat
- Main Halyard
- Find the mainsail and remove it from its bag. New sails can be awkward to handle when new and an extra pair of hands can be useful. Lay it in the boat with the luff (a bolt rope sewn into the leading edge) closest to the mast and the leach towards the transom.
- 2. Check the battens are correctly located and tight in their pockets.
- Position the boat head to wind (bow pointing straight into the wind)
- Make sure the main halyard is free of twists and is clear of the spreaders.



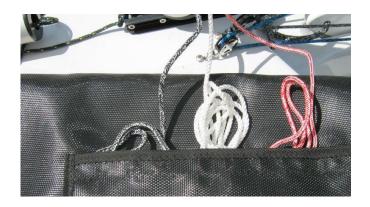
5. Tie the halyard to the head of the mainsail using a Bowline.



 Locate the bolt rope on the head of the Mainsail into the mast track 7. Hoist the Mainsail using the Main Halyard. This is a two person job. One pulls the halyard whilst the other 'feeds' the bolt rope into the mast track. Care taken at this point will extend the life of the mainsail.

Note: When hoisting DO NOT place the rope in the cleat. This will 'burn' the cleat out very quickly. Only place the rope in the cleat when pausing for time or the sail is full hoisted.





8. Once fully hoisted tidy away the halyard into the pocket on the spinnaker chute.

Slide the black plastic slug on the mainsail clew into the track on the boom.





10. Pass the Out Haul line through the bottom eye in the Mainsail Clew from the port side to the Starboard side. Tie a simple half hitch in the end and secure it under the slot in the boom end casting.

11. Pass the tail of the Cunningham system through the lowest mainsail cringle.

12. Tie a half hitch in the end of the rope and insert into the mast track below the goose neck. Pull sharply upwards to locate the knot in the track.





3.8 Reefing the Mainsail

The combination of wind strength and crew experience sometimes leads to the prudent decision to reef the mainsail:

- 1. Ease off the Cunningham control line and remove the tail from the lower mainsail cringle.
- 2. Remove the outhaul from the mainsail tack cringle.
- 3. Remove the mainsail clew slug slider from the boom track
- Lower the mainsail
 until the upper
 reefing tack cringle is
 100mm above the
 gooseneck.



- 5. Roll the sail tightly from the foot on the port side.
- 6. Refit the original clew slider back into the boom track followed by the reefing point slug slide.



8. Thread the Cunningham through the luff cringles and re locate the knot in the track under the gooseneck.





9. Pull on the main halyard to apply tension to the Mainsail luff as required.

3.9 The Gennaker

For this operation you need:

- Gennaker (Spinnaker) Halyard
- Gennaker
- Gennaker Sheets
- The spinnaker Halyard exits the base of the mast on the Starboard side. Pass it the through the turning block located next to the mast foot.





2. Lift the spinnaker sock and pass the rope through the floating pole out haul block.

Take the halyard back to the base of the mast and pass it through the Spinlock.



 Pass the halyard through the floating block located at the rear of the spinnaker chute.



5. Thread the halyard up the inside of the spinnaker chute using a batten or tiller extension.



6. From the front of the spinnaker chute take the halyard and secure it to the tack bar.

7. Find the top (Head) of the gennaker and tie the uphaul end of the Spinnaker using a bowline.





8. Find the gennaker Tack patch and secure the tack line (line coming out of the end of the gennaker pole) using a bowline.

Until the downhaul side
 of the halyard from the
 tack bar and pass the
 end through the lower
 patch in the spinnaker.



10. Secure the down haul end onto the downhaul patch using a bowline.



11. Find the Clew of the sail and secure the spinnaker sheets

12. Pass the free end of the sheets either side of the jib luff and through the spinnaker sheet ratchets on either side of the boat. Pass the rope through in the direction of the arrow.





13. Tie the ends of the spinnaker sheet together using the same method used for the jib sheets.

- 14. If wind conditions allow. Position the boat so it points directly down wind and hoist the spinnaker. Take care that the spinnaker does not snag on the trolley. A second person can help with this. Pull the sail up slowly. Do not force the sail if it becomes snagged, tangled or tight. Once hoisted check the sheets are correctly routed around the front of the jib and not tangled with the halyard.
- 15. To drop pull the slack out of the downhaul by pulling from behind the block located at the rear of the sock. Un-cleat the halyard and slowly pull the spinnaker into the spinnaker sock. A second person can help gather the sail and prevent it snagging.

3.10 The Rudder



4. SAILING HINTS

4.1 Introduction

The LDC 2000 is a very rewarding boat to sail – to fully appreciate its handling; you should be comfortable with the basic techniques of sailing small boats. If you lack confidence or feel that a refresher is in order, there are many approved sailing schools which use the LDC 2000.

While we offer you a few hints to aid your enjoyment of your new boat, they should not be considered as a substitute for an approved course in dinghy sailing. In order to build your confidence and familiarise yourself with your new boat, we recommend that you choose a fairly quiet day with a steady wind for your first outing.

4.2 Launching

With the sails fully hoisted, attach the rudder to the transom. The boat should be wheeled into the water, keeping it head to wind as far as possible. If you have a crew, s/he can hold the boat head to wind whilst the trolley is stowed ashore.

TOP TIP

If the tide is coming in as you launch, make sure that you leave the trolley far enough up the beach that it will not be swept away.

4.3 Leaving the Beach

The easiest way to get going is for the helm to hop aboard while the crew holds the boat. The helm should put a little centreboard down, then move back to his normal position, and pull gently on the rudder downhaul to lower some of the rudder blade. Then, s/he may instruct the crew to push the bow off the wind and climb in. The crew will then lower the centreboard as depth allows. As soon as the water is deep enough, the centreboard should be fully lowered.

Top Tip

If you are using the jib, pulling this sail in as you leave the beach will ensure that the bow continues to swing away from the direction that the wind is blowing from.

As soon the water is deep enough, make sure that you lower the rudder blade fully by pulling hard on the rudder downhaul. You will know it is fully down if you feel a gentle "thud" as the front face of the blade hits the front face of the stock. Cleat the downhaul and tidy it by winding it around the tiller. Pull the sail in and you are away!

For the best performance, you should ensure that you and your crew position yourselves so that the boat is sailing through the water as flat as possible.

Watch the trim (fore and aft) and the heel. The boat should always be sailed as upright as possible.

Top Tip

As a general rule, sit further forward in lighter winds and further aft in stronger breezes.

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5. MAINTENANCE

5.1 Boat Care

The LDC 2000 is made from Polyester Resin and Glass fibre

The boat should be supported ashore on an approved RS trolley, as the hull
may distort if not supported properly. For long-term storage, it is better to
support the boat on a rack, in slings, or another type of support that spreads
the weight and avoids point loads. The hull can also be stored on the
transom, but never store the boat for long periods on its side. When dealing
with a marine environment, equipment gets wet; this in itself is not a problem.
The problem starts when moisture is trapped for any length of time. Therefore,
it is very important to store the boat properly ashore.

Keep your dinghy drained and well ventilated

 Ensure that the boat is stored with the bow raised to allow water to drain away.

Wash with fresh water

Fresh water evaporates far more quickly than salt water so, if your dinghy has been sailed in salt water, rinse it thoroughly. The fittings will also work better if regularly washed.

Any stubborn marks on the hull can be removed with a light detergent, such as washing up liquid. Always test cleaning products on a small, inconspicuous part of the deck before applying to the whole boat.

Hull damage falls into three categories:

- SERIOUS large hole, split, crack, or worse. Don't be too distressed!
 Get the remnants back to a recognised repairer or send us a picture for assessment.
- MEDIUM small hole or split. If this occurs during an event, sailing can
 often be continued as long as leaking can be prevented by drying the
 area and applying strong adhesive tape. CAUTION if the damage is
 close to a heavily loaded point, then the surrounding area should be
 closely examined to ensure that it will accept the loads. Get the
 damage professionally repaired as soon as possible.
- SMALL dents, scratching. This type of damage is not boat threatening.

5.2 Foil Care

RS Sailing 2000 Rudder blades are manufactured from

Maintenance

Foils should be rinsed with fresh water after use.

The centreboard is made from Epoxy. They are very strong and hard wearing, but they will get damaged if run aground hard. Due to the nature of its construction, a damaged foil can still be used but should be repaired as soon as possible.

If you are going to trail your boat frequently, you may wish to invest in an RS Sailing padded rudder bag. This will protect your LDC 2000 from any damage caused by the foil.

5.3 Spar Care

The mast and boom are aluminium. Wash with fresh water as often as possible, both inside and out. Check all of the riveted fittings on a regular basis for any signs of corrosion or wear.

5.4 Sail Care

The mainsail should be rolled and stored dry, out of direct sunlight. When using a new sail for the first time, try to avoid extreme conditions as high loads on new sailcloth can diminish the racing life of the sail.

If your sail is stained in any way, try to remove it using a light detergent and warm water. **DO NOT** attempt to launder the sail yourself.

A sail can be temporarily repaired using a self-adhesive cloth tape, such as Dacron or Mylar. The sail should be returned to a sail maker for a professional repair. Check for wear and tear, especially around the batten pockets, on a regular basis.

5.5 Fixtures and Fittings

All of the fixtures and fittings have been designed for a specific purpose in the boat. These items may break when placed under any unnecessary load, or when used for a different function to their intended purpose. To ensure optimum performance, wash the fixtures and fittings with fresh water regularly, checking shackles, bolts, etc. for tightness.

6. WARRANTY

- 1. This warranty is given in addition to all rights given by statute or otherwise.
- 2. RS Sailing warrants all boats and component parts manufactured by it to be free from defects in materials and workmanship under normal use and circumstances, and the exercise of prudent seamanship, for a period of twelve (12) months from the date of commissioning by the original owner. The owner must exercise routine maintenance and care.
- 3. This warranty does not apply to defects in surface coatings caused by weathering or normal use and wear.
- 4. This warranty does not apply if the boat has been altered, modified, or repaired without prior written approval of RS Sailing. Any changes to the hull structure, deck structure, rig or foils without the written approval of RS Sailing will void this warranty.
- 5. Warranty claims for materials or equipment not manufactured by RS Sailing can be made directly to the relevant manufacturer. RS Sailing warrants that these parts were installed correctly and according to the instructions provided by the manufacturer.
- 6. Warranty claims shall be made to RS Sailing as soon as practicable and, in any event, within 28 days upon discovery of a defect. No repairs under warranty are to be undertaken without written approval of RS Sailing.
- 7. Upon approval of a warranty claim, RS Sailing may, at its expense, repair or replace the component. In all cases, the replacement will be equal in value to the original component.
- 8. Due to the continuing evolution of the marine market, RS Sailing reserves the right to change the design, material, or construction of its products without incurring any obligation to incorporate such changes in products already built or in use.

7. GLOSSARY

Α

Aft At the back

Anchor Line Rope that attaches the anchor to the boat

Astern Behind the boat

Asymmetric Gennaker flown from a retractable pole at the bow

B

Batten A thin strip of wood/plastic inserted in the sail to

keep it flat

Batten Key A key used to adjust the batten

Batten Pocket A pocket on the sail that holds the batten

Bear away To turn downwind

Beat To sail a zig-zag course to make progress upwind

Block A pulley used for sail control lines

Boom The spar at the bottom edge of sail

Bow The front of the boat

Bowline A useful and reliable knot, with a loop in it

Bow Snubber The part of the trolley that the bow rests on

Bung A stopper for the drain hole

Buoyancy Aid Helps you to stay afloat if you fall in the water

Burgee Small flag at the top of the mast to show wind

direction

C

Capsize To overturn

Capsize Recovery To right, or recover, the boat after a capsize

Centreboard The foil that sits below the hull to counteract the

sideways push of the wind, and to create forward

motion

Centreboard Case The casing in the hull in which the centreboard sits

Cleat A device to grip ropes and hold them in place –

some grip automatically, while others need the

rope tying around them

Clew Lower corner of the sail, closest to the stern

Close hauled Sailing as close to the wind as you can; point of

sailing to sail upwind

Cockpit The open area in the boat providing space for the

helm and the crew

D

Dacron A brand of polyester sailcloth that is wrinkle-

resistant and strong

Deck A floor-like surface occupying part of the hull

Downhaul Applies downwards tension to a sail

Downwind To sail in the direction that the wind is blowing

Drain Hole A hole in the hull from which trapped water can be

drained

F

Foils The dagger board and the rudder

Foot The bottom edge of a sail

Forestay The wire line that runs from the front of the mast to

the bow of the hull, holding the mast in position

Furl To gather a sail into a compact roll and bind it

against the mast or forestay

G

Gennaker A large sail that is hoisted when sailing downwind

Gennaker Chute Webbing pocket in which the gennaker is stowed

when not hoisted

Gennaker Pole The sprit that protrudes from the front of the hull, to

which the tack of the gennaker is attached

Gooseneck The 'jaws' of the boom that clip onto the mast

Gunwhale The top edge of the hull, that you sit on when

leaning out to balance the boat

Gybe To change tack by turning the stern of the boat

through the wind.

Н

Halyard The rope used to hoist sails

Halyard Bag Bag attached to the hull, in which the halyards can

be stowed

Head The top corner of a sail

'Head to Wind'

To point the bow in the direction that the wind is

blowing from, causing the sails to flap

'Into the Wind'

To point the bow in the direction that the wind is

blowing from, causing the sails to flap

Inversion A capsize where the boat turns upside down, or

'turtles'

J

Jammer Another word for a cleat

Jib The small sail in front of the mast

K

Kicking strap The rope system that is attached to the base of the

mast and the boom, helping to hold the boom

down

L

Launching To leave the slipway

Leech The back edge of the sail

Lower Furling Unit The fitting at the bottom of the forestay that

enables the jib to be furled

Luff The front edge of the sail

M

Mainsail The largest sail on a boat

which the clew of the mainsail is attached

Mainsheet The rope used to control the mainsail

Mainsheet Bridle The rope runs across the transom of the boat, to

which the mainsheet is attached

Mast The spar that the sails are hoisted up

Mast Foot The bottom of the mast

Mast Step The fitting on the deck that the mast fits into

Mylar A brand of strong, thin, polyester film used to make

racing sails

O

'Off the Wind'

To sail in the direction that the wind is blowing

Outhaul The control line that applies tension to the foot of

the sail, by pulling the sail along the boom

P

Port The left-hand side of the boat, when facing

forwards

R

Reach Sailing with the wind on the side of the boat

Reef To make the sails smaller in strong winds

Retaining Pin On a trolley, to hold the launching trolley to the

road base

Road Base A trolley that you place your boat and launching

trolley upon to trail behind a vehicle

Rudder The foil that, when attached to the stern, controls

the direction of the boat

Rudder Blade The large, rigid, thin part of the rudder

Rudder Downhaul The control line that enables you to pull the rudder

into place

Rudder Pintle The fitting on the transom onto which the rudder

stock fits

Rudder Stock The top part of the rudder, usually including the

tiller, into which the rudder blade fits, and which

then attaches to the rudder pintle

Run To 'run with the wind', or to sail in the direction that

the wind is blowing

S

Sail Number The unique number allocated to a boat, displayed

on the sail when racing

Shackle A metal fitting for attaching ropes to blocks, etc.

Sheet A rope that controls a sail

Shroud The wires that are attached to the mast and the

hull, holding the mast up

Spars The poles, usually carbon or aluminium, to which

the sail is attached

Spreaders Metal fittings attached to the mast which hold the

shrouds out

Starboard. The right-hand side of the boat, when facing

forwards

Stern The back of the boat

Stopper Knot A form of knot used to prevent a rope from sliding

through a fitting, such as a pulley or a cleat

T

Tack a) To change direction by turning the bow of the

boat through the wind

b) The bottom front corner of a sail

Tack Bar The bar at the bow of the hull, to which the tack of

the jib is attached

Tack Line The rope that emerges from the front of the

gennaker pole, to which the tack of the gennaker is

attached

Tiller The stick attached to the rudder, used to steer the

boat

Tiller Extension A pole attached to the tiller to extend its reach,

usually used when hiking

Toe Straps The straps to tuck your feet under when you lean

out to balance the boat.

Top Furling Unit Fitting at the top of the forestay which enables the

jib to be furled

Towing Line A rope attached to the boat, used to connect to

a towing vessel

Transom The vertical surface at the back of the boat

U

Upwind To sail against the direction in which the wind is

blowing

W

Windward The part of the boat closest to the direction in

which the wind is blowing

8. APPENDIX

8.1 Useful Websites & Recommended Reading

RYA Go Sailing: Activity book for Young Sailors. ISBN 1-905104-36-7
RYA Go Sailing: A Practical Handbook For Young People. ISBN 9-781905-10-7
RYA Advanced Sailing Handbook. ISBN 1-905104-05-07
RYA National Sailing Scheme Syllabus and Logbook ISBN 0-901501-45
RYA Start Sailing Beginner's Handbook ISBN 0-901501-82-4

Royal Yachting Association www.rya.org.uk
RNLI – for help and advice about safety at sea – www.rnli.org.uk
RS Class Association and Manufacturers:

www.rs-association.com
www.rssailing.com
www.ldcsailing.com

8.2 Three Essential Knots

Bowline

The bowline is a reliable knot used for tying a loop in rope. It is extremely strong when under load, and unties easily once free of load. Some people use the rhyme "the rabbit comes out of the hole, round the tree, and back down the hole" as a way of remembering how to tie a bowline.

Take the end of the piece of rope and assess how big a loop you require



Make a small loop in the rope



Take the tail and lead it up through the loop



Pass the tail around the standing rope



Thread the tail back through the loop, and tighten



Knot-on-Knot

A 'knot-on-knot' is useful for tying the end of a rope to a sail or a fitting, and is particularly reliable due to the manner in which the rope binds upon itself.

Tie a single overhand knot in the end of the rope. Feed the rope through the sail or the fitting, and tie another overhand knot in the rope.

Pull the rope tight so that the rope binds on the original overhand knot.



Figure-of-Eight

The 'figure-of-eight' knot is used as a stopper knot, preventing ropes from slipping through fittings. Like the bowline, the 'figure-of-eight' knot unties easily once free of load.

Make a loop in the end of the rope

Lead the tail underneath the standing end of the rope

Lead the tail of the rope back through the loop, and tighten





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