





Asian Sailing Championships & Asian Continental Olympic Qualifier for Paris 2024 Olympic Games

ILCA 7, ILCA 6, 49er, 49erFX, 470, Nacra17

10th - 20th December 2023

Royal Varuna Yacht Club, Pattaya, Chonburi, Thailand

Sailing Instructions

Amended 10th December

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS). Other documents under RRS Definition Rule (g) include:
 - 1.1.1 [DP] [SP] The Asian Sailing Championships 2023 Equipment Regulations (ER).
 - 1.1.2 [DP] The Asian Sailing Championships 2023 Support Team Regulations (including Support Vessels) (STR).
 - 1.1.3 [NP] [DP] [SP] The Asian Sailing Championships 2023 Athlete Media Regulations (AMR).
 - 1.1.4 [DP] The Asian Sailing Championships 2023 Competition Area Regulations (CAR).
 - 1.1.5 For Medal Races, World Sailing Appendix MR Umpired Medal Racing available on the World Sailing website (www.sailing.org) applies and changes a number of racing rules. The link to the version https://d7qh6ksdplczd.cloudfront.net/sailing/wp-content/uploads/2022/12/12121648/Appendix-MR-Umpired-Medal-Racing_Jan2023.pdf.
- 1.2. RRS Appendix P, Special Procedures for Rule 42, will apply.







- 1.3. The Class and Championship Rules, if any, of each International Class Association will apply except for any that are altered by the Notice of Race or the Sailing Instructions.
- 1.4 If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will take precedence. This changes RRS 63.7.

2. [DP] [NP][SP] SAFETY REGULATIONS

- 2.1. [DP] RRS 40.1 applies at all times while afloat.
- 2.2 [SP] Boats not leaving the beach for a scheduled race shall promptly inform the Race Committee at https://www.racingrulesofsailing.org/penalty_reports/new?event_id=6774 and fill under "Penalty Taken" and choose in the menu "Other" and fill in the reason for not leaving for the race.
- 2.3 [SP] Before leaving shore, athletes or support team member shall deposit their accreditation at the Beach Master's table located at the Beach Bar.
- 2.4 [SP] After returning to shore, athletes or support team member shall deposit their accreditation at the Beach Master's table located at the Beach Bar before their protest time limit..
- 2.5 [SP] If the OA provides a tracking module, before leaving shore to race, an athlete or support team member shall collect their boat's tracking module at the Grey Tent behind in the rear rigging area and carry it on board. After returning ashore, an athlete or support team member shall return their tracking module to the Grey Tent behind in the rear rigging area before their protest time limit.
- 2.6 [SP] If the OA provides a tracking module when no more races are scheduled for a boat on that day, an athlete or support team member shall deposit their tracking from the Grey Tent in the rear rigging area before their protest time limit.
- 2.7 [SP] A boat that retires from racing shall notify the Race Committee before leaving the Race Area if possible and shall complete a retirement declaration at: https://www.racingrulesofsailing.org/penalty_reports/new?event_id=6774 under "Penalty Taken" and choose "Retired" and fill in the reason.

3. CODE OF CONDUCT

- 3.1 [DP] Athletes and support persons shall:
 - 3.1.1 comply with any reasonable request from a regatta official;
 - 3.1.2 not in any way interfere with the functionality of supplied media or timing equipment.
- 3.2 [SP] Boats not racing shall avoid any area where boats are racing and any official vessel.
- 3.3 [SP] Boats that are on a Race Area to which they are not assigned shall avoid the area where boats are racing and any official vessel.







4. COMMUNICATIONS WITH ATHLETES

- 4.1. Notices will be posted on the Official Notice Board website at: https://www.racingrulesofsailing.org/documents/6774/event https://www.pattaya-olympic-qualifier.com/
- 4.2. An online system that will enable paperless submissions of hearing requests, scoring enquiries and declarations will be accessible through the ONB. In case of a system failure, hearing requests paper forms will be found at and shall be delivered to the Jury office. For other submissions, boats shall contact the Race Office.
- 4.3. Signals ashore will be displayed at the Official Flagpole located adjacent to the Beach Bar.
- 4.4. When flag AP is displayed ashore, '1 minute' is replaced with the times in minutes shown below. This changes Race Signal AP

Race Area	Race Signal AP not less than
Area A	45
Area B	60
Area C	60

- 4.5 [SP] [NP] A boat shall not leave shore until flag D is displayed ashore. The warning signal will be made not less than the time in minutes shown in the table in SI 4.4 after flag D is displayed or not before the schedule time, whichever is later.
- 4.6 [DP] When Flags AP over H or N over H are displayed from a Race Committee vessel, all boats shall immediately return ashore and shall wait there for further signals. (This changes Race Signals AP over H and N over H.)

5. CHANGES TO SAILING INSTRUCTIONS

5.1 Any change to the sailing instructions will be posted before 0930 on the day it will take effect.

6. FORMAT OF RACING

- 6.1 The format for each Event is an opening series followed by a medal race.
- 6.2 The target number of races is in NoR 8.5 with a maximum of 4 races per day except for Men's One Person Dinghy, Women's One Person Dinghy and Mixed Dinghy where the maximum of races is 3 races per day.

6.3 Medal Race

Initial assignments to a medal race will be based on the ranking available at 2100 the day before a medal race. The International Jury may extend these time limits.







7. SCHEDULE OF RACES AND RACE AREA ASSIGNMENTS

- 7.1 The race schedule, including the time of the first warning signals and assignment of Events to Race Areas, is shown in Sailing Instruction Addendum B.
- 7.2 If there is change to SI Addendum B, the Race Committee will post an update no later than 2100 on the day before it will take effect.
- 7.3 The medal race will not be scheduled unless at least 6 opening series races have been completed. If necessary, the Race Committee will use the reserve day to complete at least 6 opening series races.
- 7.4 Once 6 opening series races have been completed, the Race Committee:
 - 7.4.1 will continue the opening series on any remaining opening series days; and
 - 7.4.2 will only use an opening series reserve day if racing is behind schedule at that point.
- 7.5 A medal race will not be scheduled on the same day as an opening series race for that Event.

8. COURSES

- 8.1 The diagrams in Sailing Instruction Addendum C show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal vessel will display the course signal and the approximate compass bearing of the first leg.

9. MARKS

- 9.1 Details of all Marks are listed in Sailing Instruction Addendum D:
- 9.2 If a gate mark is missing and has not been substituted in accordance with RRS 34, the remaining gate mark shall be left to port.







10. EVENT FLAGS

Event flags will be class insignia on the following background:

Event	Class Insignia	Background Colour
Men's Dinghy	ILCA 7	White
Women's Dinghy	ILCA 6	Light Blue
Men's Skiff	49er	White
Women's Skiff	49er FX	Light Blue
Mixed Multihull	Nacra 17	White
Mixed Dinghy	470	White

11. THE START

- 11.1 The starting line will be between a staff displaying an orange starting line flag on the race committee vessel at the starboard end and either
 - 11.1.1 the course side of the port-end inflatable starting mark, or
 - 11.1.2 a staff displaying an orange starting line flag on the race committee vessel at the port end.
- 11.2 [DP] A buoy may be attached to the race committee starting vessel anchor line just below keel depth. Boats shall not pass between this buoy and the race committee starting vessel at any time. This buoy is part of the race committee starting vessel ground tackle.
- 11.3 [DP] When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area and shall be in the waiting area. The waiting area is defined as the area 75 meters below the starting line and extensions.
- 11.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with 1 sound at least 5 minutes before a warning signal is made.
- 11.5 The warning signal for each succeeding race will be made as soon as practicable.

12. COURSE CHANGES

- 12.1 To change the next leg of the course, the Race Committee will (a) lay a new mark, or (b) move the finishing line, or (c) move the leeward gate. When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. When Mark 1 has been replaced, Mark 1a is no longer a mark of the course. It will be removed as soon as practicable. This changes RRS 33.
- 12.2 Courses will not be shortened. This changes RRS 32.







13. THE FINISH

- 13.1 The finishing line will be between a staff displaying a blue finishing line flag on the race committee vessel and either:
 - 13.1.1 the course side of the nearby inflatable finishing mark, or
 - 13.1.2 a staff displaying a blue finishing flag on the nearby race committee vessel.

14. TIME LIMITS AND TARGET TIMES

14.1 For opening series races, time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
Men's & Women's Dinghy	75	25	15	45
Men's & Women's Skiff	50	20	10	30
Mixed Dinghy	60	20	10	45
Mixed Multihull	50	20	10	30

14.2 For medal races, time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
Men's & Women's Dinghy	40	15	10	25
Men's & Women's Skiff	40	10	10	20
Mixed Dinghy	40	10	10	25
Mixed Multihull	40	10	10	20

- 14.3 If no boat passes Mark 1 before the Mark 1 Time Limit the race will be abandoned.
- 14.4 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.
- 14.5 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

15. [DP] EQUIPMENT AND EQUIPMENT INSPECTION

- 15.1 The Equipment Regulations (ER) govern all equipment and equipment inspection matters.
- 15.2 A boat or equipment may be inspected at any time for compliance with the Class Rules, notice of race and sailing instructions.







- 15.3 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.
- 15.4 Only registered equipment shall be used.

16. OFFICIAL VESSELS

16.1 Official vessels will be marked as follows:

Race Committee	White Flag with RC in black
Technical Committee	Green flag with 'Measurer' in white
International Jury	Purple flag with 'Jury' in white
Medical	White flag with 'Medical' in red
Media & TV	White flag with 'Media' in black
VIP	White flag with 'VIP' in black
Principal Race Officer	Purple flag with 'PRO' in white
Technical Delegate	Purple flag with 'TD' in white
Safety/Security	Red flag with 'SEC' in white

16.2 A boat shall not request redress due to the actions by any official vessel, drone or helicopter. This changes RRS 60.1(b).

17. SCORING

- 17.1 A boat in the Dinghies, Skiff, Mixed Dinghy and Mixed Multihull starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.
- 17.2 RRS A5.2 is changed so that those scores are based on:
 - 17.2.1 The number of boats assigned to compete in a opening series, or
 - 17.2.2 The number of boats assigned to the fleet in the Medal Race.
- 17.3 To request a correction of an alleged error in posted race or series results and before lodging score request for redress, a boat shall submit a scoring enquiry available at: https://www.racingrulesofsailing.org/documents/6774/event.
- 17.4 Medal Race:
 - 17.4.1 Discretionary and standard penalties will not be doubled.







17.4.2 A boat assigned to compete in the Medal Race shall make a genuine effort to start, sail the course and finish. The penalty for a breach of this instruction will be ranking the boat tenth in the regatta. If there are 2 such boats, they will be ranked ninth and tenth, in order of their opening-series ranks, and so on. This changes RRS A2 and A5.

18. PROTESTS, PENALTIES AND REQUESTS FOR REDRESS

- 18.1 Hearing request forms shall be delivered on the online form at https://www.racingrulesofsailing.org/documents/6774/event within the appropriate time limit.
- 18.2 The protest time limit for each Event is the number of minutes shown below after either (a) the last boat has finished the last race of the day, or (b) the Race Committee signals no more racing today, whichever is the later.

Race Area	Time
Area A	45
Area B	60
Area C	60

- 18.3 A request for redress based on an incident identified in a scoring enquiry will meet the time limit if:
 - 18.3.1 the scoring enquiry was submitted as soon as practicable after the score is published; and
 - 18.3.2 the request for redress is delivered as soon as reasonably possible after being notified of the race committee's response to the scoring enquiry. The response by the race committee may be notified in writing or through the online system. This changes RRS 62.2.
- 18.4 An online notice at https://www.racingrulesofsailing.org/documents/6774/event will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the protest time limit.
- 18.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 and under SI 18.8 will be posted at https://www.racingrulesofsailing.org/documents/6774/event
- 18.6 Penalties for breaches of the class rules, RRS 50.1 or rules in the NoR and SIs marked [DP], or [SP] should the case go to a hearing, are at the discretion of the International Jury and may be less than disqualification.
- 18.7 Breaches of NoR 17 (Insurance) shall not be grounds for a protest by a boat. This changes RRS 60.1(a).







- 18.8 For breaches of a rule marked [SP], or listed in the list of standard penalties, the Race Committee or Technical Committee may apply a standard penalty without a hearing, or a discretionary penalty may be applied by the International Jury with a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the Race Committee or Technical Committee may protest a boat if it considers a standard penalty is inappropriate. A boat that has been penalized with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS 60.1, 63.1 and A5.
- 18.9 When a penalty is given under SI 18.6 or SI 18.8, the penalty will remain if that race is restarted or resailed. This changes RRS 36.
- 18.10 For Event that consists of Medal race, in RRS 62.2(a) and 66.2(a) change 'the last scheduled day of racing' to 'on the last scheduled day of the opening series for each Event.
- 18.11 Any penalty or score adjustment imposed on the day of a Medal Race before boats go afloat will be notified by a notice in the launching area before Flag D is displayed for that Event, or by a notice posted on the race committee vessel displaying Flag L.

19. Doping Control

Athletes informed they will undergo doping control who are minors, shall have a legal representative or responsible adult present to complete the Doping Control Form.







Sailing Instruction Addendum A – Race Area

