



SAILING INSTRUCTIONS

GAMES OF THE SMALL STATES OF EUROPE 2023 SAILING

29th May – 3rd June 2023
St. Paul's Bay, MALTA

Organizing Authority: Malta Sailing Federation & Maltese Olympic Committee

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
[DP] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.
[SP] denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing, or discretionary penalty applied by the International Jury with a hearing. This changes RRS 63.1 and RRS A5.1.

1. RULES

- 1.1. The event will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. No national authority prescriptions will apply.
- 1.3. The clauses stipulated in the GSSE 2023 Technical Manual shall apply.
- 1.4. [NP] RRS 40.1 applies at all times while afloat.
- 1.5. [DP] Competitors and support persons shall comply with any reasonable request from an event official.
- 1.6. Appendix T of RRS will apply (Arbitration procedures).

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2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 9:30 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official online notice board accessible via the link: <https://www.racingrulesofsailing.org/documents/6360/event>
- 3.2. Notices will be also repeated on the notice board located in front of the race office, if appropriate.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on flag pole located on the venue.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.
- 4.3. Flag D with one sound means: 'The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed. Boats shall not leave the boat park until this signal is made. '

5. [DP] BOATS

- 5.1. Competitors shall use the boats according to paragraph 2 of Annex 1 of the Notice of Race.
- 5.2. Competitors shall report any damage or loss of equipment, however slight, to the Organising Authority's representative immediately after securing the boat ashore.
- 5.3. Failure or loss of chartered equipment will not be grounds for a request for redress. This changes RRS 60.1 (b).
- 5.4. Hulls, foils and dagger boards of chartered equipment shall not be cleaned using any substance other than water.



6. SCHEDULE OF RACES

6.1.	Date	Time	Description	Targeted No. of races
	29 May	0900 – 12:00	Registration/Measurement	
	30 May	1100	Racing	3
	31 May	TBA	Racing	3
	1 Jun	TBA	Rest day (See NOR7.4)	
	2 Jun	TBA	Racing	3
	3 Jun	TBA	Racing	3
		after racing	Prize giving ceremony	

6.2. 12 (twelve) races are scheduled.

6.3. One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to SI 2.1.

6.4. The scheduled time of the warning signal for the first race each day will be announced on the preceding day before 20:00.

6.5. To alert boats that a race or a sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6.6. The warning signal for each succeeding race will be made as soon as practicable.

6.7. On the last scheduled day of racing no warning signal will be made after 15:00.

7. CLASS FLAGS

7.1. The class flags are:

Class	Flag
Optimist	White flag with Optimist class insignia
ILCA 7	White flag with ILCA insignia
ILCA 6	Green flag with ILCA insignia
ILCA 4:	Yellow flag with ILCA insignia

8. RACING AREA

8.1. SI Addendum A shows the location of the harbour and the racing area.



9. COURSES

- 9.1. The diagrams in Addendum B show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. In case of a missing mark at a gate, the remaining mark should be rounded to port. This changes RRS 28.1 and RRS 34.

10. MARKS

- 10.1. Marks 1, 2, 3S, 3P, 4S, 4P, 5 will be red marks.
- 10.2. The starting marks will be the race committee signal vessel on starboard end and race committee vessel or red mark at the port-end.
- 10.3. The finishing marks will be:
Optimist course: the race committee vessel at the starboard end and red mark at the port-end.
ILCA course: the race committee vessel at the port-end and red mark at the starboard end.
- 10.4. New marks, as provided in SI 12.1 will be orange inflatable buoys.

11. THE START

- 11.1. The starting line will be between staffs displaying orange flags on the Committee Boats or a red mark.
- 11.2. [DP] [NP] Boats whose warning signal has not been made shall keep clear to leeward of the starting area. The starting area is defined as a rectangle 100 meters from the starting line and marks in all directions.
- 11.3. A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

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12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will first move the original mark or the finishing line to a new position. When this is not possible, it will lay a new mark described in SI 10.4 (or move the finishing line).
- 12.2. When a new mark is laid the original mark will be removed as soon as practicable. When in a subsequent change the new mark is replaced, it will be replaced by the original mark.
- 12.3. Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard.

13. THE FINISH

- 13.1. **For Optimist:** The finish line will be between staff displaying blue flag on the Finish Vessel on Starboard end and a red mark on the port end.
- 13.2. **For ILCA4:** The finish line will be between the staff displaying a blue flag on a port-end vessel and a red mark on the starboard end.

14. PENALTY SYSTEM

- 14.1. RRS Appendix P, Special procedures for RRS 42, applies as changed by SI 14.2.
- 14.2. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

15. TIME LIMITS AND TARGET TIMES

15.1. Time limits are as follows:

	Mark 1 time limit	Time limit	Finish Window	Target time
Optimist	30 min	75 min	10 min	50 min
ILCA 4, 6, 7,	20 min	75 min	10 min	50 min

- 15.2. If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned.
- 15.3. Boats failing to finish within the time stated in the Finish Window after the first boat sailed the course and finishes, will be scored Did Not Finish. This changes RRS 35, A5.1 and A5.2.
- 15.4. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

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16. HEARING REQUESTS

- 16.1. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.2. Hearing request forms are available at the Race Office. Hearing requests may be lodged also through on-line system available at https://www.racingrulesofsailing.org/protests/new?event_id=6360
- 16.3. Notices will be posted within 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury room, beginning at the time posted, and can start before the end of protest time limit.
- 16.4. A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.

17. SCORING

- 17.1. Three races are required to be completed to constitute a series.
- 17.2. (a) When fewer than four races have been completed, a boat's series score will be the total of her race scores.
(b) When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.3. Scores for female sailors shall be extrapolated from the full fleet scores to compute results for the female competitors in each class.

18. [DP] [NP] EQUIPMENT AND MEASUREMENT CHECKS

- 18.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.
- 18.2. On the water, a boat can be instructed by a measurer or race committee equipment inspector to proceed immediately to a designated area for inspection.

19. OFFICIAL VESSELS

- 19.1. Official vessels will be marked as follows:

Mark Layers	“RC” Flag
International Jury	“J” or “JURY” flag

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Journalists and photo Safety "P" or "PRESS" flag
"S" flag

20. [NP] [SP] SIGN IN/SIGN OUT

- 20.1 The control point to Sign in/out competitors will be located in front of the Race Office.
- 20.2 The Team Leader/Coach of each team shall individually Sign-Out each competitor on their team each day before racing.
- 20.3 The Team Leader/Coach of each team shall individually Sign-In each competitor on their team each day after racing immediately upon returning to shore but no later than the protest time limit.

21 SUPPORT VESSELS

- 21.1. Support boats shall be marked with a numbered "S" flag. [DP] [NP]
- 21.2. Coaches shall be in possession of a functional VHF Radio. Race committee will use VHF radio to communicate to the coaches any information deemed necessary.
- 21.3. **VHF channel 72** will be used to communicate with coaches.
- 21.4. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing or will be racing from the time of the warning signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. [DP] [NP]
- 21.5. To observe a race, support boats may move from leeward to windward, keeping well clear of the exclusion boundary, a minimum distance of 100m from the course area. Support boats may move between the waiting and finishing area through the centre channel, but shall position themselves leeward and starboard of finishing line or their extensions. [DP] [NP]

22 PRIZES

As described in the Notice of Race.

23 RISK STATEMENT

RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, board handling errors, poor seamanship by other boats, loss of balance

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on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

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ADDENDUM A

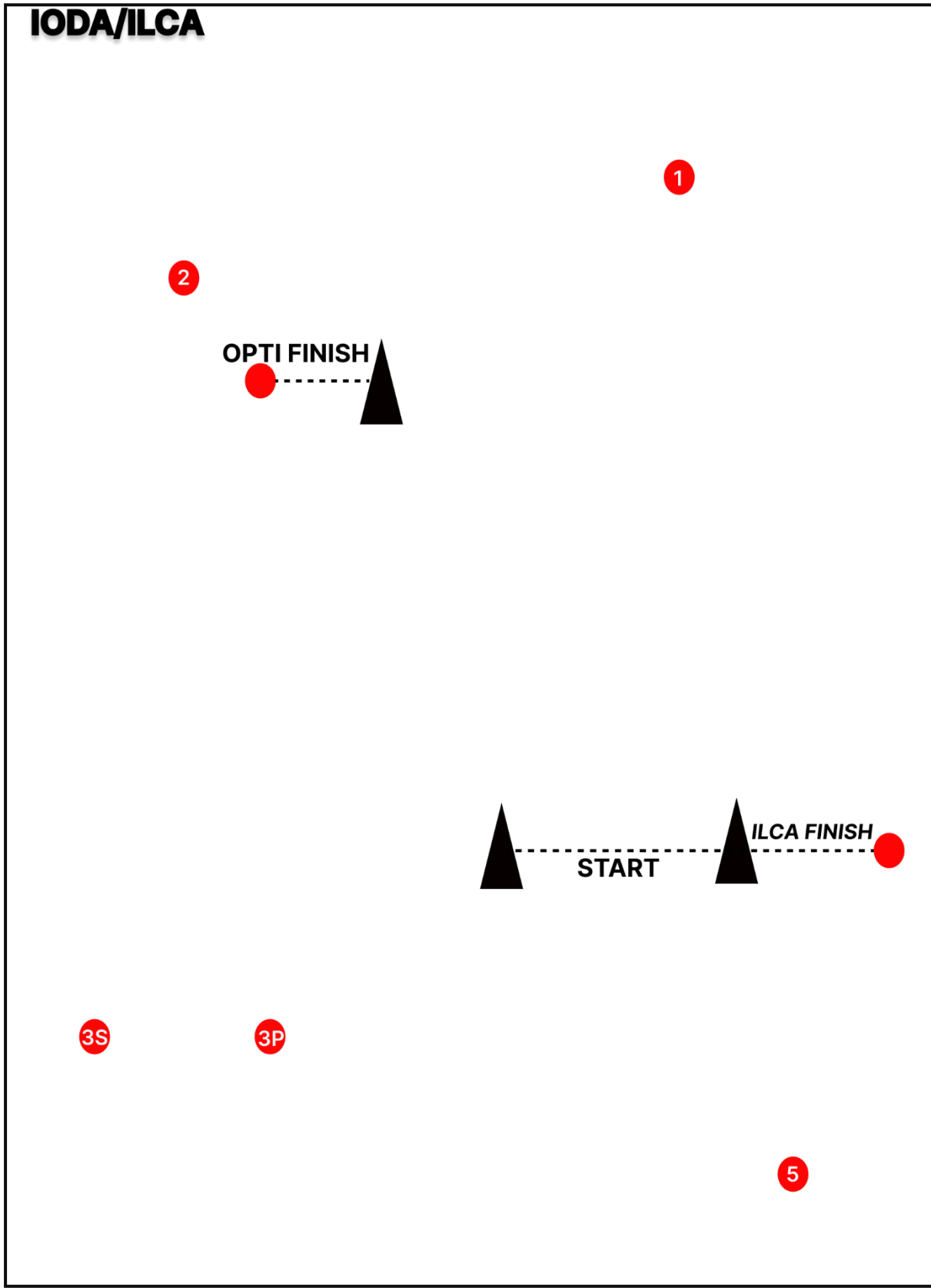


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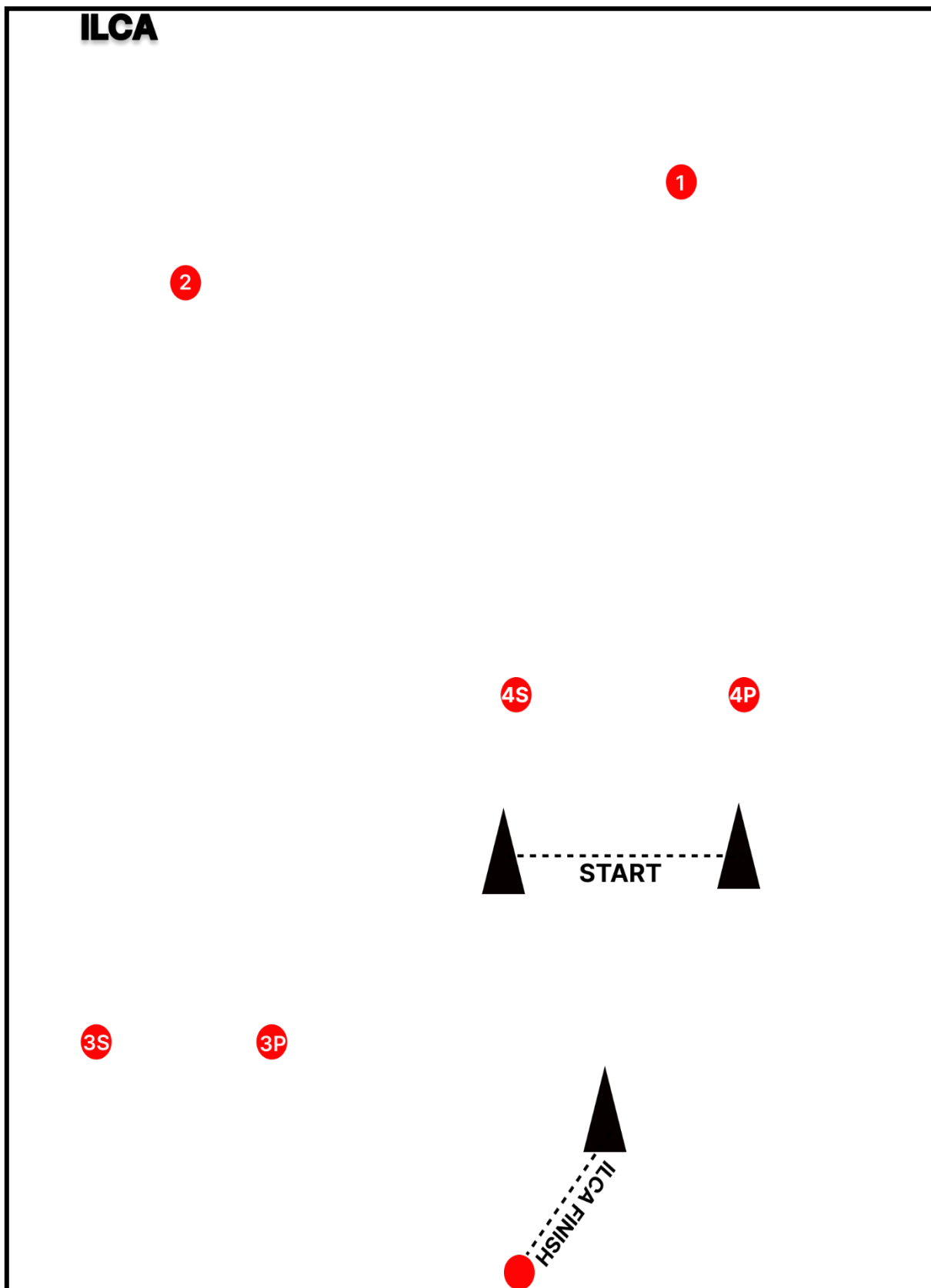
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SIGNAL	COURSE
IOD	START – 1 – 2 – 3P/3S – OPTI FINISH
IL1	START – 1 – 2 – 3P – 5 – 1 – 5 – ILCA FINISH



SIGNAL	COURSE
O2	START – 1 – 2 – 3P/3S – 2 – 3P – ILCA FINISH
I2	START – 1 – 4P/4S – 1 – 2 – 3P – ILCA FINISH