

## APPENDIX B

### SPECIAL REGULATIONS for inshore racing

Special Regulations for inshore racing are intended for use in short races, close to shore in relatively warm and protected waters where adequate shelter and/or effective rescue is available all along the course, held in daylight only.

#### Part A Basic

Regulation	Item
1.02	Responsibility of Person in Charge
1.02.1	Under RRS 3 the responsibility for a boat's decision to participate in a race or continue racing is hers alone. The safety of a boat and her crew is the sole and inescapable responsibility of the Person in Charge who shall do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced and appropriately trained crew who are physically fit to face bad weather. The person in charge shall also assign a person to take over his responsibilities in the event of his incapacitation.
2.04.1	All equipment required by OSR shall:
a)	function properly
b)	be regularly checked, cleaned and serviced
c)	if it has an expiry date, it will not have exceeded its expiry date whilst racing
d)	when not in use be stowed in conditions in which deterioration is minimised
e)	be readily accessible
f)	be of a type, size and capacity suitable and adequate for the intended use and size of the boat.

3.02	Watertight and Structural Integrity of a Boat A boat shall be essentially watertight and all openings shall be capable of being immediately secured. Centreboard, daggerboard trunks and the like shall not open into the interior of a hull except via a watertight maintenance hatch with the opening entirely above the Waterline
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**Part B Portable Equipment**

**A boat shall have:**

Regulation	Item
3.23	one strong bucket with a lanyard and of at least 9 litres (2.4 US Gal) capacity
3.24	one compass (a hand-held is acceptable)
4.05	one fire extinguisher required if electrical system, engine or stove on board
4.06	one anchor
4.22.3	a lifebuoy with a drogue
4.22.7	A heaving line, no less than 6 mm (1/4") diameter, 15 - 25 m (50 - 75') long, readily accessible to cockpit
4.25	A strong, sharp knife, sheathed and securely restrained shall be provided readily accessible from the deck or a cockpit.

**Each crewmember shall have:**

5.01.1	A personal flotation device which shall: (a) be equipped with a whistle (b) clearly marked with the boat's or wearer's name (c) if inflatable, regularly checked for air retention Unless otherwise specified by a boat's applicable class rules or by sailing instructions, personal flotation devices shall have at least 150N buoyancy, arranged to securely suspend an unconscious man face upwards at approximately 45 degrees to the water surface.
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