



470, 49ER AND NACRA 17 SENIOR OPEN CHAMPIONSHIP 2022

(RANKING EVENT & ASIAN GAMES SELECTION TRIAL II FOR NACRA 17 (MIX), ASIAN GAMES SELECTION TRIAL III FOR 470 (MIX), ILCA 4, 49ER, 49ER FX AND IQ FOIL (MEN/WOMEN))

19 MAY – 24 MAY 2022

The Organizing Authority (OA) is INWTC (Mbi) in conjunction with the Yachting Association of India (YAI) and Indian Naval Sailing Association (INSA).

SAILING INSTRUCTIONS

1 RULES

- 1.1 The event will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 National prescriptions if any will apply.
- 1.3 In all rules governing this event:
 - 1.3.1 The notation '[SP]' denotes a rule for which a standard penalty may be applied by the race committee or the technical committee without a hearing or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1 and A5.
 - 1.3.2 The notation '[NP]' in a rule in the SI denotes a rule that shall not be grounds for protest by a boat. This changes RRS 60.1(a).
- 1.4 **[DP] [NP]** COVID-19 infection prevention:
 - 1.4.1 Infection prevention and hygienic regulations will apply. The regulations will be published on the Official Notice Board.
 - 1.4.2 Participants and support persons shall comply with any reasonable request from an event official. Failure to comply will be considered as misconduct.
 - 1.4.3 Reasonable actions by event officials to implement COVID-19 regulations, guidance, protocols, or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.
- 1.5 The Equipment Rules of Sailing (ERS) will apply.
- 1.6 If there is a conflict between a rule in the Notice of Race (NOR) and one in the Sailing Instructions, the rule in the Sailing Instructions shall take precedence. This changes RRS 63.7.
- 1.7 If there is a conflict between languages, the English text will take precedence.
- 1.8 RRS Appendix P, Special Procedures for Rule 42, will apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board (ONB) located inside the INWTC (Mbi) boat shed. Alternately notices to competitors will also be available on <https://www.racingrulesofsailing.org/documents/3958/event>

3 CHANGES TO SAILING INSTRUCTIONS

[NP] Any change to the Sailing Instructions will be posted no later than two hours before the warning signal of the race on the day it will take effect, except that any change to the format or schedule of races will be posted by 2000h on the day before it will take effect.

4 [DP] CODE OF CONDUCT

- 4.1 [NP] Competitors shall comply with any reasonable request from a regatta official.
4.2 Boats that are on a Race Area or passing through a Race Area to which they are not assigned shall remain clear of the area where boats are racing and any official vessel.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the flag staff located on the launching area near slipway.
5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45minutes" in the race signal AP.
5.3 [DP] [NP] [SP] Flag D is displayed ashore with one sound signal means" the warning signal will be made not less than 45 minutes after the flag D is displayed or not before the scheduled time, whichever is later. Boats shall not launch/ leave their allocated berth/Parking area until the signal is made"

6 FORMAT OF RACING

- 6.1 The regatta will consist of a single series of fleet races for all class of boats.
6.2 A maximum of 12 races are scheduled for all the classes.
6.3 On **24 May 2022** no warning signal will be made after **1500** hrs.
6.4 The following events will have combined start and sail as a single fleet; however, events will be scored separately.

Serial	Events
(a)	49er & 49erFX
(b)	iQ Foil (Men) & iQ Foil (Women)

7 SCHEDULE OF EVENTS AND RACES

- 7.1 Schedule of events, races and course area allocation is shown in SI Addendum A.
7.2 Three races are scheduled per day for all events. The race committee may run one more race per day. The change in schedule will be made in accordance with SI 3.
7.3 Except for the 24th May 2022, the scheduled time of the warning signal for the first race of each day for Course - A and B is at 1300 hrs. The warning signal for each succeeding race will be made as soon as practicable.
7.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

8 EVENT FLAGS

Class flags are: -

Events	Class Insignia	Background Colour
ILCA 4 (Boys)	ILCA	Yellow
ILCA 4 (Girls)	ILCA	Green
470 (Mixed)	470	White

NACRA17 (Mixed)	NACRA 17	White
49er (Men)	49er	White
49er FX (Women)		
iQ Foil (Men)	IQ Foil	White
iQ Foil (Women)		

9 RACING AREAS

- 9.1 The location of racing areas is shown in SI Addendum B.
9.2 Any reassignment of events to Races areas will be posted as per SI 3.

10 THE COURSES

- 10.1 The diagrams in Addendum C show the courses, course designations, including the order in which marks are to be passed, and the side on which each mark is to be left.
10.2 If there is only one mark in the gate position, this mark is to be left to port.

11 MARKS

Course	Marks	Description of marks
A	Starting marks	Race committee vessel with a staff displaying an orange flag and a red ball mark.
	Finishing marks	Race committee vessel with a staff displaying a blue flag and a red ball mark
	Marks 1E	Big orange cylindrical mark
	Mark A	A red ball mark
	Mark 1	Yellow cylindrical mark
	Marks 2S/2P	Orange conical marks
B	Starting marks	Race committee vessels with a staff displaying an orange flag and a red ball mark or two Race Committee vessels with a staff displaying orange flags.
	Finishing marks	Race committee vessel with a staff displaying a blue flag and a red ball mark
	Marks 1E	Big orange cylindrical mark
	Mark 1	Yellow cylindrical mark
	Marks 2S / 2P	Yellow cylindrical mark

12 THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
12.2 The starting line will be between a staff displaying an orange flag on the start committee vessel at the starboard end and the course side of the port end starting mark, or a staff displaying an orange flag on the Race committee vessel at the port end.
12.3 [DP][NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races and shall stay 100 metres away from boats that are starting or manoeuvring around the starting area to prepare for the start.
12.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will change the location of the original marks or move the finishing line.
- 3.2 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

14 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of the other end finishing mark.

15 PENALTY SYSTEM

- 15.1 For the 49er/49er FX, iQ Foil (M)/(W) and NACRA -17 classes, RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

- 15.2 Penalties for breaches of rules marked **[SP]** will be

Sailing Instructions	Penalty	Score to be added
5.3 (D Flag)	1	To the first completed race of the day.
19.2.1 (Check Out)	1	To the first completed race of the day for failure to check out.
19.2.2 (Check In)	1	To the last completed race of the day for failure to check in.
(If there is only one race completed that day total penalty point will be 1 for breaching SI 19.2.1 & 19.2.2)		
19.3 (Retirement)	1	To the last completed race of the day.
21.5 (Event Limitation Mark Missing)	1	To all races completed on that day.

- 15.3 The scores of other boats shall not be changed; therefore, two boats may receive the same score. However, the penalty shall not cause the boats score to be worse than the score for DNF. The Race Committee/Technical Committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. This changes RRS 60.1, 63.1 and Appendix A5

- 15.4 A boat that has retired under RRS 44.1 or 31 shall complete an exoneration form at the Race Office within the protest time limit.

16 TIME LIMITS AND TARGET TIMES

- 16.1 The time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finishing Window	Target Time
ILCA 4 "B", ILCA 4 "G" and 470 (Mixed).	65	25	10	45
49er, 49erFX, IQ Foil (M), IQ Foil (W) and NACRA 17 (Mixed).	40	15	10	25

- 16.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

- 16.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

- 16.4 Boats failing to finish with in the finishing window, after the first boat of that event sails the course and finishes, she will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Add to RRS 61.1(a), "The protesting boat shall inform the race committee of the boat(s) being protested at the finishing line after finishing, as soon as practically possible.
- 17.2 Protest forms are available with the Beach Master. In addition, protests can also be filed online by using this link <https://www.racingrulesofsailing.org/documents/3958/event>. Protests and requests for redress or reopening shall be submitted to the Jury Office/ online within the appropriate time limit.
- 17.3 For each course area, the protest time limit is 60 minutes after the last boat has finished the last race of the session, or the Race Committee signals no more racing today or further signals ashore, whichever is later.
- 17.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Room, beginning at the time posted.
- 17.5 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 17.6 A list of boats that have been penalised for breaking RRS 42 will be posted.

18 SCORING

- 18.1 RRS B8 is deleted and RRS Appendix A will apply.
- 18.2 6 races are required to be completed to constitute the event.
- 18.3 (a) When fewer than seven races have been completed in the single series, a boat's series score will be the total of her race scores.
(b) When from 7 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
(c) When from 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst score.
- 18.4 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available from the Race/ Regatta Office.

19 [SP] [NP] SAFETY REGULATIONS

- 19.1 [DP] All competitors shall wear personal floatation devices at all times whilst afloat, except briefly while changing or adjusting clothing, or personal equipment. Wet suits, dry suits and trapeze harnesses are not personal floatation devices. This changes preamble to Part 4 and RRS 40.
a) NACRA 17 competitors shall wear a helmet and carry a cutting device.
b) iQ Foil competitors shall wear a helmet, carry a whistle & wear an impact vest.
- 19.2 [SP] Check-Out and Check-In Procedures:
 - 19.2.1 Before launching on each scheduled racing day, a competitor from each boat shall personally Check-Out, by signing on the forms placed at the Beach Master Desk located near the Flag post ashore.
 - 19.2.2 After returning ashore, a competitor from each boat shall personally Check-In, by signing on the forms placed at the Beach Master Desk, within the protest time limit.
- 19.3 [SP] A boat that retires from a race shall notify the Race Committee as soon as possible and shall complete a retirement declaration form at the Beach Master no later than the protest time limit.
- 19.4 When the Race Committee displays flag V with repetitive sounds, all official and support vessels shall monitor the Race Committee radio channel for that course area for search and rescue instructions. This may be to collaborate with rescue tasks and shall stay in the course area until flag V is removed, or the "All-Clear" has been confirmed by the Course Race Officer (CRO) or the Principal Race Officer (PRO).

20 [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 Substitution of competitors will not be allowed without prior written approval of OA/ RC/ PC.
- 20.2 Substitution of lost or unintentionally damaged equipment will not be allowed unless approved in writing by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity by filling in a relevant form at the Race Office. The substitution may only be permitted after the Technical Committee has checked and scrutinised both the damaged and the substituting equipment.
- 20.3 If the substitution was made on the water before or between races, both the damaged and the equipment substituted shall be presented to the Technical Committee after the end of the day's racing. Repairs or replacements required afloat may be approved after the race provided that either the Race Committee or the Technical Committee afloat is notified before the next race.

21 [DP][NP] EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 On the water, a boat can be instructed by a member of the Technical Committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any time.
- 21.2 All competitors shall present their boats for scrutiny by the Technical Committee before the start of the event. Boats shall be presented as directed by TC.
- 21.3 Measurements will take place at the boat park of INWTC (Mbi).
- 21.4 Once a boat has completed measurements, the hull shall not be removed from the boat park without the permission of the Race Committee.
- 21.5 [SP] Following breaches of equipment and measurement checks will result in a Standard Penalty.
(a) Event Limitation Mark missing.
- 21.6 Hulls of ILCA 4 shall be registered with LCAI and hull numbers and sail numbers shall be the same. Using sail numbers of other ILCA from within the club or other clubs which are registered with LCAI is also permitted, provided undertaking is signed by the respective participant.
- 21.7 Hull certification shall be produced by 470 class participants during measurement.

22 [DP] EVENT ADVERTISING

- 22.1 Competitor advertising will be restricted to World Sailing Regulation 20, Advertising Code.
- 22.2 Boats may be required to display advertising chosen and supplied by the Organising Authority. If this rule is broken, World Sailing Regulation 20.9.2 applies.

23 OFFICIAL VESSELS

Official vessels will be marked as follows:

RC Starting Vessel for Course A	RC A
RC Starting Vessel for Course B	RC B
Jury	JURY
Principal Race Officer	PRO
Technical Committee	TC
Rescue/Safety	RESCUE
Press/Media	MEDIA
Spectators	SPECTATORS
Coaches/Support Boats	COACH/SUPPORT WITH CLUB BURGEE/ FLAG

24 [DP][NP] SUPPORT/ COACH VESSELS

- 24.1 Except when participating in rescue operations, coaches and other support persons shall be required to stay outside areas where boats are racing from the time of the warning signal for the first fleet to start until all boats have finished or retired even if the Race Committee signals a postponement, general recall or abandonment of all fleets.
- 24.2 The areas the boats are racing can be defined as the area inside the course and within 100m of any mark, lay-line, starting line, finishing line or any area where any boat that is racing is sailing or may sail.
- 24.3 Support vessels shall clearly display a white flag bearing the club code of the boats they are supporting OR the club burgee along with (Coach/ Support Flag). No other flags or identification shall be displayed by support vessels.
- 24.4 [DP] Personnel on board support vessels are required to wear a life jacket or personal floatation device whilst on the water.
- 24.5 For safety reasons, coaches are encouraged to use a VHF radio. Radios will not be provided, and coaches should bring their own.
- 24.6 The Organising Authority may at its discretion refuse support vessels entry to the venue if they are deemed unsuitable.

25 [DP] TRASH DISPOSAL

Boats shall not intentionally put trash in the water. In addition to RRS 47, trash may be placed aboard support or official vessels. On shore all trash to be placed in garbage bins.

26 [DP][NP] RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

27 PRIZES

- 27.1 Prizes will be awarded to the top 3 boats in each class.
- 27.2 Other prizes may be awarded, such as for sportsmanship, exemplary behaviour and rules compliance during the championship, at the discretion of the Organising Authority.

28 RISK STATEMENT AND DISCLAIMER OF LIABILITY

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes. Competitors participate in the event entirely at their own risk. The Organising Authority, or any other race officials and volunteers, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta on water or on shore.

29 [DP][NP] INSURANCE

Each participating boat shall be insured with adequate and valid third-party liability coverage.

30 [DP][NP] MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT

- 30.1 By participating in this event, competitors and their support team automatically grant to the Organising Authority and any event sponsors, the right in perpetuity to make, use, and show at their discretion, any photographs, audio and video recordings, and other reproductions of them made at the venue, or on the water from the time of their arrival at the venue, until their final departure, without compensation.
- 30.2 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the Organising Authority. Information from such equipment shall not be used by a boat as evidence in a hearing. This changes RRS 63.6.
- 30.3 The equipment provided, once placed on the boat as instructed by the Organising Authority, shall not be manipulated by the competitor or the support person in any way, except when so required by the Organising Authority.
- 30.4 Competitors may be required for media interviews during the period of the event.

Addendum 'A'

SCHEDULE OF EVENTS AND RACES

1. Schedule of events& races is as mentioned below:-

Date	Time	Event	Remarks
19 May 22	1330 h – 1800 h	Registration and Measurement	Detailed schedule will be posted by technical committee.
20 May 22	0900 h – 1200 h	Registration and Measurement	
	1100 h	Briefing for competitors	INWTC (Mbi) boat shed
	1500 h	Practice race for all events	

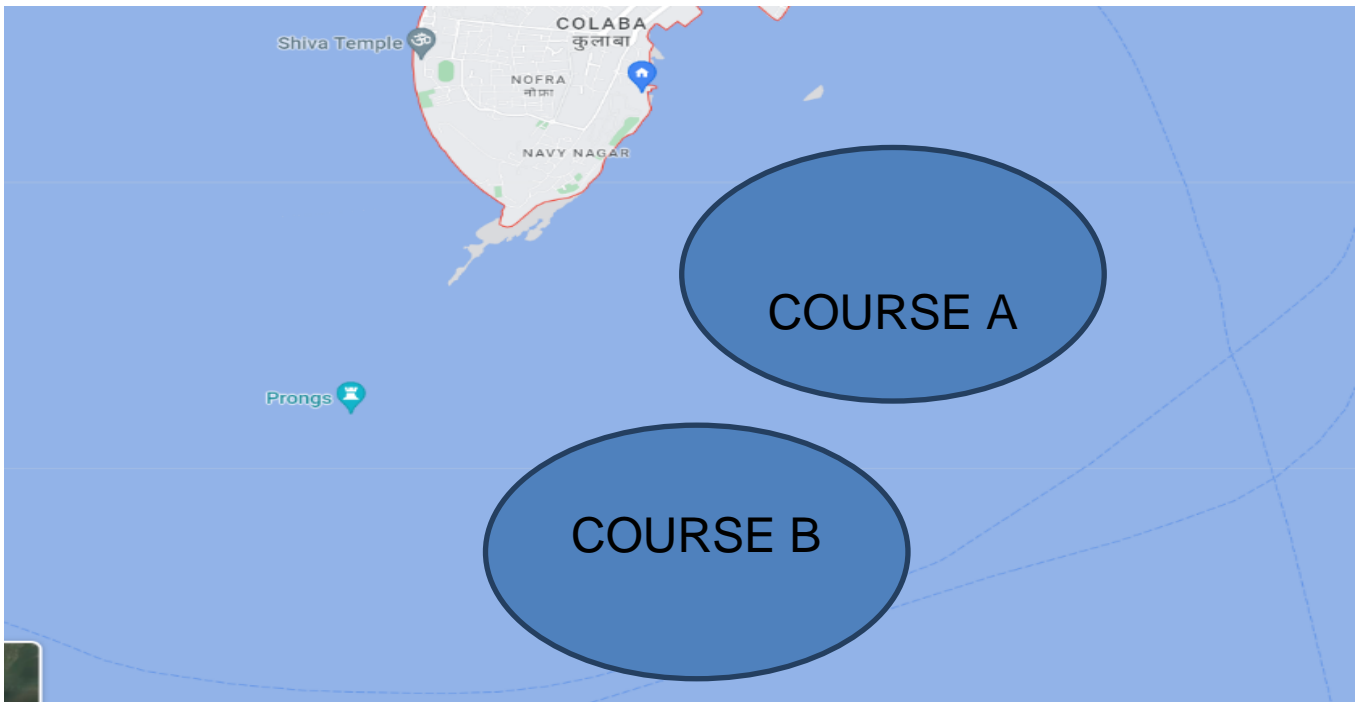
2. Schedule of races: -

Date	COURSE A		COURSE B	
	Time	Events	Time	Events
21 May 22	1300h	Nacra 17, 49er & 49er FX and iQ Foil (M) & (W)	1300h	470, ILCA 4 "B" & ILCA 4 "G"
22 May 22	1300h	Nacra 17, 49er & 49er FX and iQ Foil (M) & (W)	1300h	470, ILCA 4 "B" & ILCA 4 "G"
23 May 22	1300h	Nacra 17, 49er & 49er FX and iQ Foil (M) & (W)	1300h	470, ILCA 4 "B" & ILCA 4 "G"
24 May 22	0900h	Nacra 17, 49er & 49er FX and iQ Foil (M) & (W)	0900h	470, ILCA 4 "B" & ILCA 4 "G"
	1700h	Awards ceremony		

3. Daily competitors, coaches & support staff briefing will be held at 1100 hrs at INWTC Boat Shed from 21 May to 23 May 2022.

Note: - Lunch will be provided by OA from 21 May to 24 May 2022 to all registered participants, coaches and support personnel.

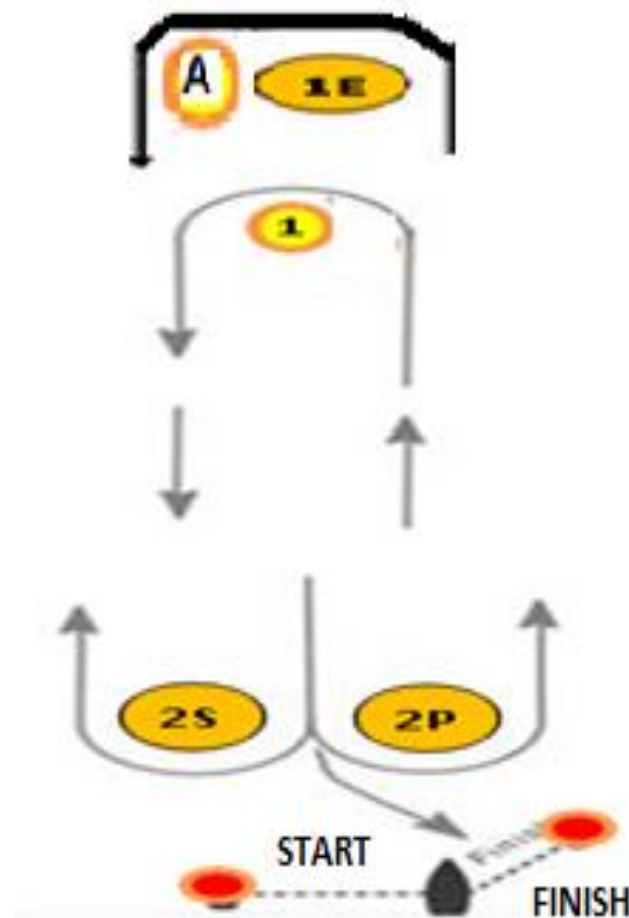
COURSE AREA - A & B



Note: The diagram depicts general/ approximate area of Courses A & B. Diagram is not to Scale.

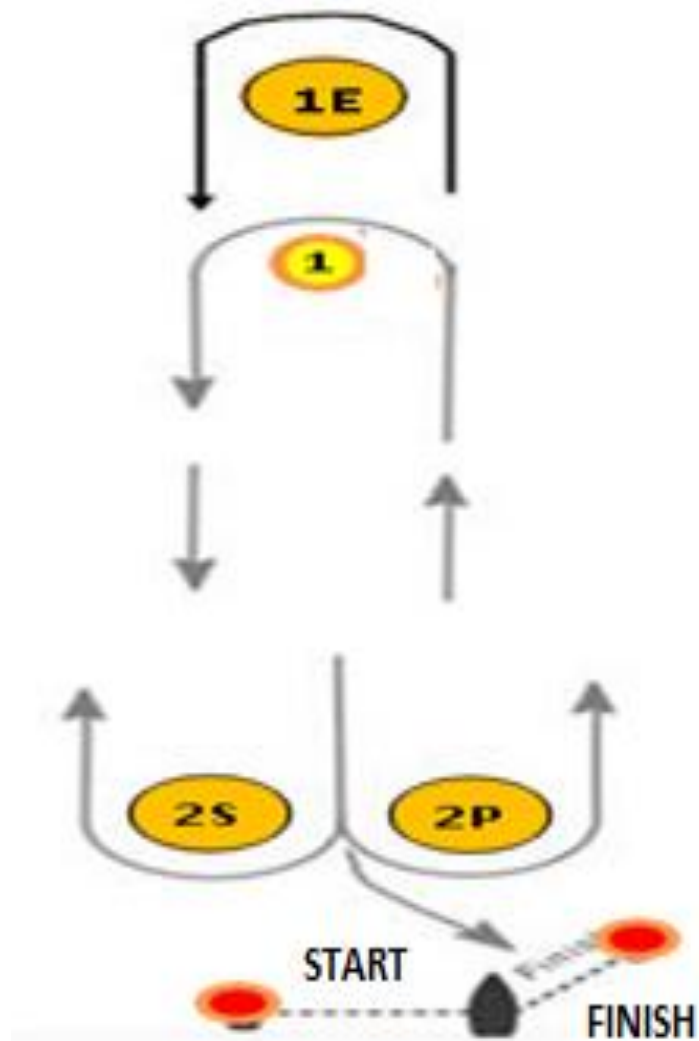
Addendum 'C'

COURSE A FOR NACRA 17 (MIX), 49ER, 49ER FX, IQ FOIL (M) & (W)



Signal	Mark Rounding Order
LR 2	Start – 1 – 2S/2P – 1 – 2P – Finish
LER 2	Start – 1E – 2S/2P – 1E – 2P – Finish
LEAR 2	Start – 1E – A – 2S/2P – 1E – A – 2P – Finish
LR 3	Start – 1 – 2S/2P – 1 – 2S/2P – 1 – 2P – Finish
LER 3	Start – 1E – 2S/2P – 1E – 2S/2P – 1E – 2P – Finish
LEAR 3	Start – 1E – A – 2S/2P – 1E – A – 2S/2P – 1E – A – 2P – Finish

COURSE B FOR 470 (MIX), ILCA 4 “B” & “G”



Signal	Mark Rounding Order
LR 2	Start – 1 – 2S/2P – 1 – 2P – Finish
LER 2	Start – 1E – 2S/2P – 1E – 2P – Finish
LR 3	Start – 1 – 2S/2P – 1 – 2S/2P – 1 – 2P – Finish
LER 3	Start – 1E – 2S/2P – 1E – 2S/2P – 1E – 2P – Finish