



Race Office and Jury Office

The Race Office and the Jury Office will be located at the Club first floor over the event social area. The Race Office will open from August 18th until August 28th from 09h00 to 18h00. On the days before of August 18th you shall use the club reception as your main point to get information.

Measurement

The Organizing Authority will start the measurement process with the boat weight in on Wednesday 17th August with the Portuguese Team in the morning and Spanish Team in the Afternoon. For the boats from Portugal or Spain that are not on site on August 17th we will arrange a slot for them. The Schedule for August 18th and 19th will be defined by the Chief Measure and will be communicated by email and posted on the Event Whatsapp Group.

Whatsapp Group

There will be a Whatsapp Group for the championship where the Organizing Authority as long the Race Committee will keep the participants updated. Please be aware that the info shared on the Whatsapp Group is a help to the competitors and coaches please note that the official communications will be as usual on the Official Notice Board. You can access to Whatsapp Group:

<https://chat.whatsapp.com/D1fZbruuO8w4Aoh1DkhuDp>



Image 1- Whatsapp Group QR Code

Marina Car Parking

Clube Naval de Cascais have negotiated with Marina de Cascais special Car Parking Packages for just 8€/day € at parking Marina Mar(near the Club). Tickets must be requested at least 24h before the arrival of the Car to the email regatas@cncascais.com .

SOCIAL EVENTS - Exclusive for participants:

To access the daily Happy Hour, BBQ Dinner and Cocktail, **is mandatory** to use your daily tokens and bracelet given to you at registration. We inform you that there will be no exceptions in this procedure, if you do not have the daily token (Happy Hours) or the bracelet placed on your wrist (BBQ Dinner and Cocktail), it will not be possible to access the catering / drinks.

- August 20 – Happy Hour – Token Happy Hour Day 1*
- August 21 – Happy Hour – Token Happy Hour Day 2*



- August 22 – Happy Hour – Token Happy Hour Day 3*
- August 23 – Happy Hour – Token Happy Hour Day 4*
- August 24 – BBQ Dinner – CNC Green Bracelet placed on wrist
- August 25 – Cocktail / Prize Giving – CNC Green Bracelet placed on wrist

**Unused tokens should be delivered to the Race Office.*

Food Restrictions:

Please inform us, until August 18th, if you have any food restriction.

Sailor name / Sail Number / Food restriction.

Contact: Helena Caiado – helena.caiado@cncascais.com

Non-participants:

Please, check with CNC, until August 18th, the availability for non-participants.

Contact: Helena Caiado – helena.caiado@cncascais.com

- Happy Hour and Cocktail - 20€ per person / day
- BBQ Dinner - 30€ per person

WATER POINT

Clube Naval de Cascais has a water station at the main entrance, where you can fill your reusable bottle with fresh mineralized water. Be aware that we are a no single-use plastic Club, so we do not sell water plastic bottles at the bar. If you need, you can buy at Secretariat our stainless steel water bottles (850ml or 500ml) to fill at the water point.

EMERGENCY

From the 20th to 25th of August there will be an ambulance everyday one hour before the first warning signal until the last boat arrive ashore. The Ambulance will be parked near the south Ramp.

During your stay, in case of an emergency outside Clube Naval de Cascais, please contact:

- **112** - Available 24h a day, every day.
112 is the European Emergency Number, being common, in addition to health, to other situations such as fire, accidents, assaults or robberies.
- **Health Line 24 - 808 24 24 24**
For health queries, available 24 hours a day, every day. For administrative contact (non-clinical), available from 8am to 10pm, every day. The 24 Hour Health Line provides prioritisation, advice and referral in case of illness.