



Sailing Instructions 29th ''Cyclades Regatta 2023''

 26^{th} June -2^{nd} July 2023









CON	TENTS LIST	ελ.
1.	RULES	. 3
2.	WEATHER FORECAST - TIME	3
3.	RACES	3
4.	ROUTES – RESTRICTIONS – OBSTACLES	4
5.	MERGING CLASSES / DIVISIONS	. 4
6.	SIGNALS	5
7.	START LINES	6
8.	INDIVIDUAL RECALL	. 7
9.	GENERAL RECALL	7
10.	FINISH LINES	7
11.	PASSING FINISH LINE	8
12.	FINISHING TIME LIMITS	9
13.	TIME CORRECTION SYSTEM	9
14.	SCORING SYSTEM	9
15.	ISSUANCE OF THE RESULTS	9
16	ALTERNATIVE PENALTIES – VIOLATION OF REGULATIONS [DP] [NP]	9
17.	ABANDONING THE RACE [DP]	. 10
18.	CHANGES OF THE SAILING INSTRUCTIONS	10
19.	COMMUNICATION WITH THE COMPETITORS [DP]	. 10
20.	LIMITATION OF USAGE OF BOAT ENGINES	10
21.	DECLARATION OF NON-COMPLIANCE WITH REGULATIONS	11
22.	PROCEDURE FOR OBJECTIONS AND REQUESTS FOR RESTORATION	
23.	MEASUREMENTS – INSPECTIONS	. 11
24.	CREW AND EQUIPMENT CHANGES [DP]	
25.	NAVIGATION AT NIGHT	
26.	RESPONSIBILITY [DP]	12
27.	ADVERTISMENT [DP] [NP]	
28.	TRASH DISPOSAL [DP]	
29.	RACE LINKS	
30.	ORGANIZATION COMMITTEE OFFICES	12
31.	EVENTS	
32.	COMMITTEES	
33.	DRAWINGS	
	ANNEX "A"	
	ANNEX "B"	14



















	Abbreviations
WS	World Sailing
RRS	Racing Rules of Sailing
HSF	Hellenic Sailing Federation
SCAC	Supreme Competition and Appeals Committee
ORC	Offshore Racing Committee (Greek)
RC	Race Committee
PC	Protest Committee
TC	Technical Committee
NoR	Notice of Race
SI	Sailing Instructions
ICS	International Code of Signals
ONB	On-line Notice Board

1. RULES

- **1.1** The sailing event "Cyclades Regatta 2023" is governed by the regulations referred in clause 3 of the Notice of Race (NoR), as they apply on the sailing event dates, and these Sailing Instructions (SI). In case of inconsistency the SI prevail (Amendment of RRS 63.7). Between Greek and English text, the Greek text will prevail.
- **1.2** An additional spare mainsail is allowed that may only be used while racing as a genuine replacement if during the race the original mainsail becomes damaged beyond repair. The original mainsail shall not thereafter be re-used during the race.
- **1.3** If the spare mainsail is used, it shall be declared to the Technical Committee within the protest time limit.

2. WEATHER FORECAST - TIME

Weather forecasts will not be given to competitors. The responsibility to get any available updates on the forecasted weather conditions is left to the competitors. The official time for the race is the time of the Athens Observatory.

3. RACES

3.1 Routes

Routes with their distances appeared in the following table.

CYCLADES REGATTA '23								
	RACE SCHEDULE							
DAY	DATE	TIME	ROUTES	DISTANCE (NM)				
Monday	June 26 th	11:00	1st Race Start FLEVES – PAROS (Parikia)	78				
Wednesday	June 28 th	11:00	2 nd Race Start PAROS-KOUFONISI	44				
Friday	June 30 th	11:00	3 rd Race Start KOUFONISI – SIFNOS (Kamares)	50				

















Sı	ınday	July 2 nd	11:00	4 TH Race Start SIFNOS-PATROKLOS	54
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The race results will be based on the actual distances that will result from the conduct of the races.

3.2 Movement of the Starting Line. Shortening of the Route. Selection of a Route.

The RC may at its discretion shorten or not, any or all of the races if very low winds are detected or there is a weather forecast that either prevent the start at the predefined start area or will not allow the boats to finish. In case of shortening, the Time Limits will remain as originally published, but the calculation of the results will take into account the actual distance of the race.

The shortening can be done:

- **a.** By moving the RC boat away from the predetermined starting area, to a new area while displaying the "L" signal (follow). This decision of the RC cannot be the basis for a request for redress. In this case one end of the new conceivable starting line will be a yellow prismatic buoy and the other end will be a flagpole with the "RC" flag displayed on the Race Committee boat.
- **b.** Finishing at an area different from the original, announced by RC. In this case one End of the new conceivable finish line will be a prismatic buoy and the other End will be a Pole on the RC boat with the flag's "S" and "Blue" displayed.

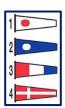
4. ROUTES - RESTRICTIONS - OBSTACLES

Limitations in effect, are these on clause 9.1 into NoR, with the addition of subparagraph 4.2 as detailed below, i.e.:

- **4.1** In the 1st route (Fleves-Paros), the island of KEA will be left to Port and island of Kithnos to staboard. The rest of the route is free to sail.
- **4.2** In the 2nd route (Paros-Koufonisi), the islet of Stroggilo (SW of Antiparos island), will be left to Port. The island of Kato Koufonisi, will be left to starboard. The rest of the route is free to sail.
- **4.3** In the 3rd route (Koufonisi-Sifnos), Sifnos island will be left to starboard. The rest of the route is free to sail.
- **4.4** In the 4th route (Sifnos-Patroklos), Serifos island will be left to starboard. The rest of the route is free to sail.

5. MERGING CLASSES / DIVISIONS

- **5.1** Merging of classes as illustrated into participants lists. Lists will be posted in NOTK club webpage and to the Official Electronic Board.
 - **5.2** Discreet signals of all classes will be the following:
 - **a.** ORC SPORT yachts, ICS pennant numeral **1**».
 - **b.** ORC PERFORMANCE yachts, ICS pennant numeral **<2**».
 - **c.** ORC Double Handed yachts, ICS pennant numeral **«3»**.
 - **d.** ORC Non Spinnaker yachts, ICS pennant numeral **4**».
 - **5.3** The participating boats are not obliged to show their pennant.





















5.4 The minimum number of boats of a class required to register in the starting area and then start, is three (3) (RRS J.2 (26)), and Special Instructions HSF/SCAC 2023_11.5.

6. SIGNALS

At the area of first starting (Fleves), the signals will be displayed on the RC boat.

On islands, signals will displayed onto RC boat.

Below are listed some of the signals that could be displayed.

6.1 Start Signals

The starting signals will be displayed on suitable poles of the RC boat which will display an orange flag with the "RC" insignia. The times of starting procedure must be taken from the visual signals. The absence or failure of a sound signal must be ignored. The display of signals is accompanied by VHF announcement if possible. Omission, absence, or incorrect announcement via VHF is not a basis for a request for redress.

Warning Signal

Five (5) minutes before the respective start, the signals of the classes that are scheduled to start (clause 5.2 above), will be displayed, together with an audible signal.

Preparatory

Four (4) minutes before the start, the preparatory signal "**P**" will be displayed with a sound, engines should be off.

1 Minute Signal «P»

1 minute before the start, the "**P**" will be removed together with a long sound.

Start Signal

The numeral pennants of the classes will be removed together with a long sound.

6.2 Other Signals that May be Given

Postponement of all races that have not started. Display of the "AP" with two sounds.

Abandonment of all races that have started and return to the starting area Display of the "N" signal together with three sounds.

Termination of Postponement: Lower of the "AP" signal with one sound. The warning signal will be made 1 minute after removal of the "AP".

Course Shortening: Display of the "S" signal with two sounds.

Individual Recall: Display of the "X" signal together with one sound.

General Recall: Display of First Substitute signal together with two sounds.

"L" Signal: The display of the on land, with one sound announces the posting of a new announcement on the Official Announcement Board by the RC. The display of the same signal on the boat of the RC at sea means "Follow".

"M" Signal: The display of the on a RC boat at a position where a buoy should have been anchored means that this boat replaces the buoy at that point. The display is accompanied by continuous short sounds to the approaching boats.

Any other signal according to RRS could be given.

















7. START LINES

7.1 General:

a. The starts will be given according to Rule 26 of RRS 2021-2024. The warning signal for each subsequent class will be given as soon as possible after the start of the previous class. The RC may choose to start all or some classes together depending on the participation. The starting lines will remain for ten (10) minutes. Within this time limit, boats that for any reason did not start normally, can start. After this time limit, all boats that have been registered at the starting area but have not crossed the starting line will be declared DNS. The Race Committee may extend the above time limit at its discretion and this decision is not the basis for a request for redress. The boats of the next class to start that are not yet competing, **must be keep away from the starting line** until the warning sign of their class.

The starting lines may be moved to a position other than the one originally defined in accordance with paragraph 3.2 above, in the event of low winds or force majeure. In this case flag "L" («follow»), will be raised on the RC boat, till the new start point. If this is the case starting line will be marked with a yellow prismatic buoy on one end and flag "RC" on the RC boat, at the other end.

- **b.** The length of starting line will be (approximately) calculated, with the use of the following formula: Length=Numbers of Boats * Mean Boat Lengths * Coefficient. Coefficient value will be between 1.5-.3.0 and will be depended from the weather conditions according with Race Management Policies for World Sailing Events Fleet Racing April 2022 § 6.2.
- **c.** Orientation of the starting line, if weather conditions (wind) permit, RC will try, starting lines will generally be laid square to the median sailing wind, in conjunction with the initial course of the route, due to event spread of the boats on it (fair line), according W.S. Race Management Policies for World Sailing Events Fleet Racing April 2022 §6.1.
- **d.** Starting lines it is possible to be transferred to another place from the original designated, in case of no wind or any other reason (above clause 3.2a). If this is the case, flag «**L**» (Follow) will be raised on RC boat, to the new starting point. At that point starting line will be pointed with a yellow buoy on one end, and the orange "**RC**" flag on the RC boat.

7.2 Registration of Boats Before the Start

The boats are obliged to pass by the RC boat before the start of each race to register for the race. The above procedure will be completed five (5) minutes before the initiation of the start process. The VHF communication channel during the starting process must be kept free for the proper communication between RC and the competing boats. Boats that for a very serious reason did not manage to pass in time by the RC boat must notify the RC, <u>after Starting Signal</u>, through VHF that they are in the starting area, and they intend to start. The same situation holds for the boats that didn't have the opportunity to register before the above mentioned time. The RC can mark DNC all boats that did not indicate their intention to start.

7.3 Start Line Fleves – Paros

a. The start will take place close to Fleves islet. The Starboard end of the conceivable starting line, will be an orange flag with the "RC" letters written on it, on the RC boat anchored at this point, and the Port end a yellow prismatic buoy dipped located NE, of the RC boat. Picture in the 1st page of Annex "B", displays this location and setup.

















b. Starting line length and orientation according to §7.1 β και §7.1 γ respectively above.

7.4 Start Line Paros – Koufonisi

The start will be in the waters of the bay of Paros (Parikia). The port end of the conceivable starting line will be a green permanent dipped buoy and the starboard end will be an orange flag, displayed on the RC board. Picture in the 2nd page of Annex "B", displays this location and setup.

7.5 Start Line Koufonisi - Sifnos

- **a.** The start will be in the waters south of Koufonisi island. The port end of the conceivable starting line will be a yellow prismatic buoy dipped located south, and the starboard end will be an orange flag, with the "RC" letters written on it on the RC boat anchored at this point. Picture in the 3rd page of Annex "B", displays this location and setup.
- **b.** Starting line length and orientation according to §7.1 β και §7.1 γ respectively above.

7.6 Start Line Sifnos - Patroklos

- **a.** The start will be in the waters of gulf of Sifnos (Kamares) island. The port end of the conceivable starting line will be a yellow prismatic buoy dipped located south, and the starboard end will be an orange flag, with the "RC" letters on the RC boat anchored North from the Pin End. Picture in the 4th page of Annex "B", displays this location and setup.
- **b.** Starting line length and orientation according to §7.1 β και §7.1 γ respectively above.

7.7 Anchoring of a Race Committee Boat

Alternatively, if the weather conditions or any other reason does not allow the RC boat to anchor at the scheduled point, then both ends of the conceivable starting line might be yellow prismatic buoys. The RC boat displaying an orange flag with the "RC" mark on a pole will be placed at the right end of the extensions of the conceivable starting line and will hold its position using its engine, and this is not a basis for request to redress.

8. INDIVIDUAL RECALL

Individual recall may be given in accordance with RRS Rule 29.1. The RC is not obliged to notify the boats that started early. If there is such ability, the RC will make an announcement via VHF. No – notification, is not a basis for redress.

9. GENERAL RECALL

General Recall may be given in accordance with RRS Rule 29.2. (Clause 6.2 above). If there is ability, the RC will make an announcement via VHF. No - notification is not a basis for redress. After the General Recall and one minute after the removal of the First Substitute a new warning signal will be given (5 minutes).

10. FINISH LINES

10.1 General

RC will give an effort to install a strobe light at the buoys that define one end of the

















finish lines, to operate from sunset to dawn. In the case of absence of the buoy due to force majeure, the conceivable finish line will be defined by the position of a pole with a blue flag. Distance of the line will be depended from the needs of any local area tangs and a direction approximately perpendicular to the course of the boats from the previous point. Absence or malfunction of the strobe light or the buoy, does not entitle competitors to submit request for redress. In this case the RC will try to inform the arriving boats about the possible problem through the VHF, on the race channel. If the RC personnel is absent due to force majeure when a boat finishes, the boat must report to the RC the time of its finish and its position relative to other race boats at the first reasonable opportunity.

10.2 1st Race - Finishing Line at Paros (Parikia)

The finish will take place on the waters of Paros bay (Parikia). The conceivable finish line is defined by a steadily and permanent anchored green buoy at the Starboard end and an also permanent anchored red buoy on the Port end. Blue flag will be placed ashore close to the church of Saint Fokas, where RC Finish Team will be on, in alignment with finish line.

Picture in the 1st page of Annex "B" displays this setup.

10.3 2nd Race - Finishing Line at Koufonisi

The finish line will be allocated on the sea water area South of the island of Koufonisi. The conceivable finish line is defined by an anchored yellow prism buoy at the Starboard end and a Pole with a Blue Flag at the Port end placed ashore, where the RC finishing team will be placed.

Picture in the 2nd page of Annex "B" displays this setup.

10.2 3rd Race - Finishing Line at Sifnos (Kamares)

The finish will be on the waters of Sifnos bay (Parikia). The conceivable finish line is defined by an anchored yellow prism buoy at the Port end and a Pole with a Blue Flag at the Starboard end placed ashore on the Dock of the Kamares port, where the RC finishing team will be placed. In case of absence of the bouy, finishes will be taken in alignment with the church of St. Anna across the other end of the bay.

Picture in the 3rd page of Annex "B" displays this setup.

10.2 4th Race - Finishing Line at Patroklos

The finish will be on the waters NE of Patroklos Islet,. The conceivable finish line is defined on the Starboard side by Blue Flag onto RC Boat anchored NE of Patroklos Islet Beacon, in a distance of 350 mtrs from it and the Beacon itself to the Port side.

Picture in the 4th page of Annex "B" displays this setup.

11. PASSING FINISH LINE

11.1 Finishing in the Day

The RC will notify each boat that finishes with a sound. The first boat with a long sound. The Skipper of each boat is obliged to inform the RC the name of the boat, and the sail number **as soon as has finished**. It is the responsibility of each boat to make sure that their recognition by the Race Committee has become clear.

11.2 Finishing at Night

Finishing Boats as they approaching the line, have to light their Sails and as soon as

















they finishing they have to report to the RC onto VHF channel **<72** Sail Number and the name of the Boat. It is responsibility of any competitor to assure that they have finished.

12. FINISHING TIME LIMITS

The time limit to finish is set according to the formula (APH \times 2.5 \times Distance), as it referred to NoR clause 12.3 and also Hellenic ORC Special Instructions (clause 12.1.1) recommends.

13. TIME CORRECTION SYSTEM

As provided in Clause 12 of the NoR, i.e.:

- **13.1** For all Classes will be provided "ToT/All Purpose".
- **13.2** All data used by RC, also Time Correction System selection, are not basis for redress.

14. SCORING SYSTEM

As provided in Clause 13 of the NoR.

15. ISSUANCE OF THE RESULTS

- **15.1** RC will give an effort to issuing results during the race is progressing and upload it on the <u>On-Line Notice Board</u> (ONB). At the end of each race, Provisional results will be announced on the same place as well.
- **15.2** The final results will be published after the hearing of any protests/requests for redress. The results will be published on the web site of the Club, as well on the ONB.

16. ALTERNATIVE PENALTIES - VIOLATION OF REGULATIONS

- **16.1** A boat which violates the regulations of part 2 of the RRS, must execute a penalty of one turn (1 tack and 1 gybe) in the same direction (Amendment of Rule 44.2 RRS).
- **16.2** The content of SI's and NoR's cannot be the basis for a protest or request for redress by a competitor.
- **16.3 [NP]** It is at the discretion of the Protest Committee to impose any penalty other than disqualification or to decide discharge for violations of SI's of the ORC Class Rules, the OSR and ERS Rules. For any other violation, the provisions of the current Hellenic Offshore Committee / EIO Regulations apply. Especially in the case of boat's colliding with a vessel or object, the use of an engine is permitted, provided the boat does not gain a significant advantage in the race, RRS 42.3.(h) kai 42.3.(i). The use of discarded rubber or woolen tapes when inflating spinnakers is not considered a violation of RRS Rule 47.
- **16.4 [NP]** In all starts, WORLD SAILING DEVELOPMENT RULE DR21-01 ALTERNATIVE STARTING PENALTY holds. Boat starting early, before the starting signal, and she didn't redressed, will be notified as OCS (On The Course Side) and will receive a Scoring Penalty of 20% for <u>Did Not Finish</u> (RRS 44.3c) and at least two (2) positions at the ranking, whichever comes first, amendment of RRS D3.1(b).
 - **16.5** [DP] A boat receiving a penalty, should filled the appropriate form, which is into the











ΧΟΡΗΓΟΙ ΕΠΙΚΟΙΝΩΝΙΑΣ







On-Line Notice Board.

16.6 [DP] Boat who doesn't intent to finish, or retires from the race, after she has brake an RRS rule (RET), has to notify RC as soon as possible.

17. [DP] ABANDONING THE RACE

- **17.1** Boats that for any reason and at any moment leave a race, are obliged to immediately notify the RC via VHF on the race channel or by phone using the telephone numbers of the RC members stated in the clause 19.6. The RC may protest boats sailing on engine, who have not reported abandonment to the RC, for infringement of this Article and Rule 2 of RRS.
 - **17.2** Boat who abandoned, is obliged to raise her National Flag.

18. CHANGES OF THE SAILING INSTRUCTIONS

- **18.1** Any written change in the SI's for the races will be posted before 09:00 of the day of the race. These written changes will be posted on the <u>On-Line Notice Board</u> and will be notified to the competitors via VHF before the warning signal.
- **18.2** Any verbal changes may be given at sea prior to the warning signal in accordance with RRS Rule 90.2 (c) & J2.2 (4).
- **18.3** Any change in the program of the Race, will be announced till 20:00 of the previous day.

19. [DP] COMMUNICATION WITH THE COMPETITORS

19.1 The On-Line Notice Board will be accessed through the website of NOTK, www.notk.gr.

Announcements to the competitors will be posted on the international platform (ONB) which can be accessed through the website of NOTK.

- **19.2** At sea, RC will communicate with the competitors with the use of VHF Radio. Communication Channel (included this for SAR) will be **<72**». Continuous reception is mandatory for safety reasons, along with the use of cellular phone which number has already been given to the RC. This Phone Set it is suggested to support Viber operation.
- **19.3** A boat as long as she is competing shouldn't transmit or receive voice /data information which isn't available to all the competitors. Private navigation equipment doesn't allowed. Everybody pay attention and avoid to withdraw with RRS 41 Outside Help.
- **19.4** After finishing, boats are obliged to communicate on channel **<71**» in order to dock themselves into the ports of visit.
 - 19.5 All boats are obliged to communicate with RC and report their position, one (1) hour
- 19.6 Phone numbers for contact with RC: $693\ 683\ 8197$ RC (RO) and $694\ 432\ 5604$ RC (Finish Team).

20. LIMITATION OF USAGE OF BOAT ENGINES

- **20.1** Engines of the boats must not operate after the preparatory signal (4 minutes).
- **20.2** To release a boat after grounding or collision with another boat, vessel or object,

















the boat may use its engine in accordance with RRS 42.3. (i).

20.3 Any use of the engine for propulsion of the boat or for any other reason during the race must be declared in writing to the RC within two (2) hours after her finish in this race.

21. DECLARATION OF NON-COMPLIANCE WITH REGULATIONS

In case that during the race the regulations mentioned in the NoR and SI's were not observed, the authorized representative of the boat must declare it in writing to the RC within two hours after the finish of the boat in the race that the incident took place with the use of ONB.

22. PROCEDURE FOR OBJECTIONS AND REQUESTS FOR RESTORATION

- **22.1** Protests and Requests for Redress will be heard at the offices of the RC at the NOTK facilities on Monday July 3rd, 2023, at 19:00. The interested representatives of the boats will be informed in a timely manner by the secretariat of the Club with the use of already stated phone numbers, in their participation entry form. The authorized representatives must, inform their witnesses if they exist, so that they can attend.
- **22.2** For incidents that occurred in a race, the competitors must inform the RC at the finish line of their intention to file a protest before or immediately after the finish and then submit the protest in accordance with RRS 61.3. Measurement/Inspection protests may be submitted by the TC up to 1 hour after the expiration of the time limit for Measurement/Inspection of article 23 below.
- **22.3** Any requests for redress must be submitted in accordance with Rule RRS 62.2. When provisional results are announced after the expiry of the time limit for submitting a protest then a boat may submit a request for redress for these results no later than one hour after their official announcement (Amendment to RRS 62.2). Protests and Redress Requests must be submitted using the On-Line Notice Board.
- **22.4** For the purposes of RRS 64.4.b, the authorized authority is the President of Hellenic SCAC.

23. MEASUREMENTS - INSPECTIONS

As provided in clause 14 of the NoR. The TC keeps right to inspects boat in any time anywhere (ashore or at sea), during June/24, 10:00, until one hour after protest time limit passes.

24. [DP] CREW AND EQUIPMENT CHANGES

As provided in clause 15 of the NoR.

25. NAVIGATION AT NIGHT

From sunset to dawn, the International Maritime Avoiding Collision at Sea Regulations, replace the RRS Part 2 Rules. During this period the boats must take care to keep the navigation lights not covered by the sails of their boats. This also applies in the case of poor visibility due to weather phenomena.

















26. RESPONSIBILITY

26.1 Responsibility of participation as it is described to the clause 16 of NoR.

26.2 [DP] During the race it is obligatory to watch the VHF on the channel **<72**» as well distress channel **<16**» also, in addition to the obligatory channels. The same rule is applicable for the cellular phone also.

26.3 According Boat Insurance as referred to clause 17 of the NoR.

27. [DP][NP] ADVERTISEMENT

As provided in clause 18 of the NoR.

28. [DP] TRASH DISPOSAL

Trash should not be dropped at sea (RRS 47). The use of discarded rubber or woolen tapes when inflating spinnakers is not considered a violation of RRS Rule 47.

29. RACE LINKS

Email: info@notk.gr

Organization Committee Website: https://www.notk.gr/

On-Line Notice Board (ONB):

https://www.racingrulesofsailing.org/documents/6378/event?name=cyclades-regatta-

2023

30. ORGANIZATION COMMITTEE OFFICES NOTK

Nautical Marina of the Municipality of Kallithea Kallithea 17674

Cnt: 210 4810390 / 91 and 210 413 1819

site: www.notk.gr mail: info@notk.gr

During the race, RC and Starting and Finish Team will hear to the race channel «72».

31. EVENTS

As they referred to the table of the clause 9.1.

32. COMMITTEES

As provided in Annex «A».

33. DRAWINGS

As provided in Annex **B**».





















ANNEX "A"

Race Committe

President: Dimitris Vasileiou (CRO)

Members: Fani Katsavouni, (Starting Team)

Maria Riga (Starting Team)

Katerina Vavaliou (Starting Team) Marousa Andreadi (Finish Team) Despina Vamvaka (Finish Team) Stefanos Giannakakis (Finish Team)

Dimitris Nagouzaloglou, (Finishing Team)

Protest Committee

President: Chris Theodosis (NJ)

Evaggelos Polikandriotis (NJ)

Takis Nikiforidis (NJ)

Race Doctor: Dimitris Keramopoulos cell.: 697 444 1977

Technical Committee

Andreas Antonopoulos

Race Committee Boats

Alexandros Theodoridis, Boat «MANOULI TOO» cell.: 694 756 8316 Vasilis Varsakis, Yacht «OKIALOS» cell.: 694 538 8238

























ANNEX "B"

Following drawings are for displaying reasons only and not for navigation.

Starting Line on Fleves. For displaying reasons only.



Finish Line on Paros, For displaying reasons only.





















Starting Line on Paros. For displaying reasons only.



Finish Line on Koufonisi. For displaying reasons only.



















Starting Line on Koufonisi. For displaying reasons only.



Finish Line on Sifnos. For displaying reasons only.























Starting Line on Sifnos. For displaying reasons only.



Finish Line on Patroklos. For displaying reasons only.













