

2023 Sail West District five ILCA 4, ILCA 6 and ILCA 7 championships

July 27-30, 2023



The Organizing Authority (OA) is Sail
Canada (SC) in conjunction with the Wabamun Sailing Club (WSC)

Wabamun, Alberta, Canada

Sailing Instructions

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The event will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. The support vessel regulations as shown in Addendum 1 apply.

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the online official notice board (ONB) located at: <https://www.racingrulesofsailing.org/documents/5866/event?>

4. CODE OF CONDUCT

- 4.1. [NP] [DP] Competitors and support persons shall comply with reasonable requests from regatta officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed south of the clubhouse on the flagpole.
- 5.2. When flag L is displayed ashore over a numeral pennant, the numeral pennant indicates the number of the notice to competitors that is posted. This changes race signal L.
- 5.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the RRS Race Signals AP.
- 5.4. [DP][NP] Boats shall NOT launch until flag D is displayed with one sound. The warning signal will be made not less than 30 minutes after flag D is displayed.

6. SCHEDULE OF RACES

Date	Time	Event
July 27	1500	Practice race
July 28-30	0900	Coaches' meeting
		Onsite check in and equipment inspection
	1100	Warning signal of first race of the day (3 races scheduled)

- 6.1. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.2. On the last scheduled day of racing no warning signal will be made after 1600.

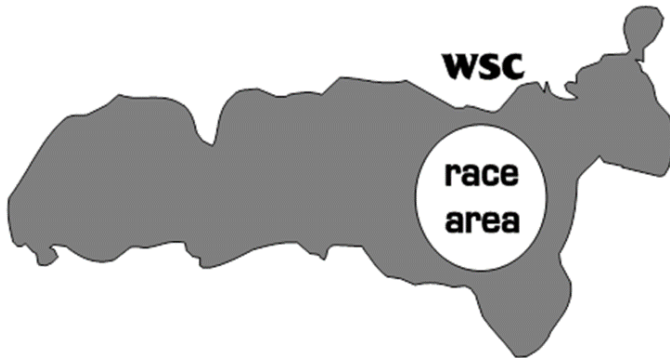
Wabamun Sailing Club

Box 1702, Main POP Edmonton, AB T5J 2P1 Email: manager@wabamunsailingclub.com

7. CLASS FLAGS

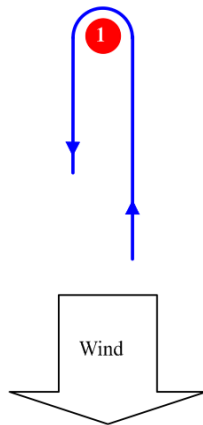
Class	Flag
Optimist	Optimist logo on a white background
Club 420	Pink 420 text on a blue background
ILCA 4	ILCA logo on a bronze background
ILCA 6	ILCA logo on a pink background
ILCA 7	ILCA logo on a blue background

8. RACING AREA

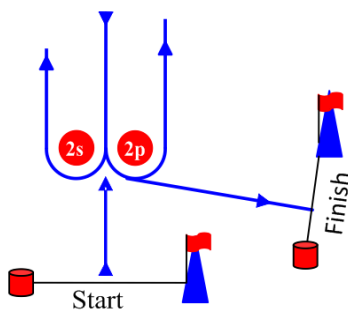


9. COURSES

- 9.1. The course may be shortened to finish at a rounding mark or gate provided a minimum of two or more legs have been sailed.
- 9.2. The diagram(s) below show(s) the course(s), including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.



**Course to sail:
Start-1-2s/2p-1-2p-Finish**



10. MARKS

Classes	Description	Type
All	Starting	A race committee vessel or spar buoy
All	Marks 2p/2s	Orange can buoy
All	Finish	Spar buoy
Optimist	Mark 1	Red ball
	New mark as provided in SI 12.1	Red ball with a black band
ILCA 4	Mark 1	Yellow inflatable cylinder
	New mark as provided in SI 12.1	Yellow inflatable cylinder with a black band
Club 420, ILCA 6 & 7	Mark 1	Orange can buoy
	New mark as provided in SI 12.1	Orange can buoy with a black band

11. THE START

- 11.1. The starting line will be between a staff displaying an orange flag on the signal vessel and the staff displaying an orange flag on the starting mark.
- 11.2. *[DP] [NP]* Boats whose warning signal has not been made shall avoid the starting area during start sequences for other fleets or classes.
- 11.3. For the purposes of RRS 30.4 a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date or is resailed as part of a final series instead of a qualifying series.
- 11.4. A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will lay a new mark or move the finishing line and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13. THE FINISH

- 13.1. The finishing line will be between a staff displaying a blue flag on the signal vessel and the staff displaying a blue flag on the finishing mark.
- 13.2. The Race Committee may, at its discretion, award points to a boat, equivalent to the boat's position in the race. This changes RRS A3, A4 and A5.2.

14. TIME LIMITS AND TARGET TIMES

Mark 1 Time Limit	Race Time Limit	Finishing Window	Target time
30 minutes	90 minutes	20 minutes	50 minutes

- 14.1. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 14.2. Race Time Limit: Time limit for the first boat to start, sail the course and finish.
- 14.3. Finishing Window: Time limit for boats to finish after the first boat starts, sails the course and finishes.
- 14.4. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).
- 14.5. Boats failing to finish within the Finishing Window shall be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

15. HEARING REQUESTS

- 15.1. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.2. Hearing requests shall be submitted online.
- 15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

15.4. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

15.5. A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.

16. SCORING

16.1. To request correction of an alleged error in posted results or to schedule a meeting with the race official(s) who made a call, a boat shall complete an online scoring inquiry.

17. SAFETY REGULATIONS

17.1. *[NP]* When flag V over flag H is displayed with one sound signal all boats shall return promptly and directly to the Wabamun Sailing Club. Further signals ashore. This changes RRS 37.

17.2. RRS 37 is changed so that it applies when flag V or flag V over flag H is displayed with one sound.

17.3. *[NP]* All competitors shall Sign-out at the Race Office prior to leaving the harbor.

17.4. *[DP]* *[NP]* On water prior to the warning signal of her first race of each day competitors shall sail past the Signal Vessel and hail their sail number.

17.5. *[NP]* All boats shall return directly to the harbour and shall Sign-in after completing their last race of the day.

17.6. *[DP]* *[NP]* A boat that retires from a race shall notify the race committee as soon as possible.

17.7. Competitors who require assistance should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.

17.8. *[NP]* Failure to comply with SI 17.3 before leaving the harbour, or with SI 17.5 by the end of protest time or by the time posted on the ONB (whichever is later) shall result in the boat receiving a 10% scoring penalty as calculated in RRS 44.3(c) added to the race score sailed nearest in time to that of the incident. This changes RRS 63.1 and A5.1. However, the race committee may protest the boat when they consider the 10% scoring penalty to be inappropriate.

18. COMMUNICATIONS

18.1. The race committee will be operating on VHF channel 65.

19. *[DP]* REPLACEMENT EQUIPMENT

19.1. In the event of damage, boats and equipment may only be substituted with the permission of the race committee, except as in SI 19.2. Equipment Substitution application is available on the online Official Notice Board.

19.2. If the damage occurs less than 2 hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the race committee before using the equipment in a race and online equipment replacement permission shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place.

20. OFFICIAL VESSELS

20.1. Official vessels will be marked as follows:

Protest committee	White "J" on a blue background
Signal vessel	The Sail Canada race committee flag

20.2. Failure of an official vessel to display an identifying flag will not be grounds for redress under RRS 60.1(b).

21. *[DP]**[NP]* SITE REGULATIONS

21.1. All boats shall be launched and hauled out as directed by the organizing authority.

21.2. At the sole discretion of the organizing authority, dollies and trailers with protrusions may be prohibited from the launch area.

Addendum 1

SUPPORT VESSEL REGULATIONS

1. General

- 1.1. These regulations apply to all Support Persons (RRS Definitions “*Support Persons*”).
- 1.2. These regulations shall apply at all times while support persons are at the venue or in the areas of lake Wabamun while training or competing with their teams.
- 1.3. Support personnel and support vessel drivers are responsible for the control of their vessel at all times. They will be held responsible for any inappropriate behaviour, dangerous actions or improper practices, or actions affecting the fairness or safety of competition. Support vessels shall take particular care to minimize their wake when transiting any course areas.
- 1.4. Support persons shall comply with reasonable directions or requests of a Race Official.
- 1.5. The protest committee may call a hearing based upon information received from any source to consider whether a support person has broken a rule. As a result of the hearing the protest may take action under RRS 64.5
- 1.6. Support personnel shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.
- 1.7. Support vessels shall accept reasonable trash/refuse from competitors, to facilitate competitors’ compliance with Rule 47.
- 1.8. Support Persons may be requested to support athletes that do not have a support person.

2. Changes to these Regulations

- 2.1. The organizing authority may change these regulations at any time. Any changes will be posted on the official notice board by 0900 on the day the changes will take effect.

3. Canadian boating laws

- 3.1. Support persons are advised that federal, provincial and local laws specify required safety equipment. These laws are enforced by federal, provincial and local agencies and violations may result in required court appearances and fines. Required equipment may include: PFDs for all passengers, bailers, paddles, anchors, buoyant heaving lines, sound signaling devices, fire extinguishers, compass, charts, navigation lights, flares, etc. Details are specified in the (Canada) Safe Boating Guide, available at:
<http://www.tc.gc.ca/media/documents/marinesafety/TP-511e.pdf>
- 3.2. Canadian law also requires:
 - 3.2.1. Persons driving a pleasure boat in Canada to have a motorboat driving license appropriate for their country of residence,
 - 3.2.2. Anyone using a VHF radio to have a maritime radio operator’s certificate appropriate for their country of residence.

4. Wabamun Sailing Club Venue

- 4.1. When not in use, support vessels shall be appropriately berthed at the sailing venue in the allocated areas for support vessels for the time that these Support Team Regulations apply.
- 4.2. Support vessels shall not be left overnight tied to the Wabamun Sailing Club pier.

5. Safety

- 5.1. Team leaders are responsible for knowing who is afloat and ensuring their safe return to the venue.
- 5.2. If the support vessel is equipped with a kill switch device, when the support vessel engine is running drivers shall be connected to this device (e.g. "kill cord") that will stop the engine if the vessel driver falls out of the vessel or steps away from the engine controls.

6. Restricted Areas and Movement

- 6.1. Support vessels shall stay outside areas where boats are racing and shall not be:
 - 6.1.1. closer than 50m to any boat racing;
 - 6.1.2. within 50m to leeward of the starting line or within 50m of its marks from the time of the preparatory signal until all boats have left the starting area; however, when the Race Committee signals a postponement or abandonment, and until the next preparatory signal, support vessels may enter the area to leeward of the start line and its extensions to service their athletes but shall restrict their speed to 5 knots;
 - 6.1.3. between any boat racing and the next mark of the course;
 - 6.1.4. within 50m of any mark of the course while boats are in the vicinity of that mark;
 - 6.1.5. within 50m of the finishing line and marks while boats are finishing.
- 6.2. Support vessels should proceed around the racing area in such a way to minimize the effect their wash will have on boats racing and on race committee vessels. Vessels that are motoring above five knots shall remain at least 150m from any boat racing and race committee vessels.