

13th – 16th September 2023

Sailing Instructions

1. Organizing Authority

1.1 The Saudi Sailing Federation in conjunction with the Jeddah Yacht Club as the host venue shall be the Organising Authority.

2. Rules

2.1 The Saudi Games 2023 Sailing Trials will be sailed under the:

- Current Racing Rules of Sailing as published by World Sailing.
- The Notice of Race (NOR).
- The Sailing Instructions for the Regatta, which may be changed by a published amendment. In case of a conflict RRS 63.7 shall apply.
- Current Class Rules of all the International Laser Class Association (ILCA).
- Any subsequent changes or amendments by the Race Committee or Jury as approved by the Organising Authority.

2.2 English will be the official language of the Saudi Games 2023 Sailing Trials.

2.3 Competitors shall bear full responsibility of submitting a medical form which is downloadable using the Saudi Games Registration link found in NOR 4.3.

2.4 According to RRS Rule 42, RRS 42.1 and RRS 42.2 will apply.

2.5 According to RRS 61-1, each competitor must inform the Race Committee of a protest against another competitor and their intention to protest immediately after the end of the race.

2.6 All competitors must wear an adequate and suitable personal floatation device.

3. Changes to Sailing Instructions

3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Communications with Competitors

4.1 Notices to competitors will be posted on the official notice board located in the briefing tent.

4.2 The Race Office is located at the briefing tent.

5. Code of Conduct

5.1 Competitors and support persons shall comply with reasonable requests from race officials.

5.2 Competitors and support persons shall handle any equipment provided by the Organising Authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

6. Signals Made Ashore

6.1 Signals made ashore will be displayed by flags next to the briefing tent.

6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6.3 Flag D with one sound means Boats shall not leave the harbour until this signal is made. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed.

7. Schedule of Races

7.1 Schedule

Wednesday	13/09/2023	0930	Competitors Meeting
		1100	First Possible Start
Thursday	14/09/2023	0930	Competitors Meeting
		1100	First Possible Start
Friday	15/09/2023	1000	Competitors Meeting
		1330	First Possible Start
Saturday	16/09/2023	0930	Competitors Meeting
		1100	First Possible Start
		1630	Last Warning Signal

7.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

8. Class Flags

8.1 The Class Flag will be the ILCA 6 Class Flag.

9. Racing Area

9.1 The racing area is located just outside of the harbour next to Jeddah Yacht Club. SI Addendum A shows the location of the racing area.

10. Courses

10.1 The diagrams in SI Addendum B shows the course including the order in which marks are to be passed and the side on which each mark is to be left.

11. Marks

11.1 Marks are Orange, including the starting pin mark, and GPS Smart Marks.

12. The Start

12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

12.2 The starting line is between the staff displaying an orange flag on the Race Committee boat at the starboard end, and the course side of the port end starting mark.

12.3 If any part of a boats hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

12.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13. The Finish

13.1 The finishing line is between a staff displaying a blue flag on the Race Committee boat at the starboard end and the course side of the port end finishing mark.

14.1 RRS Appendix P applies.

14.2 RRS 44.1 is the Two-Turns Penalty

15. Time Limits

15.1 If no boat has passed the first mark within 20 minutes of starting, the race will be abandoned.

15.2 The Race Time Limit shall be 60 minutes. If one boat sails the course as required by rule 28 and finishes within the time limit, all boats that finish shall be scored according to their finishing places unless the race is abandoned. If no boat finishes within the time limit, the race committee shall abandon the race.

15.3 Failure to meet the Target time will not be grounds for redress. This changes RRS 62.1(a).

16. Hearing Requests

16.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

16.2 Hearing request forms are available from the race office.

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at the Race Office, beginning at the timings posted on the Official Notice Board.

16.4 A list of boats that have been penalised for breaking RRS 42 under Appendix P will be posted.

16.5 The right of appeal from a protest committee decision is denied as provided in rule 70.5[(a)][(b)][(c)].

17. Scoring

17.1 The scoring will be in accordance with the low-point scoring system as defined in Appendix A of the RRS 2021 – 2024.

17.2 In the Saudi Games 2023 Sailing Trials, 1 race is required to be finished to constitute a result.

17.3 The number of discards allowed for the regatta is as follows:

17.3.1 When fewer than 4 races have been completed, a competitor's score will be the total of his race scores.

17.3.2 When 4 or more races have been completed, a competitor's score will be the total of his race scores excluding his worst score.

18. Safety Regulations

18.1 All competitors are required to sign out when leaving the shore and sign in when returning to shore. The Sign Out/In sheet shall be posted on the Official Notice Board.

18.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19. Replacement of Equipment

19.1 Substitution of damaged or lost equipment is not allowed unless authorised in writing by the Organising Authority. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

20. Supplied Boats

20.1 Boats will be supplied by the Organising Authority. See SI Addendum C.

21. Official Vessels

21.1 Official vessels will be identified by the flying of the Saudi Games Event Flag.

22. Trash Disposal

22.1 Any competitor found to be disposing of trash in the waters, shall be given a 3-point penalty.

22.2 Trash may be placed aboard official vessels.

23. Risk Statement

23.1 RRS 3 states: 'The responsibility for a boats decision to participate in a race or to continue to race is hers alone. By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk

SI Addendum A

Racing Area



SI Addendum C

Boats Supplied by the Organising Authority

Boats:

Boats will be supplied for all competitors, who shall not modify them or cause them to be modified in any way except that:

- (a) A compass may be tied or taped to the hull or spars;
- (b) Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
- (c) Hulls, centreboards and rudders may be cleaned only with water;
- (d) Adhesive tape may be used anywhere above the water line; and
- (e) All fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.

All equipment supplied with the boat for sailing purposes shall be in the boat while afloat.

The penalty for not complying with one of the above instructions is disqualification from all races sailed in which the instruction was broken.

Competitors shall report any damage or loss of equipment, however slight, to the organising authorities representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, is disqualification from the race most recently sailed.