

# GNS Interclub Series of Lake St-Louis



---

*Royal St-Lawrence Yacht Club, Pointe-Claire Yacht Club, Beaconsfield Yacht Club*

---

**May 21 to October 20, 2024**

Montréal, Québec, Canada

## **SAILING INSTRUCTIONS (SIs)**

### 1. RULES

1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing*. (RRS)

### 2. CHANGES TO SAILING INSTRUCTIONS

2.1. Any change to the sailing instructions will be posted on the Official Notice Board located at [www.gnsracing.com](http://www.gnsracing.com) before 13h00 on the day it will take effect, except that any change to the schedule of races will be posted by 20h00 on the day before it will take effect.

### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be sent by email and to the address entered in the boat registration form.
- 3.2. On the water, the VHF channel 77 is restricted to the Race Committee communication. Competitors may use channel 77 during races for urgency or safety messages only. Misuse of the channel 77 during races could be considered as misconduct - RRS 69.

### 4. CODE OF CONDUCT

4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

### 5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the host club flag pole and an email notification sent simultaneously to the entire GNS registered fleet.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

### 6. CLASS FLAGS

6.1. The class flags are:

DIVISION	FLAG
1	Purple
2	Green
3	White
4	Yellow

### 7. COURSES

- 7.1. The courses are identified in Addendum A.
- 7.2. For Divisions 1 and 2, the course to be sailed will be windward leeward either 2 times around (the "Regular Course") or one time around (the "Short Course") the course. All course marks must be left to port.
- 7.3. The requirement to sail a Short Course will be signaled by the Race Committee signal vessel by displaying numeral pennant 1 with the class flag. If numeral pennant 1 is not displayed, boats shall sail the Regular Course.

- 7.4. The windward mark for Division 1 will be located to windward distance allowing maximization of race target time to approximately 30 minutes before race time limit (addendum B). The location of the mark shall not be grounds for protest.
  - 7.5. The windward mark for Division 2 will be located so that the length of the windward leg will be approximately 75% of the length of the Division 1 windward leg. The location of the mark shall not be grounds for protest. All course marks must be left to port.
  - 7.6. For Division 3 the course to be sailed will be one triangle and one windward leeward (the "Regular Course") or one windward leeward (the "Short Course"). The windward mark will be located so that the length of the windward leg will be approximately 75% of the length of the Division 1 windward leg. The location of the mark shall not be grounds for protest. All course marks must be left to port.
  - 7.7 For Division 4 the Regular Course to be sailed will be a triangle followed by a windward leeward. The Short Course will be a windward leeward course. The windward mark will be located so that the length of the windward leg will be approximately 75% of the length of the Division 1 windward leg. The location of the mark shall not be grounds for protest. All course marks must be left to port.
  - 7.8. Courses will not be shortened. This changes RRS 32.
  - 7.9. Legs of the course will not be changed after the preparatory signal. This changes RRS 33.
8. FROSTBITE COURSES (FROSTBITE GNS Series and "Full" FROSTBITE)
- 8.1 The GNS FROSTBITE Series and the FROSTBITE Series are for Divisions 1, 2 and 3 only.
  - 8.2. All Divisions will sail the same double windward-leeward course with 1 windward mark and a leeward mark which is also the starting/finishing mark. This changes SI 7.2, 7.3, 7.4, 7.5, 7.6 and 9.2. See Addendum A.
  - 8.3. When Numeral Pennant 7 is displayed as the warning signal, all Divisions will start together. This changes SI 10.6.
  - 8.4. Attention is brought to the possible use of, but not limited to, RRS 33 Changing the next leg of the course, and RRS 32 Shortened Course. This changes SI 7.8 and 7.9.
9. MARKS
- 9.1. The marks that may be used are yellow or orange inflatable marks
  - 9.2. The starting/finishing mark is a red ball.
10. THE START
- 10.1. Races will be started using RRS 26
  - 10.2. The starting line will be between a staff displaying an orange flag on the signal vessel and the course side of the starting/finishing mark.
  - 10.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
  - 10.4. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
  - 10.5. A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
  - 10.6 The order of starts will be determined by the flags flown by the race committee. The race committee will attempt to start the divisions in sequential order. To facilitate race management, the race committee may change the order of starts or start multiple divisions together, at its discretion. Such action by the race committee will not be grounds for redress.
11. THE FINISH
- 11.1. The finishing line will be between a staff displaying a blue flag on the signal vessel and the course side of the starting/finishing mark.
12. TIME LIMITS
- 12.1. The Race Time Limits (see RRS 35) for Series 1, 2, 3 and 4, are identified in Addendum B
  - 12.2. Boats failing to finish within the Time Limit, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Time Limit. This changes RRS 35, A5.1, A5.2 and A10.
  - 12.3. Failure to meet the Race Time Limit will not be grounds for redress. This changes RRS 62.1(a).
  - 12.4 The Finishing Window, which is the time limit for boats to finish after the first boat of their division sails the course and finishes, will be of 30 minutes.
  - 12.5 Boats failing to finish within the Finishing Window shall be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

### 13. HEARING REQUESTS

13.1. The protest time limit is 13h00 the day following the regatta.

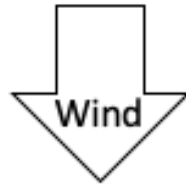
13.2. Hearing request forms can be found on the Official Notice Board located at [www.gnsracing.com](http://www.gnsracing.com).

13.3. Notices will be posted no later than 48 hours after a race to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at Pointe-Claire Yacht Club.

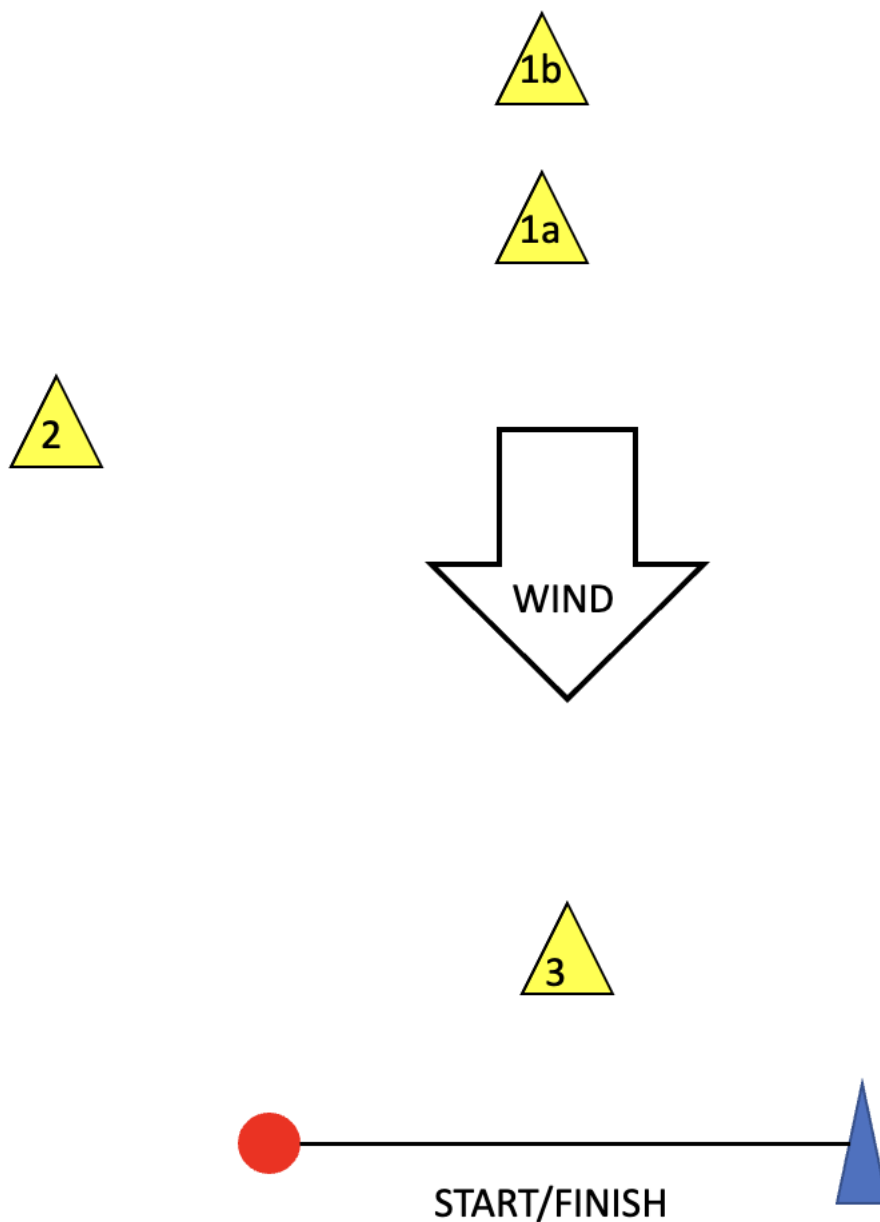
13.4. RRS 62.2(a) and 66.2(a) do not apply.

SI ADDENDUM A – Courses

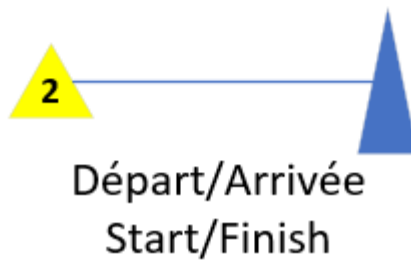
Division	Regular Course	Short Course
1	Start-1b-2-1b-Finish	Start-1b-Finish
2	Start-1a-2-1a-Finish	Start-1a-Finish



Division	Regular Course	Short Course
3	Start-1a-2-3-1a-Finish	Start-1a-Finish
4	Start-1a-2-3-1a-Finish	Start-1a-Finish



Division	Regular Course	Short Course
FROSTBITE 1, 2, 3 only	Start-1-2-1-Finish	RRS 33, 32 applies



**ADDEMDUM B- Race Time Limit**

DATE	TIME LIMIT
May 14	20h36
May 16	20h38
May 21	20h43
May 23	20h45
May 28	20h50
May 30	20h52
June 4	20h56
June 6	20h57
June 11	21h00
June 13	21h01
June 18	21h02
June 20	21h03
June 25	21h03
June 27	21h03
July 2	21h01
July 4	21h01
July 9	20h58
July 11	20h57
July 16	20h53
July 18	20h51
July 23	20h46
July 25	20h44
July 30	20h38
August 1	20h35
August 6	20h28
August 8	20h25
August 13	20h17
August 15	20h14
August 20	20h05
August 22	20h02
August 27	19h53
August 29	19h50

