



**Dubai Duty Free
SB20
Middle East Championships**

1st – 3rd of December 2023

Sailing Instructions

Including Amendment 1

Published on
2023/11/30

Organizing Authority:
Dubai Offshore Sailing Club

VERSION CONTROL		
VERSION	DATE PUBLISHED	REMARKS
Version 1	2023/11/26	Initial version of the document
Amendment 1	2023/11/30	Changes to points 2, 12, 21, 23. Added Addendum C.

[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(ssa).

1. RULES

- 1.1. NoR 1 contains a list of rules for this event. Competitors are reminded to take note of these.
- 1.2. The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.3. RRS Appendix T, Arbitration, will apply.
- 1.4. RRS 40.1 will apply at all times while afloat.
- 1.5. Add to RRS 32.1: '(f) for any reason considered appropriate by the Race Committee.'
- 1.6. If there is a conflict between this Notice of Race (NOR) and the Sailing Instructions (SI), the Sailing Instructions prevail. This changes RRS 63.7.

2. IDENTIFICATION

- 2.1. All boats will be issued with randomly allocated bow numbers, which will be supplied and installed by OA before the event.
- 2.2. **Bow numbers installation must be completed according to the guidelines available in Addendum C.**
- 2.3. Bow numbers shall be displayed from the time they are applied by the OA through the end of the event. It is the responsibility of the competitor to ensure that the bow numbers remain on the boat and obtain replacements as necessary.
- 2.4. Provided two or more races have been completed, from Saturday December 2nd onwards, each day while racing, the sailors of the first, second and third boats in series ranking at the beginning of the day shall wear yellow, green and red bibs respectively. These bibs will be available at the Race Office each day from two hours before the first scheduled warning signal of the day and shall be returned by competitors as soon as possible after the day's racing.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the Sailing Instructions will be posted before 0900 or no later than 90 minutes before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. COMMUNICATION WITH COMPETITORS

- 4.1. The official notice board is located at Racing Rules of Sailing portal under the below address. The QR to access the group is also available in Addendum B.
<https://www.racingrulesofsailing.org/documents/6922/event?name=sb20-middle-east-championships-2023>
- 4.2. The VHF Channel to be used for race committee broadcasts is channel 08.
- 4.3. The Event Messaging System for this event will be setup using Telegram messaging group. The QR code to join the group is available in the Addendum B.
- 4.4. The Race Office is located at Dubai Offshore Sailing Club.
- 4.5. Competitors may communicate with the race committee as follows:
 - By the Event Messaging System to the specified group. These messaging groups shall only be used for official communications.
 - By VHF on Channel 08.

- By letter through the Race Office.
- 4.6. [NP] The following communications will be made by the race committee on VHF and may be repeated on the Event Messaging System.
- The use of alternate preparatory signals
 - The courses to be sailed and any changes or shortening.
 - The approximate bearings and distances to moveable/first marks
 - The warning, preparatory and starting signals for all classes.
 - Between the warning and preparatory signal, any starting penalty flag to be displayed.
 - Sailing Instruction changes (confirmation of changes posted)
 - Postponements and abandonments
 - Individual and general recalls
 - The intended time of the first start of a starting sequence
- 4.7. On the water, the Race Committee may broadcast information available to all competitors on VHF radio channel 8, including starting and safety information. Such broadcasts will not be grounds for a request for redress. This changes RRS 62.1(a).
- 4.8. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 4.9. There will be a briefing for competitors at 11:30hrs on each racing day in the Tentola at DOSC

5. CODE OF CONDUCT

- 5.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 5.2. [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed from the Dubai Offshore Sailing Club's flagpole.
- 6.2. When AP is displayed ashore, '1 minute' is replaced with 'not less than forty-five (45) minutes' in the race signal AP. This changes RRS Race Signals.

7. SCHEDULE

DATE	TIME	
30 th November	1800 – 2000	Registration & weigh-in
1 st December	0900 – 1200	Registration & weigh-in
	1130	Skippers Briefing
	1300	1st warning signal
	1900	Opening Ceremony
2 nd December	1130	Skippers Briefing
	1300	1st warning signal
3 rd December	1130	Skippers briefing
	1300	1st warning signal
	1830	Closing ceremony
	1900	Prize Giving

- 7.1. Nine (9) races are scheduled for the SB20 Middle East Championships 2023.
- 7.2. The RC may race as many as four (4) races each day.
- 7.3. When more than one race is scheduled in a day, second and subsequent races will be started as soon as practical.

- 7.4. After a long postponement, or to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound, at least five minutes before a warning signal is displayed.
- 7.5. The OA and/or the RC reserve the right to modify the program due to weather conditions or other reasons. The proper communication will be posted on the Official Notice Board by 20:00 hours on the day before it will take effect.
- 7.6. On the last day of the regatta, no warning signal will be made after 16:30 except of the general recall case. If the initial warning signal of a race was made before that time the required repeated starts may continue beyond that time.

8. REGISTRATION

- 8.1. All crew members need to be present at the time of registration.
- 8.2. Crew weight will be verified at registration in terms of compliance with SB20 Class Rules – crew weight limit of 270kg.

9. CLASSES AND EVENT FLAGS

- 9.1. The Class Flag will be the SB20 Class logo on a white background.

10. RACING AREA

- 10.1. See Attachment A of the Notice of Race (NOR).

11. COURSES

- 11.1. The course is described in Addendum A.

12. MARKS

- 12.1. Marks are described in Addendum A.
- 12.2. Autonomous marks may move due to outside influences. This includes minor readjustment due to wind and wave fluctuation, marks returning to station after having been pushed away by a competitor, and collisions with marks that are not actively marks of the course. Moving autonomous mark does not exonerate a boat from complying with RRS 31.

13. OBSTRUCTIONS

- 13.1. Areas designated as obstructions are shown in Addendum A.

14. THE START

- 14.1. Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal and the preparatory signal one minute later.
- 14.2. Individual and General Recall flags will be displayed on the RC vessel in accordance with RRS 29 and may be displayed by other starting line boats as a courtesy. This changes RRS 29.1 and RRS 29.2.
- 14.3. Boats subject to individual recall under RRS 29.1 or boats breaking RRS 30.3 (U Flag Rule) or RRS 30.4 (Black Flag Rule) will be broadcast on the VHF Channel using bow numbers as a courtesy.
- 14.4. In the event of a General Recall or abandonment after the start during a RRS 30.4 (Black Flag Rule) start, the RC shall broadcast on the VHF Channel and display the bow number of any boat violating RRS 30.4 before the next warning signal. This changes RRS 30.4.
- 14.5. The RC will attempt to make the broadcasts described in SI 14.3 and 14.4. However, the timing of such a broadcast, the sequence of the broadcasts or the failure to make or hear the broadcasts shall not be grounds for granting redress. This changes RRS 62.1(a).
- 14.6. A boat that does not start within five (5) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This change is added to RRS A5.1

15. CHANGE OF COURSE

15.1. The system for changing the course is described in Addendum A.

16. THE FINISH

16.1. The finishing line is described in Addendum A.

17. PENALTY SYSTEM

17.1. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

17.2. Decisions of the race committee will be final as provided in rule 70.5.

17.3. Race committee may impose discretionary penalties other than disqualification for violations of RRS non-Part 2 rules. This SI does not apply to breaches of RRS 2, 28 or 31.

17.4. The race committee may impose discretionary penalties other than disqualification for violations of SB20 Class Rules. However, in no case shall the penalty for such a violation be less than a ten percent (10%) scoring penalty calculated pursuant to RRS 44.3(c). This changes RRS 64.6

18. TIME LIMITS AND TARGET TIME

18.1. The time limits and target times are as follows (changing RRS 35 and RRS A5):

Time Limit (1) For 1 st boat to finish as RRS 35.	Time limit (2) Latest time to finish after 1 st boat sails the course and finishes.	Target Finish Time
80 minutes	10 minutes	60 minutes

18.2. Boats that do not finish within time limit (2) will be scored DNF without a hearing.

18.3. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

19. HEARING REQUESTS

19.1. A boat intending to protest for an incident during a race is requested to advise the intention to lodge a hearing request to the race committee at the finish line, by VHF and/or by the Event Messaging System. If the protestor does not finish the race, they shall promptly inform the Race Office immediately after coming ashore.

19.2. The protest time limit is 60 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.

19.3. Hearing requests shall be submitted using Racing Rules of Sailing. Request button available on the notice board.

19.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the DOSC,

19.5. Messages regarding hearings may be sent via the Event Messaging System.

19.6. RRS Appendix T, Arbitration, applies. The time and location of arbitration meetings shall be posted on the official notice board or via the Event Messaging System.

19.7. Breaches of Sailing Instructions marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).

19.8. Penalties for breaches of rules, except RRS Part 1 and 2 are at the discretion of the protest committee.

19.9. A boat that has taken a penalty under RRS 44.1 shall complete an acknowledgement form at the race office within the protest time limit.

20. SCORING

- 20.1. Three races are required to be completed to constitute a series.
- 20.2. Scoring shall be according to the Low Point Scoring System of RRS A2 and A4 as follows:
- When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
 - When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 20.3. To request correction of an alleged error in posted race or series results, a boat shall lodge a scoring inquiry using Racing Rules of Sailing. Request button available on the notice board.

21. GPS TRACKING DEVICES [NP] [DP]

- 21.1. All participants must utilize the organization-provided tracking device throughout the duration of the event **unless instructed differently during the competitors briefing**.
- 21.2. Sailors are obligated to retrieve and return trackers daily, during sign-out and sign-in at the SAILMON stand. The specific location and time will be communicated in advance.
- 21.3. On the initial day, it is mandatory to bring your phone to the pickup booth; however, this is not required on subsequent days.
- 21.4. Trackers must be placed in the front pocket of the spinnaker bag and securely fastened.
- 21.5. The Race Committee will impose the following standard penalties without the need for a hearing.
- Failure to collect the tracker will result in a penalty of 1 point in the first race of the day.
 - Neglecting to return the tracker will incur a penalty of 1 point in the last race of the day.
 - Improper mounting or placement of the tracker will result in a penalty of 1 point for each race.

22. SAFETY REGULATIONS

- 22.1. See the Notice of Race Attachment B for specific safety regulations.
- 22.2. RRS 40.1 shall apply at all times while afloat.
- 22.3. The race committee may stop a boat launching, or require it to return ashore, if they consider the boat, its equipment, helm or crew are not adequate for the likely conditions.
- 22.4. All boats, whilst afloat, preparing to go afloat and on return to shore shall comply with instructions given by slipway marshals and any DOSC official committee vessel or patrol vessel.
- 22.5. The penalty for breaking a rule in SI 22 shall be a twenty percent (20%) scoring penalty calculated pursuant to RRS 44.3(c) unless the Jury decides differently, applied without a hearing to a boat's first valid race of the day. This change is added to RRS A5.1.

23. [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 23.1. Substitution of competitors is not allowed without prior written approval of the race committee.
- 23.2. Competitors desiring to substitute crew shall have new crew members weighed-in half an hour before the briefing.**
- 23.3. Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

24. EQUIPMENT AND MEASUREMENT CHECKS

- 24.1. See Event NOR 10.
- 24.2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

25. OFFICIAL VESSELS

25.1. Official boats will be marked with flags reflecting the role of the vessel.

26. [DP] SUPPORT TEAMS

26.1. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment.

27. TRASH DISPOSAL

27.1. RRS 47 applies.

28. BERTHING [DP]

28.1. See Event NOR 17

29. HAUL-OUT RESTRICTIONS [DP]

29.1. See Event NOR 17.

30. DIVING EQUIPMENT AND PLASTIC POOLS [DP]

30.1. See Event NOR 18

31. PRIZES

31.1. See Event NOR 15

32. RISK STATEMENT

32.1. See Event NOR 22

33. INSURANCE

33.1. See Event NOR 20

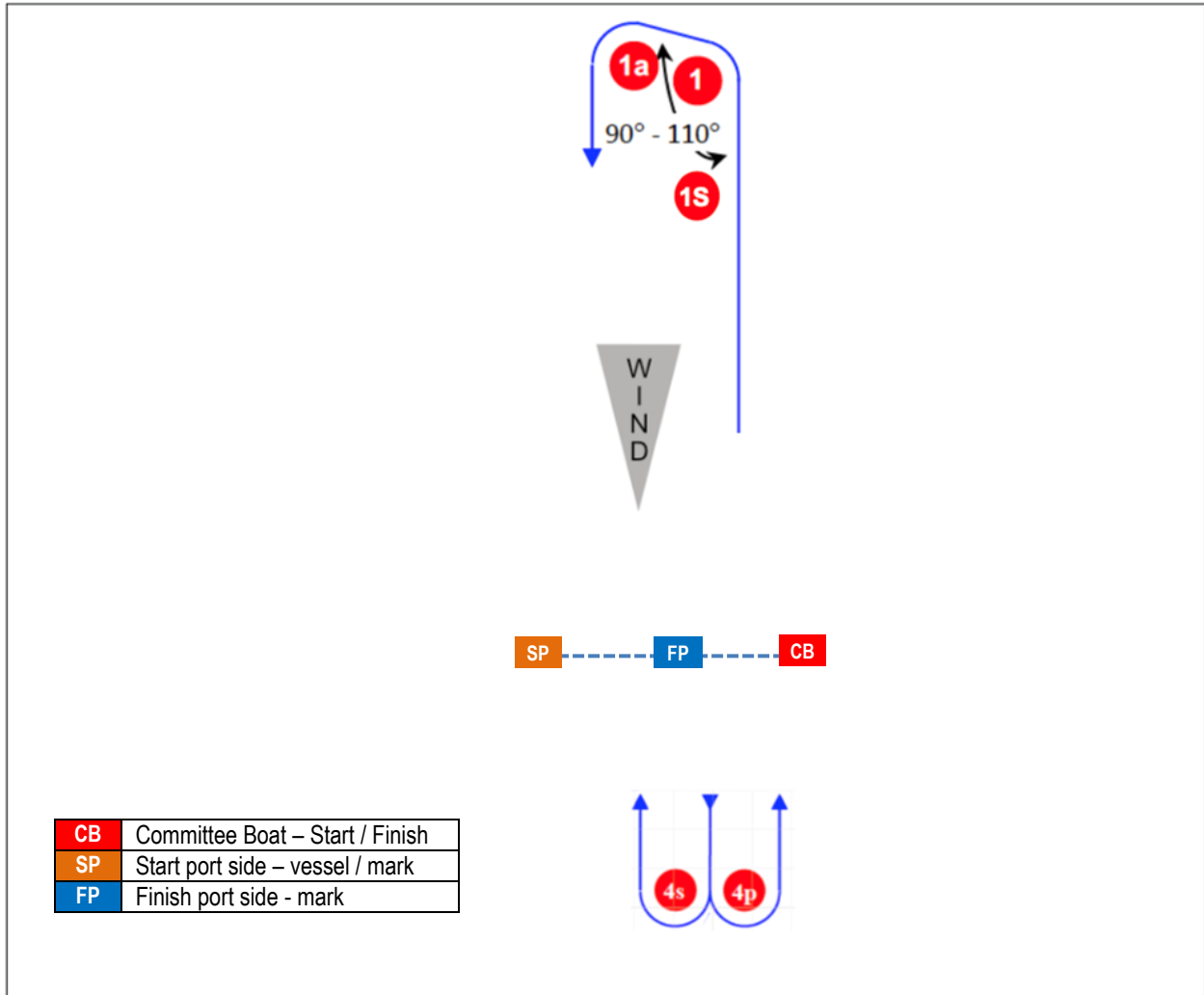
ADDENDUM A Race Area, Marks & Courses

A1. THE RACE AREA

A1.1. The race areas will be either Race Area A or B in Attachment A of the NoR.

A2. THE RACE COURSE

A2.1. The racecourse is depicted on the below diagram.



Signal	Order in which marks are to be passed
No signal displayed	Start - 1s - 1 - 1a - 4s/4p - 1s - 1 - 1a - 4s/4p - Finish

A2.2. The distance of legs, the colour of marks and the angle between marks may not be as shown.

A2.3. Mark shapes and colours will be announced by VHF and will be transmitted as soon as possible after the display of the orange flag, but no later than the warning signal.

A3. STARTING MARKS AND STARTING LINE

A3.1. The starting line will be between two vessels displaying orange flag on of them being the committee boat on the starboard (right) sight of the starting line.

- A3.2. The port side of the starting line opposite to the committee boat can be replaced with an orange mark instead of dedicated vessel.
- A3.3. There might be a dedicated line-spotting vessel anchored in the close proximity to the mark. It is not allowed to sail between the mark and the line-spotting vessel.
- A3.4. The configuration, colours and shapes of the starting line shall be announced during the daily briefing. Required amendments might be announced on VHF after the Orange Flag is displayed but before the Warning Signal.

A4. MARKS OF THE COURSE

A4.1. The following marks will be used:

Name	Description of Mark:	Mark Colour
Mark 1	Autonomous mark	Orange
Mark 1A	Autonomous mark	Orange
Mark 1S	Autonomous mark	Green
Gate 2	Orange Inflatables x 2	Orange

A4.2. If only one of the Gate marks is laid, boats shall leave it to the same side as Mark 1.

A5. FINISHING MARKS AND FINISHING LINE

- A5.1. The Finishing Line will be between the committee boat displaying blue flag and a dedicated finish mark on the port side of the line.
- A5.2. The configuration, colours and shapes of the finishing line shall be announced during the daily briefing. Required amendments might be announced on VHF after the Orange Flag is displayed but before the Warning Signal.

A6. CHANGE OF THE NEXT LEG OF THE COURSE

- A6.1. To change the next leg of the course, the Race Committee may (a) lay a new mark, (b) move the finishing line, or (c) move the leeward gate. When a new mark is laid, the original mark will be removed as soon as possible.
- A6.2. The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling a change of course. If mark 1 is moved under this rule marks 1S (if set) and 1a will be laid. This changes RRS 33.
- A6.3. If a change of course is signalled and mark 1 is replaced, mark 1S may not be laid.
- A6.4. Except at a gate, boats shall pass between the Race Committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee vessel to starboard. This changes RRS 28.

A7. OBSTRUCTIONS

A7.1. The Start Line and Finish Line are not an obstruction.

ADDENDUM B Event Links

B1. EVENT NOTICE BOARD:

B1.1. Below QR code can be used to access the event Notice Board.



B2. EVENT MESSAGING SYSTEM

B2.1. Following link can be used to join Event Messaging System: <https://t.me/+TcsPaw7hb8VjY2E8>

B2.2. Below QR code can be used to join the event messaging group.



ADDENDUM C

Bow Number Positioning

C1. BOW NUMBER INSTRUCTIONS

- C1.1. Apply to both sides of the boat with the number pointed towards the bow.
- C1.2. The sticker should be positioned max 15 cm from the bow.
- C1.3. The sticker should be positioned max 5 cm under and parallel to the deck gunwale.
- C1.4. Please clean that part properly and ensure the sticker really sticks (remove bubbles).
- C1.5. No modifications to the sticker itself are allowed.

C2. BOW NUMBER EXAMPLE

- C2.1. Bow numbers should be installed according to the below example.

