



IN-MDL CUP
YAI SENIOR NATIONAL CHAMPIONSHIPS 2021
01 September 2021 to 06 September 2021
INWTC (Mumbai), Maharashtra, India

Organizing Authority: - INWTC (Mumbai) with Yachting Association of India (YAI).

SAILING INSTRUCTIONS

1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2021 -2024.
- 1.2 National prescriptions if any will apply.
- 1.3 In all rules governing this event:
 - 1.3.1 The notation '[DP]' in a rule in the Sailing Instructions (SI) means that the penalty for a breach of that rule may, at the discretion of the Protest Committee be less than disqualification.
 - 1.3.2 The notation '[SP]' denotes a rule for which a standard penalty may be applied by the race committee or the technical committee without a hearing. This changes RRS 63.1 and A5.
 - 1.3.3 The notation '[NP]' in a rule in the SI denotes a rule that shall not be grounds for protest by a boat. This changes RRS 60.1(a).
- 1.4 **[DP] [NP]** COVID-19 infection prevention:
 - 1.4.1 Infection prevention and hygienic regulations will apply. The regulations will be published on the Official Notice Board.
 - 1.4.2 Participants and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct.
 - 1.4.3 Reasonable actions by event officials to implement COVID-19 regulations, guidance, protocols or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.
- 1.5 The Equipment Rules of Sailing (ERS) will apply.
- 1.6 If there is a conflict between a rule in the Notice of Race (NOR) and one in the Sailing Instructions, the rule in the Sailing Instructions shall take precedence. This changes RRS 63.7.
- 1.7 If there is a conflict between languages, the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board (ONB) located inside the INWTC (Mbi) boat shed.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted no later than two hours before the warning signal of the race on the day it will take effect, except that any change to the format or schedule of races will be posted by 1830 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flag staff located on the Launching area near slipway.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.
- 4.3 [SP] [NP] Flag D is displayed ashore with one sound signal means" the warning signal will be made not less than 30 minutes after the flag D is displayed or not before the scheduled time, whichever is later. Boats shall not leave their allocated berth until the signal is made".

5 FORMAT OF RACING AND MEDAL RACE

- 5.1 The regatta will consist of an opening series and a Medal Race for all class with more than 10 entries. Events with 10 and less entries will race in a single series. The single series events will finish racing on 04 Sep 2021.
- 5.2 A maximum of 9 races are scheduled for the opening series and single series. A minimum of 7 opening series races are required to be completed by 04 Sep 2021, for the top 10 boats of the eligible event to advance to the Medal race which will be sailed on 05 Sep 2021.
- 5.3 Should there be less than 7 opening and single series races completed by 04 Sep 2021, there will be no Medal Race and series will continue on 05 Sep 2021.
- 5.4 49er and 49erFX also RSX (Men) and RSX (Women) will have combined start and sail as a single fleet, however both classes will be scored separately.

6 SCHEDULE OF EVENTS AND RACES

- 6.1 Schedule of events is as mentioned below:

<u>Ser</u>	<u>Time</u>	<u>Event</u>	<u>Remarks</u>
31 Aug 21		Issue of I-cards to participants, officials, coaches and support staff	As Team Arrives.
31 Aug 21	0930 h – 1800 h	Registration and Measurement of boats.	As per directives of chief measurer.
01 Sep 21	0900 h – 1200 h	Registration and Measurement of boats.	As per directives of chief measurer.
	1230 h	Briefing for competitors	Boat shed.

01 Sep 21 (Contd/..)	1500 h	Sail Parade and Practice Race for all classes.	All participants are required to Sail.
	1700 h	Opening Ceremony	All participants are required to be seated by 1650 hrs in event T-Shirt with cap.

6.2 Schedule of races:-

Date	Forenoon Session		Afternoon Session		Class
	Warning Signal		Warning Signal		
02 Sep 21	0800h	Racing	1400h	Racing	All classes
03 Sep 21	0800h	Racing	1400h	Racing	All classes
04 Sep 21	0800h	Racing	1400h	Racing	All classes
05 Sep 21	0800h	Medal Race	1400h	Medal Race	Selected Classes
06 Sep 21	Reserve Day		1730 h	Award ceremony	

- 6.3 Three races per class variant per day are scheduled. One additional race may be sailed per day, provided that no class becomes more than one race ahead of schedule.
- 6.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.5 On **06 Sep 21** no warning signal will be made after **1300** hrs.

7 CLASS FLAGS

Class flags will be:-

Class	Class Insignia	Background Colour
ILCA 6 (Laser Radial (Women))	ILCA	Green
ILCA 7 (Laser Standard)	ILCA	White
49er FX (Women)	49er	White
49er (Men)		
470 (Mix)	470	White
RS:X (Men)	RS:X	White
RS;X (Women)		
NACRA 17 (Mix)	NACRA	White
Windfoiling (iQFoil) (Men/Women)	iQFoil	White
Kite board (Open) (Men/Women)	Kite	White

8 RACING AREAS

- 8.1 The racing areas will be in the vicinity of Sunk Rock light house in Mumbai harbour. General areas for Course A & Course B is as depicted in Addendum A. Kite board will be in general area off Mandava Beach.
- 8.2 Classes are assigned to racing areas as follows: -

Course Area – A	Course Area – B	Course Area – C
ILCA 7 (Laser Standard (Men))	470 (Mixed)	Kiteboarding (Men/Women)
ILCA 6 (Laser Radial (Women))	49er (Men) / 49er FX (Women)	
Windfoiling (iQFoil) (Men/Women)	NACRA 17	
RS:X (Men)/RS:X (Women)		

9 THE COURSES

- 9.1 The diagrams in Addendum B show the courses, order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 If there is only one mark in the gate position, this mark is to be left to port.

10 MARKS

Marks will be as under:-

Mark No	Course Area – A	Course Area – B	Course Area – C
1	Yellow Conical	Yellow Conical	Yellow Cylindrical
1A	Red Fender Mark	Red Fender Mark	
1E	Orange Cylindrical(AYN)	Orange Cylindrical(AYN)	
2S & 2P	Orange Cylindrical	Orange Cylindrical	
Starting marks	Race Committee vessel on Stbd end and a yellow dumpy buoy on Port side	Race Committee vessel on Stbd end and a yellow dumpy buoy on Port side	Race Committee vessel on Stbd end and a red fender mark on Port side
Finishing Marks	Race Committee vessel on Stbd end and a red Fender mark on Port side.	Race Committee vessel on Stbd end and a red Fender mark on Port side.	Race Committee vessel on port end and a red Fender mark on starboard side.

11 THE START

- 11.1 For course A & B the races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal. On Course C the warning signal will be made three minutes before the start signal for kite boards.

- 11.2 For Courses A and B, the starting line will be between a staff displaying an orange flag on the start committee vessel at the starboard end and a yellow dumpy buoy at the Port end or a staff displaying an orange flag on another race committee vessel at the port end. For Course C, the starting line will be between a staff displaying an orange flag on the start committee vessel at the starboard end and a red fender mark at the port end.
- 11.3 [DP][NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races and shall stay 100 metres away from boats that are starting or manoeuvring around the starting area to prepare for the start.
- 11.4 A boat/board that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 11.5 The race committee may combine some classes for the start together.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the Race Committee will
- (a) Lay a new mark and remove the original mark as soon as practicable, or
 - (b) Move the finishing line to a new position, or
 - (c) Move the leeward gate marks.
- 12.2 When in a subsequent change, a new mark is replaced; it will be replaced by an original mark.
- 12.3 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

13 THE FINISH

- 13.1 Finish line for Course A & B and C would be as per the course diagram displayed in Addendum B.
- 13.2 Course A & B. The finishing line will be between a staff displaying a blue flag on the committee vessel at the starboard end and a red fender mark on the port end.
- 13.3 Course C. The finish line will be between a staff displaying a blue flag on the committee vessel at the Port end and an a red fender mark on the starboard end.

14 PENALTY SYSTEM

- 14.1 Appendix P will apply as changed by SIs 14.2 and 14.3.
- 14.2 For the 49er/49er FX and RSX (M)/RSX (W) classes, RRS 44.1 and RRS P2.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 14.3 A boat that has retired under RRS 44.1 shall complete an exoneration form at the Race Office within the protest time limit.

15 TIME LIMITS AND TARGET TIMES

15.1 The time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finishing Window	Target Time
470 (Mixed), ILCA 7 (Laser Standard), ILCA 6 (Laser Radial)	70	20	10	45
49erFX, 49er, RS:X and RS:X (Women) Wind foiling (iQFoil) (Men/Women) NACRA 17	40	20	10	25
Kite boarding (Men/Women),	25	15	10	10

- 15.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.
- 15.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 15.4 Boats failing to finish within the time stated in the finishing window after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Add to RRS 61.1(a), "The protesting boat shall inform the Race Committee of the boat(s) being protested at the finishing line immediately after finishing."
- 16.2 Protest forms are available with the Beach Master. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.3 For each race area, the protest time limit is 60 minutes after the last boat has finished the last race of the session, or the Race Committee signals no more racing today or further signals ashore, whichever is later.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings may be scheduled to begin up to 30 minutes before the end of protest time limit. Hearings will be held in the Jury room beginning at the time posted.
- 16.5 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 16.6 A list of boats that, under SIs 14.1, have been penalised for breaking RRS 42 and under SIs 16.7 will be posted.
- 16.7 **[NP]** For breaches of the SIs marked "[SP]", the Race Committee may apply a standard penalty without a hearing. A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. The penalty will be a 5% scoring penalty (SCP) of the score rounded to the nearest whole number (0.5 rounded upwards), applied to the race nearest in time to the incident. If the nearest whole number is 0, the penalty will be 1 point instead. The scores of other boats shall not be changed; therefore, two boats may receive the same

score. However, the penalty shall not cause the boat's score to be worse than the score for Did Not Finish (DNF). The Race Committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 60.1, 63.1 and Appendix A5.

16.8 When a penalty is given under SIs 16.7 before a race is started, the penalty will remain if that race is restarted or re-sailed. This changes RRS 36.

17 SCORING

17.1 RRS B8 is deleted and RRS Appendix A will apply.

17.2 6 races are required to be completed to constitute the event.

17.3 (a) When 6 races have been completed, a boat's series score will be the total of her race scores.

(b) When from 7 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(c) The Final series scores will be the overall points for the Championship except for the boats competing in the Medal Race.

(d) The boat competing in the Medal Race will be the placed 1st to 10th based on their total scores. The remaining boats will then be placed based on their Final Series score.

(e) The Medal Race will be for top 10 overall in Fleet with target time of 25 mins. This race will be double low point scoring and shall not be excluded from a boats series score.

(f) In the Medal Race ties will be broken by the Medal Race Score. This changes RRS A8.

(g) For the Medal Race RRS A4.1 is changed so that the points are doubled. RRS A4.2 is changed so that the scores are based on the number of boats assigned in that race and then doubled.

17.4 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available from the Race Office.

20 [NP] SAFETY REGULATIONS

20.1 [DP] All competitors except RS:X (Men/Women) shall wear personal floatation devices at all times whilst afloat, except briefly while changing or adjusting clothing, or personal equipment. Wet suits, dry suits and trapeze harnesses are not personal floatation devices. This changes preamble to Part 4 and RRS 40.

20.2 Personal floatation devices shall comply with appropriate international standards. The Organising Authority reserves the right to reject any personal floatation devices which it considers unsuitable.

20.3 [SP] Check-Out and Check-In Procedures:

20.3.1 Before launching on each scheduled racing day, a competitor from each boat shall personally Check-Out, by signing on the forms provided at the Beach Master Table located near the Flag post ashore.

20.3.2 After returning ashore, a competitor from each boat shall personally Check-In, by signing on the forms provided at the Beach Master, within the protest time limit.

- 20.4 **[SP]** A boat that retires from a race shall notify the Race Committee as soon as possible and shall complete a retirement declaration form at the Beach Master no later than the protest time limit.
- 20.5 When the Race Committee displays flag V with repetitive sounds, all official and support vessels shall monitor the Race Committee radio channel for that course area for search and rescue instructions. This may be to collaborate with rescue tasks and shall stay in the course area until flag V is removed, or the “All-Clear” has been confirmed by the Course Race Officer (CRO) or the Principal Race Officer (PRO).

19 [DP][NP] REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity by filling in a relevant form at the Race Office. The substitution may only be permitted after the Technical Committee has checked and scrutinised both the damaged and the substituting equipment.
- 19.3 If the substitution was made on the water before or between races, both the damaged and the equipment substituted shall be presented to the Technical Committee after the end of the day’s racing. Repairs or replacements required afloat may be approved after the race provided that either the Race Committee or the Technical Committee afloat is notified before the next race.

20 [DP][NP] EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 On the water, a boat can be instructed by a member of the Technical Committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any time.
- 20.2 All competitors shall present their boats for scrutiny by the Technical Committee before the start of the event. Boats shall be presented fully rigged.
- 20.3 Measurements will take place at the boat park of INWTC Mbi.
- 20.4 Once a boat has completed measurements, the hull may not be removed from the boat park without the permission of the Race Committee.
- 20.5 Measurement issues are non protestable by a competitor.

21 [DP][NP] EVENT ADVERTISING

- 21.1 Competitor advertising will be restricted to World Sailing Regulation 20, Advertising Code.
- 21.2 Boats may be required to display advertising chosen and supplied by the Organising Authority. If this rule is broken, World Sailing Regulation 20.9.2 applies.

22 OFFICIAL VESSELS

Official vessels will be marked as follows:

RC Starting Vessel for Course A	RC A
RC Starting Vessel for Course B	RC B
Other RC vessels (non-starting vessel)	RC
Jury	JURY
Principal Race Officer	PRO
Rescue/Safety	RESCUE
Press/Media	MEDIA
Spectators	SPECTATORS
Coaches/Support Boats	COACH/SUPPORT/Club Burgee

23 [DP][NP] SUPPORT VESSELS

- 23.1 Except when participating in rescue operations, coaches and other support persons shall be required to stay outside areas where boats are racing from the time of the warning signal for the first fleet to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment of all fleets.
- 23.2 The areas the boats are racing can be defined as the area inside the course and within 100m of any mark, lay-line, starting line, finishing line or any area where any boat that is racing is sailing or may sail.
- 23.3 Support vessels shall clearly display a white flag bearing the 4 letter club code of the boats they are supporting OR the club burgee. No other flags or identification shall be displayed by support vessels.
- 23.4 Personnel on board support vessels are required to wear a life jacket or personal floatation device whilst on the water.
- 23.5 For safety reasons, coaches are encouraged to use a VHF radio. Radios will not be provided and coaches should bring their own.
- 23.6 The Organising Authority may at its discretion refuse support vessels entry to the venue if they are deemed unsuitable.

24 [DP] TRASH DISPOSAL

In addition to RRS 47, trash may be placed aboard support or official vessels. On shore all trash to be placed in garbage bins.

25 [DP][NP] RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

26 PRIZES

- 26.1 Prizes will be awarded to the top 3 boats in each class.
- 26.2 Other prizes may be awarded, such as for sportsmanship, exemplary behaviour and rules compliance during the championship, at the discretion of the Organising Authority.

27 DISCLAIMER OF LIABILITY

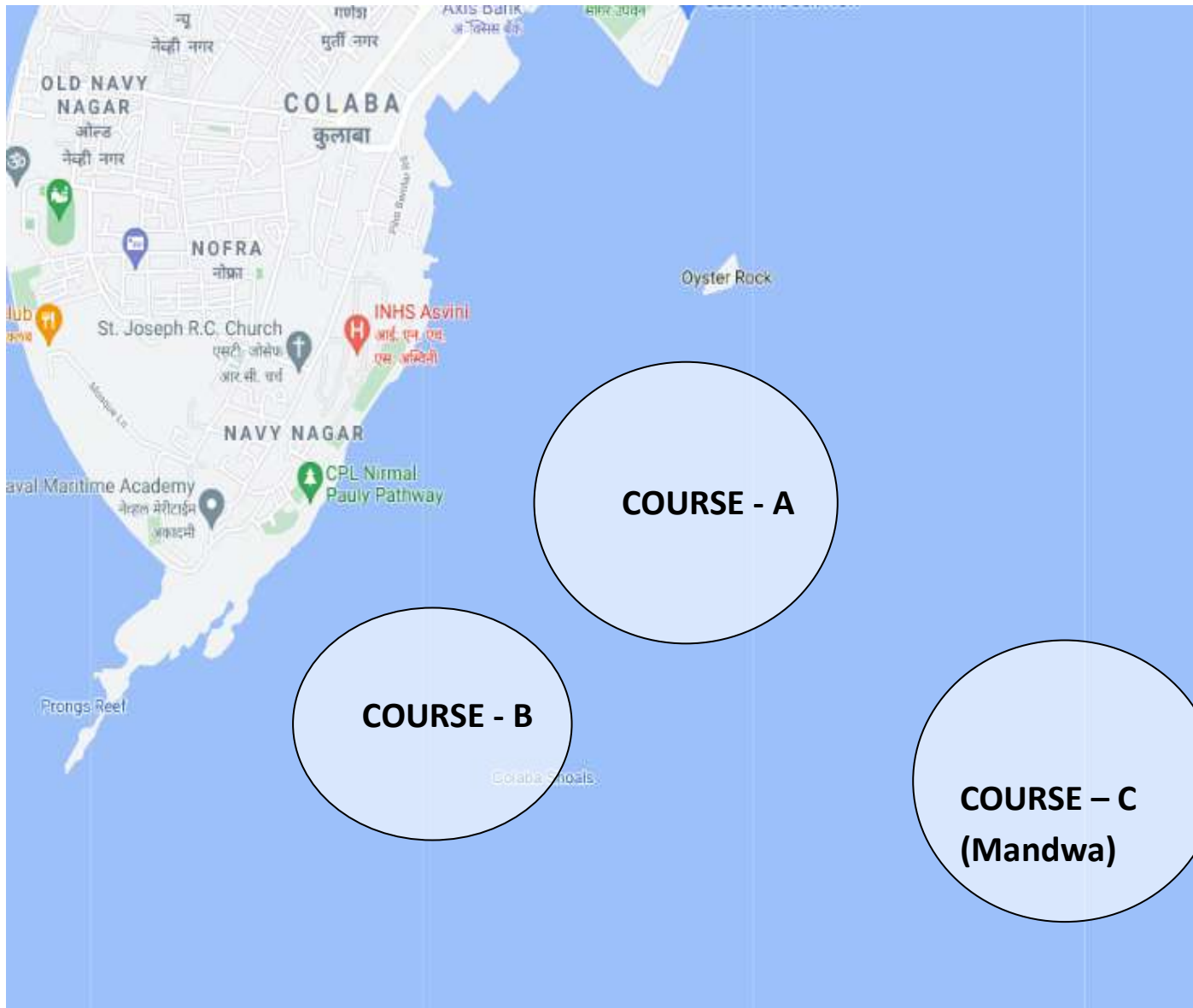
Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. The Organising Authority, or any other race officials and volunteers, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta on water or on shore.

28 [DP][NP] INSURANCE

Each participating boat shall be insured with adequate and valid third-party liability coverage.

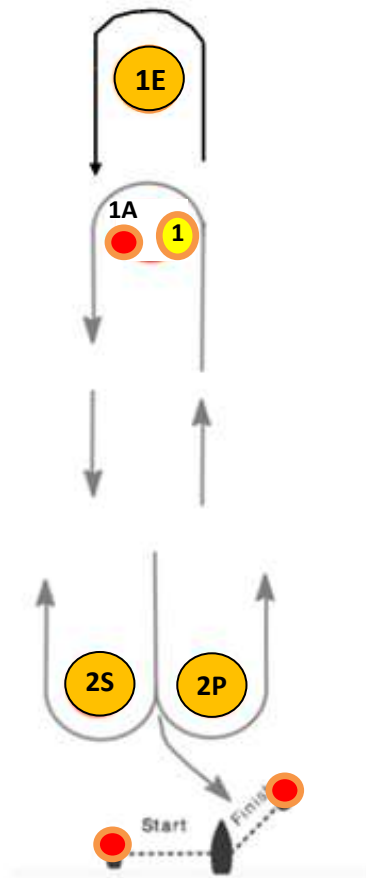
29 [DP][NP] MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT

- 29.1 By participating in this event, competitors and their support team automatically grant to the Organising Authority and any event sponsors, the right in perpetuity to make, use, and show at their discretion, any photographs, audio and video recordings, and other reproductions of them made at the venue, or on the water from the time of their arrival at the venue, until their final departure, without compensation.
- 29.2 Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the Organising Authority. Information from such equipment shall not be used by a boat as evidence in a hearing. This changes RRS 63.6.
- 29.3 The equipment provided, once placed on the boat as instructed by the Organising Authority, shall not be manipulated by the competitor or the support person in any way, except when so required by the Organising Authority.
- 29.4 Competitors may be required for media interviews during the period of the event.



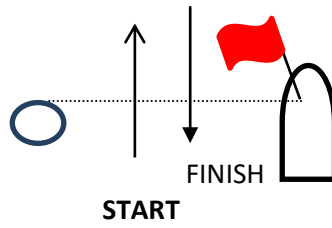
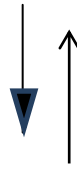
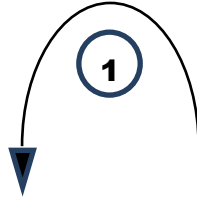
Note:- The diagram depicts general area of Courses A, B & C. Diagram is not to Scale.

COURSE 'A' & 'B'



Signal	Mark Rounding Order
L2	Start - 1 - 2S/2P - 1 - 2P - Finish
L A2	Start - 1 - 1A- 2S/2P - 1 - 1A - 2P - Finish
LE2	Start - 1E- 2S/2P - 1E- 2P - Finish
L3	Start - 1- 2S/2P - 1- 2S/2P - 1- 2P - Finish
L A3	Start - 1 - 1A- 2S/2P - 1 - 1A - 2S/2P - 1 - 1A- 2P - Finish
LE3	Start - 1E- 2S/2P - 1E- 2S/2P - 1E- 2P - Finish
L4	Start - 1- 2S/2P - 1- 2S/2P - 1- 2S/2P - 1- 2P - Finish
L A4	Start - 1 - 1A- 2S/2P - 1 - 1A - 2S/2P - 1 - 1A - 2S/2P - 1 - 1A- 2P - Finish
LE4	Start - 1E- 2S/2P - 1E- 2S/2P - 1E- 2S/2P - 1E- 2P - Finish

COURSE 'C



COURSE L – WINDWARD / LEEWARD

L1: START – 1 – FINISH