



## **SSF Optimist Selection Trial**

11,12,18,19 February 2023

SINGAPORE SAILING FEDERATION

NATIONAL SAILING CENTRE, SINGAPORE

### **SAILING INSTRUCTIONS (SIs)**

The Organising Authority (OA) is the Singapore Sailing Federation (SSF).

The Event Website will be at:

<https://events.sailing.org.sg/events/ssf-selection-trials-optimist/?occurrence=2023-02-11>

#### **1. RULES**

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*. Other documents under RRS Definition: Rule (g) includes:

1.1.1. Maritime and Port Authority

Boats shall comply with the laws and regulations of the Maritime Port Authority of Singapore ("MPA"). Boats reported by MPA as having contravened MPA's regulations shall be disqualified without a hearing. This changes RRS 63.1 and A5.

1.1.2. Sailing Instructions

Where there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail. This changes RRS 63

- 1.2. In all rules governing this event, the notations:

- 1.2.1. The notation [SP] means that a standard penalty may be applied by the Race Committee without a hearing or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1, A5.1 and A5.2.

- 1.2.2. The notation [NP] means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

- 1.3. [DP] The penalty for a breach of the class rules may, at the discretion of the Protest Committee, be less than a disqualification.

- 1.4. [NP] The infringement of RRS Appendix G, IDENTIFICATION ON SAILS, shall not be grounds for protests by a boat.
- 1.5. If there is a conflict between languages the English text will take precedence.

## **2. CHANGES TO SAILING INSTRUCTIONS**

Any change(s) to the Sailing Instructions will be posted at least 30 minutes before the first warning signal on the day it will take effect, except that any change(s) to the schedule of races will be posted no later than 1900 hrs on the day before it will take effect.

## **3. COMMUNICATIONS WITH COMPETITORS**

- 3.1. Notices to competitors will be posted on the Official Notice Board located online at <https://www.racingrulesofsailing.org/documents/5476/event?name=ssf-optimist-selection-trial-2023> All links on this page which open to subsidiary pages of the event are also a part of the Official Notice Board.
- 3.2. The race office is located at the Race Control Office at the National Sailing Centre facing the boat park.

## **4. CODE OF CONDUCT**

- 4.1. [DP] Competitors and support persons shall comply with any reasonable requests from race officials.
- 4.2. Reasonable actions by event officials to implement COVID-19 guidance, protocols, or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.

## **5. SIGNALS MADE ASHORE**

- 5.1. Signals made ashore will be displayed on the flagstaff located within the boat park of the National Sailing Centre. When a signal is displayed over a racing area letter or class flag, it applies to that area or class only.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 5.3. [DP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed.'

## **6. SCHEDULE OF RACES**

- 6.1. Schedule:

<b>Date</b>	<b>Time</b>	<b>Event</b>	<b>Venue</b>
11,12,18,19 Feb 2023	1200 hours	First warning signal of the day	Race area

6.2 Number of races:

<b>Class</b>	<b>Number of Races</b>	<b>Maximum races per day</b>
Optimist	12	4

6.3 The last possible time for a warning signal on the last day of racing will be 5pm.

6.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

**7. CLASS FLAGS**

<b>Event</b>	<b>Class Insignia</b>	<b>Background colour</b>
Optimist	Optimist Class (Blue)	Yellow

**8. RACING AREA**

8.1. Attachment 1 shows the location of the racing area.

**9. COURSES**

9.1. The diagrams in Attachment 2 show the Courses & Marks, the order in which Marks are to be passed, and the side on which each Mark is to be left.

9.2. If only one mark is present at the leeward gate, it shall be rounded to the port.

**10. MARKS**

Marks will be as follows:

<b>Class</b>	<b>Marks 1</b>	<b>Marks 4s, 4p</b>	<b>New Marks, as provided in SI 12</b>	<b>Starting mark</b>	<b>Finishing mark</b>
<b>Optimist</b>	Orange Conical	Yellow Cylindrical	White Spherical	Red Oval	Blue Oval

## **11. THE START**

- 11.1. Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2. For the Racing Areas, the starting line will be between the staff displaying an orange flag on the committee boats at the starboard and Red Oval Mark at the port end.
- 11.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five (5) minutes before a warning signal is made.
- 11.4. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **12. CHANGE OF THE NEXT LEG OF THE COURSE**

- 12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## **13. THE FINISH**

- 13.1. The finishing line will be between a staff displaying a blue flag on the finishing boat and the finish mark.
- 13.2. [DP] When boats are finishing, boats who have finished shall avoid the finishing area, keeping well clear of all boats racing, and shall not act to interfere with a boat that has not finished.

## **14. PENALTY SYSTEM**

- 14.1. RRS Appendix P applies.
- 14.2. RRS P2.3 will not apply and RRS P2.2 is changed so that it applies to any penalty after the first one.

## **15. TIME LIMITS AND TARGET TIMES**

- 15.1. The time limits and target times are as follows:

<b>Class / Course</b>	<b>Time Limit</b>	<b>Mark 1 Time Limit</b>	<b>Finish Window</b>	<b>Target Time</b>
Optimist	60 min	25 min	20 min	45 min

- 15.2. If no boat has passed Mark 1 within the Mark 1 Time Limit, the race will be abandoned.
- 15.3. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

## **16. HEARING REQUESTS**

- 16.1. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 16.2. Hearing request forms are available online at [https://www.racingrulesofsailing.org/scoring\\_inquiries/5476/event](https://www.racingrulesofsailing.org/scoring_inquiries/5476/event) by clicking on the blue "+" and then "*File a Hearing Request*". Protests and requests for redress or reopening shall be submitted online, within the appropriate time limit. If a protest or request is not received by the system and does not display on the pending hearing list, then it has not been delivered. This changes RRS 61.3 and 63.1.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury room located at the second level of the National Sailing Centre, beginning at the time posted.
- 16.4. A list of boats that have been penalised for breaking RRS 42 under Appendix P will be posted on the online notice board.
- 16.5. On the last scheduled day of racing, a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 16.6. To inform the Race Committee of the boat(s) being protested, the boat intending to protest shall approach the Race Committee vessel at the finishing line as soon as possible after finishing or retiring, and shall hail the protested boat(s) sail number(s).

## **17. SCORING**

- 17.1. Five (5) races are required to be completed to constitute a regatta.
- 17.1.1. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 17.1.2. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **18. *[DP]/[NP]* SAFETY REGULATIONS**

- 18.1. Check-Out and Check-In Procedures:
- Each boat shall personally sign-on on the forms provided at the Race Office prior to launching. After arriving on shore, each boat shall personally sign off on the forms provided within the protest time limit. The penalty for infringing this instruction will result in a scoring penalty equivalent to 10% as calculated by RRS 44.3(c), for the first race of that day if the boat fails to sign on and for the last race of that day if the boat fails to sign-off, without a hearing. This changes RRS 63.1, A4 and A5.
- 18.2. All competitors are required to wear personal flotation devices at all times whilst afloat, except briefly while changing or adjusting clothing or personal equipment.

- 18.3. A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity before leaving the Race Area.

**19. *[DP] [NP]* REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1. Substitution of competitors will not be allowed.
- 19.2. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be retrospective.

**20. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

**21. OFFICIAL VESSELS**

Official boats will be marked as follows:

Protest Committee / Judges – White flag with letter “J”

Race Committee – Yellow flag with the black letter corresponding to the course area

**22. *[DP] [NP]* TRASH DISPOSAL**

Trash may be placed aboard official vessels. The use of ‘single-use’ plastic bottles or containers on shore or afloat is strongly discouraged.

**23. BERTHING**

- 23.1. Land storage will be made available at the National Sailing Centre for all classes.

**24. PRIZES**

NIL

**25. *[DP][NP]* MEDIA RIGHTS, CAMERAS AND ELECTRONIC EQUIPMENT**

- 25.1. By participating in this event, competitors and their support persons automatically grant to the Organising Authority and any event sponsors, the right in perpetuity to make, use, and show,

from time to time at their discretion, any motion pictures and live, taped, or filmed television and other reproductions of them during the period of the event without compensation.

- 25.2. Competitors and their support persons may be required for media interviews during the period of the event.

## **26. RISK STATEMENT**

RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in an increased risk of injury. **Inherent in sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **27. INDEMNIFICATION**

To the fullest extent permitted by law, each competitor agrees to indemnify and hold Singapore Sailing Federation, owners, affiliates, officers, employees, agents, committee persons and race officials acting in the official capacities, harmless from any third party claim to the extent arising from a competitor’s acts or omissions.

## **28. [NP] LIABILITY AND INSURANCE**

- 28.1. The Singapore Sailing Federation, owners, affiliates, officers, employees, agents, committee persons and race officials acting in official capacities do not accept liability for loss of life or property damage, or personal injury or damage caused by or arising out of the event. Competitors take part in the event at their own risk.
- 28.2. The establishment of the Notice of Race and Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for in agreement of a boat he is sailing.
- 28.3. All competitors shall maintain their boats in safe and seaworthy condition.
- 28.4. A competitor shall be of good health and a competent sailor capable of racing in open water in all conditions including strong winds.
- 28.5. At-fault occurrences to other boats are the responsibility of the Competitors. Competitors are not covered by any liability insurance provided by the organising authority and should provide their own coverage for personal goods and liability protection. The organising authority recommends that competitors consult their insurance carriers to ensure they are covered at this event and regarding additional personal liability insurance coverage.
- 28.6. A competitor is recommended to have personal accident and health insurance that covers him while attending the event and while racing.
- 28.7. Each boat shall ensure that their boat is adequately insured against all third-party liability claims.
- 28.8. The Organising Authority is not responsible for verifying the status or validity of certificates.

**29. FURTHER INFORMATION**

Please contact the Singapore Sailing Federation for any questions regarding this event via the following means:

Tel:(+65) 6444 4555

Email: [performance@singaporesailing.org.sg](mailto:performance@singaporesailing.org.sg)

Website: [www.sailing.org.sg](http://www.sailing.org.sg)



## Attachment 1



## Attachment 2

### Optimist

