



HELLENIC SAILING FEDERATION
OPEN - OPTIMIST U16 GREEK NATIONAL CHAMPIONSHIP
07/07 – 11/07 / 2023

SAILING INSTRUCTIONS

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1. RULES

1.1. The regatta will be governed by the rules as defined in the “Racing Rules of Sailing (RRS) 2021-2024”.

1.2. The current IODA Class rules (2023).

The National Prescriptions.

The 2023 Racing Program by the Hellenic Sailing Federation.

All the documents above can be found posted on the official noticeboard.

<https://www.racingrulesofsailing.org/documents/5401/event>

1.3 RRS 40 is changed as follows: “The first sentence of RRS 40.1 is deleted and replaced by: “Each competitor shall wear a personal flotation device (PFD) according to class rule 4.1 (a), properly secured at all times while on the water except when temporarily changing clothing.”

1.4 In all rules governing this event, both “athlete” and “competitor” mean a person competing or intending to compete in the event.

1.5 The official language of the championship is Greek. If there is a conflict between languages the Greek text will take precedence, for the National Prescriptions, the Notice of Race and the Sailing Instructions. For all the other cases the English text will take precedence. This changes NOR 1.8.

1.6 If there is a conflict between the Notice of Race and the Sailing Instructions , the Sailing instructions will take precedence. This changes RRS 63.7

2. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted two(2) hour before the race it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

3. NOTICE TO COMPETITORS

The official notice board at the <https://www.racingrulesofsailing.org/documents/5401/event> and the event website :

Race Office will be in the building of the

NAUTICAL ATHLETIC CLUB KALAMARIA THESSALONIKI

Race Office contact details: 2310 454111-2310 454533, Email:naokth@otenet.gr

Contact Chanel with Race Committee or for search and rescue instructions according (RRS37) is VHF 72

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed from the official flagpole located over the clubhouse.

4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ this changes the race signal AP.

5. FORMAT OF RACING



5.1 Optimist class boys division

The Optimist class division boys will be divided into fleets, the regatta will consist of qualifying Opening series followed by a Final Series, in total are scheduled 11 races. The qualifying series will take place on the 8th and 9th July 2023 and the final series will take place on the 10th and 11th July 2023.

5.2 Qualifying Series:

5.2.1 For qualifying series boats will be assigned to fleets Red and Yellow of as nearly as possible, equal size.

5.2.1 The initial assignment to fleets will be done by the Race Committee on 7th July 2023, upon the completion of the registration, according the numerical order of the sail number as follows:

Sail number	Fleet Assignment
1	Red
2	Yellow
3	Yellow
4	Red
And so on	

The fleets will be posted the same day at the official notice board until 21:00

5.2.2 Boats will be reassigned to fleets after each day of racing, except if on the first day only one race is completed. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. Reassignments will be made as follows:

Rank in series	Fleet Assignment
1	Red
2	Yellow
3	Yellow
4	Red
And so on	

5.2.3 If all fleets have not completed the same number of races by the end of a day, the Race committee will reassign the fleets according paragraph 5.2.3, but it will apply as follows:

The series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.

Fleets with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets.

5.2.4 Assignments will be based on the ranking available at 21:00 that day regardless of protests or requests for redress not yet decided.

5.2.5 There will be 6 races in the qualifying series. At least 3 qualifying races shall be completed to constitute the qualifying series. The Qualifying series will take place on the first two (2) competition days except where three (3) races have not been completed for all fleets. In this case, the qualifying series will continue, after the second race day and will be used one day from final series. In this case there will be no new assignment of fleets.

5.2.6 If at the end of the qualifying series some qualifying series fleets have more race scores than others, any extra races will be abandoned & cancelled so that all boats in the qualifying series have the same number of race scores.

5.3 Final Series:

5.3.1 Boats will be assigned to gold and silver fleets based on their ranks in the qualifying series. The final series fleets will be, 50% of the boats in the gold fleet and the rest in the silver fleet.

5.3.2 Any recalculation of qualifying series ranking after boats have been assigned to final series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.

5.3.3 If at the end of final series there are no races the final ranking will be the qualifying series scoring.

5.4 Optimist Girls

The Optimist class division girls will compete in one fleet and in one series scheduled for 11 races.

6 CLASS FLAGS

6.1 The class flags will be with the fleet flags :

Class Division	Class Flag	Fleet Flag
<i>Optimist red fleet</i>	<i>Optimist flag</i>	<i>Red</i>
<i>Optimist yellow fleet</i>	<i>Optimist flag</i>	<i>Yellow</i>
<i>Optimist Girls</i>	<i>Optimist flag</i>	<i>Without</i>
<i>Optimist Gold fleet</i>	<i>Optimist flag</i>	<i>Yellow</i>
<i>Optimist Silver fleet</i>	<i>Optimist flag</i>	<i>Red</i>

6.2 Each boat member of the red fleet shall display a red ribbon and the yellow fleet a yellow ribbon . The ribbon shall be placed on the top of the sprit. This ribbons will be given from the OA.

6.3 The Girls fleet will be with no ribbon.

6.4 Each boat member of the gold fleet shall display a yellow ribbon and the silver fleet a red ribbon . The ribbon shall be placed on the top of the sprit. This ribbons will be given from the OA.

7 SCHEDULE OF RACES

SUNDAY, 02/07/2023	23:59	End of registration
FRIDAY, 07/07/2023	10:00–18:00	Equipment check / Stamping of sails
	15:00	Practice Race
	21:00	Initial Fleet Assignment
SATURDAY, 08/07/2023	10:30	Coach Meeting
	12:00	1 st Warning Signal of the day
SUNDAY, 09/07/2023	TBA	1 st Warning Signal of the day
MONDAY, 10/07/2023	TBA	1 st Warning Signal of the day
TUESDAY, 11/07/2023	TBA	1 st Warning Signal of the day

7.1 Eleven (11) races are scheduled.

7.2 For the qualifying series are scheduled 6 races and for the final series 5 races.

7.3 No more than four (4) races will be sailed each racing day.

7.4 On the last day of racing, no warning signal will be made after 17:30.

8 RACING AREA

8.1 The racing area will be near the Nautical Club of Kalamaria

9 THE COURSE

9.1 The diagram in Attachment B shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10 MARKS

10.1 Marks 1, 2, 3s and 3p will be yellow pyramid inflatable buoys.

10.2 Mark No 1 and No 2 must be left portside, and the gate must be sailed through the marks 3s/3p: as in Attachment B

10.3 Starting marks will be two race committee starting vessels, one on the starboard side displaying an orange flag and a second one on the port side with a staff displaying an orange flag .

10.4 The finishing marks will be a race committee finishing vessel on the one side and a buoy with a staff displaying a blue flag on the other side.

11 THE START

11.1 The starting line will be between staffs displaying orange flags on the starting marks..

11.2 A buoy may be attached to the race committee starting vessel ground tackle. Boats shall not pass between this buoy and the race committee starting vessel at any time. This buoy is part of the race committee starting vessel ground tackle.

11.3 [DP]When the warning signal for the first fleet has been made, boats from other fleets shall be in the pre-start area, well clear of the starting area. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.

- 11.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound signal at least 5 minutes before a warning signal is made.
- 11.5 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A5.1 and A5.2.
- 11.6 Next warning signal for every next race will be given as soon as possible.

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course, the race committee will:

- a. lay a new mark;
- b. Move the finish line ;
- c. Move the leeward gate.

When a new mark is laid, the original mark will be removed as soon as practicable.

13 THE FINISH

13.1 The finishing line will be between staffs displaying blue flags on the finishing marks.

13.2 [DP]Boats that have finished shall clear the finishing line, keeping well clear of all boats racing and of all boats whose warning signal has been made. After finishing all boats shall head to the waiting area . The waiting area is defined as a rectangle 50 meters under the starting line in all directions.

14 PENALTY SYSTEM

14.1 Appendix P, Special Procedures for RRS 42, will apply.

14.2 A boat intending to protest another boat for incidents in the racing area that she was involved in or saw, shall inform the Race Committee at the finishing line immediately after finishing of the boat/s being protested, or as soon as practicable after she retires. This changes rule 61.1.

14.3 A notice about hearings under RRS 61.1(b) from the Race Committee and the Protest Committee will be posted on the official noticeboard to inform competitors.

14.4 For breaches of the rules in the NoR and the SIs that have been marked [SP], the RC or the TC may apply a standard penalty without a hearing. However, the Race Committee or Technical Committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalized with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. This changes RRS 60.1, 63.1 and App. A5.

14.5 For breaches of the Class Rules, the rules in the NoR or in the SIs marked [SP], should the case go to a hearing, are at the discretion of the Protest Committee.

15 TIME LIMITS

15.1 Time limits are as follows:

Time limit	Mark 1 time limit	Finish window	Race Target time
90 minutes	30 minutes	15 minutes	45 minutes

15.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

15.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5

15.4 Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 For each fleet, the protest time limit is 60 minutes after the last boat has finished the last race of the day or racing has been postponed or abandoned for the day. The protest time limits will be posted on the official notice board.

Protest forms are available at: <https://www.racingrulesofsailing.org/documents/5401/event>

16.2 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time. The hearings will be held at the Jury Office.

16.3 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted. Boats that have accepted penalties under RRS 44.1 shall fill out an acceptance form that can be found at : <https://www.racingrulesofsailing.org/documents/5401/event>

To request correction of an alleged error in the posted races or series results, a boat shall complete a scoring enquiry form available at the race office.

<https://www.racingrulesofsailing.org/documents/5401/event>

16.4 The scoring enquiring will be held at the building of Nautical Club of Kalamaria^[SEP]

17 SCORING

17.1 Qualifying Series

17.1.1 At least three (3) races are required to be completed to constitute the qualifying series.

17.1.2 RRS A5.2 (DNF,DSQ, BFD, etc.)is changed so that the scores are based on the number of boats assigned to the largest fleet.

17.1.3 Boats with the same score will both be assigned to the gold fleet.

17.2 Final Series

17.2.1 At least one (1) race is required to be completed to constitute the qualifying series

17.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 PRIZES

18.1 Prizes will be awarded to the first three (3) winners of the boys and the first three (3) winners of the girls in overall of the OPEN OPTIMIST U16- GREEK NATIONAL CHAMPIONSHIP, as well as to the first three (3) winners of the boys and the first three (3) winners of the girls in the OPTIMIST U16- GREEK NATIONAL CHAMPIONSHIP

19 SAFETY REGULATIONS

19.1 [DP] A boat retiring from a race shall notify a race committee or safety boat before leaving the course or if that is not possible, shall notify the regatta office as soon as possible after returning ashore.

19.2 Competitors who require assistance may blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor.

19.3 The sign in and sign out of the boats will be according to the Attachment A.

20 OFFICIAL BOATS

Official boats will be marked as follows:

DESCRIPTION	FLAG
Jury	Any Flag with "JURY" or "IJ" or "J"
Organize Athority	Any Flag with "VIP" or Club Flag
Press/Media boats	Any Flag with "PRESS" or "MEDIA" or "TV"
Rescue	Any Flag with "RESCUE" or "SAFETY"

21 SUPPORT BOATS

- 21.1** In accordance with RRS 37 all registered support person vessels shall act as assistance / rescue boats in case of need and shall comply with any instruction given by the Race Committee on the designated VHF Channel 72 or the Organizing Authority.
- 21.2** Rule 40 applies at all times while coach boats are afloat on the water
- 21.3** Kill cord shall be used at all times when the engine is running on the support person vessel. to all support boats.



22 RACE COMMITTEE

Pavlidis Ioannis RO
Tsekoura Maria
Karastamatis Michalis
Benaxidis Nikos
Giannoulas Giorgos
Tamvakidou Natalia
Smei Irini
Darzanou Vaia
Papachristou Dimitra
Pliakis Aristotelis
Poulis Dimitris
Kolymvanou Maria

ASHORE COMMITTEE

Tsavdaridou Anna
Fragou Natalia
Korizis Thodoris
Tsetsos Haralambos

SECRETARY

Karagiannaki Irini
Hatziprodromou Mireille

23 PROTEST COMMITTEE

Kleidonas Yannis Chairman
Nikiforidis Takis
Pigadas Vasilis
Antonopoulou Myrto
Deligianni Nikoleta
Gari Melina





SI ATTACHMENT A

SIGN IN – SIGN OUT

A1 [SP] Sign in and sign out of the boats will be as follows: Each day of competition the coaches or team leaders shall send a message to the Viber Race group with a list of the competitors with the data:

- a) Club of competitor
- b) Competitor's Name
- c) Sail number

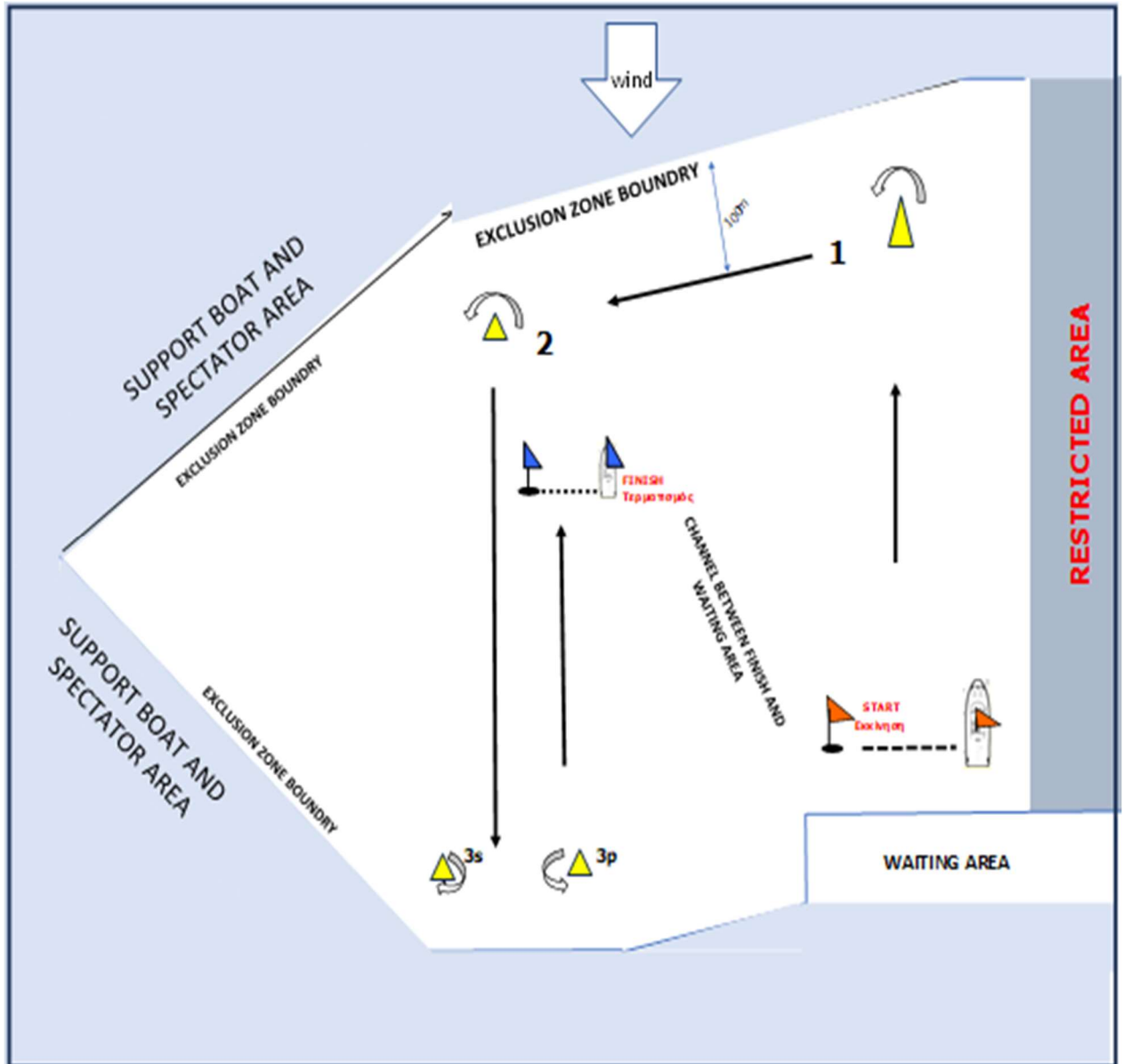
A2 [SP] Sign out of every boat (according A1) must be done before she leaves ashore.

A3 [SP] Sign in of every boat (according A1) must be done in 30 minutes after she comes ashore, but not later than the protest time limit.



SI ATTACHMENT B

COURSES



COURSE OPTIMIST : Start – 1 – 2 – 3s/3p – Finish

Mark 1 and 2 must be left port