

29.AUG
03.SEP'21

CLUBE NAVAL DE CASCAIS



CASCAIS SB20 WORLD CHAMPIONSHIP

ORGANIZING AUTHORITY:

Clube Naval de Cascais
August 28th to September 3rd 2021

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification.

The notation '[NP]' in a rule in the Sailing Instructions means that an infringement to that rule will not be ground for a protest or request for redress by a boat.

1. RULES

- 1.1 Racing will be governed by the Rules as defined in The Racing Rules of Sailing (RRS) 2021-2024;
- 1.2 The National Authority Prescriptions that apply are noted in Attachment B in the Notice of Race;
- 1.3 Under RRS 87, the Class Rules are changed as follows:
 - (a) C4.2 Mobile telephones and handheld GPS may be carried on board, but not to be used when racing;
 - (b) C5.1 See Attachment A in the Notice of Race;
- 1.4 In case of conflict the Sailing Instructions will prevail over the Notice of Race. This changes RRS 63.7.

2. ADDITIONAL IDENTIFICATION

Boats shall display bow numbers supplied by the OA.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located at:
<https://www.racingrulesofsailing.org/documents/2460/event?name=cascais-sb20-world-championship>

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least 2 hours before the warning signal of the 1st scheduled race of the day it will take effect, except any change to the schedule of races will be posted before the end of the protest time limit of the day before it will take effect.

5. [NP] SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the Flag Pole near the Club Reception;

- 5.2 When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP;
- 5.3 Flag AP + H displayed ashore means that boats shall remain on their berth. Boats shall not leave the harbour when this signal is displayed. This Changes RRS Race Signals.

6. SIGNALS MADE AFLOAT

To alert boats that a race or sequence of races will begin soon, an Orange Flag will be displayed on the Committee Vessel with one sound signal five minutes before a warning signal is displayed.

7. SCHEDULE OF RACES

Date	Event	Time
Saturday, August 28th	Final Registration	09h00 to 18h00
Sunday, August 29th	Final Registration	09h00 to 18h00
Sunday, August 29th	Practice Race 1 st Warning	14h00
Monday, August 30th	1 st Warning Signal	TBA
Tuesday, August 31st	1 st Warning Signal	TBA
Wednesday, September 1st	1 st Warning Signal	TBA
Thursday, September 2nd	1 st Warning Signal	TBA
Friday, September 3rd	1 st Warning Signal	TBA

- 7.1 Times shown in these Sailing Instructions are = UTC + 01;
- 7.2 Races not completed on a scheduled day will be run on the next available day;
- 7.3 No more than 4 races will be sailed per day;
- 7.4 On the last day of racing, no warning signal will be made after 15h00.

8. CLASS AND FLEET FLAGS

The Class Flag will be a White Flag with the Class logo.

9. REGATTA FORMAT

The event will consist of a single series.

10. RACING AREA

Addendum B shows the location of Racing Areas and the Flags used to designate them.

11. COURSES

- 11.1 The diagrams in Addendum A of these Sailing Instructions show the Courses, the order in which the marks are to be passed, and the side on which each mark is to be left;



APPROVED BY THE FPV RACE ADMINISTRATION COUNCIL, ON THE 23RD OF AUGUST 2021,
 IN COMPLIANCE WITH POINT 1.1.1.17 OF THE ARBITRATION REGULATION.
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- 11.2 If only one mark is present at a leeward gate, it shall be rounded to port;
- 11.3 The Course to be sailed will be designated by displaying the Course Flag and number from the Committee Vessel, no later than the Warning Signal;
- 11.4 No later than the Warning Signal, the Committee Vessel will also display the approximate compass bearing from the Starting Line to Mark 1.

12. NAVIGATION RESTRICTIONS

Competitors shall be aware of the local navigation restrictions.

13. MARKS

- 13.1 Marks 1s, 1, 2, 3s/3p will be Conical Red;
- 13.2 New marks, as provided in Sailing Instruction 15.1, will be Conical Yellow;
- 13.3 The starting marks will be as per SI 14;
- 13.4 The finishing marks will be two Race Committee boats;
- 13.5 A Race Committee boat signalling a change of a leg of the Course is a mark as provided in Instruction 15.

14. THE START

- 14.1 The starting line will be between staffs displaying an Orange Flag;
- 14.2 A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2;
- 14.3 The Race Committee may broadcast the sail numbers of individually recalled boats on VHF CH 72 after two minutes of the start [NP];
- 14.4 When a race started under RRS 30.4 (Black Flag Rule) is recalled or abandoned, the sail numbers of disqualified boats will be displayed on the Committee Signal Vessel, with multiple sound signals, for at least three minutes. This changes RRS 30.4.

15. CHANGE OF THE NEXT LEG OF THE COURSE

- 15.1 To change the next leg of the Course, the Race Committee will lay a new mark (or move the finishing line or the gate) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark;
- 15.2 Except at a gate, boats shall pass between the Race Committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes RRS 28.1;
- 15.3 When a change of Course is made for the windward marks, mark 1s is removed.

16. THE FINISH

The finish line will be between staffs displaying an Orange Flag. This Change RRS Race Signals.

17. PENALTY SYSTEM

- 17.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty;
- 17.2 Appendix P will apply, with P2.1 applying to all penalties, changed to a One-Turn Penalty only. Delete P2.2 and P2.3.

18. TIME LIMITS

- 18.1 The target time for a race is 50 minutes [NP];
- 18.2 The following time limits, will apply:
 - (a) Mark 1 Time Limit. The time limit for the first boat to pass Mark 1 is 30 minutes;
 - (b) Race Time Limit. The time limit for boats to sail the Course and finish is 90 minutes;
 - (c) Finishing Window. The time limit for boats to finish after the first boat sails the Course and finishes is 20 minutes;
- 18.3 If no boat has passed Mark 1 within the Mark 1 Time Limit, or if no boat has finished within the Race Time Limit, the race will be abandoned;
- 18.4 Boats failing to finish within the Finishing Window shall be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

19. PROTESTS AND REQUESTS FOR REDRESS

- 19.1 A boat intending to protest, shall inform the Race Committee Finish Vessel immediately after finishing. If the protestor does not finish the race, he shall promptly inform the Race Committee Vessel as soon as possible or the Race Officer immediately after arriving ashore;
- 19.2 Protests, requests for redress or reopening shall be submitted on the forms available here:
https://www.racingrulesofsailing.org/protests/new?event_id=2460
- 19.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later;
- 19.4 Notices will be posted no later than 30 minutes after the protest time limit, to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located near the Race Office;
- 19.5 Appendix T – Arbitration will apply to this regatta, amended, so that an Arbitrator may form part of a Protest Committee hearing a subsequent protest.



20. SCORING

Three races are required to be completed to constitute a series:

- (a) When fewer than five races have been completed, a boat's series score will be the total of her race scores;
- (b) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

21. SAFETY REGULATIONS

- 21.1 All boats shall sail past the Committee Signal Vessel on starboard tack and hail their sail number prior to start of the first race, each day *[DP][NP]*;
- 21.2 A boat that retires from a race shall notify the Race Committee as soon as possible on VHF CH 72 or by hailing a Race Committee Vessel *[DP][NP]*.

22. MOORING OF COMPETING BOATS

- 22.1 The mooring area for competing boats will be published on the Official Notice Board;
- 22.2 All Competing boats shall moor in the area specified by the Organizing Authority by 18h00 on the evening before the first race to the end of the Regatta *[DP][NP]*.

23. REGISTRATION OF SAILS

- 23.1 All competing boats shall register the tag numbers of a maximum of two mainsails, two jibs and two spinnakers for the Regatta;
- 23.2 Only these sails shall be used for any race during the Regatta unless authorised by the Technical Committee under clause 25 below.

24. REPLACEMENT OF CREW OR SAILS

- 24.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee and are at the discretion of the Race Committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity *[DP]*;
- 24.2 Substitution of damaged registered sails (as per SI 23) will not be allowed unless authorized by the Technical Committee. Requests for substitution shall be made in writing to the Committee at the first reasonable opportunity *[DP]*.

25. EQUIPMENT AND MEASUREMENT CHECKS

- 25.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and SIs;
- 25.2 On the water, a boat may be instructed by a member of the Technical or Race Committee to proceed immediately

to a designated area for inspection. Ashore, equipment may be inspected or measured by the Technical Committee (at times specified in the Notice of Race, and at the following times 08h00-09h00 or 17h00-19h00 during the event).

26. SUPPORT VESSELS *[DP]*

- 26.1 Support Vessels are required to register at the Race Office and complete the Support Vessel Entry Form and shall be marked with a Country Flag of a minimum size of 50cmx70cm;
- 26.2 Support Vessels must be on call on VHF Channel 72 at all times during racing. They are expected to render assistance to any boat in danger when requested by the boat, or at the request of the Race Committee or Jury;
- 26.3 Except when complying with SI 26.2, Support Vessels and personnel shall stay 100 metres outside the Course Area from the time of the first Warning Signal until all boats have finished racing. The Course Area is the area inside an imaginary line drawn 100 metres outside any area where a boat might sail whilst racing;
- 26.4 A boat shall receive no outside assistance from Support Vessels or support persons or otherwise once she has left the dock for the day until she has returned to the dock at the end of the day, except:
 - (a) As provided for in RRS41; or
 - (b) Assistance reasonably necessary for the safety of the crew or boat in the event of an emergency including emergencies due to weather, equipment failure or other causes;
 - (c) At the request of the Race Committee to tow boats back to the mooring or dock in which case support boats shall not just tow the boat or boats to which they are providing support but also other competitors;
- 26.5 For the avoidance of doubt, outside assistance includes verbal communication and the transfer of physical items;
- 26.6 Penalties for breaking SIs 26 will be at the discretion of the Jury up to and including disqualification from one or more races for all boats associated with the Support Vessel.

27. TRASH DISPOSAL

Trash may be placed aboard Race Committee, Jury and Technical Committee boats.

28. HAUL OUT RESTRICTIONS

Boats shall not be hauled out during the event except with and in accordance to the terms of the prior written permission of the Technical Committee *[DP][NP]*.



29. DIVING EQUIPMENT, PLASTIC POOLS AND DEHUMIDIFIERS

- 29.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around competing boats between the warning signal of the first race and the end of the Regatta [DP];
- 29.2 The use of Dehumidifiers is prohibited in competing boats from 18h00 on the evening before the first Qualifying Race to the end of the Regatta.

30. RADIO COMMUNICATIONS

- 30.1 The Race Committee may broadcast information available to all competitors by radio on VHF Channel 72, including starting and safety information. Boats shall not transmit on VHF Channel 72;
- 30.2 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction applies to all communication devices [DP].

31. PRIZES

- 31.1 Prizes will be presented to the top three boats of the overall results and for the 1st Women's team, 1st Youth team and the 1st Masters Team. Additional prizes may be awarded;
- 31.2 A Women's team is composed of a minimum of 50% women, including one at the helm (implies a minimum of 2 women on board);
- 31.3 A Youth team is composed of a minimum of 50% of crew 25 years old or younger and the helm must be 25 years old or younger;
- 31.4 For the Masters team the helm must be 50 years old or older and the average age of the crew must be 50 years old or older;
- 31.5 The Nations Cup is awarded to the nation (country represented by the sailing teams racing under these countries' letters) with the lowest score of their first three teams. To qualify, a Nation must have at least three teams. The lowest score is calculated by totalling the final scoring place of each of the top three teams from each qualified Nation.

32. RISK STATEMENT

- 32.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone";
- 32.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the

exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a Race Management Team, Patrol boats, and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- (f) The provision of Patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
- (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

33. INSURANCE

- 33.1 Each participating boat is required to hold insurance cover and in particular to hold adequate insurance against third party claims of at least €1.5million per incident or the equivalent.



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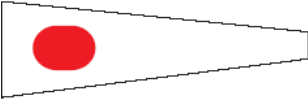
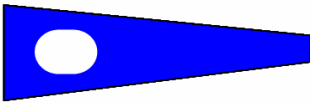
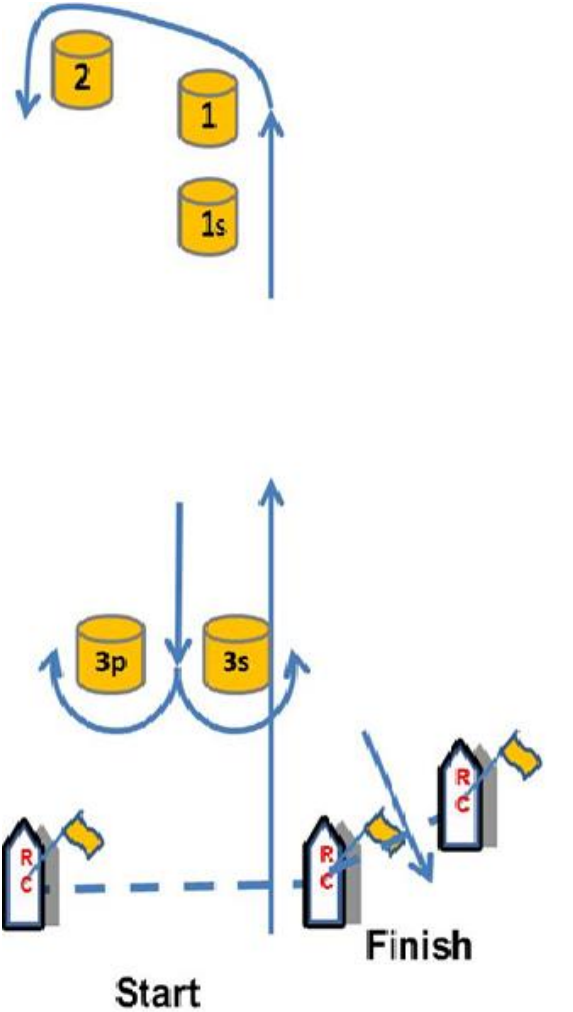
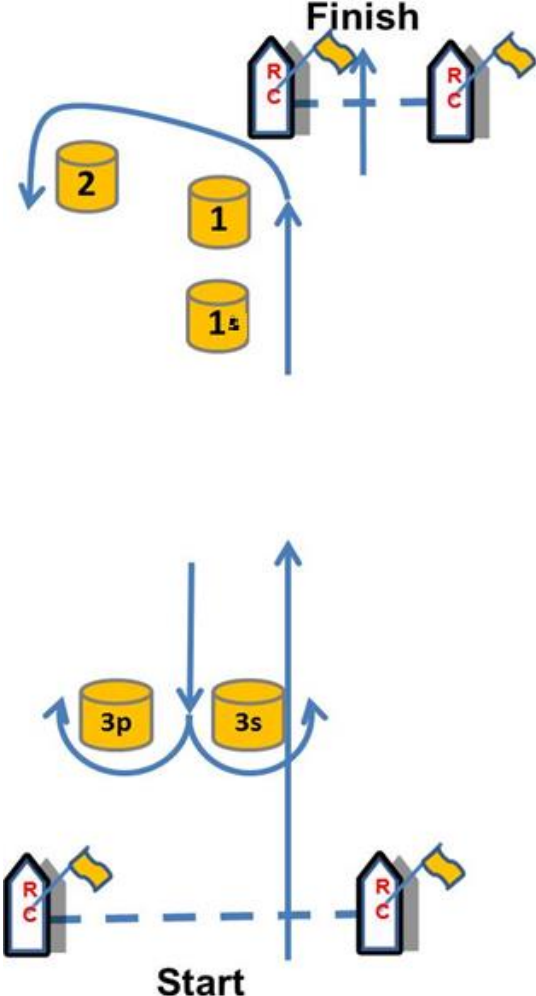
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ADDENDUM A

COURSES

COURSE 1 SIGNAL - PENNANT 1	COURSE 2 SIGNAL - PENNANT 2
	
	
<p>Start - 1s - 1 - 2 - 3p/3s - 1s - 1 - 2 - 3s - Finish</p>	<p>Start - 1s - 1 - 2 - 3p/3s - 1s - 1 - 2 - 3p/3s - Finish</p>
<ul style="list-style-type: none"> • All course marks shall be left to port, except mark 3p/3s which is a gate • Distance between mark 1 and mark 2: 0.05 Nm approx. • Angle between upwind leg and bearing from mark 1 to mark 2: 100° approx. • Note: This drawing is schematic. The distances and mark positions are not to scale. 	



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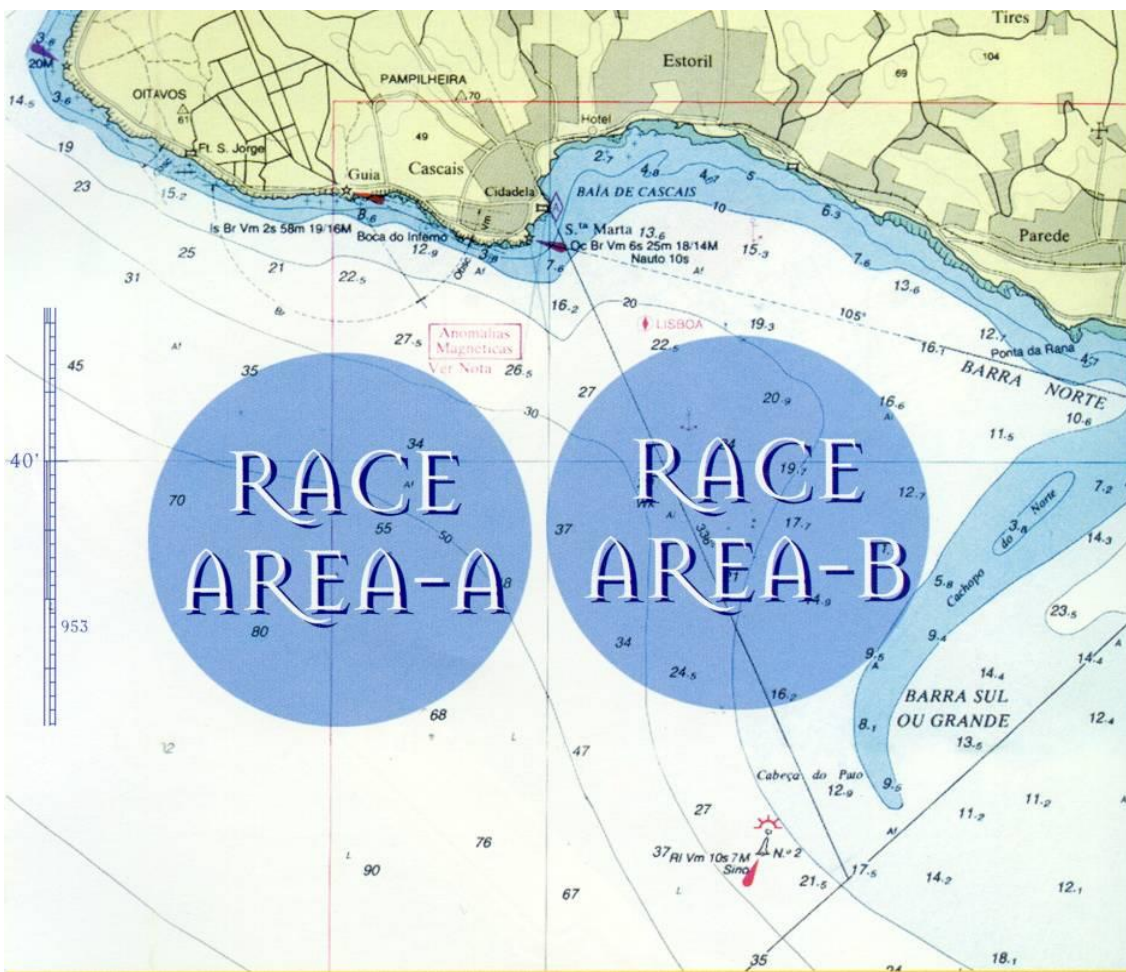
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ADDENDUM B

RACING AREAS



Racing Area	Distance	Bearing	Latitude	Longitude	Flag
A	2,0 Nm	190°	38,40.000 N	009,26.000 W	Code Flag "A"
B	2,0 Nm	140°	38,40.000 N	009,23.500 W	Code Flag "B"

* Distances, bearings and positions are advisory only.

