



SAIL INDIA 2021

YAI SENIOR NATIONAL RANKING CHAMPIONSHIP

09th to 15th December 2021

Girgaum Chowpatty, Mumbai, India

Organizing Authority: Army Yachting Node

SAILING INSTRUCTIONS

(Ver skk.02.06.12.21)

1 RULES

- 1.1 The event will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 In this Sailing Instructions (SI), the notations;
 - 1.2.1 **[SP]** denotes a rule for which a standard penalty may be applied by the race committee or technical committee without a hearing. This changes RRS 63.1 and A5.
 - 1.2.2 **[NP]** in a rule in the SI denotes a rule that shall not be grounds for Protests by a boat. This changes RRS 60.1(a).
- 1.3 The Equipment Rules of Sailing (ERS) will apply.
- 1.4 If there is a conflict between languages the English text will take precedence.
- 1.5 If there is a conflict between a rule in the Notice of Race and a rule in the SI, the rule in the SI will take precedence. This changes RRS 63.7.
- 1.6 Actions by event officials to implement COVID-19 guidance, protocols or legislation, even if they later prove to have been unnecessary, will not be grounds for redress. This changes RRS 62.1(a).

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Boards (ONB) located at the regatta office at Girgaum Chowpatty.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the SI will be posted no later than two hours before the scheduled first warning signal on the day it will take effect, except that any change to the schedule of races, will be posted before 1900h on the day before

it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole located near the Beach Master post.
- 4.2 When flag AP is displayed ashore, '1 minute' in race signal AP is replaced with 'not less than 30 minutes' for RS:X (Men & Women), Kite (Men & Women) and iQ Foil (Men & Women) and 'not less than 45 minutes' for all other events.
- 4.3 **[DP][NP]** Flag D with one sound means "The warning signal will be made not less than the number of minutes indicated in SI 4.2, after flag D is displayed. Boats shall not leave their berthing places until this signal is made.

5 SCHEDULE OF EVENTS AND RACES

- 5.1 Schedule of races and course area allocation of events will be as Addendum A.
- 5.2 Three races are scheduled per day for each event other than kites. Kites will have four races scheduled per day. The race committee may run one more race per day if the change is made according to SI 3.
- 5.3 Daily Team Leaders and coaches meeting will be held at 1200 hrs at the venue near Jury Room.
- 5.4 The scheduled time of the warning signal for the first race each day is 1400h except 15 Dec 21. The scheduled time for warning signal on 15 Dec 21 is 0800h. The warning signal for each succeeding race will be made as soon as practicable.
- 5.5 To alert boats that a race or sequence of races will begin soon, the orange starting lineflag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.6 On 15 Dec 2021, no warning signal will be made after 1400h.

6 EVENT FLAGS

The class flags are:

Event	Class Insignia	Background Colour
ILCA 7	ILCA	White
ILCA 6	ILCA	Green
49er and 49er FX	49er	White
470 (Mixed)	470	White
Nacra 17 (Mixed)	Nacra 17	White
RS:X (M & W)	RS:X	White
iQ Foil (M & W)	iQ Foil	White
Kite (M & W)	Kite	White

7 RACING AREA

Addendum B shows the location of racing areas.

8 COURSES

- 8.1 The diagrams in Addendum C show the courses, course designations,

including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.

8.2 If there is only one mark in the gate position, this mark shall be left to port.

9 MARKS

9.1 Marks

Course	Marks	Description of marks
A	Starting marks	Race committee vessels with a staff displaying orange flags
	Finishing marks	Race committee vessel and a Yellow pencil mark
	Marks 1, 2 & 3	Orange cylindrical mark
	Marks 4s/4p	Yellow cylindrical marks
B	Starting marks	Race committee vessels with a staff displaying orange flag and a orange cylindrical mark
	Finishing marks	Race committee vessel and an orange cylindrical mark
	Marks 1	Orange cylindrical mark
	Marks 2s/2p	Yellow cylindrical marks
C	Starting marks	Race committee vessels with a staff displaying orange flag and a yellow cylindrical mark
	Finishing marks	Race committee vessel and a yellow cylindrical mark
	Marks 1	Orange cylindrical mark
	Marks 2s/2p	Red ball marks
	P (For Kites Only)	Yellow pencil mark

10 RESTRICTED AREAS

10.1 **[DP] [NP]** The boats of course A & B shall pass between the red flags displayed near the Governors House. Either sides of the passage created by the red flags are marked as restricted areas.

10.2 **[NP] [SP]** A boat shall not enter or sail through a course area not assigned to it.

11 THE START

11.1 The starting line will be between staff displaying orange flag on the starting mark at the starboard end and either

- (a) the course side of the port end starting mark, or
- (b) a staff displaying an orange flag on the Race Committee vessel at the

port end.

- 11.2 **[DP] [NP]** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.3 49er and 49er FX will have a combined start. RSX (M) and RSX (W) will have a combined start. iQ Foil (M) and (W) will have a combined start.
- 11.4 The starting area is defined as a rectangle 100 meters from the starting line and marks in all directions.
- 11.5 A boat, other than kite board, that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.1 and A5.2.
- 11.6 A kite board starting later than 1 minute after her starting signal will be scored Did Not Start. This changes RRS A4, A5.1 and A5.2.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

13 THE FINISH

The finishing line will be between a staff displaying a blue flag on the RC vessel and the course side of the other end finishing mark.

14 PENALTY SYSTEM

- 14.1 RRS Appendix P, Special Procedures for Rule 42, will apply.
- 14.2 For the iQ Foil, 49er & 49er FX classes, RRS 44.1 and RRS P2.1 are changed so that the Two -Turns Penalty is replaced by the One-Turn Penalty.
- 14.3 Penalties for breaches of rules marked [SP] will be 10% of the score for Did Not Finish (DNF) for each infringement, rounded to the nearest whole number (0.5 rounded upward). Penalties will be applied to the nearest race score. The scores of other boats shall not be changed; therefore, two boats may receive the same score. However, the penalty shall not cause the boat's score to be worse than the score for DNF. The Race Committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this Race Committee action. This changes RRS 60.1, 63.1 and A5.

15 TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times (in minutes);

Events	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
470, ILCA 7 & ILCA 6	60	25	10	50
49er, 49er FX, RS:X, iQ Foil & Nacra 17	40	15	10	25
Kite board	20	6	5	10

- 15.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race will be abandoned.
- 15.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 15.4 Boats failing to finish within the finishing window, after the first boat of that event sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the Beach Master post and Jury Room. Protests and requests for redress or reopening shall be delivered to the Jury Secretary in the Jury Room within the appropriate time limit.
- 16.2 For each course area, the protest time limit is 60 minutes after the last boat has finished the last race of that session, or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Room, beginning at the time posted.
- 16.4 Notices of protests by the race committee, protest committee or technical committee will be posted to inform boats under RRS 61.1(b).
- 16.5 A list of boats that have been penalized for breaking RRS 42 under SI 14.1 will be posted.

17 SCORING

- 17.1 RRS B8 is deleted.
- 17.2 5 races are required to be completed to constitute the regatta.
- 17.3 When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
- 17.4 When from 6 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.5 When 10 or more races have been completed, a boat's series score will be the

total of her race scores excluding her two worst scores.

17.6 Each event shall be scored separately.

17.7 To request correction of an alleged error in posted race or series results, a boat may submit a scoring enquiry form available at the race office. On the last day of racing, a scoring enquiry shall be delivered no later than 30 minutes after the results have been posted or by the protest time limit, whichever is later.

18 [SP][NP] SAFETY REGULATIONS

18.1 A boat that retires from a race shall notify the race committee as soon as possible and shall complete a Retirement Declaration Form, available from the Race Office, within the protest time limit.

18.2 Boats not leaving the harbor for a scheduled race shall promptly notify the Race Office. Boat and equipment staying ashore while racing or thereafter shall be parked at the designated areas.

18.3 Except in the Men's and Women's Windsurfer Events, competitors shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

18.4 Competitors in Men's and Women's Windsurfer Events shall wear personal flotation devices at all times when Flag Y is displayed ashore and on the race committee signal vessel. This changes RRS 40.

18.5 Check-Out; Check-In:

18.5.1 When going out to race a competitor from each boat intending to race shall personally sign against their name and/or sail number.

18.5.2 On returning ashore a competitor from each boat shall personally sign against their name and/or sail number within the protest time limit or within 60 minutes if flag AP over H or N over H is flown by the race committee.

18.6 Check-Out Lists and Check-In Lists will be available at the Beach Master post.

18.7 Competitors who require assistance should so signify by blowing a whistle or waving their arms. The race committee reserves the right to assist competitors who, in the opinion of the race committee, require assistance regardless of the wishes of the competitor. This will not be subject to giving redress. This changes RRS 62.1(a).

19 [DP] REPLACEMENT OF CREW

Substitution of competitors is not allowed.

20 [DP] [NP] EQUIPMENT AND MEASUREMENT CHECKS

20.1 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee or technical committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

20.2 On the water, a boat can be instructed by a member of the the technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured by the technical committee.

21 [DP] EVENT ADVERTISING

Boats shall display event advertising supplied by the Organizing Authority.

22 OFFICIAL VESSELS

Official vessels will be marked as follows:

Official Boat	Designation
Race Committee Boats	RC – A (Light Blue), RC – B (Light Pink) & RC – C (Light Green)
PRO Boat	PRO
Jury Boats	JURY or J
Technical Committee Boat	MEASURER or M
Rescue / Safety Boats	RESCUE - A (Light Blue), RESCUE - B (Light Pink) & RESCUE - C (Light Green)
Press / Media boats	MEDIA
VIP Boats	VIP

23 [DP][NP] SUPPORT VESSELS

- 23.1 A support vessel shall be registered with the OA no later than 09 December 2021. A registered support vessel shall conspicuously display her club flag or a white flag with the name of the sailing club she represents. No other identification shall be displayed by the support vessel.
- 23.2 All persons on board a support vessel shall wear a personal floatation device at all times whilst afloat.
- 23.3 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the warning signal for the first event to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 23.4 Support boats shall stay at least 100 meters to leeward of the starting line during any starting sequence and at least 100 meters from any boats racing.

24 [DP] TRASH DISPOSAL

Trash may be placed aboard support and official boats.

25 [DP][NP] RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

26 DISCLAIMER OF LIABILITY

Competitors and support team participate in the series entirely at their own risk and they are reminded of the provisions of RRS 3, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, safety boats, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- (f) The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) They will familiarize themselves with any venue/event specific risks, adhere to rules and information produced for the venue/event and attend any venue/event safety briefings.

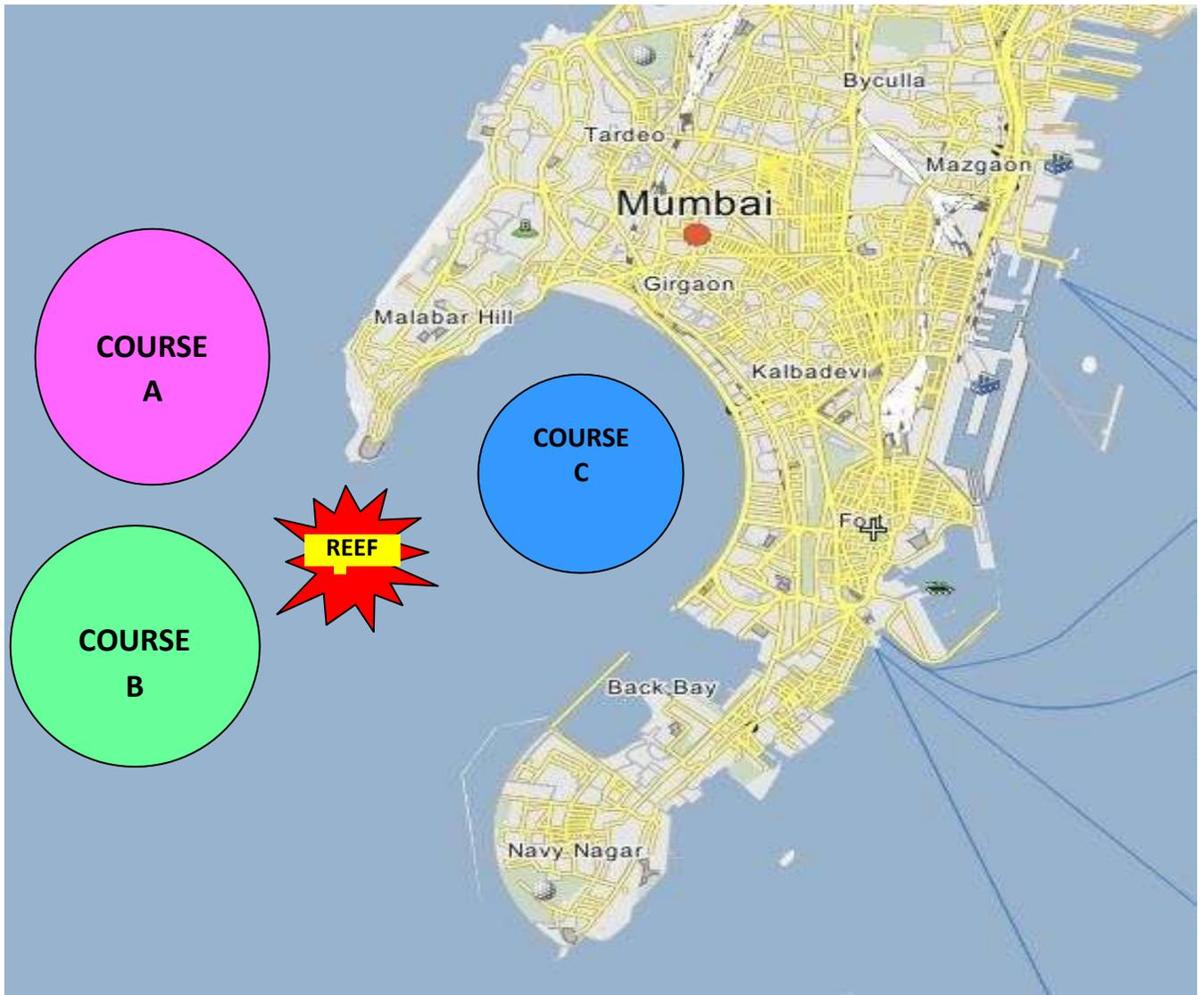
27 [DP] [NP] INSURANCE

Each participating boat shall be insured with adequate and valid third-party liability insurance.

ADDENDUM A: Schedule of Races, Events & Course Allocation

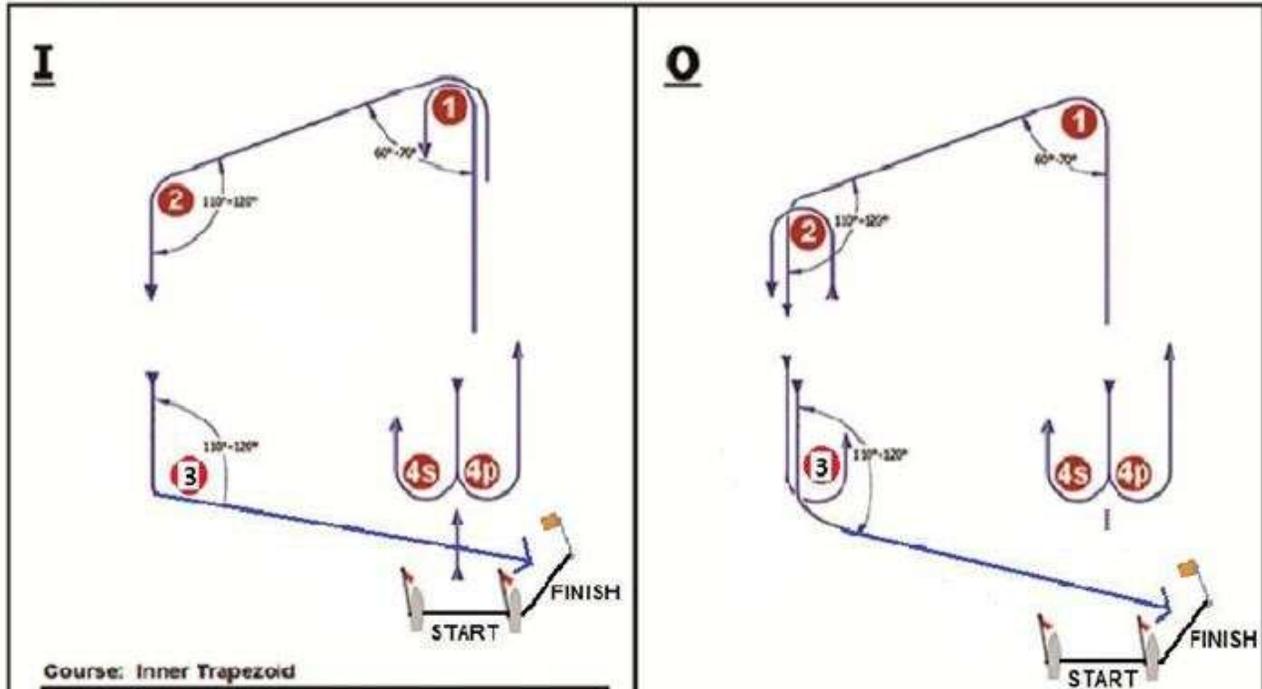
Date	Event			Timings		
09 Dec 2021	Registration and Equipment Measurement			0900 h – 1300 h & 1400 h to 1700 h		
	Coaches & Team Leaders Briefing			1515 h		
	Opening Ceremony			1600 h		
	Race Areas Allocation			First Possible Warning Signal		
	Course A	Course B	Course C	Course A	Course B	Course C
10 Dec 2021 Race Day - 1	ILCA 7, ILCA 6 & 470	49er, 49er FX & Nacra 17	RS: X, iQ Foil & Kite	1400 h		
11 Dec 2021 Race Day - 2	ILCA 7, ILCA 6 & 470	49er, 49er FX & Nacra 17	RS: X, iQ Foil & Kite	1400 h		
12 Dec 2021 Race Day - 3	ILCA 7, ILCA 6 & 470	49er, 49er FX & Nacra 17	RS: X, iQ Foil & Kite	1400 h		
13 Dec 2021 Race Day - 4	ILCA 7, ILCA 6 & 470	49er, 49er FX & Nacra 17	RS: X, iQ Foil & Kite	1400 h		
14 Dec 2021 Race Day - 5	ILCA 7, ILCA 6 & 470	49er, 49er FX & Nacra 17	RS: X, iQ Foil & Kite	1400 h		
15 Dec 2021 Race Day - 6	Reserve Racing Day (Last possible warning sig 1400 h)					
	Prize Giving Ceremony			1600 h		

ADDENDUM B - RACING AREA



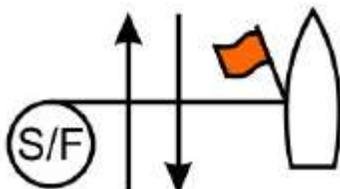
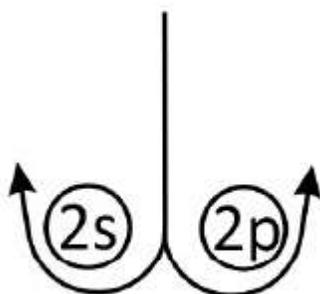
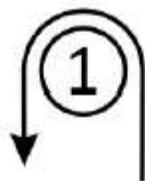
ADDENDUM C: COURSES

TRAPEZOID COURSE



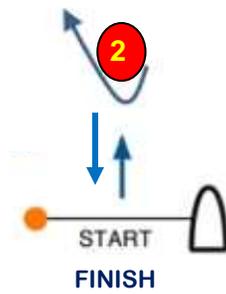
Signal	Mark Rounding Order	Signal	Mark Rounding Order
I 2	Start - 1- 4S/4P - 1- 2- 3 - Finish	O 2	Start - 1- 2 - 3 - 2 - 3 - Finish
I 3	Start - 1- 4S/4P - 1- 4S/4P - 1- 2 - 3 - Finish	O 3	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - Finish

WINDWARD-LEEWARD COURSE



Signal	Mark Rounding Order
L2	Start - 1- 2s/2p - 1 - Finish
L3	Start - 1- 2s/2p - 1- 2s/2p - 1 - Finish

KITE BOARD COURSE



Signal	Mark Rounding Order
X1	Start – Pp – 1p – Pp - Finish
X2	Start – Pp – 1p – Pp – 2s - Pp – 1p – Pp - Finish