



**3rd Mediterranean Beach Games
Heraklion 2023**

SAILING COMPETITION

NOTICE OF RACE & SAILING INSTRUCTIONS (NoR/SI)

These NoR/SI amend/complement the 2023 Mediterranean Beach Games Technical Manual

To be supplemented by Local Sailing Instructions (LSI)

**Published: 01 August 2023
Last amended: Initial Version**

For a list of changes see NoR/SI 26

1 DATE AND VENUE

Venue	Organizing Authority	Dates
Heraklion Crete Greece	ICMG and World Sailing	9 September 2023 - 12 September 2023
35°20'15.4"N 25°05'58.0"E		

2 RULES

- 2.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS). Other documents under RRS Definition: Rule (g) are published on the Official Notice Board and include:
- 2.1.1 [NP] [DP] [SP] The Equipment Regulations (ER);
 - 2.1.2 [NP] [DP] [SP] The Support Team Regulations (STR); and
 - 2.1.3 [NP] [DP] The Athlete Media Regulations (AMR)
- 2.2 No national prescriptions will apply.
- 2.3 Local Sailing Instructions (LSI) will be published no later than on the day before the first warning signal and may change or supplement rules in these NoR/SIs.
- 2.3 In all rules governing the event;
- 2.3.1 The terms 'rider', 'competitor', 'crew', and 'athlete' mean a person competing, or intending to compete, in the event;
 - 2.3.2 [SP] denotes a rule for which a standard penalty may be applied by the race committee or technical committee without a hearing. Additional rules marked [SP] are listed in NoR/SI 18. This changes RRS A5.
 - 2.3.3 [NP] denotes a rule that shall not be grounds for protest by a kiteboard and for which the protest committee may refuse to hold a hearing. Additional rules marked [NP] are listed in NoR/SI 18. This changes RRS 60.1(a) and 63.1.
- 2.4 If there is a conflict between languages the English text will take precedence.
- 2.5 Changed Rules:
- 2.5.1 Add rule RRS 62.1(e): the action of a drone, or any other flying device.
 - 2.5.2 Actions by event officials to implement medical pandemic guidance, protocols, or legislation, even if they later prove to have been unnecessary, will not be grounds for redress. This changes RRS 62.1(a).
 - 2.5.3 From 1 hour before the scheduled warning signal of the first race until the end of the protest time of the last race of the event, a kiteboard may change her equipment but only in the launching area.

3 EVENTS AND QUOTAS

There will be competition in the following events, classes and division:

Event	Class	Quota
Men's Individual	Formula Kite	18
Women's Individual	Formula Kite	13

4 ELIGIBILITY AND ENTRY

- 4.1 The Registration System for the ICMG Mediterranean Beach Games Heraklion 2023 applies. The Registration System is published in the Technical Manual.
- 4.2 Only competitors from Member National Authorities (MNA) affiliated with National Olympic Committees (NOC) recognized by the International Olympic Committee (IOC) may enter the event.
- 4.3 Each competitor shall be a national of the country of the NOC that is entering him or her. An athlete's nationality shall be determined according to Rule 41 and the By-law to Rule 41 of the Olympic Charter.
- 4.4 Olympic gender requirements will apply.
- 4.5 World Sailing Eligibility in accordance with World Sailing Regulation 19 is required of all athletes.
- 4.6 Each athlete shall be registered as a World Sailing Sailor on the World Sailing website: <https://www.sailing.org/sailors/world-sailing-profile/>

5 SCHEDULE

- 5.1 The schedule will be as follows (all times are local):

Date	Activity	Time
08 Sep 2023	Arrival	
	Training	1300-1700
09 Sep 2023	Equipment Inspection	1100-1300
	Training	1300-1700
	Technical Meeting	1800
	Opening Ceremony	2030
10 Sep 2023	Competition	1300
11 Sep 2023	Competition	1300
12 Sep 2023	Competition	1300
	Awards Ceremony	tba
16 Sep 2023	Closing Ceremony	tba

- 5.2 There will be a daily briefing for competitors and support persons / team leaders 90 minutes before the first scheduled warning signal in the launching area.
- 5.3 Addendum 3 shows the provisional race schedule, including the time of the first warning signal and the number of scheduled races.

- 5.4 Any change to Addendum 3 will be posted no later than 21:00 on the previous evening of any race affected.
- 5.5 The Race Committee may change the schedule to sail one race ahead of schedule.
- 5.6 Not more than a total of 6 races per fleet will be sailed per day.
- 5.7 On the last day of racing no warning signal will be made after 1700.

6 FORMAT AND SCORING

- 6.1 One race for all fleets is required to be completed to constitute an event.
- 6.2 The format will be a single series.
- 6.3 A kiteboard's Opening Series score will be the total of her race scores except that:
- when from 4 to 6 races have been completed her worst score will be excluded;
 - when from 7 to 10 races have been completed her two worst scores will be excluded;
- 6.4 To request correction of an alleged error in posted race or series results, a kiteboard may submit a scoring enquiry through the online platform.

7 NOT IN USE

8 COURSES

- 8.1 The diagrams in Addendum 1 show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee starting vessel will display the course to be sailed.
- 8.3 If mark P is not set, it shall be disregarded.
- 8.4 Courses will not be shortened. This changes RRS 32.
- 8.5 Courses will not be changed. This changes RRS 33.
- 8.6 Addendum 4 shows the location of the venue and the course area.

9 STARTING AND FINISHING

- 9.1 To alert kiteboards that a race or sequence of races will begin soon, the starting line flag will be displayed with one sound at least five minutes before the first warning signal of a session is made.
- 9.2 The warning signal for each succeeding race will be made as soon as practicable.
- 9.3 The starting line will be between a staff displaying an orange flag on the race committee vessel and the course side of the port-end inflatable mark.
- 9.4 A kiteboard starting later than 1 minute after her starting signal will be scored Did Not Start. This changes RRS A5.1 and A5.2

- 9.5 [NP] [DP] When a starting sequence is in progress, kiteboards whose warning signal has not been made shall avoid the starting area. The starting area is defined as an area 150 meters from the starting line and marks in all directions.
- 9.6 The finishing line will be between a staff displaying a blue flag and the course side of the nearby finishing mark.
- 9.7 [NP] [DP] Kiteboards that have finished shall sail clear of the finish area.

10 TIME LIMITS AND TARGET TIMES

- 10.1 Time limits and target times, in minutes, are as follows:

	Target Time	Race Time Limit	Mark 1 Time Limit	Finishing Window
Single Series	12	24	6	9

- 10.2 If no kiteboard has passed Mark 1 within the Mark 1 time limit, the race will be abandoned.
- 10.3 Not meeting the target time will not be grounds for redress. This changes RRS 62.1(a).
- 10.4 Kiteboards not finishing within the Finish Time Window (time after the first kiteboard starts, sails the course and finishes) will be scored Did not Finish without a hearing. This changes RRS 35, A5.1 and A5.2

11 [NP] [DP] [SP] IDENTIFICATION AND ADVERTISING

- 11.1 Clothing and equipment worn or used by athletes and support personnel shall be in compliance with rule 50 and the bye-laws to rule 50 of the Olympic Charter, or as approved by the ICMG.
- 11.2 Except as permitted by this rule, a kiteboard shall not display any form of publicity or propaganda, commercial or otherwise, including the display of a boat name, home port or club name.
- 11.3 When provided by the organizing authority, kiteboards or competitors shall carry, display or wear the following as instructed:
- 11.3.1 Competition bibs for all competitors with an individually assigned competition number, worn as intended over all other clothing and equipment at any time when afloat;
- 11.3.2 Event leader bibs, worn as intended over all other clothing and equipment at any time when afloat;
- 11.3.3 Event advertising and Look of the event;
- 11.3.4 Cameras, camera dummies, sound and other media equipment;
- 11.3.5 Tracking, timing and electronic umpire system equipment.

12 COMMUNICATION

- 12.1 The official notice board and event management system for requests is online here: <https://www.racingrulesofsailing.org/documents/6547/event?name=3rd-icmg-mediterranean-beach-games-heraklion-2023>

- 12.1.1 Additional documents governing the event, except the LSI, will be published on the official notice board no later than two weeks before the on-site registration day of the event.
- 12.1.2 Complementary information may be posted on a notice board in the venue.
- 12.1.3 Informal communication may be sent through a messenger group.
- 12.2 The location of the official flagpole will be described in the LSI.
- 12.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP. This changes RRS Race Signals.
- 12.4 Flag K displayed afloat and ashore with two sounds means 'Races not started are postponed. The warning signal will be made not less than 5 minutes after removal (with one long sound) unless at that time the race is postponed again or abandoned.'
- 12.5 [NP] [DP] Flag G displayed ashore with two sounds means 'No kiteboard shall go afloat until this signal is removed (with one long sound). The warning signal will be made not less than 20 minutes after removal.'
- 12.6 [NP] [DP] Flag G displayed afloat means 'Kiteboards not racing shall return ashore as soon as reasonably possible.'
- 12.7 A signal displayed at the finish vessel applies only to the fleet that is finishing. This changes RRS Race Signals preamble.
- 12.8 While racing, except in an emergency or when using equipment provided by the race committee or Organising Authority, a kiteboard shall not make voice, radio or data transmissions and shall not receive voice, radio or data communication that is not available to all kiteboards. This restriction also applies to mobile telephones.

13 CHANGES TO NOTICE OF RACE AND SAILING INSTRUCTIONS

Any change to the NoR/SI and the LSI will be posted 30 minutes before it will take effect.

14 [NP] [DP] [SP] SAFETY REGULATIONS

- 14.1 When Flag G is displayed ashore, competitors returning ashore shall either personally check in at the official flag pole where the flag is displayed, or be reported as safe by their support persons.
- 14.2 Kiteboards not leaving the launching area for a scheduled race shall promptly notify the race committee.

15 [NP] [DP] CODE OF CONDUCT

- 15.1 Competitors and support persons shall:
 - 15.1.1 comply with any reasonable request from an event official. Non-compliance may be misconduct.
 - 15.1.2 not in any way interfere with the functionality of supplied media or timing equipment.
- 15.2 Kiteboards not racing shall remain clear of areas where kiteboards are racing and any official boat.

16 [NP] [DP] [SP] EQUIPMENT INSPECTION AND REPLACEMENT

- 16.1 Competitors shall submit a complete and correct Equipment Registration Form before 1900 on the day before the first scheduled equipment inspection. Exceptions may be authorized by the Event Technical Committee.
- 16.2 Kiteboards shall be available for inspection from the time specified in the schedule.
- 16.3 Information on equipment to be inspected on each scheduled equipment inspection day will be published before 20:00 hours on the day before the first scheduled equipment inspection day, and after racing each day within the protest time limit. Competitors shall present the equipment to be inspected at the time published.
- 16.4 The fact that race officials may conduct inspections of a kiteboard does not reduce the responsibilities of each competitor set out in the rules.
- 16.5 After being inspected on the scheduled equipment inspection day, or after 1900 on the scheduled equipment inspection day (whichever is earlier), no kiteboard or equipment subject to registration shall be removed from the venue or the adjacent waters without written permission of the Event Technical Committee.
- 16.6 Kiteboards are required to comply with RRS 78.1 and Event Equipment Rules from one hour before the first scheduled warning signal until the end of the protest time of the last race of the event.
- 16.7 Upon arriving ashore, a kiteboard may be instructed by a member of the Event Technical Committee to proceed immediately to a designated area for inspection.
- 16.8 Substitution of damaged or lost equipment will not be allowed unless authorized by the Event Technical Committee. Requests for substitution shall be made at the first reasonable opportunity through the online platform.
- 16.9 ER 3.5.(b) applies: Kites shall only be replaced with a kite of the same size range.

17 INTERNATIONAL JURY AND TECHNICAL COMMITTEE

- 17.1 An international jury will be appointed in accordance with RRS 91(b). Its decisions will be final as provided in RRS 70.5.
- 17.2 An Event Technical Committee will be appointed in accordance with RRS 92.1.

18 HEARING REQUESTS AND PENALTIES

- 18.1 Hearing request forms are available through the online platform. Protests and requests for redress or reopening shall be submitted before the appropriate time limit.
- 18.2 The protest time limits will be described in the LSI.
- 18.3 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held beginning at the time and location posted. Hearings may be scheduled to begin up to 15 minutes before the end of the protest time limit.

- 18.4 Penalties for breaches of the ER, STR, AMR, RRS 50, RRS 78.1, class rules, or rules in the NoR and SIs marked [DP], should the case go to a hearing, are at the discretion of the protest committee.
- 18.5 For breaches of NoR/SI marked [SP], breaches of ER 2.3 and 2.4, or breaches of Class Rules B.5, C.3.2, C.4, C.6.2, C.7.3, C.7.4, C.8.4, C.10.2, and C.10.4, the race committee or technical committee may apply a standard penalty without a hearing to the race(s) closest in time to the incident. The scores of other kiteboards shall not be changed; therefore, two kiteboards may receive the same score. However, the race committee or technical committee may protest a kiteboard when they consider the standard penalty to be inappropriate. A kiteboard that has been penalized with a standard penalty can neither be protested for the same incident by another kiteboard nor can another kiteboard request redress for this race committee or technical committee action. This changes RRS 60.1, 63.1 and RRS A5.
- 18.6 A kiteboard may not protest a kiteboard for non-compliance with building specifications. The protest committee may refuse to hold a hearing when a kiteboard protests based on this rule. This changes RRS 60.1(a) and 63.1.

19 [DP] SUPPORT TEAMS INCLUDING SUPPORT TEAM VESSELS

- 19.1 By registering as a support person, each such person agrees to be governed by the rules.
- 19.2 A support team vessel includes any vessel that is under the control or direction of a support person as defined in the RRS and also includes any person gathering data that may be used by a team or competitor.
- 19.2 Support team vessels shall display the 3-letter code of their World Sailing MNA at all times while afloat clearly visible from both sides of the vessel. The minimum height for the letters shall be 200 mm.
- 19.3 Limitations of equipment that may be carried and mandatory equipment that shall be carried on support team vessels will be detailed in the STR.
- 19.4 Except when participating in rescue operations as requested or instructed by the race committee, support boats shall remain in the area defined in Addendum 2 from the time of the preparatory signal for the first group to start until all kiteboards have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 19.5 A MNA, competitor, or support person shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water.

20 [NP] [DP] PRIZES, VICTORY CEREMONY

- 20.1 Medals and diplomas will be awarded in each event of the competition, as follows:
1st place: A gold medal, and a diploma.
2nd place: A silver medal, and a diploma.
3rd place: A bronze medal, and a diploma.
4th-8th places: A diploma.
- 20.2 During the medal presentation, accreditation must either be temporarily surrendered to the victory ceremony coordinator or hidden out of sight. No participant in the victory ceremony

shall carry flags, mobile phone, camera, headphones, sport equipment or other items on them during the ceremony. Athletes shall be wearing their NOC tracksuits or event bib.

21 [NP] [DP] INSURANCE

- 21.1 Each 'person in charge' (see RRS 46) shall hold a valid insurance certificate showing proof of third-party liability coverage of at least 1.500.000 EUR or equivalent per incident.
- 21.2 The Organizing Authority is not responsible for verifying the status or validity of certificates.

22 DOPING CONTROL

- 22.1 During the period of the 2023 ICMG World Beach Games, which starts on 03 August 2023 and ends on 13 August 2023, the IOC Anti-Doping Rules (compliant with the World Anti-Doping Code and the mandatory International Standards) will apply.
- 22.2 2023 ICMG World Beach Games will be authorized to collect samples on behalf of the IOC. The doping control station will be located inside the sports cluster.

23 RISK STATEMENT

- 23.1. In cases of force majeure or on grounds of administrative orders or for safety reasons, the organizing authority is entitled to make changes in the realization of the event or to cancel the event. This does not constitute any liability by the organizer towards the participant, if the reasons for the changes or the cancellation do not result from a wilful or grossly negligent behaviour of the organizer.
- 23.2 In case of a violation of obligations that do not constitute primary or material contractual duties (cardinal obligations), the liability of the organizer for financial and property damages incurred by the participant during or in connection with the participation in the event and resulting from a conduct of the organizer, ICMG, World Sailing, IKA, the involved classes and their representatives, servants or agents (including but not limited to race committee, protest committee and technical committee), is restricted to damages that were caused wilfully or grossly negligent. When a violation of cardinal obligations occurs due to minor negligence, the liability of the organizer is limited to foreseeable, typical damages.
- 23.3 Competitors and support persons participate in the event entirely at their own risk and they are reminded of the provisions of RRS 3, Decision to Race. Kiteboarding is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- They acknowledge that there are risks involved in the Event. They fully realise the dangers of participating in the Event, and fully assume the risks associated with their participation and their wellbeing and safety during and after the Event.
 - They understand and acknowledge that the Event organisers (including all officials and event volunteers) provide no warranties, regarding their wellbeing and safety.
 - They acknowledge that participating in this event may involve a test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to, those caused by the elements, facilities, temperature, weather, condition of participants, equipment,

- vehicular traffic, lack of hydration, and actions of other people including, but not limited to, participants, volunteers, officials, and/or producers of the event.
- They agree that to the extent permissible by law, World Sailing, the International Kiteboarding Association, their classes, the event organisers (including all officials and event volunteers), IKA, the sponsors and other parties associated with the Event, have no liability to them whatsoever for any direct or indirect loss, (including, but not limited to injury or death) sustained by them during or in any way related to their participation in the Event.
 - They WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for their death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to them including their traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: World Sailing, The International Kiteboarding Association, their classes, the event organisers (including all officials and event volunteers), IKA, the sponsors and other parties associated with the Event, employees, volunteers, representatives, and agents, and the event holders, sponsors, and volunteers;
 - They INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in the above paragraphs from any and all liabilities or claims made as a result of participation in this event, whether caused by the negligence of release or otherwise.
 - They have taken medical advice on any pre-existing medical conditions and confirm that it is medically safe for them to participate in the Event.
 - They are responsible for the safety of themselves, their equipment and their other property at any time.
 - They are satisfied that their equipment is in good order, equipped to compete in the event and they are fit to participate;
 - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - They consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this event.
 - They acknowledge that the provision of a race management and rescue team, judges, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
 - They acknowledge that the provision of rescue craft cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - Participants are made aware that small unmanned aircrafts (drones) may fly over them and operate in close vicinity to them.

24 [NP] [DP] [SP] MEDIA RIGHTS

- 24.1 By participating in the event, competitors and support persons automatically grant to the organizing authority, ICMG, IKA, all involved classes, their sponsors and World Sailing, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during and after the period of the event without compensation.
- 24.2 Competitors shall comply with the Competitor Media Guide (AMR). The AMR will include further information on television production, press conferences, interviews, mixed zones, and promotion of the event.

25 DATA PROTECTION AND PRIVACY

With registration the competitor or support person agrees on data usage as defined in this data protection clause.

Reference is made to data protection of personal information and data. Any personal information and data given to the organizers will be used only as follows:

- (a) All data regarding participating athletes, coaches and their kiteboard will be processed and archived for the purpose of this event and events of similar nature that might be of interest to the participant.
- (b) Personal information contains the participant's real name, date of birth, home club, boat type, boat number, address data, mobile phone, email address and emergency contact information. In particular, results, calculatory and visual analyses, position monitoring and race analyses will be published with reference to the competitors' names.

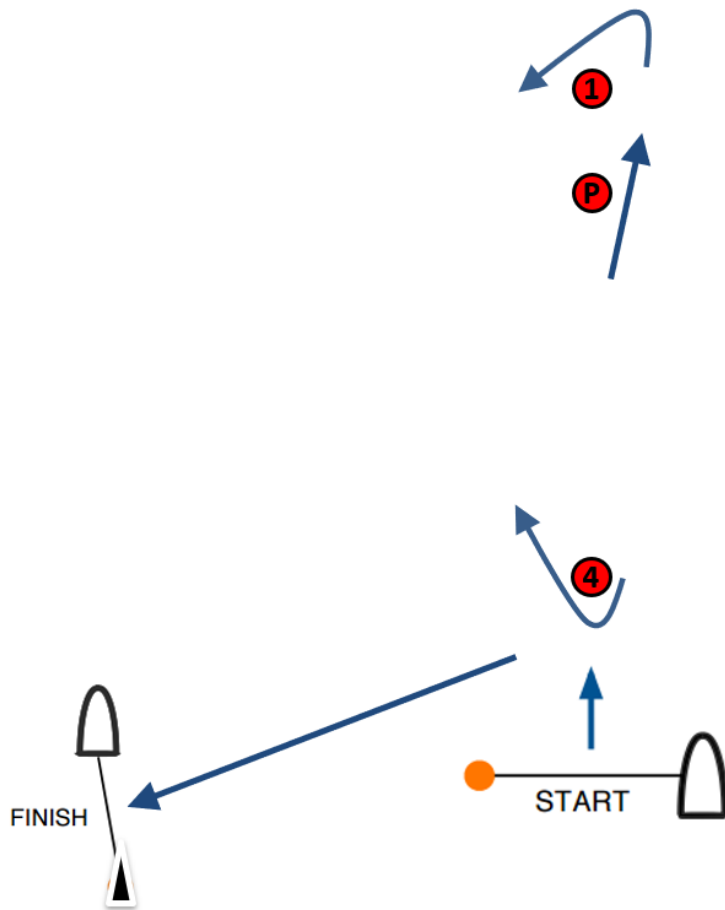
26 DOCUMENT CHANGE HISTORY

01 August 2023

Initial Version

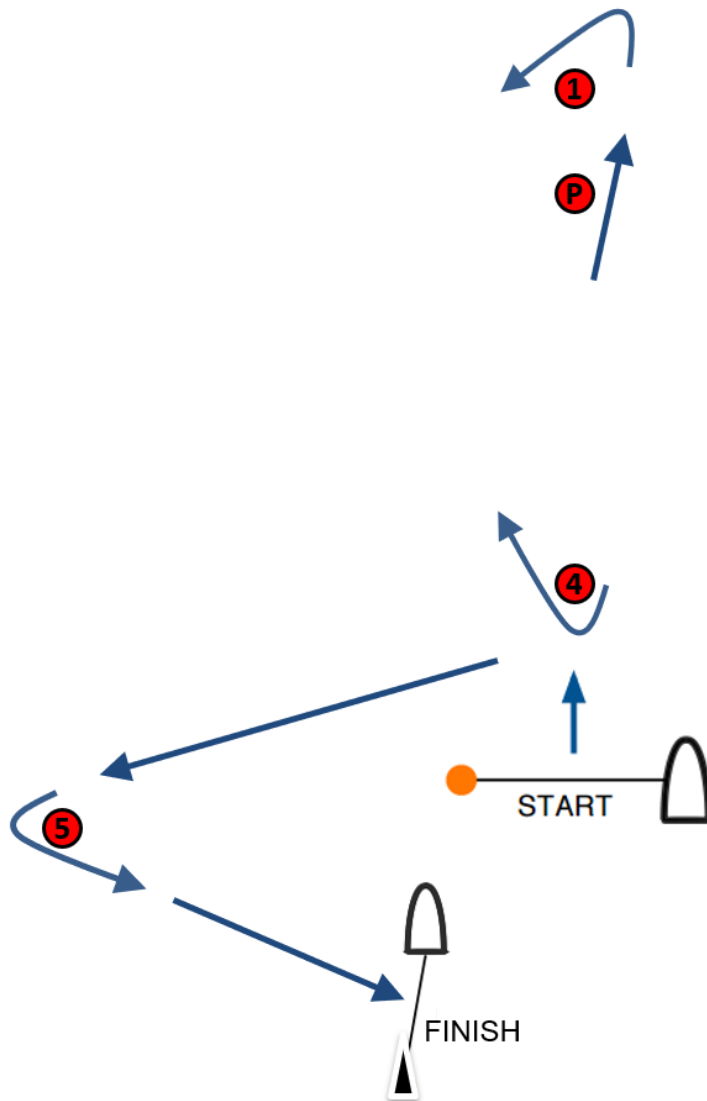
ADDENDUM 1

COURSE DIAGRAMS



- X 1: Start – Pp – 1p – Pp – 4s – Finish**
- X 2: Start – Pp – 1p – Pp – 4s – Pp – 1p – Pp – 4s – Finish**
- X 3: Start – Pp – 1p – Pp – 4s – Pp – 1p – Pp – 4s – Pp – 1p – Pp – 4s – Finish**

All distances and course angles are approximate.

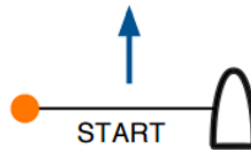
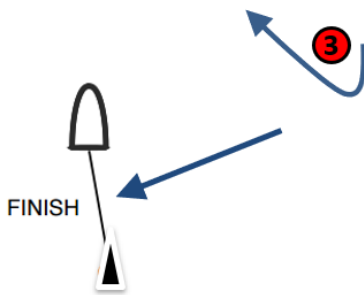
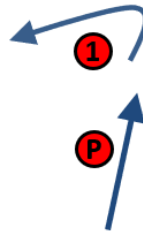


XS 1: Start – Pp – 1p – Pp – 4s – 5p – Finish

XS 2: Start – Pp – 1p – Pp – 4s – Pp – 1p – Pp – 4s – 5p – Finish

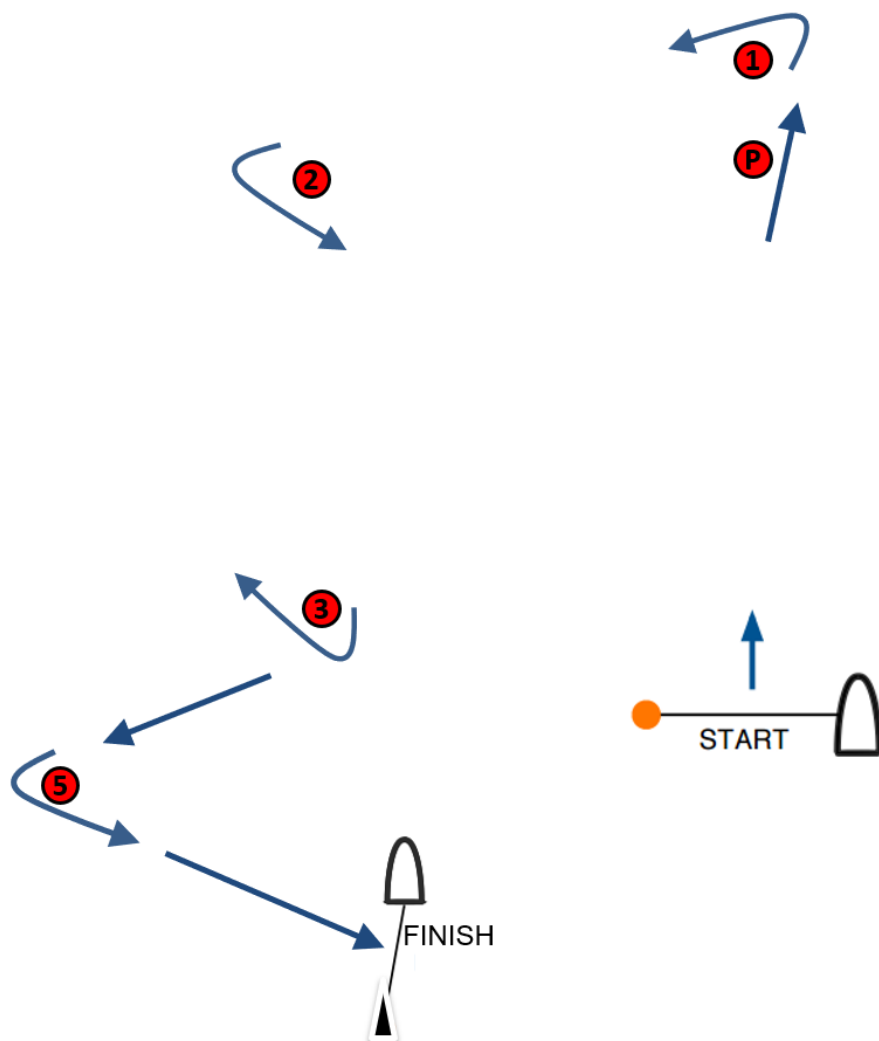
XS 3: Start – Pp – 1p – Pp – 4s – Pp – 1p – Pp – 4s – Pp – 1p – Pp – 4s – 5p – Finish

All distances and course angles are approximate.



- B 1: Start – Pp – 1p – 2p – 3s – Finish**
- B 2: Start – Pp – 1p – 2p – 3s – 2p – 3s – Finish**
- B 3: Start – Pp – 1p – 2p – 3s – 2p – 3s – 2p – 3s – Finish**

All distances and course angles are approximate.



BS 1: Start – Pp – 1p – 2p – 3s – 5p – Finish

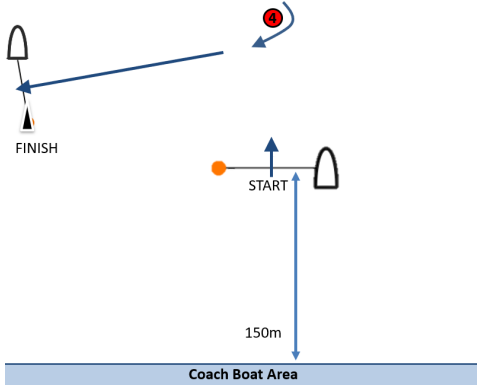
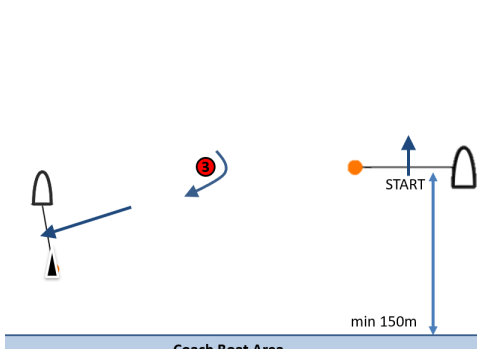
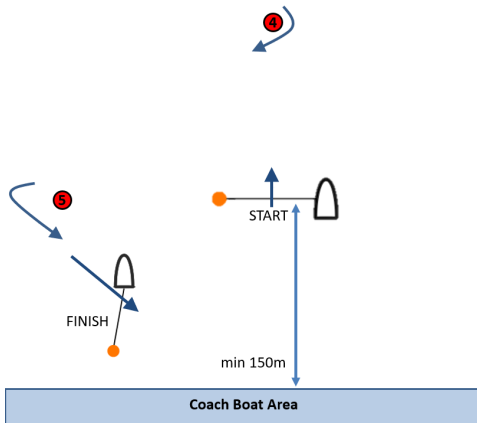
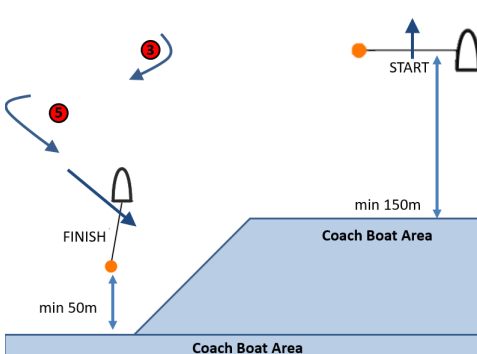
BS 2: Start – Pp – 1p – 2p – 3s – 2p – 3s – 5p – Finish

BS 3: Start – Pp – 1p – 2p – 3s – 2p – 3s – 2p – 3s – 5p – Finish

All distances and course angles are approximate.

ADDENDUM 2

COURSE AREA LIMITATIONS

X	 <p>150m</p> <p>Coach Boat Area</p>
B	 <p>min 150m</p> <p>Coach Boat Area</p>
XS	 <p>min 150m</p> <p>Coach Boat Area</p>
BS	 <p>min 50m</p> <p>min 150m</p> <p>Coach Boat Area</p> <p>Coach Boat Area</p>

ADDENDUM 3

SCHEDULE OF RACES

Event Stage	10 September	11 September	12 September
	Warning Signal	Warning Signal	Warning Signal
	# of races	# of races	# of races
Single Series	1300	1300	1300
	4	4	2

ADDENDUM 4

COURSE AREA AND VENUE MAP

