

Sailing Instructions
UKLA ILCA 4, ILCA 6 & ILCA 7 & Masters Qualifier
Venue
Weymouth & Portland National Sailing Academy
sponsored by
Noble Marine, Ovington, Sailingfast & Rooster
14th/15th October 2023

Hosted by Weymouth and Portland National Sailing Academy (WPNSA)
The Organising Authority (OA) is WPNSA in conjunction with the UKLA.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a)

1. RULES

- 1.1 The event is governed by the rules as defined in the Racing Rules of Sailing
- 1.2 RRS Appendix T, Arbitration, will apply.
- 1.3 Boats shall comply with the ILCA Class Rules. [DP]
- 1.4 RRS Appendix P, Special Procedures for RRS 42, will apply
- 1.5 Where there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail. (This changes RRS63.7).
- 1.6 The following Rules have been changed Appendix A 5.1, A5.2, A10, RRS 30.4, 33, 35, 61.1b, 62.1a, 62.2, 63.1, 63.7

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted not less than 30 minutes before flag D is displayed., except that changes to the schedule of races will be posted before 19.00 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITOR

- 3.1 Notices to competitors will be posted on the Official Notice Board, which is online at [ONB](#)
- 3.2 The race office is located at race.office@ilca.uk
- 3.3 [DP] While racing from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 3.4 Please join the competitor [WhatsApp group](#)

4. CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with the class misconduct policy which may be found on the ONB. Failure to comply may be misconduct. Reasonable actions by event officials to implement this policy even if they later prove to be unnecessary, are not improper actions or omissions. [DP]
- 4.2 Competitors and support persons shall place advertising provided by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpoles on the main mast outside the Academy.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' when racing in the harbour or 'not less than 60 minutes' when racing is in in the bay, in the race signal AP.

- 5.3 Flag D with one sound means ‘The warning signal will be made not less than 30 minutes’ after flag D is displayed if racing is in harbour or ‘The warning signal will be made not less than 60 minutes’ after flag D is displayed if racing is in the bay. Boats shall not leave the slipway until this signal is made. [DP].
- 5.4 Flag P displayed indicates racing will be Portland harbour. Flag W displayed ashore indicates racing will be in Weymouth Bay. This may be displayed below a class flag.

6 SCHEDULE OF RACES

6.1 Registration

Date	Class	Open	Close	Location
14/10/23	All	08:45	10:00	Room 2

6.2 The scheduled time of the warning signal for the first race each day is;

Date	Class	Time of first warning signal (not before)	Schedule Races	Max number of races/day
14/10/23	All classes	1155	3	4
15/10/23	All classes	1025	3	4

- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before the first warning signal is made.
- 6.4 Each day succeeding races will be started as soon as practicable after the finish of the previous race
- 6.5 On the last scheduled day of racing, no warning signal will be made after 1500. When starting multiple fleets, this time deadline will be amended to allow subsequent starts of the same race later than this deadline.

Date	Event	Time	Location
14/10/23	Competitor Briefing	10:00	Event Hall
15/10/23	Prizegiving	ASAP after racing	

7 CLASS FLAGS

The class flags for each class will be as follows:

Fleets	Class Flag	Intended Start sequence. (May change)
ILCA 7		May start in any order
ILCA 4		May start in any order
ILCA 6		May start in any order

When flighted please see Appendix B for flight flags.

8 RACING AREAS

The racing area will be in Portland Harbour or Weymouth Bay.

9 COURSES

- 9.1 The diagrams in SI Appendix A show the course options to be sailed with the order in which the marks are to be passed and the side on which each mark is to be left.
- 9.2 The course and number of laps to be sailed will be displayed on the Committee Boat.
- 9.3 The approximate bearing of mark 1 may be displayed on the Committee Boat.
- 9.4 If a gate is replaced by a single mark, it is to be left to port.

10 MARKS

- 10.1 Marks 1, 2, 3s, 3p, 4s and 4p will be an orange cylindrical buoy.
- 10.2 Mark 2 for ILCA 4 fleet will be a blue cylindrical buoy with a black band.
- 10.3 The starting mark will be either an official boat displaying an orange flag or a dan buoy displaying an orange flag.
- 10.4 The finishing mark will be either an official boat displaying a blue flag or a dan buoy displaying a blue flag.

11 OBSTRUCTIONS [DP]

- 11.1 Boats shall keep more than 100 metres away from vessels over 100 metres in length, vessels at anchor or vessels displaying Flag A (indicating divers in the water). These areas are obstructions as defined in the Rules.
- 11.2 The attention of all competitors, race management personnel and spectators afloat are drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions

given by Portland Harbour Authority either in person or by VHF (CH 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty. [NP].

- 11.3 Only the Northern entrance should be used in leaving or returning to Portland Inner Harbour, unless directed otherwise by an Official or Portland Harbour Authority Boat.
- 11.4 Boats will not transit at any time through the RNSA moorings, which are to the left of the Marina exit as leaving the Marina

12 THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made five minutes before the starting signal.
- 12.2 The Preparatory Signal will be either RRS 30.3 (U Flag Rule), or RRS 30.4 (Black Flag Rule).
- 12.3 When both starting marks are vessels, the starting line is between the two staffs, one on each vessel, displaying an orange flag. When one starting mark is a dan buoy, the starting line is between the staff displaying an orange flag on the signal vessel at the starboard end, and the course side of the dan buoy at the port end.
- 12.4 A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.5 Boats whose warning signal has not been made shall remain a minimum of 100 metres from the start line during the start sequence of the previous fleets [DP]
- 12.6 Rule 30.4 (Black flag rule) is amended as follows.
At the sole discretion of the Race committee, they may display the last four numbers of the sail number, for brevity provided there is no ambiguity.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or replace with a mark of the same colour.
- 13.2 Minor mark moves, up to approximately 150m in any direction, may be made without signalling the change. This changes RRS 33.

14 THE FINISH

- 14.1 The finishing line is either between the two masts displaying a blue flag on two official boats, or between the mast displaying a blue flag on an official boat and the nearby dan buoy displaying a blue flag.
- 14.2 The race committee may score boats based on their relative positions at a mark of the course or on a leg of the course as follows:
 - 14.2.1 When an official boat displays flag W with two sounds, boats still racing may be scored as their observed position on the race course.
 - 14.2.2 When a boat is scored in accordance with this instruction, she shall be given a score for a place after all boats that have sailed the course and finished. This changes RRS A4 and A5.

15 PENALTY SYSTEM

- 15.1 RRS Appendix P will apply with the following changes. The penalty under RRS P2.2 is changed so that it will apply to any penalty after the first one. RRS P2.3 will not apply.
- 15.2 To encourage boats to take a penalty afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule.

16 TIME LIMITS

- 16.1 The time limits and target times are as follows:

Time limit	Mark 1 time limit	Target time	Finishing Window
70 minutes	20 minutes	45 minutes	20 minutes

16.2 If no boat has passed Mark 1 within the Mark 1 time limit the race may be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

17 HEARING REQUESTS

17.1 Appendix T applies.

17.2 Protests/Redress shall be lodged online via the online Jury system located at racingrulesofsailing.org. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit using the online form available [Protest form](#)

17.3 The protest time limit for each class is 60 minutes after the last boat of each class has finished the last race of the day or after Flag AP over A is displayed ashore in the Portland Harbour, and 90 minutes when racing in Weymouth Bay.

17.4 The hearings will be heard in person unless otherwise advised.

17.5 A Hearing Schedule will be posted on the Official Notice Board as soon as possible after a protest has been lodged, but not later than 30 minutes after the end of Protest Time to inform competitors of hearings in which they are parties or named as witnesses.

17.6 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b) [hearings](#).

17.7 On the last scheduled day of racing, a request for redress based on a PC decision shall be delivered no later than 20 minutes after the decision was posted. This changes RRS 62.2.

18 SCORING

18.1 As per NOR 15

18.2 A competitor may submit a request to review a boat's score online at [scoring queries](#)

19 SAFETY REGULATIONS [DP]

19.1 A boat that retires from a race shall notify the committee boat as soon as possible. A declaration form is available online which must be completed by competitors when ashore through this link [Penalty Reports](#)

19.2 A safety tally system will be in operation.

19.2.1 The tally control point will be by the picnic tables and marked by a white "tally" flag.

19.2.2 Tallies comprise of numbered rubber wristbands; numbers will be allocated at registration. Tallies shall be worn visibly, over clothing, on the right wrist/arm by sailors at all times while afloat.

19.2.3 Sailors shall individually check-out before racing by personally collecting their tally.

19.2.4 Competitors shall individually tally-in immediately on returning to shore by personally going to the tally control point to return their tally. This must be done no later than 10 minutes after the last boat has come ashore.

19.2.5 The penalty for failing to tally-out or tally-in as instructed above will be five points added to the boat's series score, non-excludable for each offence. This changes RRS 63.1 and A5.

19.3 RRS 40.1 always applies on the water.

19.4 Boats wishing to sail ashore before the end of the day's racing shall not do so unless authorised by an official boat. The Official Boat will instruct boats in the procedure for returning ashore.

19.5 Boats shall follow the instructions of the Official Boats. Infringements will be reported to the race committee, which may protest the boat. [NP]

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 Equipment protests will only be accepted from the technical committee, race committee or jury. This changes RRS 60.1(a).

20.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee.

20.3 Requests for substitution of equipment shall be made to the committee at the first reasonable opportunity. A Competitor may submit a request online at [Equipment substitution](#)

EQUIPMENT AND MEASUREMENT CHECKS.

21.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water or ashore, a boat can be instructed by an equipment inspector to proceed immediately to a designated area for inspection. A boat shall comply with any reasonable request made by an Equipment Inspector. [DP].

21 SUPPLIED BOATS

N/A

22 OFFICIAL VESSELS

22.1 Official vessels are defined as Signal Boat, Finish boat, Mark Layers, Safety Boats, Jury boats.

22.2 Safety boats designated with a Flag "Food" may carry competitors drinks, snacks, or spares, at the discretion of the driver/crew of the safety boat. Competitors shall not leave any bags on the committee boat, mark layer boats or finish boat. [DP]

23 SUPPORT BOATS [DP]

23.1 All support and coach boats shall register with WPNSA in advance by completing an Event Support Boat Registration Form <https://www.wpnsa.org.uk/event-support-boat-registration-form> . The fee of £10 per day will be collected by card payment at Reception or over the telephone.

23.2 To ensure fairness to all competitors, support boats may be required to carry drinks, snacks and spares for competitors who do not have their own support boat.

23.3 Rule 37 applies to all support boats The VHF safety channel used on the racing area will be provided at the safety boat briefings.

23.4 Kill cords shall be worn at all times whilst engines are running. Failure to do so may result in the support boat and her crew being banned from the racing area for the remainder of the event.

23.5 Personal floatation devices shall be worn by all persons in a support boat at all times, except briefly while adjusting clothing, while on the water.

23.6 Except when participating in rescue operations all support boats shall stay at least 100m away from any boat racing and will stay outside the race area from the time of the warning signal for the first start until all racing boats have finished, or the race committee signals a postponement or abandonment of all fleets.

23.7 For the purposes of identifying the race area, this shall be determined as any part of the course bound by racing marks, start, and finish lines and relevant lay lines between race marks extending to 100m from all these points.

23.8 Each support boat shall be insured with to a minimum valid third-party liability insurance of £3m per incident.

23.9 To prevent fuel spillage, refuelling of boats/tanks is not permitted on the pontoons at WPNSA. Boats may refuel at the Portland Marina fuel pontoon or removable tanks may be taken offsite to be refuelled at a service station.

24 TRASH DISPOSAL

24.1 Trash may be placed aboard support person vessels.

25 BERTHING [DP]

25.1 Boats shall be kept in their assigned places whilst in the boat park.

26 HAUL OUT RESTRICTIONS

N/A

27 DIVING EQUIPMENT AND PLASTIC POOLS

N/A

28 PRIZES

- 28.1 Age categories are displayed on the official noticeboard.
- 28.2 Master category prizes will be awarded subject to the number of competing master sailors in each rig and age category: ILCA 7 Open, ILCA 6 Open, ILCA 6 Women and ILCA 4 Open.
- 28.3 Other prizes will be awarded in the following categories:

Class	Age	1st	2nd	3rd
ILCA 4	Female (Overall)	*	*	*
ILCA 4	Male (overall)	*	*	*
ILCA 4	U16 Female	*	*	*
ILCA 4	U16 Male	*	*	*
ILCA 6	Male (Overall)	*	*	*
ILCA 6	Female (Overall)	*	*	*
ILCA 6	Female U21	*		
ILCA 6	Female U19	*		
ILCA 6	Female U17	*		
ILCA 6	Male U19	*		
ILCA 6	Male U17	*		
ILCA 7	Overall	*	*	*
ILCA 7	U21	*		
ILCA 7	U19	*		

29.4 Prizes will be presented after the event

29 RISK STATEMENT

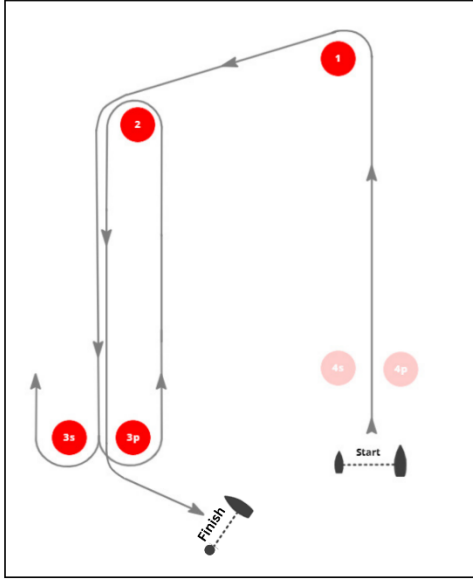
See NOR 22

30 INSURANCE

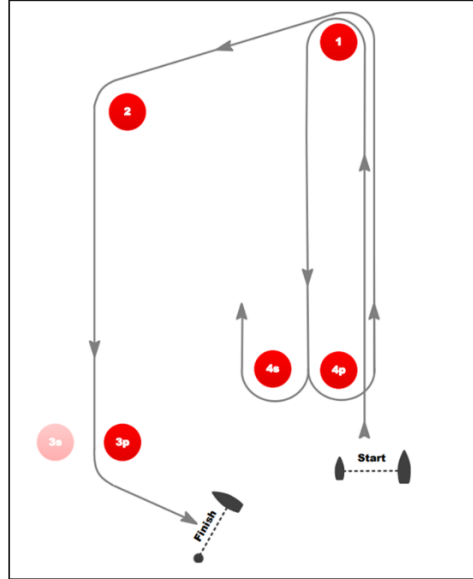
See NOR 23.

APPENDIX A - THE COURSE DIAGRAMS

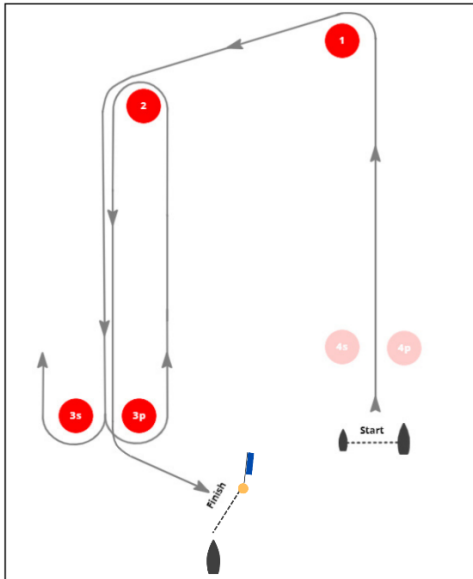
O	COURSE: Outer Trapezoid with Finish pin to leeward of finish boat
Signal	Mark Rounding Order
O2	Start - 1p - 2p - 3s/3p - 2p - 3p - Finish
O3	Start - 1p - 2p - 3s/3p - 2p - 3s/3p - 2p - 3p - Finish
O4	Start - 1p - 2p - 3s/3p - 2p - 3s/3p - 2p - 3s/3p - 2p - 3p - Finish



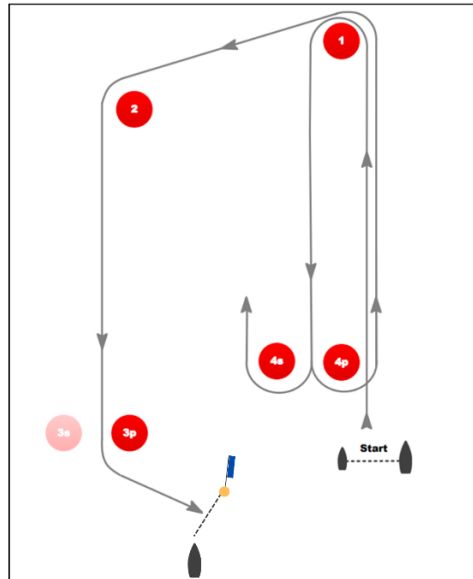
I	COURSE: Inner Trapezoid with Finish pin to leeward of finish boat
Signal	Mark Rounding Order
I2	Start - 1p - 4s/4p - 1p - 2p - 3p - Finish
I3	Start - 1p - 4s/4p - 1p - 4s/4p - 1p - 2p - 3p - Finish
I4	Start - 1p - 4s/4p - 1p - 4s/4p - 1p - 4s/4p - 1p - 2p - 3p - Finish



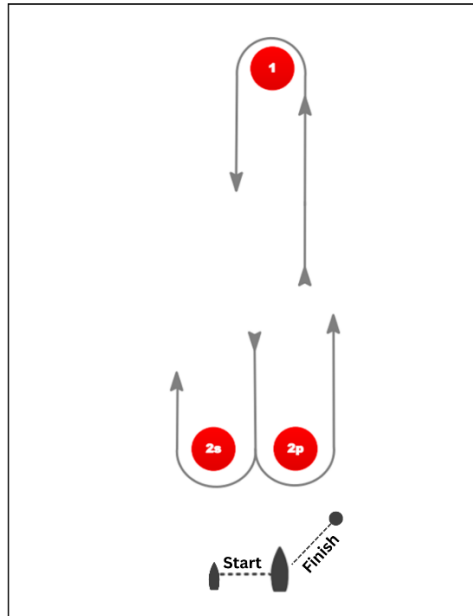
OF	COURSE: Outer Trapezoid with Finish pin to weather of finish boat
Signal	Mark Rounding Order
OF2	Start - 1p - 2p - 3s/3p - 2p - 3p - Finish
OF3	Start - 1p - 2p - 3s/3p - 2p - 3s/3p - 2p - 3p - Finish
OF4	Start - 1p - 2p - 3s/3p - 2p - 3s/3p - 2p - 3s/3p - 2p - 3p - Finish



IF	COURSE: Inner Trapezoid with Finish pin to weather of finish boat
Signal	Mark Rounding Order
IF2	Start - 1p - 4s/4p - 1p - 2p - 3p - Finish
IF3	Start - 1p - 4s/4p - 1p - 4s/4p - 1p - 2p - 3p - Finish
IF4	Start - 1p - 4s/4p - 1p - 4s/4p - 1p - 4s/4p - 1p - 2p - 3p - Finish



L	COURSE: Windward/Leeward with reaching finish
Signal	Mark Rounding Order
L2	Start - 1 - 2s/2p - 1 - 2p - Finish
L3	Start - 1 - 2s/2p - 1 - 2s/2p - 1 - 2p - Finish



Appendix B

APPENDIX B - ILCA Flighting

Preamble

At the sole discretion of the race committee the classes may be flighted. Competitors will be advised at Registration which classes are flighted for the event.

1. Division of fleet

1.1 Allocation into fleets

1.1.1 First Day's Sailing

The race committee will allocate each boat into one of four groups: yellow, blue, red & green. All competitors who enter will be allocated colours in order of the current Class Ladders, i.e. including the previous qualifier. A copy of allocated colours will be displayed on the Official Notice Board and group colours will be allocated in order to obtain as fair grouping as possible.

Groups will include the following ladder positions:

- Yellow - 1, 8, 9 & 16,
- Blue - 2, 7, 10 & 15,
- Red - 3, 6, 11 & 14,
- Green - 4, 5, 12 & 13

1.1.2 Second day's sailing

If two, or less, round-robin races are completed on the first day, then up to four round-robin races are scheduled for the Sunday using the Saturday groups.

1.1.3 If three round-robin races are completed on Saturday, then, from the results of the first day's sailing, the race committee will allocate each boat into one of two fleets:

- The Gold fleet - will consist of the top half of the first day's results and
- the Silver fleet the lower half.

Boat tied at the split RRS. A8 is applied. If there is an odd boat this will sail in the Gold fleet.

2. Flight identification

2.1 First Day's sailing [DP]

Each boat in each group shall display the appropriate coloured ribbon yellow, blue, red, or green at the top of the sail.

2.2 Second day's sailing [DP]

Gold fleet boats shall display a yellow ribbon at the top of their sail and Silver fleet boats a blue ribbon at the top of their sail.

Coloured ribbons will be available at registration before racing and it is up to each competitor to make sure he/she takes the correct colour. **Please return the ribbons when you have you have finished using them.**

3. Group and fleet signals

3.1.1 The groups will race as listed in B4. The warning signal will comprise the ILCA class flag displayed alongside the respective group flags as per Appendix B4. In the final series the warning signals will be the ILCA flag displayed alongside the fleet flag:

- Gold fleet Yellow flag
- Silver fleet Blue flag

4. Starts

4.1 Flights will be started separate as in the table below:
Only one flight shall be started in any one start sequence.
Group starts & final series as below:

Race Number	1st Start/Flight	2nd Start/Flight
1	Yellow & Blue	Red & Green
2	Yellow & Red	Blue & Green
3	Blue & Red	Yellow & Green
4	Gold	Silver
5	Gold	Silver
6	Gold	Silver

It is intended that the Gold fleet will start before the Silver fleet.

If two, or less, round-robin races are completed on the first day, then the round-robin races will continue on the Sunday using the Saturday groups, as below:

Group Starts

Race Number	1st Start/Flight	2nd Start/Flight
1	Yellow & Blue	Red & Green
2	Yellow & Red	Blue & Green
3	Blue & Red	Yellow & Green
4	Red & Green	Yellow & Blue
5	Blue & Green	Yellow & Red
6	Yellow & Green	Blue & Red

5. Scoring

5.1 Two races shall be completed to constitute a series.

5.2 Group Races

Scoring will be as RRS Low Points. A boat that is DNC, DNF, RTD, DSQ & BFD shall be scored one more than the sum of the entrants of the two largest groups. This changes RRS A4.2.

5.3 Fleet Races

RRS A4.2 is deleted and replaced by: A boat that did not start, did not finish, retired after finishing or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the fleet in which racing.

5.4 qualifying series races and the final series races will count for total points in the championship.

5.5 A qualifying series race will not count until all qualifying series fleets have completed that race.

- 5.6 When fewer than three races have been completed, a boat's series score will be the total of her races scores.
- 5.7 When three or more races have been completed, a boat's score will be the total of her race scores excluding her worst score. If only one final series race is completed it will not be excluded.
- 5.8 For the purposes of RRS A5.2 "Scoring" the number of boats entered in a qualifying/final series race will be the number of boats assigned to the largest qualifying fleet.
- 5.9 The results of the silver fleet will continue on from the Gold fleet to give an overall result, which will be carried forward to the ladder.

END OF SAILING INSTRUCTIONS