



Cascais SB20 World Champio

Question for Officials

Date: 2021-09-03

Question No: 06

Question For: Technical Committee

Question:

I have a crew member who is not feeling well, can I sail with just 3, is it possible to substitute, what is the procedure ?

Answer:

The crew limitations and substitutions are governed by [Class Rules C3.1 and C3.2](#). The procedure to request a substitution is also present in Sailing Instruction 24.

You can request a crew substitution [using the relevant form from the official noticeboard](#). The substitution must be authorised by the Race Committee.

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C.3 CREW

C.3.1 WEIGHTS

- (a) The total weight of the crew dressed in at least underwear shall not exceed 270 kg
- (b) Crews shall be weighed during the registration period prior to racing if required by Notice of Race.
- (c) In the event of crew substitution, should the total crew weight change by in excess of 15kg, the boat shall carry ballast in the form of water in clear containers below decks at the base of the mast such that the adjusted weight is not more than 15kg from the original total.

C.3.2 LIMITATIONS

- (a) The crew shall consist of a maximum of 4 persons.
- (b) There shall be no crew substitution unless:
 - (1) The Race Committee is advised, in writing before the event registration period, of the exact dates of required crew changes. The new crew members must be available for weighing before starting to race.

OR:

(2) Authorised by the Race Committee before any race starts as being necessary due to wholly unavoidable circumstances.

*Response By Cxema Pico Printed at 2025-04-25
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